

messengers in the body.

Having hot flashes or night sweats?

Feeling fatigued?

Having mood swings?



Thinning hair?

Are you curious about hormone replacement?

If you answered **Yes** to any of the symptoms above, **talk to Dr. Lori Puskar today about Hormone testing!**

FAQs

- **Which hormone test is right for me?** We offer a variety of testing options and convenient sample types. We have profiles for cycling females, menopausal, and peri-menopausal patients. Depending on your clinical presentation, Dr. Lori Puskar will decide which profile fits the best.
- **How do I get started with Hormone testing?** Talk to Dr. Lori Puskar about your symptoms to see if Hormone testing is right for you.
- She can provide you with proper testing options based on your clinical needs. You can also visit her website at www.DrLoriPuskar.com for more information.



Dr. Lori Puskar
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Call/Text 727.304.2592
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WOMEN'S HORMONE TESTING

Are hormones affecting your health?



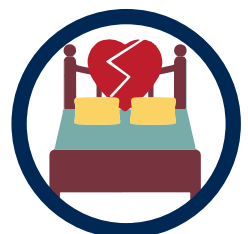
Hormones are chemical

Throughout your life, these messengers play an important role in muscle and skin tone, bone health, sleep, and energy levels. Hormone imbalance can occur at any age and contribute to diseases such as osteoporosis, dementia, cancer, and heart disease.

Although hormonal changes can cause significant issues, these can be treated. Patients are often surprised at how easy it is to improve their symptoms and how great they feel once their hormones are back in balance.



Can Also Cause:



Low Libido



Brain Fog

Hormone Imbalance

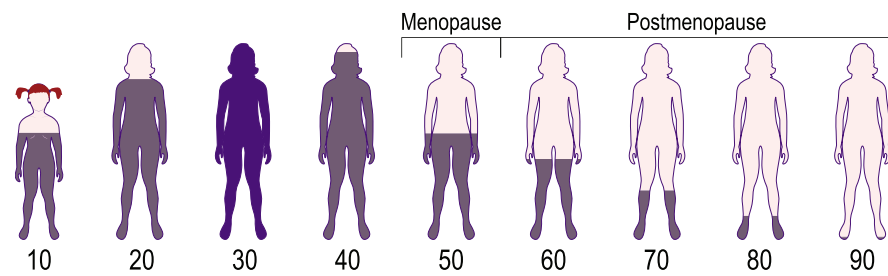


Fertility Problems



Trouble Losing Weight

E S T R O G E N L E V E L S



How will my hormone test results help me?

We offer Three Different Testing Options:



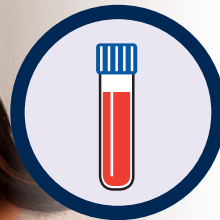
Knowing the levels of your hormones and how they relate to each other can open up a wide range of solutions for you and your clinician. These include guided nutritional therapies, lifestyle changes, and potentially hormone replacement therapy to keep you in balance.



• **Saliva:** A convenient, at-home collection to help your clinician follow hormonal patterns throughout the day or throughout your menstrual cycle. Saliva can also be used to monitor hormone therapies.



• **Urine:** One urine sample early in the morning, or a 24-hour collection, which reveals how your body utilizes hormones and assesses your risk for hormone-related disease.



• **Serum:** An in-office blood draw to evaluate hormone levels and help your clinician monitor hormone therapies.



Hormone Testing

Hormone testing can reveal imbalances which may be causing your symptoms. Talk to your clinician today to see which test is right for you.

One Day
Hormone Check™

Rhythm
Plus™

Complete
Hormones™

Adrenocortex
Stress Profile™

Comprehensive
Thyroid Assessment™

Menopause
Plus™

Talk to your Doctor Today!



About

You will receive the most comprehensive laboratory testing. With 30+ years of extensive experience and expertise, we are committed to improving lives by bringing insights to health.

- We use a fully licensed clinical laboratory, providing testing worldwide.
- The testing is only available through Dr. Lori Puskar.
- Tests will not be covered by insurance as they are not defined as "medically necessary" by your Insurance Carrier.