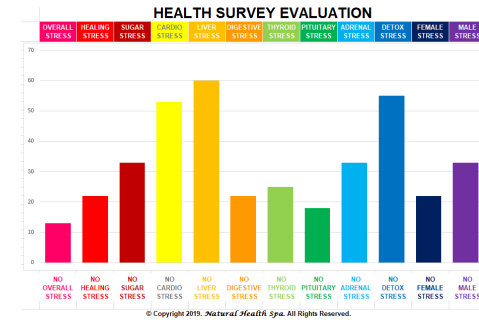


# HOW STRESSED IS YOUR HEALTH?

What do your **SYMPTOMS** really tell you about how Healthy you are...or Not?

Find out  
Using The Systems Survey®



The **Systems Survey Evaluation** comes from thousands of years of ancient/medical symptom and systems data and is designed to assess the quality of your health.

It has benefited thousands of people since the 1980's. It is the only assessment of its kind that delivers measurable, accurate analysis.

## Step 1: TAKE THE TEST

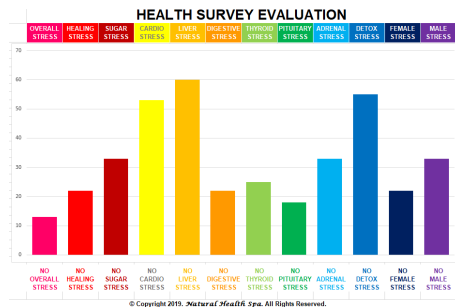


The Systems Survey Evaluation allows for a great deal of information to be compressed into a simple picture. You are asked 200 questions based on how you feel on a daily basis.

This then identifies the 11 vital health areas that influence your entire health potential. It considers the most common situations with each organ and system, and then calculates the relative stress put on that area.

It is a factual, symptom analysis taken from your answers. It is your opinion of your own health. It takes about 20 minutes to complete.

## Step 2: GET YOUR RESULTS



After you complete the test, your numbers are then tallied for each group. It is then turned into a graphic colored bar graph representation for easier understanding. This takes about 2 minutes.

It shows your body's strengths and weaknesses, which organs/systems are working well and which ones to get help with.

The total score can range in each group from NO STRESS on that organ/system to TOTALLY STRESSED in that organ/system. The higher the colored bar for each column the more stressed that organ/system is.

The **Key Areas Assessed** are:

Overall Stress

Healing Stress

Sugar Stress

Cardio Stress

Liver Stress

Digestive Stress

Thyroid Stress

Pituitary Stress

Adrenal Stress

Detox Stress

Female Stress

Male Stress



Interestingly enough, the highest bar does not necessarily mean it is the most important organ/system to be handled. It only means it is the most stressed. Since your entire body works together as one system, the goal would not be to only handle one colored bar but to handle all of them simultaneously. This ensures that the organs/systems stressed will be totally handled as part of your overall health improvement.

### **Step 3: CONSULTATION: FREE**



While the analysis graphs show distinct organ/system columns, it is the interrelationship of these columns that provide the greater picture of your overall health.

This consultation includes the 200 Question Survey and a detailed review of your results personally by Dr. Lori Puskar.

In this one-on-one consultation, you gain a better understanding of your organs/systems strengths and weaknesses, and establish the recommended path to your fast and lasting success in health.

Many who pursue the recommended Personalized Natural Health Program experience marked improvement in their Symptoms, Health and Health Assessment scores.

**FIND OUT YOUR OPTIMUM HEALTH POTENTIAL!**

Most of our lives we've been taught to believe that our health potential is genetic, that nothing can be done about it, and that you just have to "live with it."

This simply is not true. The fact is, you can improve any health problem and become a much healthier, better, happier version of you!

Find your problem areas and discover your potential level of health, well-being and happiness.

Know your body's strengths and how to increase them so that you can achieve more in your life.

**Dr. Lori Puskar**

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**WHAT MAKES THIS ASSESSMENT UNIQUE?**

You are a unique individual with your own health traits—some of these traits enable you to achieve great things in life, and others can seem to hold you back and ultimately stifle your true potential.

No other test and analysis gives you both—results and practical solutions.

You can be healthier, feel better and be happier than you ever thought possible, once you identify the key areas of your health.

By discovering which traits are currently benefiting your health and which ones need improvement, you can then take the essential steps to enhance your body's strengths and overcome your weaknesses.

\*This brochure is subject to our disclaimer at: <https://drloripuskar.com/disclaimer-privacy-terms-1>

**2020 Systems Survey®.**

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