



Ideal Dispensary

Functional Neurology Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses on achieving wholistic health through nutrition.

From our certified organic, regenerative farming practices to our Nutrition Innovation Center, we are committed to clinical science that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

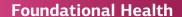
The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Suppor

Advanced Nutrition Therapy

Bundled Care Support Regimen for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on wholistic health through whole food nutrition.

Foundational Health

Health and Wellness

Preventative Care

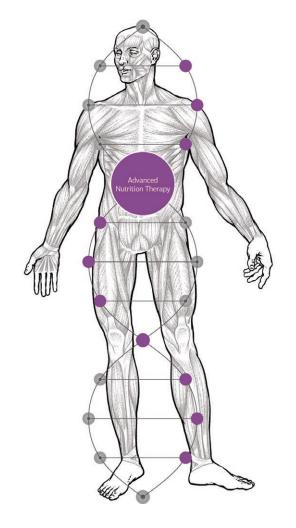
Active Health Management

Condition-Specific Management

Specific System Suppor

Advanced Nutrition Therapy

Bundled Care Support Regimen for Specific Health Systems



Functional Neurology Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous

system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

The central nervous system (CNS) plays a pivotal role in the full functional capacity of the whole body. Whether the nervous system response is controlled (sympathetic) or uncontrolled (parasympathetic), maintaining an overall balance of the autonomic nervous system as a whole is important to a normal healthy response.¹

Nutritional support may be a contributing factor to the healthy functioning of the CNS system.² Selected whole food nutrition may play an important role. This guide is designed to offer a group of product suggestions that can be selected to address this major system of health.

¹ Koopman, F.A., et al., Restoring the Balance of the Autonomic Nervous System as an Innovative Approach to the Treatment of Rheumatoid Arthritis. Molecular Medicine, 2011. 17(9): p. 937-948.

² Wulsin, L., J. Herman, and J.F. Thayer, Stress, autonomic imbalance, and the prediction of metabolic risk: A model and a proposal for research. Neuroscience & Biobehavioral Reviews, 2018. 86: p. 12-20.



The products that follow in this book offer whole food-based nutritional and herbal support for the healthy functional activity and response of the neurological network.



A-F Betafood®

A-F Betafood includes an array of whole food and other ingredients to support healthy fat digestion.*

- Supports normal processing of dietary fats for supporting cholesterol metabolism
- · Supports healthy bowel functioning
- Supports bile production in the liver and healthy bile flow in the gallbladder
- · Helps maintain healthy levels of fat in the liver*

Suggested use: Two tablets per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.



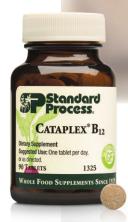


Cataplex® B₁₂

Cataplex B₁₂ supports blood health and general well-being.*

- · Promotes and supports blood production
- · Maintains healthy blood
- · Supports folic acid metabolism and homocysteine management
- · Supports healthy development of red blood cells
- Essential for normal myelin synthesis and central nervous system function*

Suggested use: One tablet per day, or as directed.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

Cataplex® G

Cataplex G maintains nerve health and provides a calmative effect on the nervous system.*

- Encourages healthy parasympathetic nerve function
- · Supports healthy liver function
- · Supports brain and nervous system function
- · Supports the body's metabolism
- Provides coenzymes and cofactors needed for cellular function*

Suggested use: One tablet per meal, or as directed.



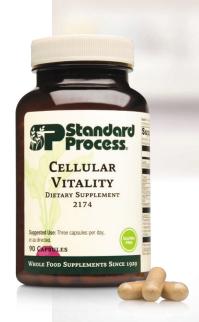


Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- · Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q_{10} , an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains Cordyceps sinensis, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.







E-Z Mg™

E-Z Mg is a plant-based, multiform magnesium (Mg) developed to support patients with inadequate dietary magnesium intake. Made from two key ingredients: Swiss chard (beet leaf) and buckwheat – both grown on our sustainable and certified organic farm in Wisconsin.

- · Plant-based, naturally occurring multiform of magnesium
- Helps to bridge the gap in dietary magnesium intake*
- May promote whole-body and urine alkalization*
- · Rich source of vitamin K1

Suggested use: One stick pack per day, or as directed. Add stick pack into 8 ounces of water and mix thoroughly for 10 to 15 seconds.

Warning: This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you have been directed to eat a diet low in oxalates (found in leafy green vegetables), please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.



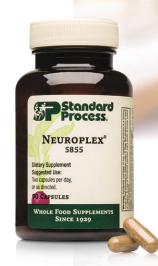
Neuroplex[®]

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*

- · Supports the nervous system
- · Supports cognitive functioning
- Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two tablets per day, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

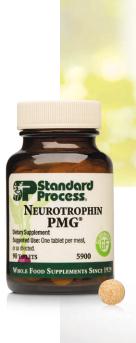


Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

· Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Olprima™ DHA

Olprima DHA provides condition-specific support through a high concentration of the omega-3, DHA. Olprima DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports healthy triglyceride and HDL*^
- · Supports healthy inflammatory processes*
- Supports cardiovascular function*^
- · Supports general brain health and cognition*

Suggested use: Two softgels per day, or as directed.

Special instructions: Store in a cool, dark place.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

[^]As part of a diet low in saturated fat and cholesterol.



Olprima™ EPA | DHA

Olprima EPA|DHA provides condition-specific support through a 55:45 ratio of the omega-3s, EPA and DHA. Olprima EPA|DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- · Supports cardiovascular health*^
- Supports healthy inflammatory processes*
- Supports general brain health and cognition*
- · General mood support

Suggested use: Two softgels per day, or as directed.

Special instructions: Store in a cool, dark place.



[^]As part of a diet low in saturated fat and cholesterol.



OPC Synergy®

OPC Synergy provides a synergistic blend that exhibits antioxidant activity and supports cell functioning.*

- · Provide nutrients that support antioxidant activity
- · Support and maintains normal cell function
- · Help maintain normal cognitive function
- · Traditionally used in support of eye health
- · Support the complex processes associated with aging
- · Support a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.







Organically Bound Minerals

Organically Bound Minerals contains iodine from alfalfa and kelp.*

- · Encourages healthy enzyme functioning
- · Promotes healthy connective tissue
- · Helps maintain proper cellular energy production
- · Provides ingredients with antioxidant activity
- Includes whole food-sourced ingredients with complexity maintained through careful processing
- · Supports nervous system health
- · Contains iodine to assist with proper thyroid function*

Suggested use: One tablet per meal, or as directed.



Caution: High dose iodine products should only be used under the direct supervision of a healthcare professional. Keep out of reach of children.

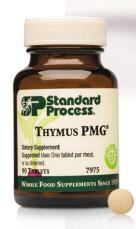


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

• Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.



Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminates and toxins.

Along with supporting general health, they also:

- Support cognition
- · Support skin and hair health
- · Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.



MediHerb® Kava Forte

This tablet contains Kava root extracted with 100% water, which provides an extract with a full spectrum of compounds including kavalactones. This product is standardized to contain 50 mg of kavalactones per tablet to ensure optimal strength and quality. The compounds in Kava Forte, particularly the kavalactones, work together to traditionally help:

- Calm the nerves
- · Ease the effects of mild tension and stress
- · Promote relaxation and sleep
- · Support muscle relaxation*

Suggested use: One tablet two to three times daily, or as directed.

Caution: USFDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a health care professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (eg unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair your ability to operate a vehicle or dangerous equipment. Not for prolonged use. Do not exceed recommended dose.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Nervagesic

Nervagesic contains California Poppy, Jamaican Dogwood and Corydalis. This combination of herbs contains many compounds including alkaloids, isoflavonoids and other flavonoids. The herbs in Nervagesic are used traditionally to help:

- · Ease temporary mild nervous system discomfort
- Provide nervous system support during temporary or occasional nervous system discomfort
- · Promote relaxation of the muscles
- Ease the effects of temporary or occasional nervous stress
- · Provide relief from occasional sleeplessness
- · Enhance the ability to relax during the night
- Ease the effects of cramping associated with menstruation
- · Relieve temporary mild muscular cramps and spasms
- · Relieve mild nervous tension*

Suggested use: Two tablets two times daily, or as directed.

Caution: Contraindicated in pregnancy and lactation.



^{*} These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Nevaton® Forte

The blend of herbs in Nevaton Forte offers major nervous system support. Saffron, St John's Wort, Schisandra and Skullcap provide a wide range of phytochemicals including hypericins (naphthodianthrones and pseudohypericin), flavonoids, phenolics, dibenzocyclooctene lignans, carotenoids and other compounds. The St John's Wort component of this tablet is standardized to contain 375 mcg per tablet of hypericins to ensure optimal strength and quality. Nevaton Forte contains herbs used traditionally to:

- · Calm the nerves and restore balance in temporary mild mood swings
- Support healthy nervous system response
- · Encourage balance between the body and mind
- · Help promote healthy mood balance
- · Provide relief from occasional sleeplessness
- · Ease the effects of occasional mild stress*

Suggested use: One tablet three to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV irradiation (eg sunlight, tanning) when using this product. Not recommended in cases of known photosensitivity.



MediHerb® Rhodiola & Schisandra

This combination of Rhodiola and Schisandra contains many compounds including phenylpropanoids such as rosarin, rosavin and rosin (rosavins), salidroside (a hydroxyphenethyl glucoside), and dibenzocyclooctene lignans including schisandrin. This product is standardized to contain 4.5 mg of rosavins and 1.5 mg of salidroside per tablet to ensure optimal strength and quality. Together these herbs and the substances within them have been traditionally used to:

- Maintain feelings of general well-being when experiencing temporary stress
- · Help the body adapt to the changes of everyday life
- Support healthy nervous system function
- · Support healthy cognitive function
- · Help maintain proper energy and support healthy physical performance
- · Work as a tonic to benefit the entire body*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.



^{*} These statements have not been evaluated by the Food and Drug Administration.

These products are not intended to diagnose, treat, cure or prevent any disease.

Appendix

A-F Betafood®

Supplement Facts Serving Stare 2 Tablets Serving Page 2 Tablets Serving Page 2 Tablets Amount per Serving Supplement Facts Amount per Serving Start 2 Start 2

	Amount per Serving	%Daily Valu	
Total Carbohydrate	<1 a	<1%	
Total Sugars	<1 g		
Vitamin A	450 mcg RAE	509	
Vitamin B6	0.3 mg	189	
lodine	40 mcg	279	

Organic Deef (root), carrol (root), organic sweet potato, oat flour, organic dried swiss chard (beet leaf) juice, calclum lacitie, rice (bran), magnesium chards swiss chard (beet leaf) juice, calclum lacitie, rice (bran), magnesium chards obvine fers, browner postate, nutritional yeast, bowine kidney, organic atlafal (searla parts), organic flasseed oil, bovine orchic estract, bowine lever fat extract, d-alpha tecopher (dratim is suminow), and sumflower lectihin.

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Honey, arabic gum, starch, calcium stearate, vitamin A palmitate, protamine iodine (zein), ascorbic acid, and pyridoxine hydrochloride.

Cataplex® B₁₂

Amount per Serving	%D'
Calories	j100%
Proprietary Blend	otato†, calcium lactate ne spleen†, ovine

Other Ingredients: Cellulose, honey, dicalcium phosphate, and cyanocobalamin.

Cataplex® G

Supple Serving Size: 1 Tablet Servings per Container:	ment Facts	S
Amount per Serving	%[V
Riboflavin		% %
calcium lactate, nutrition		†,
†Daily Value (DV) not es	tablished.	

Other Ingredients: Honey, niacinamide, ascorbic acid, glycerin, riboflavin, arabic gum, calcium stearate, and pyridoxine hydrochloride.

Cellular Vitality



Other ingredients: Organic quinoa sprouts, cellulose, calcium stearate, and water.

E-Z Mg™

Supplement Facts

Serving Size: 1 stick pack Servings per Container: 30

	Amount per Serving	%Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	<1 g	†
Vitamin K1	60 mcg	50%
Calcium	20 mg	2%
Phosphorus	30 mg	2%
Magnesium	85 mg	20%
Sodium	50 mg	2%
Potassium	350 mg	8%

Proprietary Blend 6 g †
Organic dried swiss chard (beet leaf) juice and organic dried buckwheat (aerial parts) juice.

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Organic rice (hull) concentrate, natural flavor, and monk fruit extract.

Neuroplex®

Other Ingredients: Gelatin, zinc rice chelate, iron rice chelate, niacinamide, water, pyridoxine hydrochloride, copper rice chelate, calcium stearate, thiamine hydrochloride, and riboflavin.

Neurotrophin PMG®

Supplen	nent Fac	ts
Serving Size: 1 Tablet	Servings per Contain	er: 90
Amount per Serving		%DV
	1 10 mg 10 mg	
Proprietary Blend Porcine brain PMG™ extra	200 mg ct† and magnesium citrate.	
†Dai l y Va l ue (DV) not esta	blished.	

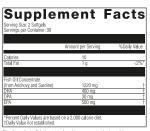
Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Olprima™ DHA

Suppler	nent	Facts
Serving Size: 2 Softgels Servings per Container: 30		
	Amount per Servin	g %Daily Value
Calories	15	
Total Fat	1 g	2%*
Cholesterol	10 mg	3%
Fish Oil Concentrate (from Tuna)	1220 ma	t
Total Omega-3	800 mg	1
DHA	670 mg	1
DPA	75 mg	t
*Percent Daily Values are based †Daily Value not established.	on a 2,000 calorie diet.	

Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

Olprima™ EPA | DHA



Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

OPC Synergy®

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

MASQUELIER'S® OPCs is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.

Organically Bound Minerals

Serving Size: 1 Tablet		Facts
Servings per Containe	r: 180	
	Amount per Serving	%Daily Value
lodine	200 mcg	130%
Chromium	1 mcg	2%
Proprietary Blend Organic kelp and orga	340 mg nic dried alfalfa (aerial parts) juice	
†Daily Value not establi	shed.	
Other Ingredients: Organ	nic honey and organic rice hu l s ex	tract.

Thymus PMG®



Tuna Omega-3 Oil



Other Ingredients: Gelatin, glycerine, water, and d-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable



Other Ingredients: Gelatin, glycerine, water, d-alpha tocopherol (vitamin E sunfil and sov), natural flavor, and cholecalciferol.

MediHerb® Kava Forte

Supplement Facts Serving Size: 1 Tablet Servings per Container: 40 Amount per Serving %DV Kava root 7.1 water extract from Piper methysticum root 3.2 g Containing kavalactones 50 mg †Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, maltodextrin, magnesium stearate, silicon dioxide, hypromellose, sodium starch glycolate and dibasic calcium phosphate dihydrate.

MediHerb® Nervagesic



Other Ingredients: Microcrystalline cellulose, gum arabic, maltodextrin, sodium starch glycolate, croscarmellose sodium, hypromellose, magnesium stearate, dibasic calcium phosphate dihydrate and silicon dioxide.

MediHerb® Nevaton® Forte

Supplemen Serving Size: 1 Tablet Servings per Container: 40	t Fac	ts
Amour	nt per Serving	%DV
Skullcap herb 4:1 extract from Scutellaria lateriflora herb 500 n	125 mg	t
St John's Wort herb flowering top 6:1 ex from Hypericum perforatum herb flowering top 750 mg Containing hypericins 375 mcg Containing flavonoid glycosides 7.5 m	, and the second	Ť
Schisandra fruit 6:1 extract from Schisandra chinensis fruit 675 n	112.5 mg ng	†
Saffron stigma 3:1 extract from <i>Crocus sativus</i> stigma 22.5 mg	7.5 mg	t
†Daily Value (DV) not established.		

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, magnesium stearate, hypromellose, maltodextrin, silicon dioxide, dibasic calcium phosphate dihydrate and dextrin,

MediHerb® Rhodiola & Schisandra



glycolate, hypromellose, magnesium stearate and silicon dioxide.

NOTES			







CHANGING LIVES

with wholistic nutrition from practitioner to patient

