



Ideal Dispensary

Hormone System Support
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Practitioner Focused. Patient Driven.

Foundational Health

Health and Wellness

Preventative Care

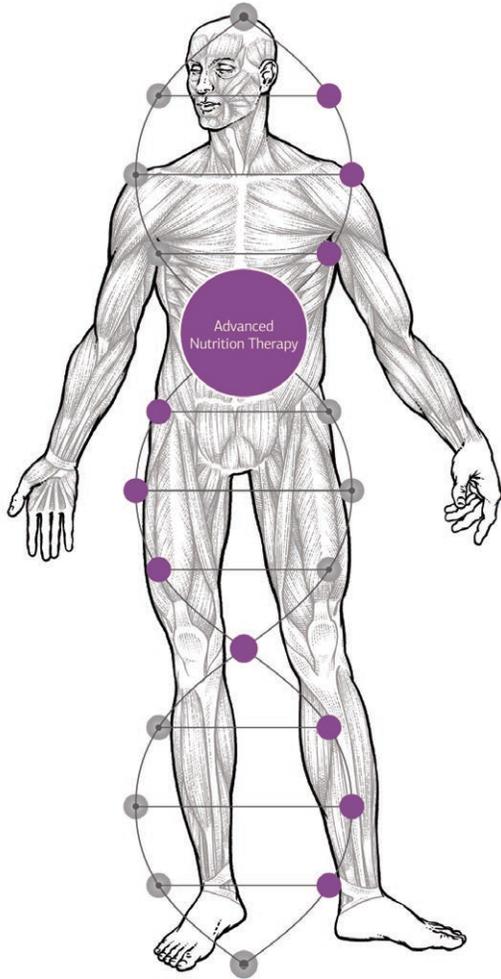
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen for Specific Health Systems



Hormone System Support Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous

system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

While the human body has a large number of underlying systems that work to influence healthy and normal body function, one key system that is often overlooked is the endocrine or hormonal system. This system in particular is important as it influences the major metabolic systems and thus helps regulate and balance some of the most important underlying systems.¹

By making sure that the hormonal system is well balanced, it is then possible to support normal functional capacity of energy metabolism, stress response and a variety of other core systems ranging from the cardiovascular system to the immune system, and even the digestive system.^{2,3}

¹ Chahal, H.S. and W.M. Drake, *The endocrine system and ageing*. J Pathol, 2007. **211**(2): p. 173-80.

² Anthony, H.T., et al., *Endocrine regulation of circadian physiology*. Journal of Endocrinology, 2016. **230**(1): p. R1-R11.

³ Murphy, K.G. and S.R. Bloom, *Gut hormones and the regulation of energy homeostasis*. Nature, 2006. **444**(7121): p. 854-859.



The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that help maintain a healthy and functional hormonal system.

For the most current and complete information about the product and cautionary warnings, please go to [standardprocess.com](https://www.standardprocess.com).



Cataplex® E

Cataplex E supports cells and cell processes as well as healthy thyroid function.*

- Provides ingredients with antioxidant activity
- Supports cell signaling and regulation of gene expression
- Good source of antioxidant selenium*

Suggested use: Two tablets per meal, or as directed.





Drenamin®

Drenamin supports adrenal function and helps maintain emotional balance.*

- Promotes healthy adrenal gland function
- Encourages a healthy response to everyday environmental stresses and supports immune system response function
- Maintains energy production
- Supports a balanced mood
- Good source of antioxidant vitamin C*

Suggested use: Three tablets per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



OPC Synergy®

OPC Synergy provides a synergistic blend that exhibits antioxidant activity and supports cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.





Pituitrophin PMG®

Pituitrophin PMG supports healthy pituitary function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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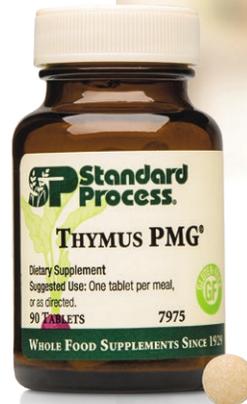


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Thyrophin PMG[®]

Thyrophin PMG is designed to support healthy thyroid function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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MediHerb® Adrenal Complex

Adrenal Complex contains Licorice and Rehmannia, a combination that contains many compounds including triterpenoid saponins (especially glycyrrhizin), other saponins, iridoid glycosides and many flavonoids. The Licorice component of this tablet is standardized to contain 25 mg of glycyrrhizin per tablet to ensure optimal strength and quality. Together these herbs and the substances within them are used traditionally to:

- Restore adrenal function
- Support adrenal gland health
- Help the body adapt to the challenges of everyday life*

Suggested use: One tablet two to three times daily, or as directed.



Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation.

MediHerb® Ashwagandha Complex

Ashwagandha Complex contains: Ashwagandha, Licorice, Skullcap and Korean Ginseng. This combination of herbs contains many compounds including steroidal compounds (including the complex mixture of steroidal saponins called ginsenosides), alkaloids, triterpenoid saponins (especially glycyrrhizin), other saponins and many flavonoids. The Korean Ginseng component of this tablet is standardized to contain 1.68 mg per tablet of ginsenosides (calculated as Rb₂ to Rb₁ is NLT 0.4 by HPLC) to ensure optimal strength and quality. Together these herbs and the substances within them are used traditionally to:

- Work as a tonic to benefit the entire body
- Maintain feelings of general well-being when experiencing temporary stress
- Support a healthy immune system
- Promote vitality and stamina in people of any age
- Support and maintain the body as it ages
- Help maintain healthy mood balance*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Discontinue during an acute infection or fever. If you have a thyroid condition use strictly under physician direction.

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MediHerb® Chaste Tree

Chaste Tree contains flavonoids (especially methoxylated flavones), iridoid glycosides (such as aucubin), diterpenes, sesquiterpenes, an essential oil and other compounds. Together this herb and the substances within it are used traditionally to:

- Support healthy prolactin and progesterone levels in the body
- Encourage healthy menstrual cycling
- Ease discomfort associated with premenstrual syndrome
- Support normal reproductive function in women
- Address non-cystic mild acne
- Ease temporary feelings of mild nervous tension associated with the menstrual cycle*

Suggested use: One tablet one to four times daily, or as directed.



Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

MediHerb® FemCo

FemCo contains White Peony, Shatavari and Schisandra. This combination of herbs contains many compounds including the monoterpene glycoside paeoniflorin, steroidal saponins (such as shatavarin-I and dioscin) and dibenzocyclooctene lignans. Together these herbs and their constituents are used traditionally to help:

- Support women's general well-being and vitality
- Support normal reproductive function in women
- Ease the effects of mild cramping associated with menstruation
- Encourage healthy menstrual cycling
- Ease the effects of everyday tension and stress*

Suggested use: One tablet three to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Rhodiola & Ginseng Complex

Rhodiola & Ginseng Complex contains Rhodiola and Korean Ginseng, a combination which contains many compounds including phenylpropanoids such as rosarin, rosavin and rosin (rosavins), salidroside (a hydroxyphenethyl glucoside), and a complex mixture of steroidal saponins (called ginsenosides). This product is standardized to contain 4.5 mg of rosavins, 1.5 mg of salidroside and 8.4 mg of ginsenosides (calculated as Rb₂ to Rb₁ is NLT 0.4 by HPLC) per tablet to ensure optimal strength and quality. Together these herbs and the substances within them have been used traditionally to:

- Support mental clarity and cognitive function
- Promote vitality and stamina
- Help maintain proper energy
- Support physical endurance
- Maintain feelings of general well-being when experiencing temporary stress
- Help the body adapt to the changes of everyday life
- Support and maintain the body as it ages
- Support the body's natural defenses against stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever.



MediHerb® Thyroid Complex

The combination of herbs in Thyroid Complex (Bladderwrack, Bacopa and Ashwagandha) contain many compounds including trace minerals (including iodine), polyphenols, steroidal compounds (including withanolides), triterpenoid saponins such as bacosides, alkaloids and flavonoids. Together these herbs and their constituents can help to:

- Support healthy thyroid function important for normal energy production
- Maintain normal thyroid function
- Helps assist the body in achieving normal basal metabolism through supporting healthy thyroid function
- Maintain or improve general well-being*

Suggested use: One tablet daily, or as directed.

Caution: Contraindicated in pregnancy and lactation. Contraindicated in hyperthyroidism and related cardiac problems. If you have a thyroid condition, use strictly under physician direction.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Tribulus

Tribulus contains an extract of *Tribulus terrestris* herb (aerial parts - leaves and stems) and contains steroidal saponins, mainly furostanol glycosides (including protodioscin and protogracillin) and small quantities of spirostanol glycosides, sterols and other compounds. This product is standardized to contain 100 mg per tablet of furostanol saponins to ensure optimal strength and quality. The compounds in Tribulus have been used traditionally to:

- Help support normal reproductive function in men and women
- Help support normal hormone production in men and women
- Promote vitality and stamina
- Support physical endurance
- Promote an overall feeling of well-being*

Suggested use: One tablet one to three times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.



Appendix

Cataplex® E

Supplement Facts	
Serving Size: 2 Tablets	Servings per Container: 45 or 180
Amount per Serving	%DV
Calories.....	3
Vitamin E.....	5 IU..... 15%
Selenium.....	11 mcg..... 15%
Proprietary Blend.....	509 mg
Bovine orchis extract†, inositol†, dried pea (vine) juice†, ribonucleic acid†, bovine adrenal†, beet (root)†, oat flour†, bovine spleen†, ovine spleen†, para-aminobenzoic acid†, bovine liver†, manganese lactate, and ascorbic acid.	
†Daily Value (DV) not established.	

Other Ingredients: Honey, D-alpha tocopherol (Vitamin E sunflower), selenium yeast azodic-gum, and calcium stearate.

Drenamin®

Supplement Facts	
Serving Size: 3 Tablets	Servings per Container: 30 or 120
Amount per Serving	%Daily Value
Vitamin C.....	9 mg..... 10%
Riboflavin.....	1 mg..... 80%
Niacin.....	12 mg..... 80%
Vitamin B6.....	0.3 mg..... 20%
Proprietary Blend.....	725 mg
Calcium lactate, rice (bran), bovine liver, bovine adrenal, porcine stomach, nutritional yeast, bovine adrenal PMG™ extract, choline bitartrate, organic dried alfalfa (aerial parts) juice, organic dried buckwheat (aerial parts) juice, organic buckwheat (beet), magnesium citrate, oat flour, bovine bone, para-aminobenzoic acid, organic chitose mushroom powder, organic reishi mushroom powder, porcine brain, veal bone PMG™ extract, organic sweet potato, and sunflower lecithin.	
†Daily Value (DV) not established.	

Other Ingredients: Honey, cellulose, niacinamide, ascorbic acid, calcium stearate, riboflavin, D-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

OPC Synergy®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 40
Amount per Serving	%DV
Calories.....	1.5
Proprietary Blend.....	410 mg
Dried buckwheat (leaf and juice)†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate. MASQUELIER'S® OPCs is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.

Pituitrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....	1
Calcium.....	30 mg..... 2%
Proprietary Blend.....	118 mg
Magnesium citrate and bovine pituitary PMG™ extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....	1
Calcium.....	18 mg2%
Sodium.....	22 mg<1%
Proprietary Blend.....	215 mg
Bovine thymus PMG™ extract† and magnesium citrate,	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thyrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%DV
Calories.....	1
Calcium.....	30 mg2%
Proprietary Blend.....	109 mg
Magnesium citrate and bovine thyroid PMG™ extract† (processed to substantially remove its thyroxine).	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

MediHerb®
Adrenal Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calcium	64 mg 4%
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root 1.75 g Containing glycyrrhizin 25 mg	250 mg †
Rehmannia rhizome 5:1 extract from <i>Rehmannia glutinosa</i> rhizome 750 mg	150 mg †
†Daily Value (DV) not established.	

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, magnesium stearate and hypromellose.

MediHerb®
Ashwagandha Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calcium	58 mg 4%
Skullcap herb 4:1 extract from <i>Scutellaria lateriflora</i> herb 470 mg	117.5 mg †
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root 750 mg	107.15 mg †
Ashwagandha root 10:1 extract from <i>Withania somnifera</i> root 950 mg	95 mg †
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 100 mg Containing ginsenosides* 1,68 mg	20 mg †
†Daily Value (DV) not established.	

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, maltodextrin, hypromellose, magnesium stearate, silicon dioxide and dextrose.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb®
Chaste Tree

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40 or 120		
Amount per Serving %DV		
Calcium	87 mg	6%
Chaste Tree fruit 6:1 extract from <i>Vitex agnus-castus</i> fruit 500 mg	83.3 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, silicon dioxide, hypromellose and magnesium stearate.

MediHerb®
FemCo

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40		
Amount per Serving %DV		
Calcium	74 mg	6%
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 1.0 g	166.6 mg	†
White Peony root 4:1 extract from <i>Paeonia lactiflora</i> root 750 mg	187.5 mg	†
Shatavari root 6:1 extract from <i>Asparagus racemosus</i> root 600 mg	100 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, hypromellose, magnesium stearate and silicon dioxide.

MediHerb®
Rhodiola & Ginseng Complex

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 60		
Amount per Serving %DV		
Rhodiola root 4:1 extract from <i>Rhodiola rosea</i> root 600 mg Containing rosvivins 4.5 mg and salidroside 1.5 mg	150 mg	†
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 500 mg Containing ginsenosides* 8.4 mg	100 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, dextrose, hypromellose and magnesium stearate.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb®
Thyroid Complex

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40 or 120		
Amount per Serving %DV		
Calcium	57 mg	4%
Iodine (from Bladderwrack whole plant)	300 mcg	200%
Bladderwrack whole plant 5:1 extract from <i>Fucus vesiculosus</i> whole plant 1.5 g	300 mg	†
Withania (<i>Ashwagandha</i>) root 10:1 extract from <i>Withania somnifera</i> root 1.20 g	120 mg	†
Bacopa herb 50:1 extract from <i>Bacopa monnieri</i> herb 2.5 g Containing bacosides as bacoside A 25 mg	50 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, croscarmellose sodium, magnesium stearate, silicon dioxide and hypromellose.

MediHerb®
Tribulus

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40		
Amount per Serving %DV		
Calcium	74 mg	6%
Tribulus herb (aerial parts) 55:1 extract from <i>Tribulus terrestris</i> herb (aerial parts) 13.5 g Containing furostanol saponins as protodioscin 100 mg	245.45 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, hypromellose, silicon dioxide and magnesium stearate.





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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