



DR LORI PUSKAR

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ADULT PROTOCOLS

Prevention

Bactrex #3
Stabilizer #5
ACX

Morning

1 capsule
1 capsule
1 capsule

Dinner

Mild-Moderate Symptoms

Bactrex #3
Stabilizer #5
ACX

Morning

2 capsules
2 capsules
2 capsules

Dinner

2 capsules
2 capsules
2 capsules

Moderate-Severe Symptoms

Bactrex #3
Stabilizer #5
ACX

Morning

3 capsules
3 capsules
3 capsules

Dinner

3 capsules
3 capsules
3 capsules

KID PROTOCOLS

Prevention

CX3
CX5
CXACX

Morning

1 drop
1 drop
1 drop

Dinner

Mild Symptoms

CX3
CX5
CXACX

Morning

2 drops
2 drops
2 drops

Dinner

2 drops
2 drops
2 drops

Severe Symptoms

CX3
CX5
CXACX

Morning

3 drops
3 drops
3 drops

Dinner

3 drops
3 drops
3 drops