

DR LORI PUSKAR

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Practitioner Mentorship with Dr. Lori Puskar

FAQ'S

Frequently Asked Questions

WHAT IS THE PRACTITIONER MENTORSHIP PROGRAM?

The Practitioner Mentorship Program is a private, personalized consulting relationship created to help you become more confident, capable, and effective in your work as a practitioner. You will have direct access to Dr. Lori Puskar's more than 30 years of clinical experience, along with the practical knowledge she has gained from treating patients, teaching functional medicine, mentoring practitioners, and managing the realities of building and operating a healthcare practice.

This is not a standardized course in which every practitioner is taught the same information. Your mentorship is built around your individual needs, your current level of training, your patients, your practice, and the areas in which you would most benefit from experienced guidance.

WHO IS THIS MENTORSHIP DESIGNED FOR?

This mentorship is designed for practitioners who want individualized support rather than another generalized training program. You may be newly entering practice, working to strengthen your clinical reasoning, struggling with difficult cases, feeling uncertain about supplement or laboratory decisions, or wanting help with the business and practical side of your practice.

You do not need to use a particular muscle testing system, supplement company, laboratory, or clinical philosophy. We will begin with what you already know, what you are already using, and what you genuinely need in order to move forward.

WHAT CAN WE DISCUSS DURING THE MENTORSHIP?

Your mentorship may include clinical case review, laboratory selection and interpretation, physiological patterns, supplement decisions, protocol organization, patient communication, practice systems, scheduling, pricing, marketing, professional positioning, confidence, mindset, and business growth.

Problems, concerns, questions, and areas of uncertainty are all appropriate to bring into the mentorship. Our work does not have to remain within one narrowly defined subject. We can address the areas that are creating the greatest difficulty or holding you back at any point during the program.

HOW PERSONALIZED IS THE MENTORSHIP?

The mentorship is entirely personalized. Before recommending another course, seminar, supplement company, laboratory, or clinical tool, we will first look carefully at what you already have available and where the actual gaps may be.

The goal is not to overwhelm you with more information. It is to help you organize what you know, recognize what is missing, make better decisions, and apply your knowledge with greater clarity and confidence.

WILL I BE EXPECTED TO PURCHASE ADDITIONAL PRODUCTS OR TRAINING?

No. This mentorship is not being used to sell you additional services, products, supplement accounts, courses, or training programs.

There may be circumstances in which Dr. Lori believes that additional education, a different supplement company, another laboratory, or a specific clinical tool would genuinely benefit you. This might include returning to a company you have previously trained with, strengthening your skills through a program you already know, opening an account with an additional supplement company, or exploring training through an organization you have never worked with before.

Any recommendation will be made because it appears relevant to your needs and professional development. Dr. Lori has no vested interest in directing you toward one particular company, product line, laboratory, or educational organization. You are never obligated to follow a recommendation or purchase anything beyond the mentorship itself.

CAN I DISCUSS PATIENT CASES?

Yes. Patient cases may be discussed for educational and consulting purposes. Dr. Lori can help you organize your clinical thinking, recognize possible patterns, evaluate testing options, consider appropriate referrals, and understand the reasoning behind different approaches.

All identifying patient information must be removed before it is shared. You remain the treating practitioner and are responsible for all clinical decisions, documentation, informed consent, referrals, and compliance with the laws and regulations governing your professional license.

The mentorship does not make Dr. Lori the treating practitioner, supervising physician, or practitioner of record for your patients.

WHAT SUPPORT IS INCLUDED BETWEEN CONSULTATIONS?

During your mentorship program, you will have unlimited access to Dr. Lori by text and email for ongoing questions, clarification, and support.

This allows you to continue the conversation between your scheduled consultations, ask questions as situations arise, and receive guidance while you are applying what has been discussed. The purpose is to give you meaningful access to mentorship rather than limiting your support to the time spent in formal sessions.

You will also have access to webinars offered during your mentorship period. These webinars may include clinical education, case discussions, business development, practice management, mindset, communication, and other subjects relevant to becoming a stronger and more effective practitioner.

HOW ARE THE PRIVATE CONSULTATIONS STRUCTURED?

Each private consultation is 30 minutes. The mentorship package includes three total hours of private consulting, divided into six 30-minute sessions.

The 30-minute format allows our conversations to remain focused and productive.

It also gives you time between sessions to apply what we discussed, observe the results, continue the conversation through text or email, and return with more specific questions.

Your consultations do not have to focus on the same subject. One session may involve a clinical case, while another may address laboratory testing, patient communication, practice systems, confidence, pricing, or business concerns.

IS THE MENTORSHIP CONFIDENTIAL?

The substance of your mentorship discussions will be treated as private in keeping with all Privacy and HIPAA laws.

The educational materials, clinical frameworks, documents, webinars, recordings, forms, and proprietary information provided through the mentorship are for your personal professional use. They may not be copied, recorded, shared, resold, published, distributed, taught, or used to create another training program without written permission.

WHAT IS THIS MENTORSHIP NOT?

This mentorship is not a generic online course, a scripted certification program, a supplement sales presentation, or an attempt to recruit you into a particular company, product line, or clinical system.

It is not medical care for you or your patients. It is not legal advice, formal clinical supervision, medical direction, or a substitute for any supervision required by your licensing board, employer, or professional organization.

It is also not a passive program in which information is simply handed to you without discussion or application. It is an active mentorship relationship designed to help you solve real problems, strengthen your judgment, improve your clinical and business skills, and move forward with greater confidence.

WHAT MAKES THIS DIFFERENT FROM OTHER CONSULTING AND COURSES?

A course teaches the same information to a group of people. Mentorship allows us to examine your actual cases, your questions, your abilities, your practice, and your goals.

Many practitioners do not need another large collection of information. They need an experienced practitioner who can help them connect what they have learned, identify what truly matters, recognize where they are getting stuck, and determine the next practical step.

Schedule Your Complementary Mentorship Clarity Call Here:

<https://calendar.app.google/jzUG1RxDZSq6mCdx6>