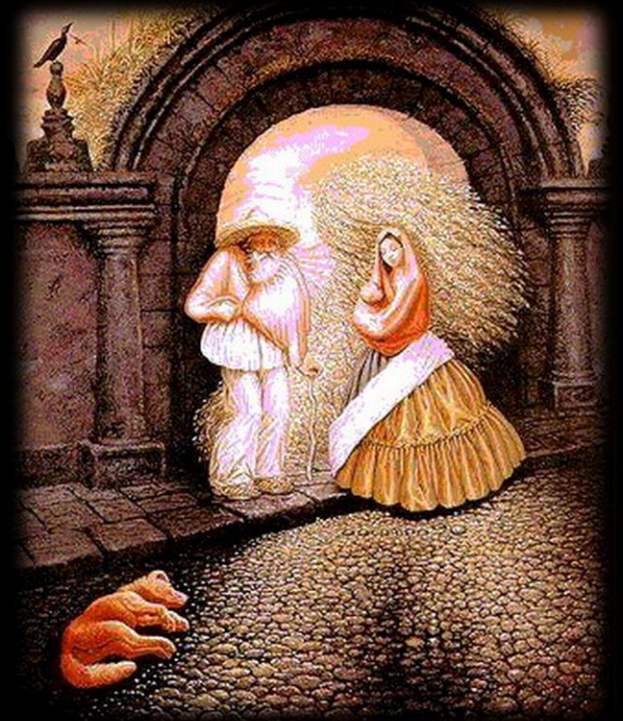


TRUTH VS PERCEPTION

When “My Truth” is not “The Truth”



MY TRUTH

The words “My truth” rolled off my lips. Afterwards I was a little shocked.

I don’t like that phrase, so I reflected.

I had to ask my self:

- “What the heck does “*my truth*” mean?”
- Does it mean that there is *more than one* TRUTH?...
...or that there is NO TRUTH?
...or that Truth is a RELATIVE thing?

What the heck is “my truth”?



WHAT DID I MEAN WHEN I SAID “MY TRUTH”?

First of all, what did *I mean* when that phrase rolled off my tongue?
I meant:

- “I have a unique story to tell, information to share, something important to say that could help others.
- I have a unique perspective.”
- “I have a voice that wants to be spoken.”
- “I want to share from my experience and learning...”
- “I have a true life story...I am authentic...
- I am an expression of truth, as we all are.”



This doesn't necessarily mean, however, that everything I say is true or that my beliefs are all accurate. I could be wrong about some things; in fact I'm sure I am.

Truth remains truth even if I believe something different.



IS “MY TRUTH” DANGEROUS?

If truth *is* relative, then morality is *also* relative...

And Moral Relativity **IS** a dangerous thing.

Because if there is no truth, and we are just able to make up our own individual truths, then we could justify ANYTHING, right or wrong... helpful for hurtful.

That is SOLIPSISM, the idea that there is no GOD or Universal Energy which organizes life. Solipsists see themselves as a gods and from that position decide they can do anything they want and justify it through their twisting of right and wrong. It's VERY DANGEROUS GROUND for humanity.

Have you even encountered a solipsist in your personal life?

I have, and it created a lot of chaos and hurt.

WHAT WE MAY REALLY MEAN WHEN WE USE THE WORDS “MY TRUTH”

“My truth” may also be a polite new age way of stopping a conversation or of saying any of the following sentiments:

- “This is what I think and I’m not changing my mind. “
- “I’m not open to new information.”
- “This is the way I want things to be, so don’t challenge me. “
- “We all have different truths because truth doesn’t exist.”
- “Because our perceptions differ, there is no right or wrong. We are all right.”
- “Truth is a relative thing”
- “I don’t want to hear another opinion or outlook. “
- “I’m defending against having my beliefs being challenged. “
- “I’m justifying my behaviors and mistakes. “
- “Shut up and leave me alone with my belief systems. “
- “I’m not ready for the truth yet. “
- “I am not ready to admit that I am wrong.”





SELF GROWTH

- Sometimes our stories and those things we call our truth may instead be barriers to our personal growth and moral evolution.
 - My truth may be the source of a spiritual bypass.
 - We may say it as a defense, a push back to confrontation, or a way to avoid looking at ourselves, our faults and our mistakes.
 - “My truth” may mean that I choose to stay a victim, or that
 - I refuse to self inquire as to how I’m staying stuck.
 - Clinging to “My Truth” may mean that I am perpetuating a social wrong.
-
- We all have unique voices that need expression and that have purpose. Sometimes the use of “my truth” is a beginning stage of asserting our value as humans.
 - When we move from self defeating thoughts to the recognition of our value we need a way to express that and hold a boundary with others.
 - “My truth” is sometimes a beginning of this journey of self appreciation and self defense.

CLINGING TO “MY TRUTH”



- Are you open to the possibility that “your truth” is WRONG?
- Truth is out of our control; We don't get to make it up or change it.
- Truth can be scary, unpleasant and it can throw our life up side down.
- Sometimes we cling rigidly to a belief despite the evidence around us.
- When we cling to a belief or perspective, we are setting ourselves up for eventual pain.
- One way or another, the world will provide consequences for false beliefs and immoral behaviors.
- Belief is different than Knowledge which is based on Truth.
- There is only one truth which is “what is or what has been”. However, there are many perspectives, many beliefs and many stories.
- Be flexible and seek knowledge so you can differentiate.

COURSE CORRECTION

- Part of growing and becoming fully human is to define and express ourselves while also being open to continued learning.
- The willingness to course correct when we're wrong is essential to our self growth.
- The Truth is our Destination.

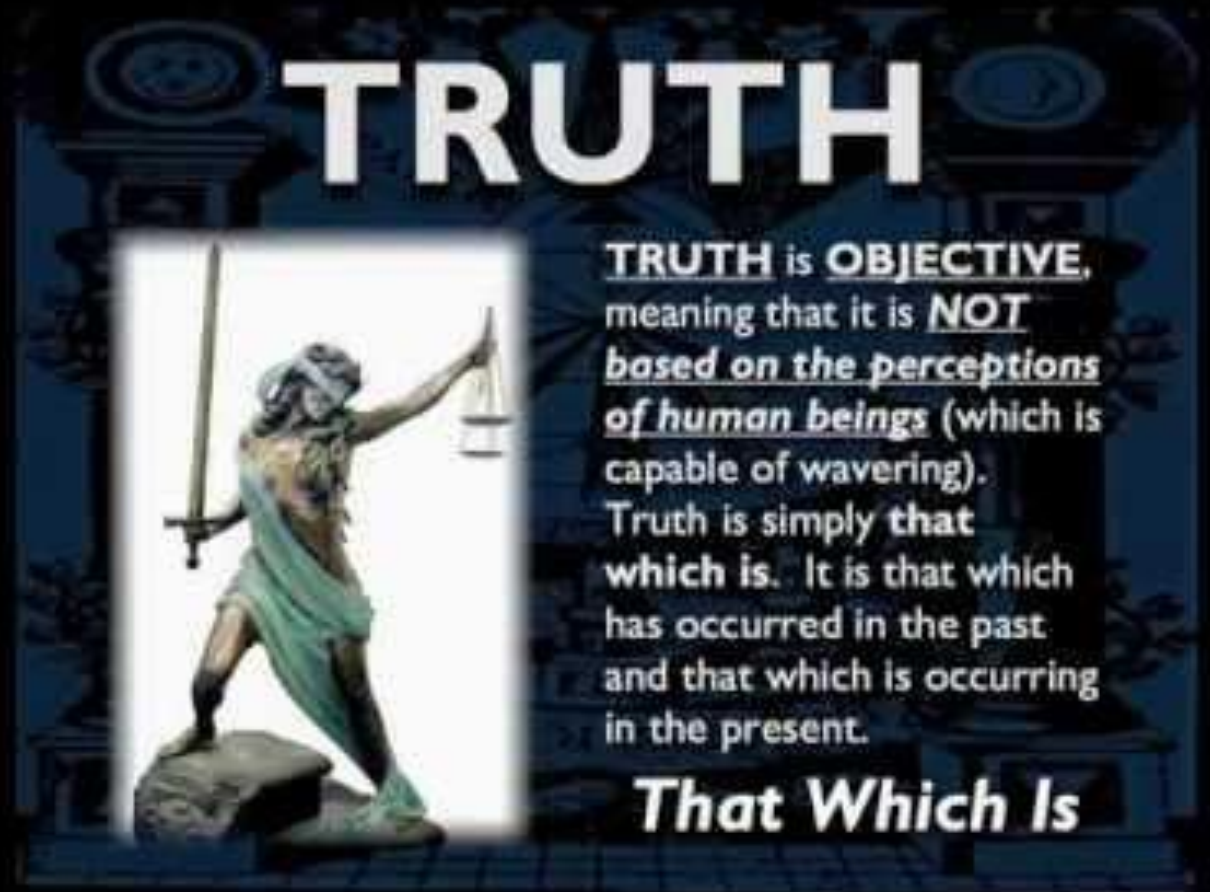


THE TRUTH

“My *truth*” may easily roll off your tongue but what do you mean when you say it?

It is trigger phrase that actually creates an air of vagueness and confusion.

Words Do Matter.
Instead, Own Your Perceptions
and SEEK THE TRUTH.



MORAL RELATIVISM

Truth is simply “WHAT IS.”

Truth corresponds to REALITY.
Truth guides MORALITY.

Truth is NOT something we
choose or make up to suit our
needs and preferences.

We don't get to decide what
is true or false, right or wrong.

Truth is not the same as:

- Perception
- Belief
- Thought
- Hypothesis
- Desire
- World View
- Opinion



Moral Relativism

- Moral relativism asserts that no universal standard of morality is possible because different people have different beliefs about what is right and wrong.
- From this inference, relativists appear to further suggest that, in matters of morality, anything goes.
- But this principle of reasoning is problematic because it is essentially incoherent and inconsistent.

MORAL RELATIVISM

The DESTROYER Of ALL Freedom



MORAL RELATIVISM is the ideology/religion that Objective Morality does NOT exist inherently to Nature, and that Right and Wrong are subjective constructs which human beings may invent and arbitrate according to time, location, circumstance or preference. In Truth and Reality, Morality is **OBJECTIVE**. Rights can never become wrongs and wrongs can never become “rights,” at any place or time, regardless of how many people believe or wish for it to be so.

Satan Says:
MORAL RELATIVISM
keeps me in business!



If we choose to believe that truth is relative and that it is defined by personal perspective, we perpetuate the doctrine of Satanism which is Service to Self and to Ego's Desires.

Many core beliefs we hold onto are false, and sometimes we are not conscious of their origin nor their veracity.

We just "believe" them as if they are facts. These false beliefs were likely unconsciously inserted into our psyches at a young age. When we hold on to them without question, we run the risk of participating in evil and closing our minds to learning the truth of matters.

BELIEF IS...

Human BELIEF is completely IRRELEVANT when it comes to the existence and operation of Natural Law, just as it is irrelevant in relation to any of the other Laws of Nature, such as Gravity, Inertia, Momentum, Thermodynamics or Electromagnetism. Similar to such other phenomena of Nature, the workings of Natural Law *require no belief* in order for them to be *discovered and known*.

IRRELEVANT

NATURAL LAW

NATURAL LAW

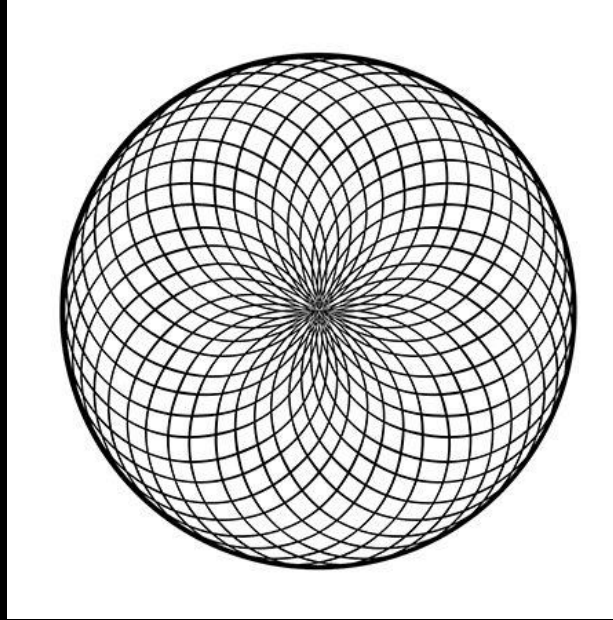
Working Definition - Universal, non-man-made, binding and immutable conditions that govern the consequences of behavior. Natural Law is a body of Universal Spiritual Laws which act as the governing dynamics of Consciousness.

- Choosing Right over Wrong is living in alignment with Natural Law.
- Natural Law defines our Human Rights.



NATURAL LAW *IS NOT*:

**You Can't
Opt Out of
Natural
Law.**



Natural Law IS NOT:

- A religion
- A dogma
- A perspective
 - A belief
- A world view
 - A bias
- A choice

Natural law occurs whether you know about or not
And whether you believe in it or not.

It is a Law of Nature, equal for all, enduring through time and space without prejudice.

KNOWING RIGHTS

Natural Law always holds true regardless of a population's belief systems. This means that it does not matter how many people agree that "a Wrong can be turned into a Right," or that "a Right can be turned into a Wrong."

Such things can never be done *in Reality*. People can only *believe* that they can claim such reversals and that this will magically make it so.

Unfortunately, most human beings erroneously believe that it is morally possible for them to create and delegate "rights" which do not exist or to take away Rights which do exist.



HUMAN RIGHTS



MORALS AND VALUES ARE DIFFERENT

- **MORALS** are based on Truth and First Principles. Truth is “what is” and is not subjective. Moral principles are true for all people in all situations.
 - **MORALS** are **CODES TO LIVE BY**.
 - **MORALS** are the foundation we stand on for a peaceful co-existence.
 - **MORALS** guide our behavior and are driven by the law of cause and effect, behavior and consequence.
-
- **VALUES** are individual and can vary from person to person. One person may value routine while another may value spontaneity. One person values solitude while another values social interaction.
 - **VALUES** reflect a subjective identification of ourselves.
 - **VALUES** do not always align with true morality. Sometimes we come into a conflict between a value and a moral truth. For example, we may value family loyalty but when a family member is being immoral the right thing to do is to choose right action over family loyalty.

OUR CHOICE OF WORDS IS IMPORTANT

- Let's be clear about what *really mean* when we choose our words.
- Our word choice is an important part of being a conscious person.
- When we are Self-Aware, we open a window to see ourselves honestly.
- Our Words can keep us honest or be a tool for manipulation or denial.
- Ultimately even if we think we are fooling someone else, we end up fooling ourselves.





AWAKENING

- The use of the phrase “My Truth” may be a step in a person’s Awakening to The Truth. A step when a person’s voice is still tentative and unsure. When they are in a place of believing rather than knowing. Claiming truth for oneself, afraid to impose it on another.
- People also get confused and think that their Perception equals Truth, which is not always true. The new age community frequently discourages judging other’s choices (in fact they really judge you for it!), and may dismiss a person’s immoral behaviors by saying “it’s his (or her) truth” or, “It’s not our place to judge”. This mentality permits wrongdoings and passively allows people to stay stuck in falsehoods. This outlook blocks awakening.
- “Just Love Everybody.” Yes, Love Everybody, but loving others does not mean accepting, tolerating or overlooking wrong behaviors. It does not mean “don’t set boundaries”. Love doesn’t mean swallowing your own brain and say or do nothing. Also, wrong doings are not the same as annoying habits.
- Awakening is actually seeing the ways we trick ourselves and each other into falsity and are complicit with evil.
- Awakening is seeing that we are all connected and while we each have a vast array of choices for personal expression, we are connected by the truth of natural law. Natural law, the guide to morality and truth discernment, is the glue that connects us and the avenue for harmony among us.



MOVING FROM BELIEVING TO KNOWING

- Use Discernment to sort through the many perspectives and stories in order to find the real deal, the bottom line of truth.
- Persist in seeking truth through studying diversified sources of information.
- At the heart of the matter are moral principles and moral behavior.
- Our stories are opportunities for individual expression, a chance to be the author of our own narrative (as we live a life in harmony with natural law.)
- The desire to claim a truth (or a story about ourselves) may come from that innate and universal drive to be free and not controlled by others, to be seen and heard as an individual, justifiably allowed to act and speak freely so long as we are not causing harm to others.
- Lets find other language to claim our right to a unique and creative self expression and a way to claim responsibility for our life choices.
- Bottom line is that we need to Know Ourselves and choose our words wisely and consciously. We are the makers, the creators ...and our words are a paintbrush. Our words are our wands.
- Instead of the path of a solipsist, or moral relativist, pretending that we are gods making up our own rules of the universe, we become a true and magical human being creating a story of our life within the structure of natural law and truth. We work in harmony with it instead of opposition.



WORDS MATTER

- Words matter, as does how we communicate with them to others. Become ever more precise with your words.
- Learn their etymology, since so many of the words we speak mean something different than what we associate with them.
- Embrace the process of speaking and reflecting on what you say, studying meanings and symbols, hearing feedback and being open to continual refinement.
- We are all on this mystical journey of life. Don't let the fear of making mistakes or receiving criticism stop you from opening your mouth in the first place.
- Blaze through the fog of perspective (thoughts, beliefs, emotions, history, etc.) to seek the truth.
- Access the process of the Trivium to get as close as possible.

USE FIRST PRINCIPLES TO SEEK TRUTH

Natural Law: The Two Pillars

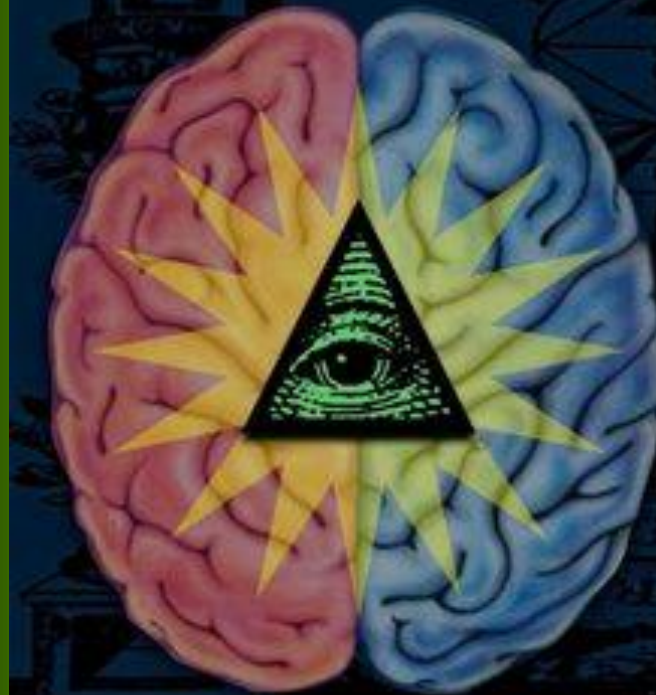


Through the balance of both masculine and feminine principles, we come closer to knowing the Truth.

Embodying First Principles brings us closer to becoming a balanced human being which is a vantage point for seeing the Truth.

This vantage point helps us to see our connectedness and the enduring natural laws that underlie our human existence on earth.

GENDER



MENTAL GENDER is the state of co-existence between Masculine and Feminine aspects of the human mind. Our **Left Brain Hemisphere** largely facilitates the **Masculine** aspect of the mind, or **Intellect** (logic, analytical, and linear thought processes), while the **Right Brain Hemisphere** largely facilitates the **Feminine** aspect, or **Intuition** (creative, compassionate, and holistic thought processes).

EXPRESS YOURSELF AND LEARN

- This world needs each of us to express ourselves and to share our knowledge as well as our perspectives.
- We each vibrate at a unique frequency. Our true authentic voices are unique.
- There is always someone who will resonate with our expression and who need to hear or experience what we have to offer.
- Things are not always what they seem to be.
- What we think is true may turn out to be false.
- In fact, as we proceed, you will likely see how very inverted everything in our society and culture has become.
- So often we get tricked. And the learning is created by the negative experience rather than a positive one.
- By the experience of expressing and sharing and living, while staying open to the consequences and feedback of other people and the larger universe or field of resulting experiences, we have the opportunity to LEARN.
- PLEASE DON'T WASTE THIS PRECIOUS OPPORTUNITY!



Remain discerning.
Use your words carefully.
Distinguish between
perception and truth,
belief and knowledge.

THE ELEPHANT IN THE ROOM

The illiterate of the 21st century will not be those who cannot read or write, but those who cannot unlearn the many lies that they have been conditioned to believe, and seek out the hidden knowledge that they have been conditioned to reject.

Gavin Nascimento

