

OVERVIEW



Overview

Lodging

☒ Compass Hotel Anna Maria Sound by Margaritaville

Map & Favorite Places

Day 1

Ψ4 Appetizers

⌚ Agenda

Day 2

🧘 Restorative Pilates & Devotional

Ψ4 Breakfast Buffet

-  Morning Massage Block 1/Personal Time
-  Workshop - Forgiveness as Freedom
-  Beach & Leisure self-lead time. Box Lunches Provided
-  Evening Massage Block 1/Personal Time
-  Meal - Dinner on own

Day 3

-  Restorative Pilates & Devotional
-  Breakfast Buffet
-  Morning Massage Block 2/Personal Time
-  Nutrition Workshop
-  Beach & Leisure self-lead time. Lunch on own
-  Group Dinner
-  Evening Massage Block 2/Personal Time

Day 4

-  Gentle Movement Pilates led by Lisa
-  Breakfast
-  Morning Massage block or Personal Time
-  Forgiveness Workshop, Closing of Retreat
-  Check-out of Hotel - End of Retreat

Packages

What's included, what's not

About the organizer

LODGING

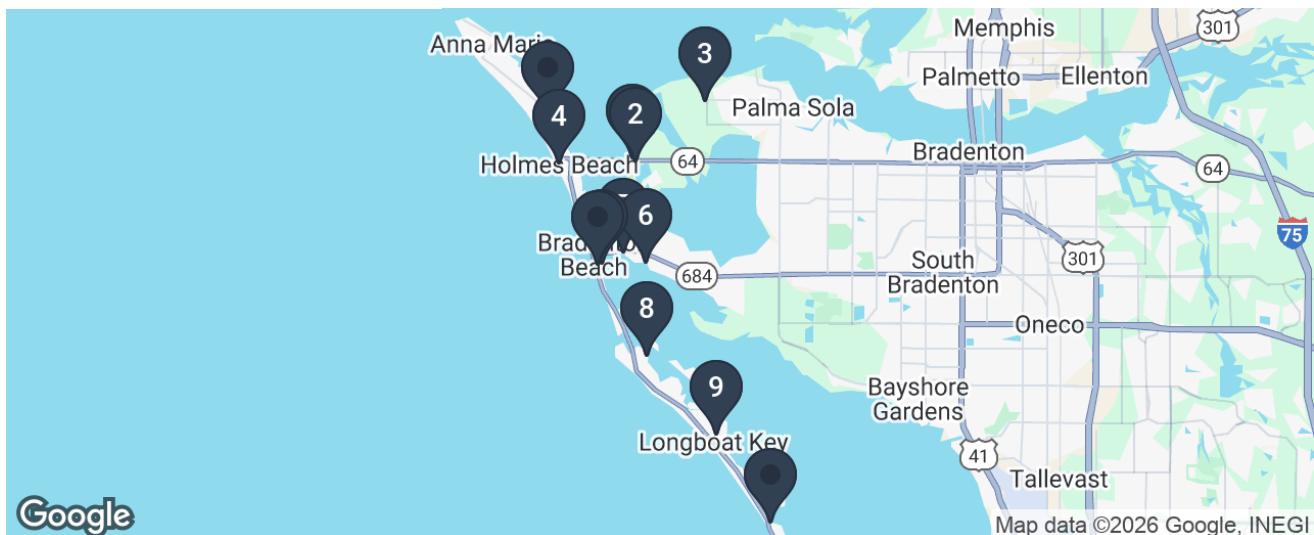


Compass Hotel Anna Maria Sound by Margaritaville

[12324 Manatee Ave W, Bradenton, FL 34209, USA](#)

Experience the charm of Compass Hotel Anna Maria Sound by Margaritaville, where stunning waterfront views and a family-friendly atmosphere come together. Enjoy easy access to Anna Maria Island's beaches and local dining, while indulging in the laid-back Margaritaville lifestyle. With on-site dining and thrilling water sports, your adventure awaits!

 [+1 941-741-9700](tel:+19417419700)  [Website](#)



Map

1. Compass Hotel Anna Maria Sound by Margaritaville
12324 Manatee Ave W, Bradenton, FL 34209, USA
2. Neal Preserve
12301 Manatee Ave W, Bradenton, FL 34209, USA
3. Robinson Preserve
1704 99th St NW, Bradenton, FL 34209, USA
4. Holmes Beach
Holmes Beach, FL 34217, USA
5. Bridge Street
Bridge St, Bradenton Beach, FL 34217, USA
6. Swordfish Grill
4628 119th St W, Cortez, FL 34215, USA
7. Tide Tables Restaurant and Marina
12507 Cortez Rd W, Bradenton, FL 34210, USA
8. Mar Vista Dockside Restaurant & Pub
760 Broadway St, Longboat Key, FL 34228, USA
9. Joan M Durante Community Park
5550 Gulf of Mexico Dr, Longboat Key, FL 34228, USA
10. Bayfront Park Recreation Center

4052 Gulf of Mexico Dr, Longboat Key, FL 34228, USA

11. The Ugly Grouper

5704 Marina Dr, Holmes Beach, FL 34217, USA

12. Daiquiri Deck Bradenton Beach

107 Bridge St, Bradenton Beach, FL 34217, USA

DAY 1

Welcome to Bradenton Florida!



Welcome Reception & Cocktail Hour

On Day One of the Women's Retreat at the Compass Hotel Anna Maria Sound by Margaritaville, guests will arrive and check in, setting the stage for a warm and welcoming experience. The day will kick off with a Welcome Reception, featuring an open bar and a selection of appetizers, providing an opportunity for attendees to connect and enjoy each other's company. Upon arrival, guests will receive a thoughtfully prepared welcome packet to help guide them throughout the retreat. The day will conclude with an evening prayer, creating a moment of reflection and gratitude before a rejuvenating retreat ahead.

Appetizers

The Compass Hotel

Date

Thursday, May 14, 2026

7:00pm

- Capresse Skewers
- Hummus & Veggies
- Margarita Flatbread

- BBQ Chicken Flatbread
- Premium Cocktails, wine & beer

⌚ Agenda

- Welcome
- Introductions/What to expect
- Icebreaker

DAY 2



 Restorative Pilates & Devotional

12324 Manatee Ave W, Bradenton, FL 34209, USA

Friday, May 15, 2026 50 min

7:30am-8:20am

⌚ Breakfast Buffet

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date

Friday, May 15, 2026

8:30am

Morning Massage Block 1/Personal Time

Date

Friday, May 15, 2026

8:30am-11:30am

Massage is by appointment only. See agenda in welcome packet for your time slot.

Workshop - Forgiveness as Freedom

Conference Room

Date

Friday, May 15, 2026

11:30am-1pm

Beach & Leisure self-lead time. Box Lunches Provided

Date

Friday, May 15, 2026

1pm-4:30pm

Evening Massage Block 1/Personal Time

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date

Friday, May 15, 2026

5:30pm-9pm

Meal - Dinner on own

DAY 3



 Restorative Pilates & Devotional

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date	Duration
Saturday, May 16, 2026	50 min
7:30am-8:20am	

Ψ4 Breakfast Buffet

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date
Saturday, May 16, 2026
8:30am

 Morning Massage Block 2/Personal Time

Date
Saturday, May 16, 2026
8:30am-10:45am

Massage is by appointment only. See agenda in welcome packet for your time slot.

⌚ Nutrition Workshop

Conference Room

Date

Saturday, May 16, 2026

11am-12:30pm

🏊 Beach & Leisure self-lead time. Lunch on own

Date

Friday, May 15, 2026

12:30pm-5pm

Ѱ Group Dinner

Grill & Chill

Date

Saturday, May 16, 2026

6pm

thaimassage Evening Massage Block 2/Personal Time

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date

Saturday, May 16, 2026

5:30pm-9pm

DAY 4



Day 4 - Sunday May 17

7:30-8:20 morning devotional and Gentle Movement led by Lisa

8:30 breakfast (free provided by hotel)

8:30-1130 Morning Massage Block (by appointment) (4 slots 8:30-9:30 and 9:45-10:45)

* others enjoy journaling, pool or quiet time

11:30-3:30 Faith Centered workshop: Forgiveness as Freedom reserve conference room

 Gentle Movement Pilates led by Lisa

12324 Manatee Ave W, Bradenton, FL 34209, USA

Sunday, May 17, 2026 50 min

7:30am

Breakfast

12324 Manatee Ave W, Bradenton, FL 34209, USA

Date

Sunday, May 17, 2026

8:30am

Morning Massage block or Personal Time

Date Duration
Sunday, May 17, 2026 3 hours
8:30-11:30am

Massage appointments, please reference your welcome packet.

Take this time explore, relax and reflect.

Forgiveness Workshop, Closing of Retreat

Conference Room

Date
Sunday, May 17, 2026
11:30am-3:30pm

Lunch provided

Check-out of Hotel - End of Retreat