JUNE 2024 The Jamul Shopper & News

www.jamulshopperandnews.com

Happy Father's Day



America the Beautiful By Valerie Armiio

What a way to display our flag! On our recent trip to Montana, Wyoming and Yellowstone National Park, we stopped in a little town in Montana to have lunch and saw this beautiful flag. June 14 is Flag Day in the United States, the anniversary of the adoption of the first American flag by the Continental Congress in 1777. Honor our flag on June 14 and fly one in your own yard, we do. Our nation is a beautiful place to experience. Get out of town this summer and see some of our National Parks, a real treasure. How about Buffalo roaming (right outside our hotel window) or in the natural setting, Or Old Faithful Geyser. Watching Our Youth Thrive By Linda Manos

"Biz-Town USA"

The Kiwanis of Greater Jamul and the Friends of Jamul Dulzura Schools has funded the Jamul-Dulzura Union School Districts 5th grade program at "The McGrath Family Junior Achievement Biz-Town".

A few of Kiwanis club members were able to observe the students participating in this epic endeavor.

The students were all buzzing with excitement to actually participate in experience-based jobs on the store front of Biz-Town. There are numerous realistic and authentic business shops represented. Really, too many to mention!

The Junior Achievement program empowers young people to gain the skillset and mindset needed to thrive. This is an experience-base elementary school program. Students are prepared by attending 12 teacher led simulation sessions. The students submit a resume', go through an interview process and take a field trip to "Biz-Town". There, they have a hands-on experience.

REMINDER - STEELE CANYON HIGH SCHOOL GRADUATION

The Steele Canyon High School Class of 2024 will hold their graduation ceremony on J*une 6, 2024 at 6:00PM* At the SCHS Stadium. Please visit the SCHS website at schscougars.org for more information or contact the school at 619-660-3500.





Letter to the Editor from Marcia Spurgeon **INSURANCE RATES THROUGH THE** ROOF - IF AT ALL AVAILABLE

There is growing concern for the actions taken by the Insurance Commission regarding homeowners insurance in California. Since Ricardo Lara became Commissioner, the State of California has lost almost all National Insurance companies that had been competitive for Homeowners Insurance. Lara has forced home owners to purchase the State's Fair Plan at exorbitant fee increases up to 3 times the previous rates or more. Home owners cannot afford such high costs for insurance without any competition.

Ricardo Lara when a California Senator was also author of the "Cow Fart Regulations". As reported on CBS News 2016: "California's Legislature approved regulations on cow flatulence and manure - both blamed for releasing greenhouse gases. The measure was approved shortly before the end of the legislative session Wednesday after its author, Democratic Senator Richardo Lara of Bell Gardens agreed to give dairy farms time to comply."

It is time to demand changes. It is important to write letters, emails and phone calls to the Office of Insurance, our local representatives and the Governor.

Sacramento Office, 300 Capital Mall, 17th Floor, Sacramento, CA 95814, main line 916-492-3500.

Governor Gavin Newsom, 1021 O Street, Ste 9000, Sacramento, CA 95814. Phone: 916 445-2841.

Assembly Woman Marie Waldron, State Capitol, P O Box 942849 Senator Steve Padilla, 1021 O Street, Ste 6640, Sacramento, CA 95814, Phone

Jamul - Dulzura

Community Planning Group

Jamul-Dulzura Union School District - Jamul Education Center 14581 Lyons Valley Road, Jamul, CA 91935 Hybrid Meeting: Both In-Person and Zoom attendance Meets every 1st and 3rd Tuesday of each month – 7:30 pm. To Join Zoom Meeting. LINK: <u>https://us02web.zoom.us/j/88050022406</u> Meeting ID: 880 5002 2406 One tap mobile +16694449171,88050022406# US; +16699009128,,88050022406# US (San Jose)

MISSION STATEMENT

"The mission of the Jamul-Dulzura Community Planning Group is to represent the best interests of the communities of Jamul and Dulzura while adhering to County of San Diego, California Board of Supervisors Policy I-1.

PURPOSE STATEMENT

The purpose of the Jamul-Dulzura Community Planning Group is: • To provide a public forum where local citizens can learn about issues of importance to them and their community and provide input.

• To carefully consider all input when advising the county on such issues as planning, land use, discretionary projects, and community and sub-regional plans. APPROVED 5/12/2020.

We have a vacant seat (5) and (13) and we are looking to fill it with someone who is looking for a way to help our community. If you are interested, contact Kevin May: kjmaycpg@gmail.com or 619-987-2586. Come join us in making a difference for our communities.

Calendar

1st and 3rd Tuesday 7:30 Jamul/Dulzura Community Planning Group Jamul Dulzura Union School District, Jamul Education Center 14581 Lyons Valley Rd, 4th Thursday Kiwanis meeting at Jamul Community Church at 6:30 pm, 14058 Jamul Drive July 15 Jamul Shopper Deadline - Tammy 619 669-1109 Second Tuesday Jamul Dulzura School Board meets 6:30 Jamul Learning Center (formerJIS Library)

Weekly AA meetings every Wednesday 6-7pm at St. Pius X Catholic Church Jamul

June 8 8am-2pm Communitywide Garage Sale & Estate Sale 20785 Deerhorn Valley Rd. Free to sellers and buyers. Call: 619-468-3915

Classified

For Rent. In town Jamul. Off Hwy 94. SEPARATE ENTRY (Senior wanted). Large Bedroom 15x15. Large bath, large tub and a shower. Walk-in closet. Microwave, refrigerator, table/chairs. Water/elec/trash included. NO smokina/druas/ alcohol. 619-669-1491.



Shopper & News

TO ADVERTISE IN THE JAMUL SHOPPER CONTACT TAMMY 619 669-1109 OR EMAIL jamulshopper@att.net www.jamulshopperandnews.com Submit by 15TH OF THE MONTH Have an interesting event or

happening in your neighborhood? Announce it in the Jamul Shopper Calendar. Have an interesting story to tell? Share it with our community in the

> Jamul Shopper & News Tammy 619 669-1109

Views expressed by contributors to this publication do not necessarily represent those of the Jamul Shopper and News.



SPRING IS BUSTIN OUT ALL O-O-VER!

Oh my goodness! This is one of the most beautiful springs I can remember over the last four decades on Deerhorn Valley. Not only did we have a profuse ceanothus bloom (which takes a frost), we've also had a Greening Season that has lasted for months. I know its fire fuel, but I can't help but revel in it all. I broke my mower belt trying to get that first cutting done. Weeds were so tall and thick that I couldn't see what I was running into. Something about that white smoke and smell of rubber clued me in, however, and when the blades stopped spinning I knew my day's mowing was over. Thank goodness for overnight shipping.

Everything I planted this spring has bloomed and thrived. I haven't even started on the vegetables yet, but I'm just about ready. The horse poop has composted and there is plenty to go around. Happy plantings to us all!

THE ACORN CHRONICLES

I laugh thinking back about all those little acorns I collected back in February and March. I so carefully planted them in pots, and nurtured each little baby sprout. But now it's June, and the wild baby oaks are busting out all over. A short walk outside and I find hundreds—

maybe thousands— popping up under grandmother oaks and at the base of granite boulders.

I SO want to spread these babies about and see if I can get them to thrive in the ground. Its a test of my faith for the future... these little oak sprouts. Someday maybe my grandsons (and their kids) might just pass by them.

The 2007 Harris Fire was followed by an infestation of GSOB (Gold-Spotted Oak Borers). Our once-majestic oak woodlands have seriously declined, and it seems only right to try and coax some of this year's acorn crop to leaf out and take hold.

Luckily our most common oak is the Coastal Live Oak (quercus agrifolia). Their acorns are obvious: long, skinny and pointed. When I tossed a few in a pot with my amaryllis they sprouted leaves and roots simultaneously. I planted more and they also did well once I found out you just need to lay them sideways—not stick them down in the dirt.

We'll see. I plan to plant them in groups, give them occasional watering, and let Darwin do his thing.



HEY EVERYONE—DEERHORN & BEYOND!

BACKCOUNTRY YARD SALE ! SATURDAY — JUNE 8TH

8:00am-2:00pm 20785 DEERHORN VALLEY RD FREE to Sellers and Buyers. Sponsored by our DV Community Association Call Kathy Collins to sign up! 619-468-3915 ALL ARE WELCOME!

ABANDONED, AT-LARGE, & UNSECURED WE'VE GOT A DOG PROBLEM

Comments like the ones below are more and more frequent on the local Facebook pages throughout Jamul. It's a sad situation for us all when owners abandon, neglect, or

refuse to secure their dogs. Backcountry living is not about escaping unnecessary rules. Rural folks need to be even MORE aware of how our actions affect our neighbors. We mostly depend less upon the laws and more upon goodwill and personal responsibility to get along.

With the increase in abandoned dogs, and shelters bursting at the seams it's all the more critical to keep our own pets securely confined.

Livestock like chickens goats and shee] can be in trouble when dog owners think their household pets or farm dogs would never kill and they let them run wild instead of keeping them at home. However, dogs of all breeds, sizes and temperaments are potential predators. Predatory dog behavior as the experts call it, is hardwired into what makes a dog a dog.

—Deb Haines, Rural DVM

LOCALS COMMENT:

You guys—the dog situation is getting out of hand in Upper Deerhorn. There are several pairs and a few single dogs still loose at all hours.

We cannot keep these at-large dogs off our own property, even though it is fenced, gated and our animals stay secured. It's gotten to where we can't let our young son out to play or have our own dog outside without fearing for their physical safety.

When these free-ranging dogs come here, the attack and harass our visitors, torment our cats on their cat patio, and chase our goats. We all but stopped letting our chickens out to free range. It wasn't safe for them...or for us.

I know what we're "allowed" to do [livestock owners can shoot any dog harassing their animals] but as an animal lover, I'm not sure I could live with myself. But honestly, it's coming to that.

Last week I was farm sitting in Upper Deerhorn and was charged by the neighbors' dog. THANK GOD, the dogs I was caring for are well-trained and she came back on command. Her mom's elderly dog was also there and was very vulnerable. The attacking dog showed Its teeth and a dead stare. I was terrified, and I could barely get all the work done fearing that the dog was going to attack again.

Neighbors, we have enough issues with abandoned dogs in rural areas; we don't need to create more problems by failing to keep our own dogs safely confined. Sadly its the poor animals who suffer because of their owners lack of accountability.

PLEASE, PLEASE KEEP YOUR DOGS SAFELY ON YOUR PROPERTY. Just because we're rural doesn't mean your neighbors must be on high alert at all times because irresponsible neighbors cannot... or will not... control their animals.

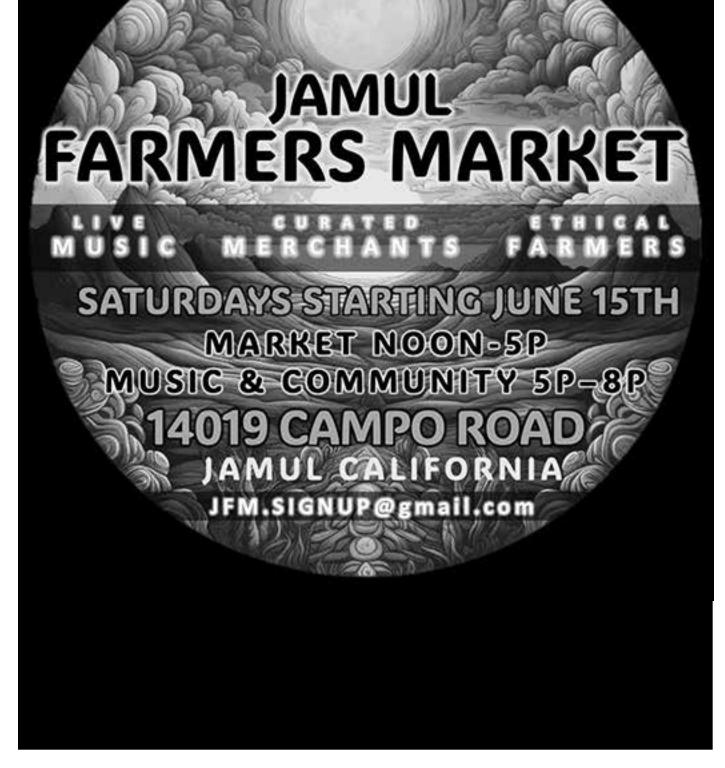
Contributors to this month's page include: Deb Haines DVM~Kathy Collins~Kristi McGibbon ~Lindsey Mills



DRE: 01146417

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Jamul-Dulzura Union School District, Elizabeth Bystedt

Whew this school year is flying by!!! I don't know about the rest of you but as I look back and forward, I'm not sure where all the time has gone. I am so pleased with all the exciting things that have happened in our school district throughout the year and I'm even more excited about what is to come!!!

The biggest upcoming event that the community will notice is that we are having solar installed over the summer. This will impact those of you who love playing pickle ball or tennis or using the OGMS soccer fields since the parking lot will be closed during the project. The fields will be open though. You'll just need to walk from Olvie Vista to the fields. Please be courteous to those who traverse Olive Vista too and from their homes by parking in areas that do not block views or traffic patterns. You can also park at JES and walk over on Heidi Lane. The District Office parking lot will also be closed. This means that if you are coming to the DO, you'll need to park at JES and walk over. We will have signs up to help guide you. The District Office will be open all summer. We are excited to be more environmentally friendly and I'll be happy to get some extra steps in throughout the summer.

Another big change for JDUSD for the 2024/25 school year is that we will have a fulltime social worker assigned to OGMS to help support students, staff, and families. This person will be able to refer and offer resources along with provide counseling and real time support. JES will have a social worker intern 3 days a week so both schools will have increased services for students and families.

In the meantime, if you find you are in need of support in the areas of food, housing, and low cost medical/dental care, we have added this service to CareSolace. CareSolace is a service our Board of Trustees is committed to provided to the entire community. CareSolace can also help with finding services for mental health and substance abuse. It's completely confidential. Just go to <u>www.jdusd.net</u> and click on the CareSolace tab.

Two seats on JDUSD Board of Trustees are up for election in November 2024. They are Trustee Areas 2 and 4.

I wish you a wonderful Summer Break. If you need anything we're here to support you. Don't forget to register your children for school. School begins on August 15th.

Sincerely, Liz Bystedt, Superintendent

From the Desk of Yesenia Robinson, JES Principal

Hello Team Jamul! I can't believe that another school year has come and gone! We have done so many wonderful things at JES! This year we had two amazing school musicals where our students were able to showcase their talents. We also had our very first running club where students trained and prepared for cross country. We are so appreciative of the adults that work at JES that give of themselves, their talent and their time to enrich the lives of our students! A shoutout to the following staff for having worked with our afterschool programs in some way: Ms. Natalia, Ms. Baker, Ms. Kary, Mrs. Eardensohn, Ms. Luce, Ms. Mendoza, Mrs. Moy, Ms. Stewart, and Ms. McDonald. The world is a better place because of these amazing and caring ladies!

I'd like to thank the Jamul Kiwanis once more for sponsoring our 5th graders in visiting *BizTown*. *BizTown* combines in-class learning with a day-long visit to a simulated town. This learning experience allows elementary school students to operate banks, manage restaurants, write checks, and vote for mayor. Students can connect the dots between what they learn in school and the real world. Such a great experience! I've included some pictures of our students rocking their adult roles at BizTown! It was definitely an unforgettable experience.

We are excited to continue our work with Literacy Partners next year as we strengthen our implementation of Readers' Workshop. We have three solid years in Writers' Workshop professional learning and are ready to implement the next natural step. Our students and our teachers are stronger as a result of this professional learning.

It's that time of year again where student registration needs to be completed. Help us start the year strong by registering your kids for school timely. This helps with classroom placement and lessens the need for reorganization after the school year starts. Join us as we continue to develop leaders at JES. As a Leader In Me school, we focus on seven habits that students must possess to become strong, well-rounded individuals who possess leadership skills. Come check us out and join our team.









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School Cont. from Pg 8

From the Desk of Dr. Minerva Salas, OGMS Principal

We are finishing this school year strong! We had a great year and we are now closing it with great fun events. Our Honor Roll and Eagle Excellence students enjoyed a fun celebration at Parkway Bowl on May 31st and our 8th grade students will have their 8th grade field trip to SeaWorld on June 6th. In addition, our 8th grade promotion ceremony will be held at the Water Conservation Garden in Rancho San Diego this year.

We want to congratulate our Class of 2024 and wish them great success in high school and beyond!

The following pictures are of our Honor Roll & Eagle Excellence 3rd Qtr. celebration where our students enjoyed working with Robotics and Legos.

If you have not already done so, please remember to register your student for the 24-25 school year. All students returning to Oak Grove Middle School need to be registered and provide proof of residency. Please visit our website at <u>www.jdusd.net</u> for more information. If you need assistance, please contact Lanni Hutson at 619-669-7708.

From the Desk of Ms. Catherine Ann, GSDA Director

Get Out and Play the GSDA Way was once again a wonderful celebration of another remarkable year of learning. Students kicked off with a talent show featuring unique talents and skills including comedy, instrumentals, singing, and dancing. Afterward, parents, staff, students, and family members had the opportunity to view project displays created by students on a variety of topics they have researched. They read graphs to analyze the data on

the best bubble gum to purchase for bubble blowing and learned about the complex lives of chickens and their emotions. Students showed off their creations ranging from ornate dragon puppets to a homemade PC! Once again, our students blew our minds with their creativity, passions, and talents. In addition to this massive show of talent and learning, students enjoyed



outdoor P. E. activities while giggling with friends, making plans for summer fun, and checking out our school garden. Families were delighted to take home fresh thyme, oregano, chives, and sage to create their own GSDA garden inspired meals. We wrapped up our day with a picnic lunch on our beautiful campus. GSDA administrators, teachers, and staff are so proud of our hard-working families and are already looking forward to all the fun and learning our next school year will bring.



Dreams Do Come True! By Karen Stewart, K-5 Teacher, retired



30 years ago, Cass Crain and Lois Young, now retired JDUSD teachers, started teaching outdoor science classes for their classes, and that was the beginning step of what we have now.

In 2010, a large spot of land was secured next to the JES parking lot, 12 garden beds were dug, and fencing was built. High school students earned community service hours by helping to build the garden. Many parents in the school community donated their time and equipment. Eventually, a shade structure large enough to cover an entire class was built. Community members donated money for a tool shed, and beautiful gates were created by the Shaw family. Camden Shaw also built another shade structure for garden seedlings as his Eagle Scout project. A rainwater catchment system was installed which harvests rainwater from the roofs of 3 classrooms. This garden has been an incredible work in progress involving many volunteers over the last 14 years.

Now, Jamul Elementary and Preschool students are reaping the benefits. This last school year, every month, 424 students received either an Outdoor Science Garden lesson or a Nutrition Lab lesson. The students have had hands on opportunities to study seeds, earthworms, and insects in the garden and to make fall salsa, rainbow soup, and vegetable food art in the Nutrition Lab. Last week, one fourth grader said, "I didn't know nutrition could taste so good!"

In the summer of 2023, a new Garden Teacher, Misha Anderson, was hired. She has an Associate Degree in Landscape Technology and Nursery Technology from Cuyamaca College and a Bachelor's Degree in Plant Science, with an emphasis in Agriculture from Cal Poly, Pomona. In addition, she has a lot of experience working with children in schools and camps. Students love coming to her class. She also teaches the Garden Club, which is an after-school program on Wednesdays. Mrs. Anderson loves the natural curiosity of children, and she engages them in a meaningful way.

Each week, different classes come either to the Garden or the Nutrition Lab to learn about plants, soils, pollination, beneficial insects, harvesting, nutrition, and cooking skills, so they can enjoy the fruits of their labor.

The students help with gardening activities such as clearing beds, composting, planting seeds, and harvesting. BUT the students aren't able to do it all. This garden now has a dedicated Garden Maintenance Team that works every Saturday morning from 9-12. This team makes a remarkable contribution to the garden's success and beauty.

However, to continue this vibrant Garden/ Nutrition program we need more volunteers. Whether it's one day a month or more, we need adult helpers to support this program under the direction of the Garden Committee and Mrs. Anderson. If you have the time and desire to volunteer, please consider doing so.

Volunteer Opportunities: Garden Maintenance:

Saturdays <u>9 to 11/12 AM</u>

(It's a great chance to get some exercise, learn more about gardening, and hang out with friends. AND homemade goodies are provided!)

In the Fall:

Garden Club (after school with students) Wednesdays <u>1:30 to 3:30</u>,

Garden and/or Nutrition Cooking Classes

4 hours during school hours starting in September Volunteer form and a TB test are required for this position

If you are interested in volunteering, please email me at kdzstewart3@cox.net.

Thanks for your consideration, Karen Stewart JDUSD TK-5 teacher, retired



We were very fortunate to work with Lyle and Grace during the sale of our home in Jamul. We believe that excellence is on purpose, and Team Lyle and Grace impressed us with their professionalism, follow through, and support every step of the way.

At our first meeting, Grace put us at ease by clearly reviewing the entire process. Lyle complimented us on our home, and with his knowledge of Jamul, he confidently valued our property above what we had expected. We attended an open house in the Steele Canyon community hosted by Lyle and Grace to see their marketing and presentation, and we knew they were the team for us.

Lyle had a clear timeline and initiated it immediately. Lyle and his team, especially Cady, communicated frequently and promptly addressed questions as they scheduled videography, photography, marketing, and appraisal. Lyle guided us calmly through unexpected obstacles with septic and termite certification. His continuous compliments and encouragement gave us confidence as our home was about to hit the market.

We didn't wait long before we had a full-price offer from a client Lyle had brought to our house. Lyle carefully executed his role as he professionally represented both the buyer and ourselves. Lyle guided the buyers and helped them secure fire insurance, which was reassuring. Through the process, he encouraged and facilitated a positive relationship between the buyers and us to create a healthy transition.

Team Lyle and Grace are truly the dream team. They have insight into the communities of Rancho San Diego and Jamul through years of involvement in our community, successful experience in real estate, and being residents themselves.

We had a verypositive experience selling our home, and we whole-heartedly recommend that you "Sell Your Place with Lyle and Grace!"

RON AND LAURA BOEHMKE, JAMUL HIGHLANDS ESTATES

Х



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Fun With Horses

I've been a 12-year member of the American Quarter Horse Association, publisher of the American Quarter Horse Journal. The Journal includes incredible photography and great articles on Horsemanship. The following article is from the March, 2024 issue, and written by Pamela Britton-Baer.

PHAT AND FLUFFY Life With Horses Even when the pounds sneak on, we still keep going By Pamela Britton Baer

I feel fat. I can't be the only one.

It creeps up on you slowly. I mean, nobody plans to put on 50 pounds. The Fat Fairy is a sly little puss. She'll bless you with a pound here and a pound there, until one day you go to swing a leg over your horse and your knees won't bend. This is usually because your jeans have become so tight, you're nothing more than a cotton-wrapped pork loin. When you get to this point, it's not uncommon to stare at your body and wonder what happened.

I've often wondered if our horses notice the subtle changes. Do they stand there while we're at the snack shack and think, "She doesn't need that cheeseburger. Somebody put a grazing muzzle on that human."

I know for a fact they physically feel the added pounds. They're not quiet about it, either. There's nothing worse than climbing aboard a horse that grunts as you're mounting them, sometimes even going so far as to toss their head and pin their ears. I particularly love the ones that pretend as if they're going to fall over. As if a human could tip over a 1500-pound animal. Drama queens.

The thing is, there are signs that your weight is creeping up on you. How many times have we all put on a pair of jeans only to realize they no longer fit? We go through the whole process of thinking, those can't be my jeans. I must've grabbed my kid's/son's/husband's/Barbies' jeans by mistake. And then we realize that, indeed, these are our jeans, and they should fit, but they don't. This should be our first red flag that it's time to put the brakes on eating. Instead, we put on our "fat" jeans. Then we buy a new pair of jeans to replace the ones that are too small, and on and on it goes.

Being equestrians, gaining weight presents even more challenges. That high-dollar show jacket that no longer fits? No amount of duct tape, bailing twine and safety pins will get that zipper to stay in place. Believe me, I have tried. But do we sell that old show jacket? Nope. We hold on to it for when we get "skinny" again.

One would think riding horses would keep us health and fit. I'm here to tell you, it doesn't work that way. Yes, we have amazing cardio. Yes, we can jog alongside our horses all day long. But for some strange reason known only to God, Jesus and the makers of SlimFast, we can still pak on the pounds. So all you young things out there, enjoy it while it lasts because it's the rare human, indeed, that maintains the weight of a praying mantis through her 50's Frankly, I don't think those people are human.

It's not easy being a skinny girl in a big-girl body. But we make it work, and I say more power to us. Here's to the ones who still ride, no matter what size. I, for one, salute you. Keep on riding. It's what keeps us young.

Memories of Jamul Volunteer Fire Department By Dave Beekman

How NOT to light your water heater. Memories of fire runs at JVFD 1990-91.

I remember it was a weekend and I was mixing cement to lay blocks and that darn County Fire pager went off : "Propane explosion... Man in the Pool.... Top of Vista Diego..". Luckily I had not put water in the mixer yet so I jumped in my truck and made a mad dash to the fire truck barn in Lee Valley at the entrance to Indian Hills Bible Camp. We Volunteers always had our turnouts in our private vehicles as we never knew when or where we would be when we got a call. Who ever got there first got to drive and I liked to drive. I think Bob Lindsey and Dan'Curley' Bell from Indian Hills jumped in and away we went.

Down Skyline with siren and red lights (Code Three) at the breakneck speed of 35MPH.

When we got to 94 it was a short block to Vista Diego and first gear all the way to the top.

When we got to the address that came over the pager there was no sign of smoke or fire

but the house looked a little 'cockeyed' like it had been lifted off the foundation and set

back down ever so gently... and I think a small front window has been blown out and the

front door was open. As we entered the home we could hear a man yelling from the back yard... so we ran right thru the house and sure enough. There was a man in the pool... in his 'Speedo' looking quite pink all over. By and by an ambulance from Hartson's arrived. They had We helped the man out of the water where he had jumped to cool himself off as he had been lighting the water heater on his hands and knees in a small room right off the living room when the thing blew up...Hence the 'pink' tone of his skin. I guess he had what you would call 'First degree' burns all over his body like a sunburn. Lucky Fellow. While the Medics attended to the patient by wrapping him in his own bed sheets and pouring Saline solution over him to get ready for transport, I did a little investigation on my own to see if I could find out how this all happened. By now I had noticed that the room that housed the water heater in the front of the house now housed the flower beds. Imaging posies now growing in the living room.

Yep: The house had been lifted off the foundation and the front wall distorted enough to now bring the flower beds inside.... What a sight.... No other damage, e.g. Fire, was evident but I'll bet they had to get a structural engineer to put it all back together again. Apparently he had been attempting to light the water heater with a match and did not wait long enough between tries to light it for the burner box to be free of unburned fuel. Remember: Propane is heavier than air and the floor of the small room had become saturated with Propane and the next time he lit a match... BOOOOM ! ... with a force to move a house. Luckily for him the water heater remained intact as did the gas line running to it... or he would have been 'Toast.' Lesson Learned: ALWAYS let the area air out before trying to re-light a water heater or any other appliance....Another good call for the Jamul Volunteer Fire Dept.. Dave B. JVFD

to come from Rancho San Diego in those days.

HAPPY FATHERS DAY







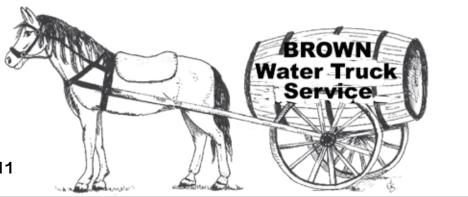
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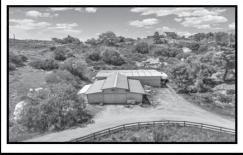
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Gina began her nursing path in 2017 and has found her love and passion for medical aesthetics. Gina specializes in Fillers and Neurotoxins, such as Botox and Dysport.



About Us !

The SD Med Spa offers various services, such as **IVs**, **Vitamin Shots**, **Facials**, **Weightloss**, **Neurotoxins**, **Fillers**, **Painless laser Hair removal**, as well as a multipurpose laser machine for different **skin concerns**. With a talented team, we help guide you to feeling your absolute best!

MYNET



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AON installs the highest efficiency Air conditioning and heating system to cut your costs as well.

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Queen Palms





Vent GRANTS

The owner of an eligible parcel may apply for a grant up to a maximum of:





Phone: 1.619.722.7512

Grants office: 2241 W Victoria Dr. Alpine

2024

Sunrise Powerlink Fire Mitigation Grants Program Year 2024

Priority Vent Grants are still available!

If your parcel is eligible, and you did not receive a Sunrise Powerlink Grant this year, you can apply for a Priority Vent Grant to improve the fire resistance of your home to replace old vents with new ember-resistant designed vents.

During a wildfire most homes are destroyed by wind driven embers entering the vents, igniting materials within.

Priority Vent applications accepted through August 9, 2024 5:00 pm

- Application must contain an estimate for Ember-resistant Vents
- Approved Vent Projects must be completed by September 30, 2024

Don't miss this opportunity to improve your fire safety and fire harden your home! Being Safer from Wildfires may help with your insurance

For More Information Please contact:

info@sunrisepowerlinkgrants.com

https://www.sunrisepowerlinkgrants.com/2024





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Anderson Alert from San Diego County Supervisor, Joel Anderson

Experience the Best of Summer

Get ready to mark your calendars because Supervisor Joel Anderson's office has curated a 2024 summer events lineup that promises to excite every member of your family. From vibrant street fairs to patriotic parades, San Diego County is gearing up for an unforgettable season of free, family-friendly events!

"Bringing our community together through these events is one of my top priorities," said Supervisor Anderson. "I asked my staff to compile this list to ensure everyone has the opportunity to participate in the diverse activities our county offers. In the past, these county events have fostered stronger bonds and created lasting memories, and we aim to continue that tradition."

So, don't miss out on any exciting events! Visit our website to view Supervisor Anderson's full 2024 summer events list at https://www.supervisorjoelanderson.com/summer-events. Share the list with friends and family to spread the joy and ensure no one misses out on the fun.

Central San Diego is set to host the 44th Annual Ocean Beach Street Fair & Chili Cook-Off on Saturday, June 22nd. From 10:00 AM to 8:00 PM at Newport Avenue, this event promises a day of mouth-watering chili, local vendors, and vibrant beachside fun.

Down in South Bay, the Chula Vista 4th Fest on July 4th is the place to be. Held at the Chula Vista Elite Athletic Training Center from 7:00 to 10:00 PM, this event will feature spectacular fireworks and family-friendly activities to celebrate Independence Day.

In addition to these highlights, the full list features a variety of events such as outdoor concerts, farmers' markets, and parades, ensuring there's something for everyone, no matter your family's interests.

If you feel that we've missed any event, please reach out and share your suggestions at <u>Rania.Notowidigdo@sdcounty.ca.gov</u>.

For further inquiries on resources available, want to share your opinion, or need assistance with a County matter, contact Supervisor Anderson's office at <u>www.supervisorjoelanderson.com/contact</u> or by calling (619) 219-2470.

- Crystal Gutierrez is a legislative intern in the office of Supervisor Joel Anderson.

Churches

Jamul Community Church, 14058 Jamul Dr., Jamul, CA 91935, Sundays 8:30 am, & 10:30 am. Children's programs available. 619 669-7203. www.jamul.org

St. Pius X Church, 14107 Lyons Valley Rd., Jamul, **619 669-0085** Mass: Sat. 5 pm, Sun. 8:30 am & 11 am in English, 12:30 pm Spanish., Daily Mass Tues. - Fri.7:30 am except first Fri. 7 pm Adoration of the Blessed Sacrament every Thursday from 8:30 am - 5pm. Healing Mass quarterly on 3rd Tues. of month in English and every 3rd Wed. of month in Spanish.

Saint Gregory of Nyssa Greek Orthodox Church, Office: 1454 Jamacha Rd., El Cajon, CA 92019, 619 593-0707, Services at site of our church at 1454 Jamacha Rd. El Cajon, North of Chase Ave. 8:45 am Orthros, 10 am Divine Liturgy

Church of Jesus Christ of Latter Day Saints, 1634 Hillsdale Rd., El Cajon, CA 92019, Scott Willis 619-798-4964, email: scottwillis2021@gmail.com Sun: Sacrament Meeting 10 -11:15am, Scripture classes (All ages) 11:15am to 12. Women's Relief Society and Men's Priesthood Meetings: 12:15 -1 pm Tuesday: Youth Meeting: 7 - 9 pm.

Way of Life Church 3200 Star Acres Dr., Spring Valley 91978 (2 blks from SCHS off Old Campo Rd). Pastor Bruce Balcombe,619504-7467 Sunday 10 AM, Worship, Sun.School, Wed. Services (all ages) 7 PM, & Youth (Jr./Sr.)

Dulzura Seventh Day Adventist Church, 17880 Hwy 94, Dulzura, CA 91917, 9:30 AM Saturday, Sabbath School, 11 AM Sat. Worship Service Info: call 619 468-3280. 7 PM Wednesday Bible Study

Summit Church at Steele Canyon High School 12440 Campo Rd., Spring Valley, CA 91978. Sundays at 10 am, performing arts auditorium. A non-denominational Christian Church. visit our website at www.summitchurchsandiego.org.

San Diego Grace Fellowship, 13910 Lyons Valley Rd., Ste. A, Jamul Sunday 9:30 AM; in person. Wednesday 6:30 PM. Come hear the Gospel of God's free grace in Christ. Phone: 619-345-1212, www.sandiegograce.com; www.freegraceradio.com.

Shepherd of the Valley Lutheran Church, 10842 Fury Ln. La Mesa, CA 91941, Sunday worship: 9:30 am. Nursery care available. Visit www.svlc.org. We are also streaming on You Tube & Facebook.

Dulzura Community Church, 1136 Community Building Rd., Dulzura, CA 91917, Pastor Howard Kischassey (619) 440-7396, Sunday, 10 AM Non-denominational Christian Church.

Foothills United Methodist Church, 4031 Avocado Blvd., La Mesa, CA 91941, North of Hwy 94, 619-670-4009, Sun. 8:30am traditional, 10:30am contemporary services.

Shepherd of the Hills Lutheran Church, 9191 Fletcher Parkway, La Mesa, (619-469-4197) Sunday 9 am. Pastor Aaron Boehm..



CA LC #440346 NV LC#0045850 AZ LC#150919 (619) 669-1600 Tim Marsh, Local Owner tamarshroofing.com



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