



## AWR - Naval Aircrewmen Tactical Helicopter

Naval Aircrewmen Tactical Helicopter (AWR) detect, analyze, classify, and track sub-surface contacts; perform sonar and sonobuoy operations, help coordinate tactical communications relay; conduct weapons delivery in support of tactical missions.

### WHAT THEY DO

- Contribute directly to aircrew operations and Naval Special Warfare (NSW) missions:
  - Search and Rescue (SAR),
  - Combat Search and Rescue (CSAR),
  - Night Vision Device (NVD) operations,
  - Navigation, passenger and cargo transport,
  - Vertical Replenishment (VERTREP),
  - Medical Evacuations (MEDEVAC);
- Crew served weapons employment;
- Perform observer duties for safety of flight;
- Contribute directly to aircrew operations, training, and administration.



### CAREER PATH AFTER RECRUIT TRAINING

Enlistees are taught the fundamentals of this rating through on-the-job training or formal Navy schooling. Advanced technical and operational training is available in this rating during later stages of career development.

School	Present Location	Approximate Training Time	Subjects	Training Methods
Aircrew Candidate School	Pensacola, FL	Approximately 6 weeks	Water and Land Survival and Flight Safety	Group instruction, classroom
Aircrew Rescue Swimmer School	Pensacola, FL	Approximately 7 weeks	Search and Rescue (SAR) swimming skills	Group instruction, classroom
AWR Class "A" Technical School	Pensacola, FL	Approximately 13 weeks	Basic aviation theory course and skills required for the specialized AWR rating	Group instruction, classroom and shop
SERE School	San Diego, CA and Brunswick, ME	Approximately 2 weeks	Survival, Evasion, Resistance and Escape Techniques	Group instruction, classroom
Fleet Replacement Squadrons	Various Naval Air Stations	2 to 18 weeks depending on the type of aircraft	Aircraft Systems	Group instruction, classroom and shop

After completion of the training pipelines, most students are sent to squadrons and air stations around the world to fly in their type of aircraft. During a 20-year period, AWRs spend about 60 percent of their time assigned to fleet units and 40 percent to shore stations.

### GRADUATION



The applicant must meet the following minimum physical fitness requirements to graduate from NACCS:

- Intense daily calisthenics;
- Pass the PRT with a "good-medium" for their sex and age in all categories to include sit-ups, pushups and 1.5 mile run (Proper Navy form is stressed);
- Swim one mile in flight suit in 80 minutes or less;
- Swim 75 yards in full flight gear (backstroke, sidestroke and breaststroke for 25 yards each);
- In full flight gear, tread water for two minutes, followed immediately by three minutes of drown-proofing, followed by five minutes of floating with a life preserver;
- Jump from a 12 foot tower and swim 15 yards underwater wearing flight suit and boots.

### AND THEN

To graduate from Aviation Rescue Swimmer School, applicants must:

- Be comfortable in a water and underwater environment;
- Quickly adapt to the use of mask, fins and snorkel;
- Be comfortable and proficient in administering medical and lifesaving procedures;
- Complete the Rescue Swimmer Fitness out Test:
  - 4 pull-ups in a flight suit and boots within 2 minutes,
  - Carry two 50-pound dumbbells,
  - Perform 42 push-ups in 2 minutes,
  - Perform 50 sit-ups in 2 minutes,
  - Swim a 400-meter buddy tow in 18 minutes;
- Complete all in-course testable evolutions:
  - 90 minutes of extensive calisthenics and 30 to 35 minute runs daily,



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- ◊ Swim 800 meters within 20 minutes,
- ◊ Swim 1500 meters within 35 minutes,
- ◊ Swim 2000 meters within 55 minutes,
- ◊ Swim 400 meters buddy tow within 16 minutes,
- ◊ Swim 800 meters buddy tow within 35 minutes.

Applicants must understand the details and benefits of volunteering for training as a rescue swimmer. If they voluntarily terminate training as a rescue swimmer or otherwise fail to meet the requirements of the program, they will not be eligible for automatic advancement to E4 and may become ineligible to continue in the Aircrew Program. Follow-on training will be determined by needs of the Navy, performance at ARSS, qualifications for training, and the applicant's personal desires.

### WORKING ENVIRONMENT



Aircrewmen may be assigned to sea or shore squadrons in any part of the world. They work in airborne aircraft, hangars, hangar decks, on flight decks, or on flight lines at air stations, usually around a high level of noise.

### OPPORTUNITIES



Excellent opportunities exist for qualified applicants to enter this rating. About 1,600 men and women currently work in this rating

### QUALIFICATIONS & INTERESTS



All aircrew candidates should possess the ability to swim prior to entering the program. In addition, they should possess manual dexterity, physical strength and be oriented toward working with tools and machinery. They must be self-motivated, as well as be able to work as part of a team and perform repetitive tasks. Other helpful attributes include maturity, a good memory, and knowledge of arithmetic. Applicants must be U.S. citizens eligible for a secret security clearance. Aircrewmen must have no speech impediments and be able to speak and understand English fluently. Normal hearing and normal color perception are required. Aircrew should be in excellent physical condition and motivated toward physical and mental challenges. **Candidates must pass a class II swim test, an aviation flight physical, and the Navy Physical Fitness Assessment (PFA) prior to reporting for aircrew training.**

The second-class swim test consists of entering the water feet first from a minimum height of 10 feet and remaining afloat for 10 minutes. During this time, applicants must swim 100 yards and use the three basic survival strokes (sidestroke, breaststroke, and backstroke) and American crawl for at least 25 yards each.

The applicant must pass the Navy Physical Fitness Assessment (PFA) with a "satisfactory- medium" in all categories for their sex and age prior to enrollment at NACCS. Applicants should be provided a copy of the current PFA standards.

If the applicant voluntarily terminates training as an aircrew student or otherwise fails to meet the prerequisites of the aircrew program, the applicant will no longer be eligible for the guarantees of the program. The applicant must also understand that follow-on training will be determined by the needs of the Navy, performance, and qualifications as well as the applicant's personal desires.

Helpful attributes are an interest in ideas and information, resourcefulness, curiosity, competence with tools, equipment and machines, manual dexterity and teamwork.

**Normal hearing and color perception are required for this rating.**



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### MANAGE A NAVY CAREER WITH NAVY LADR

See the Navy LaDR (**Learning and Development Roadmap**) for this rating:

AWR [https://www.cool.osd.mil/usn/LaDR/awr\\_e2\\_e9.pdf](https://www.cool.osd.mil/usn/LaDR/awr_e2_e9.pdf)



### EARN COLLEGE CREDIT

The American Council on Education recommends that semester hour credits be awarded in the vocational certificate and lower-division bachelor's / associate's degree categories for courses taken in this rating on word processing or data entry applications and office management procedures. See the college credits available via a **Joint Services Transcript** for this rating:

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### EARN DEPARTMENT OF LABOR (DOL) NATIONALLY RECOGNIZED APPRENTICESHIPS

The United Services Military Apprenticeship Program (**USMAP**) is a formal military training program that provides active duty and Navy Training and Administration of the Reserves (TAR) Service members the opportunity to improve their job skills and to complete their civilian apprenticeship requirements while they are on active duty. The U.S. Department of Labor (DOL) provides the nationally recognized "Certificate of Completion" upon program completion.

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### EARN INDUSTRY RECOGNIZED CREDENTIALS

Navy COOL catalogs and defines comprehensive information on occupational credentials - including certifications, licenses, and apprenticeships - correlating with every Navy rating and some collateral duties. It provides "how to" instructions for pursuing these credentials, links to credentialing organizations, and cross-references to programs that help Sailors pay for credentialing fees. Shortly following the initial rating technical training (Class "A" technical school), Sailors may be able to take advantage of earning civilian/industry certifications & licenses (credentials), funded through Navy COOL.

### EARN SKILL SETS TOWARDS CIVILIAN RELATED OCCUPATIONS

The skill sets for this rating crosswalk to civilian related occupations listed by the U.S. Department of Labor. See Related Civilian, Federal and Military Sealift Command Occupations for this rating on Navy COOL.

Visit the Navy COOL website:

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### EMPOWER YOUR CAREER PLANNING, DECISION MAKING, AND PROFESSIONAL GROWTH

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### DOWNLOAD THE NAVY COOL APP

Navy COOL App (iOS):

<https://apps.apple.com/us/app/navy-cool/id1053982994?ls=1>

Navy COOL App (Android):

<https://play.google.com/store/apps/details?id=com.tracen.navycool>



**Note:** Since Navy programs and courses are revised at times, the information contained on this card is subject to change.

**Revised:** May 2024



## AWS - Naval Aircrewmen Helicopter

Naval Aircrewmen Helicopter (AWS) are members of multimission helicopter integrated tactical crews; perform Search And Rescue (SAR) operations, Airborne Mine Countermeasure (AMCM) operations utilizing sonar, magnetic, mechanical, and acoustic mine sweeping systems and logistics support.

### WHAT THEY DO

- Perform aircrew operations administration, flight and ground training;
- Internal and external cargo movement;
- Medical Evacuations (MEDEVAC);
- Passenger transport, aerial gunnery;
- Small arms handling;
- Naval Special Warfare (NSW) insertion and extraction operations;
- Vertical Replenishment (VERTREP);
- Night Vision Device (NVD) operations;
- Conduct observer duties for safety of flight.



### CAREER PATH AFTER RECRUIT TRAINING

Enlistees are taught the fundamentals of this rating through on-the-job training or formal Navy schooling. Advanced technical and operational training is available in this rating during later stages of career development.

School	Present Location	Approximate Training Time	Subjects	Training Methods
Aircrew Candidate School	Pensacola, FL	Approximately 6 weeks	Water and Land Survival and Flight Safety	Group instruction, classroom
Aviation Rescue Preparatory Course (ARSPC)	Pensacola, FL	2 weeks	Physical Training and Search and Rescue Swimming skills	Group instruction & classroom
Aircrew Rescue Swimmer School	Pensacola, FL	Approximately 7 weeks	Search and Rescue (SAR) swimming skills	Group instruction, classroom
AWS Class "A" Technical School	Pensacola, FL	Approximately 6 weeks	Basic aviation theory course and skills required for the specialized AWS rating	Group instruction, classroom and shop
SERE School	San Diego, CA and Brunswick, ME	Approximately 2 weeks	Survival, Evasion, Resistance and Escape Techniques	Group instruction, classroom
Fleet Replacement Squadrons	Various Naval Air Stations	2 to 18 weeks depending on the type of aircraft	Aircraft Systems	Group instruction, classroom and shop

After completion of the training pipelines, most students are sent to squadrons and air stations around the world to fly in their type of aircraft. During a 20-year period, AWSs spend about 60 percent of their time assigned to fleet units and 40 percent to shore stations.

### GRADUATION



The applicant must meet the following minimum physical fitness requirements to graduate from NACCS:

- Intense daily calisthenics;
- Pass the PRT with a "good-medium" for their sex and age in all categories to include sit-ups, pushups and 1.5 mile run (Proper Navy form is stressed);
- Swim one mile in flight suit in 80 minutes or less;
- Swim 75 yards in full flight gear (backstroke, sidestroke and breaststroke for 25 yards each);
- In full flight gear, tread water for two minutes, followed immediately by three minutes of drown-proofing, followed by five minutes of floating with a life preserver;
- Jump from a 12 foot tower and swim 15 yards underwater wearing flight suit and boots.

### AND THEN

After completion of NACCS and while attending ARSPC, Candidates must complete the ARSPC In and Out tests.

- 450-meter Swim in 11:30 or less
- 50 push-ups in 2:00 or less
- Forearm plank 2:00 minimum
- Minimum of 6 pull-ups in 2:00
- 2 mile run in 16:00 or less

After completion of Aviation Rescue-Preparatory Course, Candidates must complete all Rescue Swimmer School in-course testable evolutions, to include:

- 800-meter timed swim in 20:00 or less



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- 400-meter timed buddy tow swim in 16:00 or less
- 1600-meter timed swim in 42:00 or less
- 800-meter timed buddy tow swim in 35:00 or less
- 500-meter into a 400-meter buddy tow timed swim in 27:00 or less

Complete the Rescue Swimmer Fitness Out Test:

- 4 pull-ups in a flight suit and boots within 2 minutes,
- 50lb dumbbell carry 100 yards over obstacles in 1:25 or less,
- 1-mile litter walk in 16:30 or less,
- 500-meter into a 400-meter buddy tow timed swim in 27:00 or less.

To graduate from Aviation Rescue Swimmer School, applicants must:

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### EARN A COLLEGE DEGREE

The United States Naval Community College (USNCC) was established in 2019 to provide educational opportunities for active-duty enlisted personnel in the Navy, Marine Corps, and Coast Guard. It offers a range of degree programs, including a Naval Studies Certificate that contributes towards the credits needed for an associate degree. The USNCC aims to enhance the professional development of service members by facilitating the transfer of military training and experience into academic credits, thereby supporting their educational and career advancement within the military context.

<https://www.usncc.edu/s/>



### VOLUNTARY EDUCATIONAL SUPPORT FOR PROFESSIONAL GROWTH AND ACADEMIC PURSUITS

The Navy College Program is a voluntary education initiative designed to support active-duty sailors and eligible reservists in pursuing their academic goals during their off-duty time. It offers various educational resources, including counseling and advice from Education Services Specialists, as well as financial assistance through Navy Tuition Assistance. The program encompasses multiple components, including the Navy College Program for Afloat College Education (NCPACE), which allows sailors to take college courses while deployed. Celebrating over 50 years of service, the Navy College Program aims to empower service members to achieve their educational aspirations and enhance their professional development.

<https://www.navycollege.navy.mil/>



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