

Sample Training Plan for Care Home Assistant Practitioners (CHAPs)

	Training	Level 3 module	Level 4 module
Pre course Knowledge	Infection prevention and control	J/616/6205	
	Health & Safety		M/616/8200
	Safeguarding, MCA & DoLS	H/616/6444	L/504/8409 R/602/2856
	Manual Handling and People Moving		
	Level 2 NVQ Health and Social Care		
Week 1	Leading communication		
1 study day remainder of week working in setting	Understand communications used in the workplace	A/616/6210	T/616/8196
	Be able to identify and overcome barriers to effective communication	J/616/6212	
	Confidentiality and Data protection		
	Understand role development and personal competence	M/616/6205	T/616/8198
	Reflective practice		
Week 2	Team leadership		
1 study day remainder of week working in setting	Working in and leading a team		Y/615/4422
	Establishing a values-based vision within a team		
	Supporting and leading sharing of knowledge and supporting development		
	Problem solving within a team and evaluating effectiveness		
	Managing stress and building resilience		
Week 3	Documentation / record keeping & Basic Life Support		
1 study day remainder of week working in setting	Importance and role of documentation	J/616/6212	A/616/8917
	Produce professional records and support others to do so		
	Using records to make decisions		
	Using legislation in the workplace (H&S, MCA, COSHH, etc)		
	CPR & Defib, Choking rescue / Recovery position		
	Managing head injuries and bleeds		

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Week 4	Safe Handling of Medications		
2 days study, remainder of week working in setting	Legislation and agreed ways of working with medication	D/616/6233	D/616/6233
	Procedures and techniques for administration of medications		
	Common medications and routes of administration		
	IPC and administration of medications		
	MCA and administration of medications		
	Monitoring residents after administration of medication		
	Documentation and record keeping		
	Medication storage, stock control, ordering, receipt and disposal		
	Medication incidents, errors and reporting		K/601/9199;
	Patches, S/C, medicated creams, Buccal, S/L		
Week 5	NEWS2 and RESTORE2 – Recognising increasing frailty		
1 study day remainder of week working in setting	Legislation and protocols	H/616/6220	H/616/6220
	Understand physiology of what we are measuring		
	Taking of Clinical Observations (blood pressure, temperature, respirations, BMI, urinalysis)		
	Recording results and acting on results	R/616/6228	R/616/6228
	Recognising signs of deteriorating residents & sepsis		
Week 6	Prevention and management of skin tears and Grade 1 Pressure ulcers		
	Risk assessment tools / scores and contribution to skin integrity care planning	K/616/6222	K/616/6222
	IPC & MCA in Wound care		
	Assessment of skin tear & How skin tears heal		
	Dressing choices for skin tears		
	Preventative measures against future injury		

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Week 7	Continence management		
1 study day remainder of week working in setting	Catheter care (not catheterisation) and managing infection prevention and control	T/616/6223	R/504/2207;
	Correct use of pads	R/616/6486	D/503/1839
	Managing constipation		
	Application of Sheath catheters		
Week 8	Nutrition and hydration / Diabetes		
1 study day remainder of week working in setting	Supporting nutrition and hydration issues, MUST scoring and diet fortification	Y/616/6487 L/616/6485	Y/616/6487 L/616/6485
	Diabetes	Y/616/7445	D/503/1839
	Recognising hypoglycaemic and hyperglycaemic residents		
	Routine blood glucose monitoring (not management of complex diabetics)	R/616/6228	R/616/6228
Week 9	Dementia		
1 study day remainder of week working in setting	Understand the role of communication and interactions with individuals who have dementia	L/601/3539	L/506/7090
	Enriched care planning		
	Living with dementia	J/601/3538 A/601/9191	
Week 10	End of Life Care & Prevention of falls		
1 study day remainder of week working in setting Morning	Perspectives on death and dying;	A/503/8085	F/503/8685
	Recognising the End of Life and managing symptoms	L/616/6440	T/503/8134
	Difficult conversations	Y/616/6439	
	Supporting people at the end of life	R/616/6441	
	Advanced care planning	F/616/6435	F/616/6435
	Principles and policies of end of life care		
Afternoon	Risk assessment and agreeing action plan with resident		

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Week 10 Cont'd		Level 3 module	Level 4 module
	Managing risk		
	Assessment of resident after a fall / observations		
	Causes of falls		
	Medications and falls awareness		
	Reporting and recording of incidents		
Week 11	Person centred care planning		
1 study day remainder of week working in setting	Promote person centred care	K/616/6218	L/616/8201
	Barriers to person centred care		
	Holistic care planning and person-centred care planning		
	Writing person centred care plans		
Week 12	Stroke awareness / Parkinson's Disease		
Morning	Types of stroke, how strokes affect the individual		
	Long term management of a person who has had a stroke		
	Encouraging independence after a stroke		
Afternoon	What is Parkinson's Disease / symptoms		
	Parkinson's Dementia		
	Caring for a person with Parkinson's Disease		