

# Sample Training Plan for Care Home Assistant Practitioners (CHAPs) Learning Disability Specialist

	Training	Level 3 module	Level 4 module
<b>Pre course Knowledge</b>	Infection prevention and control	J/616/6205	
	Health & Safety		M/616/8200
	Safeguarding, MCA & DoLS	H/616/6444	L/504/8409 R/602/2856
	Manual Handling and People Moving		
	Level 2 NVQ Health and Social Care		
<b>Week 1</b>	<b>Understanding role of communication and interactions</b>		
1 study day remainder of week working in setting	Understand communications used in the workplace	A/616/6210	T/616/8196
	Be able to identify and overcome barriers to effective communication	J/616/6212	
	Promote communication with individuals with learning disabilities.	LD Framework	
	Confidentiality and Data protection	Capability 13	
	Reflective practice	Autism Framework	
	Self-assessment and developing person development plan	Capability 4	
	Evidence based practice		
<b>Week 2</b>	<b>Support individuals with autism spectrum condition (ASC)</b>		
1 study day remainder of week working in setting	Legislation that relates to <b>individuals</b> with autism spectrum conditions (ASC).	A/616/6353	
	Characteristics of autism spectrum conditions.	Autism Framework	
	Social interaction and communication.	Capability 1, 2,	
	Transitions and change.	LD Framework	
	Safety, wellbeing and fulfilment.	Capability 5	
<b>Week 3</b>	<b>Supporting individuals with learning disabilities</b>		
1 study day remainder of week working in setting	Nature, causes and characteristics of learning disability.	M/615/7374	
	Context of learning disability.	LD Framework	
	Principles and practice of advocacy, empowerment and active participation.	Capability 1, 2, 14, 16	
	Impact of views and attitudes impact on the lives of individuals with learning disabilities and their family carers.		

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<b>Week 4</b>	<b>Person centered care planning &amp; Empowerment</b>		
1 day study, remainder of week working in setting	Promote person centered care & Empowerment	K/616/6218	L/616/8201
	Principles and practice of person-centered thinking, planning and review.	T/616/6349	
	Barriers to person centered care	LD Framework	
	Holistic care planning and person-centered care planning	Capability 14, 16	
	Promoting empowerment of your clients	Autism Framework Capability 3, 11, 5	
<b>Week 5</b>	<b>Learning disability and Mental Health conditions</b>		
1 study day remainder of week working in setting	Effects of Mental health conditions	LD Framework	
	Types of mental health conditions and signs and symptoms	Capability 4,	
	Dementia and LD's	Autism Framework	
	Triggers for Mental health issues	Capability 7, 20	
<b>Week 6</b>	<b>Supporting individuals with a learning disability regarding sexuality and sexual health / preparing for adulthood</b>		
1 study day remainder of week working in setting	Development of human sexuality.	Y/616/6361	
	Factors that impact sexual development of <b>individuals</b> with a learning d disability.	LD Framework	
	Sexual health issues.	Capability 17, 19	
	Legislation in relation to sexuality and sexual health for individuals with learning disabilities.	Autism Framework	
	Support the sexual expression of an individual with a learning disability	Capability 7, 10	
	Having a non-judgemental approach		
<b>Week 7</b>	<b>Nutrition, hydration and Dysphagia</b>		
1 study day remainder of week working in setting	What is a healthy diet?	LD Framework	
	Positive mealtime experiences	Capability 9	
	Recognising Dysphagia	Autism Framework	
	SALT assessment and Safe eating guidelines	Capability 12	
	Mouth care and oral hygiene		

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<b>Week 8</b>	<b>Supporting people at risk of behaviours that challenge</b>		
1 study day remainder of week working in setting	<b>Implement positive behaviour support</b>	L/616/6342	
	Behaviour as a means of expression.	LD Framework Capability 7	
	Approaches to positive behavioural support	Autism Framework	
	Strategies for positive behaviour support and plans	Capability 8	
<b>Week 9</b>	<b>Positive risk taking for individuals with disabilities</b>		
1 study day remainder of week working in setting	Importance of risk-taking in everyday life.	J/601/6293	
	Importance of a positive, person-centred approach to risk assessment	LD Framework Capability 14, 16	
	Frameworks to underpin an individual's right to make decisions and take risks	Autism Framework Capability 5, 11,	
	Support individuals to make decisions about risks.		
	Duty of care in relation to supporting positive risk-taking.		
<b>Week 10</b>	<b>End of life care</b>		
1 study day remainder of week working in setting	Perspectives on death and dying; Recognising the End of Life and managing symptoms Difficult conversations Supporting people at the end of life Advanced care planning Principles and policies of end of life care	A/503/8085 L/616/6440 Y/616/6439 R/616/6441	F/503/8685 T/503/8134 F/616/6435
		F/616/6435	
		LD Framework Capability 12, 14, Autism Framework Capability 7, 12 14	
<b>Week 11</b>	<b>Accessing and engaging in education, training and employment (ETE)</b>		
1 study day remainder of week working in setting	Principles of engagement in education, training or employment	Y/616/6330	
	Accessing and utilising available support	LD Framework	
	Health equality and accessing health services	Capability 8, 14, 16, 19	

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		Autism Framework Capability 5, 6, 11, 14	
<b>Week 12</b>	<b>Supporting people with profound and multiple conditions</b>		
1 study day remainder of week working in setting	Epilepsy management	LD Framework	
	Diabetes overview	Capability 8, 10, 11, 20	
	PMLD and accessing the right support	Autism	
	Pain management	Framework	
	Risk assessing and reducing risk of complications	Capability 12, 14	

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Other modules we have delivered in the past			
	<b>Principles of Advocacy</b>	<b>D/616/6328</b>	
	<b>Independence in the tasks of daily living</b>	D/615/7323	
	<b>Support individuals to prepare for and settle in to new home environments</b>	L/615/7317	
	<b>Learning and development activities to meet individual needs and preferences</b>	M/615/7259	
	<b>Retain, regain and develop skills for everyday life</b>	H/616/6346	