*Course Title:* **Pressure ulcer prevention**

## Course content:

* *Understand what is meant by a pressure ulcer*
* *Identify who is at risk*
* *State the causes of pressure ulcers*
* *Identify pressure areas of the body*
* *Describe the stages of a pressure ulcer*
* *Using assessment tools to prevent pressure ulcers*
* *Understand how to prevent a pressure ulcer*

***Who for:***

*This course is suitable for those working with people at risk of developing pressure ulcers, in a variety of health and social care environments, this could be nurses, carers, CHAPS and HCA’s.*

***How many can attend****:*

*We limit the number of attendees to 15 for this course*

***How long is the course****:*

*This course is a three-hour course, including an assessment of understanding.*

***Where****:*

*We will come to your setting to deliver this course.*