## **HOW TO OBTAIN MEDICAL CARE IN ISRAEL:**

- · If you need **medical advice or a refill or a referral**, you can reach me several ways:
  - --Make an appointment on the Macabbi App (in person/telephone)
  - --Send a digital message to me on the Macabbi App (response within 5 days)
  - -- Call the office secretary 09-9511118 for an urgent matter during office hours
  - --Send a What's App message to 052-7892488
- If you are in need of timely service (**if you have run out of your prescription or you have an urgent issue**) and you are not able to reach me via the 5 options listed above, you can schedule an appointment with **another** Maccabi primary doctor. Dial X3555 and request a same-day appointment (either telephone/video/in-person). That doctor will be able to access your chart and provide appropriate care.
- You can also access urgent (not emergency) medical care at the **Macabbi MOKED** (urgent care center). That is a great resource when you think you might need an x-ray for a broken bone or pneumonia. You can go to the Moked without a referral but may incur a small fee. You can also make an urgent same-day appointment with another Maccabi doctor to ask for a referral. **Moked hours** are Sunday-Thursday 19:00-22:30, Friday 9:00-19:00, and Shabbat 10:00-22:00.
- The Moked (urgent care) address is:

מכבי מוקד MACABBI URGENT CARE/MOKED

3 הנצח HA-NETSAKH ארובן RAMAT HASHARON

• If you are experiencing a <u>medical emergency</u>, please call the Macabbi triage nurses(X3555). Their job is to help determine the appropriate course of action. If you do not get a prompt response from the nurse, please call for an ambulance (x101) and we will coordinate the referral to the hospital at a later date.