



Knife Progression

You can feel good about your kiddo using a knife if you start with basic and build his or her skills. A small butter knife for spreading butter/peanut butter, crinkle cutter for two handed cuts, a nylon knife, and finally a sharp knife.

Using a knife/cheese grater



Baking

You can make this super fun and easy for both you and your child if you prep your ingredients in advance. You can chat with your kiddo about what each ingredient is and does as she or he mixes it into the bowl. Smash, mix, scoop. Voila!

As your child becomes more familiar with baking you can have him or her gather ingredients and measure with you! Its a great opportunity for learning fractions :)





Washing toys

This is so fun and so productive for a little spring cleaning. Grab a bucket, a scrubber, some soap, a towel to dry with, and let you kiddos have at it! Can be done inside or outside!

Yoga at home



Bring exercise, mindfulness, and fun into your home with Yoga! These are two great resources you can get on Amazon that kiddos will love. Yoga kids by Gaiam, and yoga pretzels flash cards. But check out other free resources online too, there are so many on YouTube.