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| Mile Challenge |
| Equipment:  4 different coloured cones  Timer  Whistle  Activity:  Set up cones – 1 in each corner of the field.  Send children to the cone representing their house colour.  Children have 15 mins to run around as many cones as they can – they must count.  16 cones = 1 mile  Challenge:  How many cones in 15 minutes? |