

Personal development

Implementation

Academic year 2023/2024

Autumn Term

| Personal Development | Impact |
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| Forest school for Year 3 and Year 4 children. | Playing outdoors, connecting with nature, positive mental health, learning how to use tools safely, working as a team, social skills, learning about wildlife, links to the science curriculum. |
| Swimming for Year 3 and 4 | A life skill, Water safety, water confidence, positive mental health, joining a swimming club, safer around open water. |
| Harvest Festival in Church. Children to plan and present in church. Parents invited to the service. All classes involved. | Developing public speaking, working with others, planning and presenting skills, developing confidence. |
| Anti-Bullying Week for the whole school. | Staying safe, knowing how to get help, developing confidence in dealing with bullying situations, recognising when they are being bullied, life skills. |
| After-school clubs/lunch clubs. These included: Art Club, Cookery Club, Netball Club, Soccerstars. These clubs were made available to R –Y6 children | Positive mental health, learning a new skill, working as a team, developing confidence, physical fitness, develop resilience, aware of healthy eating, |

| Ukulele lessons took place for all Year 1 and Year 2 children. | Positive mental health, learning a new skill, develop resilience, |
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| Guitar lessons available at a small cost to all children from Y1-Y6. | Positive mental health, learning a new skill, develop resilience |
| Children In Need- raising money for charity | Learning to help others, British values, (respect, tolerance) |
| Art House Challenge- learning artists and names of paintings, team work | An understanding of different art movements and genre, team work, competition, |
| Arts Week | Art appreciation, know more remember more, developing skills, positive mental health, |
| Whole school trip to pantomime. Reception- Year 6 | Appreciation of the arts, an interest in performance arts, wanting to be on the stage, to learn a musical instrument. |
| Achievement Worship | Being proud, developing confidence, motivated to work hard or try new things, |
| Festive show for Key Stage 2 parents. | Developing confidence, performing, public speaking, resilience |
| Christmas Play- Reception and Key Stage 1 | Developing confidence, performing, public speaking, resilience |
| Carol singing at Asda and Richmond- Griffon Class | Developing confidence, performing, British Values (respect) |
| House captains for the 4 houses (2 children per house) Year 6. Elections take place. | British Values- Democracy, responsibility, developing leadership skills, working as part of a team, being a positive role model |

| Playground friends | Developing and understanding of caring for others, |
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| | communication skills, organizational skills, working as a team, |
| Dinner monitors | Developing and understanding of caring for others, |
| | communication skills, organizational skills, working as a team, |
| Lunchtime activities- football, go-carts, netball, crafts, | Working as part of a team, trying new things, building |
| lego, swingball. Rota of activities in place. | confidence, experiencing competition, physical development, |
| | positive mental health. (Runs through the whole year) |

Spring Term

| Personal Development | Possible Impact |
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| Music House Challenge- Whole school music quiz | Developing an understanding of different genres, working as a team, experiencing competition, |
| Forest School for Year 5 and 6 children | Playing outdoors, connecting with nature, good for mental health, learning how to use tools safely, working as a team, social skills, learning about wildlife, links to the science curriculum. |
| Mental Health Awareness Week- whole school | Knowledge of how to stay mentally healthy, |
| Internet Safety Day. | Staying safe online, knowing how to get help, |
| Afterschool clubs- Dodgeball, gymnastics, netball | Physical health, positive mental health, learning a new skill, gaining confidence, being part of a team. |
| Swimming for year 3 and 4 | A life skill, Water safety, water confidence, parents support with swimming lessons, joining a swimming club, safer around open water. |
| World Book Day | Developing a love of reading, developing a sense of belonging, public speaking, |

| Science Week | Remembering more, love of learning, applying skills, working together, links to maths and English, problem solving, public speaking |
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| Cathedral Singing- Trent Class | Developing confidence, performing, resilience- (learning songs off by heart) |
| Achievement Worship | Being proud, developing confidence, motivated to work hard or try new things, |
| Bikeability- Year 5 and 6 | Safer on the roads, an understanding of how to keep their bike in good order. |
| Year1/2 trip to East Midlands Airport | Making connections to learning in school, a love of learning, |
| End of Term Church Service- service led by the children | Developing public speaking, working with others, planning and presenting skills, developing confidence. |

Summer Term

| Cyclo- cross for Year 3 to 6 | Developing a new skill, physical activity, staying healthy, competition |
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| Swimming for Year3 and 4 | A life skill, Water safety, water confidence, parents support with swimming lessons, joining a swimming club, safer around open water. |
| Afterschool clubs- cricket, Tennis, volleyball | Physical health, positive mental health, learning a new skill, gaining confidence, being part of a team. |
| Sports Week- whole school- Team building, healthy lifestyles, orienteering, tennis, rugby, forest school | Physical health, positive mental health, learning a new skill, gaining confidence, stamina, being part of a team. A love of sport and being active. |

| First Aid – Whole school | Keeping yourself and others safe, saving lives, |
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| • Swimming Gala – Y3,4,5,6 | Competition, working as a team, stamina, empathy, |
| Residential- Y5and 6 | Organizational skills, learning to be independent, challenging yourself, resilience, being part of a team, caring for others, |
| School Play- Y5 and 6 | Developing public speaking, working with others, planning and presenting skills, developing confidence. |
| Sports Day- competitive | Competition, working as a team, stamina, empathy, |
| Leavers' Service | Developing public speaking, working with others, planning and presenting skills, developing confidence. |
| Forest schools for Year1 and Year 2 | Playing outdoors, connecting with nature, good for mental health, learning how to use tools safely, working as a team, social skills, learning about wildlife, links to the science curriculum. |