

PSHE Vocabulary Progression

Sale & Davys Primary School



		EYFS	KS1		LKS2		UKS2	
		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health & Wellbeing	Drug Education	Ill Sick Unwell	Medicine Infection Temperature Asthma	Medicine Infection Temperature Asthma Drugs	Medicine Infection Temperature Asthma Diabetes Insulin Drugs Positive and negative consequences Risk Low risk High risk Support syringe	Medicine Infection Temperature Asthma Diabetes Insulin Drugs Positive and negative consequences Risk Low risk High risk Support syringe	Alcohol Energy drinks Caffeine Addictive Cigarette Addictive Chemicals Influences	Alcohol Energy drinks Caffeine Addictive Cigarette Addictive Chemicals Influences
	Being Healthy		Hygiene Healthy choices Diseases consequences	Hygiene Healthy choices Diseases consequences	Habits Balanced diet Physical Emotional Mental wellbeing Influences Goals	Habits Balanced diet Physical Emotional Mental wellbeing Influences Goals	Mental Health Balanced lifestyle	Calming strategies
	Growing Up	unique	Correct names for the main parts of the body (inc external genitalia) Similarities/differences	Privacy Respect Similarities/differences Secret/surprise	Media Personal hygiene Stereotypes	Foetus	Conflicting feelings Pressures/influences puberty	Sperm Testicles puberty
	Changes		Change loss		transition			
	Being Safe		Privacy Responsibility rules	Privacy Responsibility rules	Assess Digitally responsible Physically Safe Emotionally Safe	Assess Digitally responsible Physically Safe Emotionally Safe	Live streaming Counter-extremism	Live streaming Counter-extremism

		Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Relationships	Exploring Emotions	Happy Sad Angry upset	Scared Lonely Excited Frustrated calm	Scared Lonely Excited Frustrated calm	Comfortable Uncomfortable Anxious Nervous	Comfortable Uncomfortable Anxious Nervous	conflict	
	Growing Up	unique	Correct names for the main parts of the body (inc external genitalia) Similarities/differences	Privacy Respect Similarities/differences Secret/surprise	Media Personal hygiene Stereotypes	Foetus	Conflicting feelings Pressures/influences puberty	Sperm Testicles puberty
	Bullying Matters		Teasing Bullying Cyberbullying Opposites Excluded Left out	Teasing Bullying Cyberbullying Opposites Excluded Left out	Discrimination Aggression Prejudice abuse	Discrimination Aggression Prejudice abuse	Abuse Trolling Banter Threatened Homophobic violence	Abuse Trolling Banter Threatened Homophobic violence
	Being Me	Unique special	Unique special identity	Unique special identity	Community Respect Personality Style Aspirations Beliefs	Community Respect Personality Style Aspirations Beliefs	Responsibilities Talents Traits Attitude discrimination	Responsibilities Talents Traits Attitude discrimination
	Relationships		Fair/unfair Kind/unkind Right/wrong	Fair/unfair Kind/unkind Right/wrong Co-operatively Resolve negotiation	Break a confidence Personal boundaries Positive relationships	Break a confidence Personal boundaries Positive relationships	Acquaintances Unhealthy relationships Civil partnership Resolving conflicts	Acquaintances Unhealthy relationships Civil partnership Resolving conflicts

