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Animals Get Emotional by Sarahndipity Johnsen

About the Book

"Successfully working through emotions is the cornerstone of good mental health." Ashley Soderlund, Ph.D.

Need help dealing with big feelings?

This lyrical animal book is filled with tools that support emotional well-being.

- Gain new communication tools via friends like the Frustrated Fox, Happy Hedgehogs, Excited Elk, Optimistic Ostrich, and the Pessimistic Platypus
- Learn to identify emotions
- Understand what triggers them
- Successfully navigate and "Deal with the Feels"
- Decrease stress and anxiety
- Promote emotional and social intelligence
- Reduce unhealthy behaviors
- Nurture health and well-being

About the Author

As an award-winning educator, international entertainer, and philanthropist, Sarahndipity delights in crafting programs designed to inspire and enthuse. While obtaining her M.Ed., a fire lit within her inspiring books, albums, videos, curriculum, and live events. She loves collaboration and has joyfully co-created with Beats Antique, Bonnie Raitt, Taj Mahal, Buddy Guy, Joe Cocker, The Motet, and many other amazing artists. She's even fire danced as a Pirate in the Caribbean. She and her husband share their love of music and dance through the airwaves of KAFM. Feel free to hop on the funky bus!

Marketing

- One Book, One School selection for *From A-Z: Animals Get Funky!*
- Appears at numerous festivals & events in-person throughout the year
- *Animals Get Funky!* album widely available via popular streaming apps
- Public library *Kick Off to Summer Reading* entertainment
- National book chain outreach campaign
- Public library campaign
- Online blog and librarian review outreach
- Varied social media platforms
- Offers online multi-disciplinary curriculum
- Published three new titles in 2019, set to publish in 2020
- YouTube video creation with puppetry

www.AnimalsGetFunky.com