

DIVINE BUZZ FITNESS CIC

Company limited by guarantee

**Company Registration Number:
12961633 (England and Wales)**

Unaudited statutory accounts for the year ended 31 October 2021

Period of accounts

Start date: 20 October 2020

End date: 31 October 2021

DIVINE BUZZ FITNESS CIC

Contents of the Financial Statements for the Period Ended 31 October 2021

Directors report

Balance sheet

Additional notes

Community Interest Report

DIVINE BUZZ FITNESS CIC

Directors' report period ended 31 October 2021

The directors present their report with the financial statements of the company for the period ended 31 October 2021

Principal activities of the company

The activities for women included physical exercise (local scenery walks and low impact exercise) vocational courses such as sewing, hair braiding and make-up. These activities focused on personal development and overall well being. Also, the children engaged in a wide range of activities that supported their physical, social and educational development. The children participated in multisports, current affairs debate, and arts and crafts to raise awareness of local and global issues such as Climate Change, Racism, Bullying, and Mental Health. They also learned about various cultures and how to respect them. During the summer of 2021, families enjoyed the outdoor space. We took our multisports to our local park and went on various theme walks such as Mini Beast Walks and Berry Picking Walks, which meant that families enjoyed local nature and got to know their local area. They also had the opportunity to leave their immediate surroundings and visit museums such as the Greenwich Maritime Museum, farms, cinema, and science exhibitions that piqued their interest in science and technology. Seeing historic sites also helped them learn about historical figures, their work, and their accomplishments. An example of these historical figures is Rosa Parks, whom we learnt about during Black History Month. We inspired children, mothers, and fathers by learning about people who achieved extraordinary things against all odds through our visits.

Directors

The directors shown below have held office during the period of
28 June 2021 to 31 October 2021

Rose Korankye
Ellen Otchere

The director shown below has held office during the whole of the period from
20 October 2020 to 31 October 2021

Clara Badu Amoah

Secretary Grace Karikari Sarpong

The above report has been prepared in accordance with the special provisions in part 15 of the Companies Act 2006

This report was approved by the board of directors on
10 January 2022

And signed on behalf of the board by:

Name: Ellen Otchere
Status: Director

DIVINE BUZZ FITNESS CIC

Balance sheet

As at 31 October 2021

	<i>Notes</i>	<i>2021</i>
		£
Fixed assets		
Intangible assets:		0
Tangible assets:		0
Investments:		0
Total fixed assets:		<u>0</u>
Current assets		
Stocks:		0
Debtors:		0
Cash at bank and in hand:		0
Investments:		0
Total current assets:		<u>0</u>
Prepayments and accrued income:		0
Creditors: amounts falling due within one year:		0
Net current assets (liabilities):		<u>0</u>
Total assets less current liabilities:		<u>0</u>
Creditors: amounts falling due after more than one year:		0
Provision for liabilities:		0
Accruals and deferred income:		0
Total net assets (liabilities):		<u>0</u>
Members' funds		
Profit and loss account:		0
Total members' funds:		<u>0</u>

The notes form part of these financial statements

DIVINE BUZZ FITNESS CIC

Balance sheet statements

For the year ending 31 October 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The directors have chosen not to file a copy of the company's profit and loss account.

**This report was approved by the board of directors on 10 January 2022
and signed on behalf of the board by:**

Name: Rose Korankye
Status: Director

The notes form part of these financial statements

DIVINE BUZZ FITNESS CIC

Notes to the Financial Statements

for the Period Ended 31 October 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

DIVINE BUZZ FITNESS CIC

Notes to the Financial Statements for the Period Ended 31 October 2021

2. Employees

	<i>2021</i>
Average number of employees during the period	0

COMMUNITY INTEREST ANNUAL REPORT

DIVINE BUZZ FITNESS CIC

Company Number: 12961633 (England and Wales)

Year Ending: 31 October 2021

Company activities and impact

The activities for women included physical exercise (local scenery walks and low impact exercise) vocational courses such as sewing, hair braiding and make-up. These activities focused on personal development and overall well being. Also, the children engaged in a wide range of activities that supported their physical, social and educational development. The children participated in multisports, current affairs debate, and arts and crafts to raise awareness of local and global issues such as Climate Change, Racism, Bullying, and Mental Health. They also learned about various cultures and how to respect them. During the summer of 2021, families enjoyed the outdoor space. We took our multisports to our local park and went on various theme walks such as Mini Beast Walks and Berry Picking Walks, which meant that families enjoyed local nature and got to know their local area. They also had the opportunity to leave their immediate surroundings and visit museums such as the Greenwich Maritime Museum, farms, cinema, and science exhibitions that piqued their interest in science and technology. Seeing historic sites also helped them learn about historical figures, their work, and their accomplishments. An example of these historical figures is Rosa Parks, whom we learnt about during Black History Month. We inspired children, mothers, and fathers by learning about people who achieved extraordinary things against all odds through our visits. In addition, a substantial number of the participants used our physical and healthy eating programmes to improve their physical health. The project has allowed low-income families to participate in actiBetween2020 and 2021. The project supported about 100 women and 120 children to come out of isolation and loneliness and improve mental health through our activities. Last year, we completed three major projects: physical exercise, social activities, and educational programmes for women and children from the BAME community. Participation in the activities has allowed them to gain confidence, learn new skills, reduce screen time, and improve their negotiating and communication skills. The children's programmes, in particular, became a catalyst for bringing together adults from various ethnic groups in our community. The most satisfying aspect of the past year is that the project assisted in integrating many people from various backgrounds, such as Eritreans, Italians, Polish, Ghanaians, Nigerians, Angolans, Algerians, and Ugandans; this has positively impacted the diversity of our adult programmes. Overall, stronger bonds were formed between different ethnic groups, formed long-lasting friendships, participants felt included, improved community cohesion, and promoted the holistic wellbeing of families.

Consultation with stakeholders

We consult our stakeholders on an ongoing basis through surveys and feedback to ensure that the sessions suit the community's needs. We also have complaint, complimentary, and suggestion books available for participants to share their thoughts and concerns during activities.

Directors' remuneration

The total amount paid or received by directors for qualifying services was £2000. There were no other transactions or arrangements relating to director remuneration or compensation for the director's loss of office that was required to be disclosed.

Transfer of assets

No transfer of assets other than for full consideration

This report was approved by the board of directors on
10 January 2022

And signed on behalf of the board by:

Name: Rose Korankye

Status: Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.