

# Welcome to Real Recovery App

Thank you for downloading Real Recovery App, your safe space for tracking and caring for your mental health. Before continuing, please review our privacy policy and terms of use.

## 1. Terms of Use

By using this app, you agree to:

Provide true and complete information when creating your account.

That the app is a support tool, not a substitute for professional medical care. Always consult a specialist for diagnosis or treatment.

Maintain the confidentiality of your account and report any unauthorized use.

Respect the intellectual property rights of [Your App Name] and its content.

Comply with the rules of use; violation of the terms may result in the suspension of your account.

## 2. Privacy Policy and Information Handling

Your privacy and security are our priority:

Information we collect: name, email address, age, health data, emotional tracking notes, habits, and technical data related to app usage.

Use of your information: To improve your experience, monitor your progress, and offer personalized recommendations.

Sharing information: We do not share your data with third parties without your consent, except as required by law.

Security: Your information is encrypted in transit and at rest; only authorized personnel can access it.

Your rights: You can access, correct, or request the deletion of your data at any time through your account settings.

## 3. HIPAA Compliance

This app complies with the U.S. Health Insurance Portability and Accountability Act (HIPAA):

Your health information (PHI) is protected and accessible only by authorized personnel.

We implement security measures such as encryption, secure authentication, and audits.

If a security incident occurs involving your data, we will notify you immediately in accordance with regulations.

#### 4. Consent

By clicking "I agree," you confirm that:

You have read and understood these terms and policies.

You consent to the use of your information as described.

You acknowledge that this app is an informational and educational support tool, not a professional medical service.

[Button: "I Agree and Continue"]

[Button: "Read Full Policies"]

[real recovery app]

Your safe space to care for your mental health.

#### ① Terms of Use

The app is a support tool and does not replace professional medical care.

You must provide true and complete information. ② Privacy Policy (Summary)

We collect: name, email, age, habits, health notes, and technical data.

We use your information to: improve the app, provide follow-up, and offer personalized recommendations.

We do not share your data with third parties without your consent, except when legally required.

Your data is encrypted and protected; only authorized personnel have access.

You can access, correct, or delete your information from your account.

Keep your account confidential; do not share your password.

Respect the intellectual property rights of [Your App Name].

Violations may result in account suspension.

③ HIPAA Compliance

Your health information (PHI) is protected under U.S. HIPAA.

We use encryption, secure authentication, and audits to protect your data.

We will notify you immediately if a security incident occurs.

④ Consent

By clicking "I Agree and Continue," you confirm that:

You have read and understood these terms and policies.

You consent to the use of your information as described.

You acknowledge that the app is for informational and educational purposes only.

I Agree and Continue

[Read Full Policies](#)