



Hyperbaric oxygen therapy helps create functions such as angiogenesis, neuroplasticity and stem cell mobilization in order to help the body heal.

How to Apply

Veterans with service-connected TBI, PTSD, depression and chronic can apply for a grant for hyperbaric oxygen therapy, neurotherapy, lodging or transportation associated with treatment. Please download our Emerging Therapy Grant Request at <https://cacarefoundation.org/documents> and email to jillcrist@cacarefoundation.org along with the following documentation:

- a copy of your DD214.
- written evidence of diagnosis or injury (for example, VA disability rating awards letter; medical records; doctor's report; or doctor's letter of opinion describing diagnosis, symptoms and/or condition).

Our Mission

Coastal Authority Care Foundation, Inc. is a nonprofit corporation organized and operated exclusively for charitable purposes, specifically to provide grants to veterans with service-connected injuries, especially the "invisible wounds" of mild traumatic brain injury, post traumatic stress disorder and chronic pain. Our Emerging Therapy Grant program will help pay for cutting-edge medical therapies, such as hyperbaric oxygen therapy and neurotherapy, that is not covered by insurance, which may provide symptom relief and help restore quality of life.

Additionally, we may also provide grants to veterans, their spouse or other accompanying family member to help pay for travel and lodging expenses associated with therapy.



Contact Us

Phone: (757) 831-1612
Email: jillcrist@cacarefoundation.org
Web: <https://cacarefoundation.org>



**COASTAL AUTHORITY CARE
FOUNDATION**
1340 N Great Neck Road, #1272-362
Virginia Beach, VA 23454



**Dedicated to
helping veterans
with
service-connected
injuries**

**#stop22aday
#ptsdrecovery
#tbirecovery**

<https://cacarefoundation.org>



Our Focus

Post traumatic stress disorder and mild traumatic brain injury (mTBI) are two of the most prevalent injuries suffered by members of the U.S. Armed Forces. The Defense and Veterans Brain Injury Center reported total cases of mTBI between 2000 and 2021 to be nearly 454,000 but many veterans are not diagnosed for months or years after separating from service. TBI & PTSD affect the whole family. ***Veterans and their families are suffering.***

TBI is caused by a jarring of the head possibly from a fall, explosion, repeated gunfire exposure or a blow to the head. The jarring causes damage to brain tissue, blood vessels and cells that link areas of the brain and the brain to the body. Symptoms are insidious and, if left untreated, worsen over time. Symptoms may include confusion, vertigo, sleep disturbance, memory loss, headaches, blurred vision, tinnitus, anger, mood swings, slowed thinking, depression, anxiety and suicidal ideation.

A complicating risk factor for mTBI is a person's lifetime accumulation of TBI events. Receiving multiple concussions has been associated with greater risk of developing progressive neurodegenerative

conditions, like chronic traumatic encephalopathy (CTE) and early-onset dementia.

Many veterans will not receive early diagnosis or will not seek treatment and in individuals with chronic, persistent symptoms of TBI, traditional medical interventions may be less than successful.

Helping Veterans Gain Access to Cutting-Edge Therapy

In August 2012, an Executive Order directed the DOD and HHS to conduct a comprehensive mental health study with an emphasis on PTSD, mTBI and related injuries to develop better prevention, diagnosis and treatment options. Research is ongoing and insurance does not cover cutting-edge therapies, such as neurofeedback and hyperbaric oxygen therapy, which are providing healing and symptom improvement now.

Need for Services in Hampton Roads



Norfolk, Virginia is part of what is known as Hampton Roads. It is home to the largest Navy base in the world, Naval Station Norfolk, and 16 other surrounding bases (including East Coast-based SEAL Teams) with approximately 83,000 active duty military members. There are approximately 230,784 veterans in the Hampton Roads area so given the fact that many military members do not show progressive, worsening symptoms until sometimes months or years after the original injury, the need is great here for these



therapies. Most of the veterans we help are 80%-100% disabled. Veterans are seeking out these cutting-edge therapies to either augment their traditional medical treatment or when they find no symptom improvement from traditional treatments. CACF wants to help offset costs and help veterans gain access hyperbaric oxygen therapy and neurotherapy that provide symptom improvement, help to restore quality of life to help prevent suicide.

A Navy Spouse's Testimonial

*"Neurotherapy has provided increased awareness, cognitive function and mental stability which is the necessary groundwork for my husband to continue on his journey to heal from his blast injuries back in 2012. **It has reinstilled hope in his soul.** It has changed my husband's life. Neurotherapy takes commitment but with continued support, the process works. Good things are happening. Instead of numbing him and shutting him down with pharmaceuticals. It has helped my husband learn to feel again, address what he is feeling and appropriately navigate tough subjects, feelings and some deficiencies that will never go away."*