

CHEYENNE HOFFMAN | REMAX CENTRE REALTY

THE ULTIMATE GUIDE TO AUTUMN

in happy valley



welcome

What fall looks like here

Every year I get the same question around this time: what is there to do in Happy Valley once fall settles in? The honest answer is... ***a lot.***

Fall in Happy Valley is less of a season and more of a way of life. Between football Saturdays, peak foliage, crisp morning walks, and all the little traditions that make this place feel extra special, there's a reason fall is one of my favorite times of year here.

This is the list I send to friends, the mornings worth getting up for, the places I take people from out of town, and the few things I do every single year without fail. Steal all of it.

Game days. Golden leaves. Slow weekends.



Make the most of the season

Every year the season sneaks up the same way: one month you're still in summer mode, the next you're outside every weekend, and then suddenly it's the holidays.

September

HAPPENING:

Penn State Football Home Opener
9/5 @ 3:30 PM

WORTH EATING:

Fillmore Farm Cafe and
Gardens

GET OUTSIDE:

Hike Mount Nittany

October

HAPPENING:

White Out Game vs USC
10/10

WORTH EATING:

Way Fruit Farm - Harvest
Festival Weekend
10/2 + 10/3

GET OUTSIDE:

Pumpkin Fest at The Arboretum
10/16 + 10/17

November

HAPPENING:

Penn State Senior Day vs. Rutgers
11/21

WORTH EATING:

Allen Street Grill

GET OUTSIDE:

Boalsburg Turkey Trot
11/26



the feel

Slow mornings

The best mornings here don't have a plan.
Coffee first, then wherever the rest of the day goes.



COFFEE

Eden Valley Coffee Co

Maple Morning Latte, always.

CAFE

Sower's Harvest Cafe

Always a wait, always worth it.

BREAKFAST

Bonfatto's

Hummus Toast + Macaroons, please.

QUIET SPOT

Talleyrand Park

Creek noise instead of a podcast.

the feel

Outside

The whole point of this season is ending up outside for longer than you meant to.



TRAIL OR WALK

Arboretum at Penn State

Free, gorgeous, minutes from downtown.

PARK

Millbrook Marsh Nature Center

perfect for fall hikes + spotting local wildlife.

LOOKOUT

Mount Nittany

The view that never gets old.

BEST PATIO

The Tavern

Head upstairs + enjoy an evening by the fire.

the feel

With the kids

Weekends go easier when you already know where you're going.
These are the reliable ones.



WEEKEND ACTIVITY

Wasson Farm Market

26th Annual Fall Fest

Hayrides to the Pumpkin Patch all of October!

10/3, 10/4, 10/10, 10/11, 10/17, 10/18, 10/24, 10/25

TREAT STOP

Dolce Vita Desserts

Treats that make the whole outing worth it

PARK

Bernel Road

AKA the Airport Park.

DOG FRIENDLY

Tudek Dog Park

The one every local dog owner already has bookmarked.

the feel

After dark

Evenings get better this time of year. Here is where I'd spend one if I had it free.



DINNER

Allen Street Grill

My go-to when the night needs to feel like an occasion.

DRINKS

Big Spring Spirits

where one drink turns into two hours

DESSERT

Penn State Berkey Creamery

The line is always worth it.

LIVE MUSIC

American Ale House

Piano bar, espresso martini + filet salad.

the feel

When people visit

When someone is in town for a weekend in the fall, this is the short list I actually hand them.



FIRST STOP

Way Fruit Farm

Apple picking, pumpkins + wagon rides.

THE ONE MEAL

The Tavern

The one place I never skip when someone's in town

THE VIEW

Jo Hays Vista

roadside along Route 26 near Pine Grove Mills.

ONLY HERE

Nittany Lion Shrine

The photo everyone ends up taking.

every year

Traditions

The things that come back around every year that make our town special.

Tailgate Saturdays

the parking lots + fields that turn into their own little town every home game.

The White Out

the one home game a year where 100,000+ people wear white and lose their voices.

Pumpkin Fest at the Arboretum

the night the Arboretum fills with jack-o'-lanterns and everyone brings their own to carve.

PSU Homecoming

the parade and every alum finding a reason to come back.

Boalsburg Turkey Trot

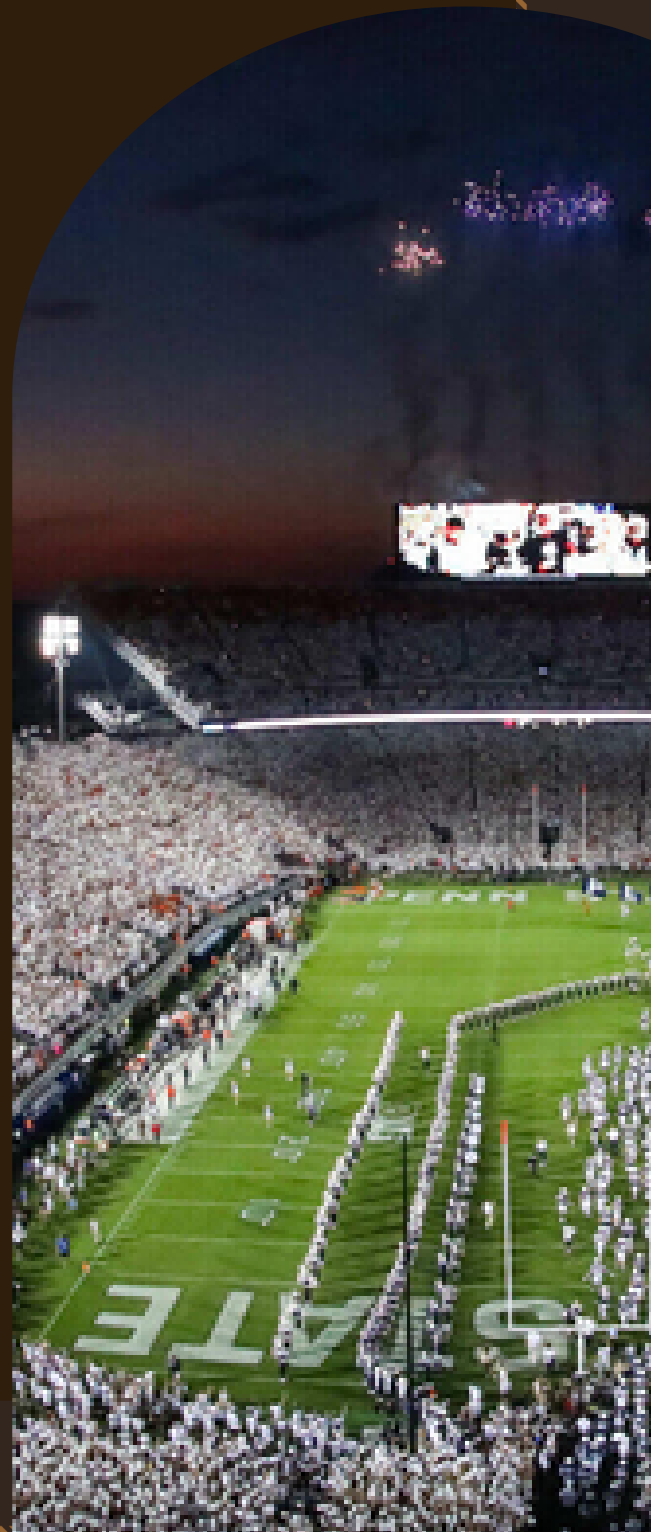
the whole town runs off Thanksgiving morning before the eating starts.



📍 HAPPY VALLEY

THE FALL BUCKET LIST

- ☐ First soup or chili of the season
- ☐ Cider donuts at Way Fruit Farm
- ☐ Pick your own pumpkin at Harner Farm
- ☐ Tailgate before a Penn State Football Game
- ☐ Carve a jack-o'-lantern at Pumpkin Fest at the Arboretum
- ☐ Coffee somewhere new on a weekday
- ☐ Hike Mount Nittany before the leaves are gone
- ☐ Walk the boardwalk at Millbrook Marsh
- ☐ Spend an afternoon wandering Boalsburg
- ☐ Drive the back roads toward Rothrock State Forest for peak foliage
- ☐ Sunday brunch at Sower's Harvest Cafe
- ☐ Buy something from a local maker
- ☐ Get a scoop at Penn State's Berkey Creamery
- ☐ Morning outside before the day starts
- ☐ Bring a neighbor something you baked
- ☐ One night with the phone in another room
- ☐ Write down what you want out of next year



ten things, one weekend

Your Fall Home Checklist

- ☐ Clear the gutters
- ☐ Flush the water heater
- ☐ Fresh smoke detector batteries
- ☐ Clean the dryer vent
- ☐ Reverse the ceiling fans
- ☐ Swap the HVAC filter
- ☐ Check the weather stripping
- ☐ Shut off the outdoor faucet
- ☐ Walk the roof line
- ☐ Test the garage door sensors



Need a vendor referral or recommendation?

I've spent years building relationships with local businesses I'd genuinely recommend to family. Send me a message and I'll connect you.

worth the drive

Weekend trips

Elk Country Visitor Center

DRIVE TIME

1.5 Hours

KNOWN FOR

Premier elk viewing location and is home to the largest wild elk herd in the northeastern United States

WORTH THE STOP

Elk Country Visitor Center
134 Homestead Drive, Benezette, PA 15821

Gray Apple Market Fall Flea

DRIVE TIME

2 Hours

KNOWN FOR

Boutique shopping, handmade vendors, food & beverage trucks, kids activities and more.

WORTH THE STOP

September 12 + 13
2950 Lewisberry Road, York

Pumpkinville

DRIVE TIME

3 Hours

KNOWN FOR

Corn maze, hayrides, cider donuts, farm animals

WORTH THE STOP

Open Daily September 12 – October 31
9:00 am – 7:00 pm
4844 Sugartown Road Great Valley, NY 14741



about me



Hi! I'm Cheyenne

STATE COLLEGE, PA REAL ESTATE AGENT

I love sharing about all the things that make Happy Valley. special. I hope you learned something new in this guide!

If you're looking for more local recs—check out my Instagram or send me a message, I'd love to hear from you!

Let's connect.

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