**WHAT IS MIGUN MASSAGE THERAPY?**

Migun Therapy provides a treatment method that focuses on reducing pain levels by incorporating the science of movement. It helps to improve, restore, maintain, and maximize motion, functional strength, and overall well-being by addressing underlying issues.

It is an over-the-counter FDA approved Class II medical device designed to treat many different kinds of pain, including those resulting from both acute and chronic conditions.

**HOW LONG DOES MIGUN THERAPY TAKE TO WORK?**

Migun Therapy provides gradual, cumulative relief and improvement. Everyone is different; most people will see significant results within 2 to 4 weeks. Many people will notice results after 2 to 4 sessions, and occasionally, even one session may provide much-needed relief. Those with chronic conditions may take 1 to 3 months to see significant improvement, although gradual improvement is noted in most cases during this time.

**WHAT DOES A MIGUN MASSAGE THERAPY TREATMENT FEEL LIKE?**

During a Migun Therapy session, you will lay down fully clothed (removing only your belt and shoes and contents of your pockets) for a relaxing 15 to 35-minute treatment. You should always be comfortable during your session.  If you experience any discomfort, it means you need to adjust the padding level to accommodate your current needs.

**HOW DOES MIGUN THERAPY WORK SO EFFECTIVELY TO REDUCE PAIN?**

Migun’s technology combines natural treatments inspired by the sciences of chiropractic therapies, acupressure, massage, and far infrared heat therapy. These combined treatments were specifically chosen as the best modalities to help improve the body’s structure and function with the intention of reducing pain, alleviating stress, and the many undesirable effects it causes in the body. This therapy also helps to gently detoxify the body and strengthen the immune system to keep the body in a healthier state.

Massage and deep far infrared heat help to increases circulation throughout the body as the far-infrared heat penetrates up to 3 inches deep, helping Migun to work at the cellular level to gently detoxify the body, ignite your metabolism, strengthen the immune system, and reduce stress and anxiety.

**CONDITIONS MIGUN THERAPY CAN HELP IMPROVE:**

* Back pain
* Bulging disks
* Whiplash
* Chronic fatigue
* Shoulder pain
* Knee pain
* Neuropathy
* Wound healing
* Text neck
* Fibromyalgia
* Sciatica
* Neck pain
* Residual pain from chemotherapy
* Foot pain
* Sports injuries
* Residual pain from prior injuries
* Chronic pain
* Arthritis (including rheumatoid)

**Research conducted at the University of California Irvine documented numerous benefits and improvements that were achieved using Migun Therapy Tables including pain relief, better regulation of blood glucose levels for type 2 diabetes, lower blood pressure and boosting the immune system.**

**STUDIES SHOW MIGUN THERAPY MAY HELP IMPROVE:**

* Back pain
* Circulation
* Stress/Anxiety
* Fibromyalgia pain
* Blood pressure regulation
* Blood glucose type 2 diabetes
* Digestion
* Headaches
* Chronic pain
* Skin disorders
* Range of motion
* Energy levels
* Sleep
* Immune system
* Menstrual pain
* Urinary

**“Health professional’s rated Migun’s thermomechanical therapy effective among 75% – 95% of their patients with a variety of musculoskeletal, gastrointestinal, neurological and other disorders.”  
*Journal of Vertebral Subluxation Research, Oct. 2003***

**www.migunworld.com**