

Charles G. Allen, Ph.D.
Licensed Psychologist #1372

Vita

BACKGROUND SUMMARY

Psychotherapy... Hypnosis... Biofeedback... Behavior Modification... Crisis Intervention... Executive and Managerial Coaching...
Thought Field Therapy... EMD/R... Program Development and Administration... Program Evaluation... Parent Education...
Psychological Testing... Computer Programming...

PROFESSIONAL EXPERIENCE

- Jul. 2021-Present Included Health (Doctor on Demand)
Independent Contractor
Provide Virtual Individual Psychotherapy
- Feb. 2018-Present Fire Service Psychology Association
Board of Advisors
- Apr. 2012-March 2020 **Centennial Gun Club**
NRA Chief Range Safety Officer
NRA Certified Handgun Instructor
Call Center Manager
Instructor: Class “The Psychology of Carrying a Gun”
- Jun. 2011-Present **South Metro Fire Rescue Authority**
Instructor in Command and Officers Academy
Conduct seminars on Conflict & Anger Management Consultant
Peer Support Team
Assist Peer Support members and coach crisis intervention techniques
Critical Stress/PTSD and Conflict Resolution
EAP Service Provider
- Mar. 2007-Present **Centennial Consulting & Associates, LLC**
Consultant - Licensed Psychologist
Conduct seminars on Conflict Resolution and Anger Management in the workplace
Provide individual psychotherapy for adult and adolescents
- Aug. 2012- Jan. 2014 **University of Denver**
Adjunct Faculty
Conduct classes/seminars for Masters and Doctoral students in the Counseling Psychology Program.
- Mar. 2007- Dec. 2009 **Workplace and School Security Services**
Director, Workplace Conflict Prevention & Resolution Programs
Conduct seminars in the following areas: Executive and Managerial Coaching, Understanding and Managing Behavioral Differences, Conflict Management and Effective Confrontation, Team Development
- Jan. 1990-Present **Private Practice, Centennial, Colorado (Part-time)**
Licensed Psychologist
Provide marital and individual psychotherapy for adult and adolescent clients using a Cognitive Behavioral approach. Provide behavior modification program for adolescents.
- Jan. 1980-Jul. 2006 **Veterans Administration Medical Center, Denver, Colorado (Full-time)**
Clinical Psychologist (Retired)
Provide assessment, crisis intervention, group and individual psychotherapy to patients suffering from combat related Post-Traumatic Stress Disorder. I also provide supervision to Pre-doctoral Residents, Practicum students.
- Jan. 1980-Aug. 1987 – **Clinical Coordinator, Chronic Pain Clinic**
- Dec. 1988-Nov. 1989 – **Director, Chronic Pain Clinic**
Serving veterans with PTSD and Chronic Pain from wounds suffered in combat.
- Jul. 1983-Jul. 2006 – **Clinical Applications Coordinator, Mental Health & Behavioral Sciences.**
Responsible for coordination of the computerized medical record and Mental Health program in Psychiatry Service.

Feb. 1989-Mar. 1998 – **Director, PTSD Clinical Team (PCT):**

Direct the efforts of a Psychiatrist, Psychologist, Health Technician, as well as supervise Pre-doctoral Residents, Practicum students and volunteers. Provide group and individual psychotherapy to patients suffering from combat related Post-traumatic Stress Disorder.

Jun. 1996-Dec. 1996 – **Clinical Coordinator, Decision Support System (DSS):**

Responsible for assisting program directors and administrators with the computerized decision-making software. The program will aide program administrators with budgetary decisions based upon clinical usage.

1992-2003 **Odyssey Training Center**, (formerly, Arapahoe House Training & Staff Development Program);
Faculty

Teach an eight-hour accredited course on PTSD & Anger Management. It is accredited by: ADAD; NBCC; NAADAC; Colorado Board of Registered Nurses and EAP.

1980-1989 **Swedish Medical Center**, Englewood, Colorado (Part-time)

Parent Education Instructor

Who Runs Your Family, You or Your Toddler?

An 8 week (16 hour) Cognitive-Behavioral class, for parents of children ages 1-7 years. The class involves teaching the basic skills of behavior modification, as well as a cognitive "re-framing" of the child's behavior and parent's emotional reactions to raising children.

For Fathers Only:

Provided first time fathers the opportunity to discuss their expectations and reactions to becoming fathers. It is a 2-hour class which teaches some basic cognitive approaches to the management of feelings.

1982-1990 **Emrick and Associates, Denver, Colorado** (Part-time)

Psychotherapist (except '87-88 during Internship)

Supervisor: Chad D. Emrick, Ph.D., Licensed Psychologist

Provide supervised psychotherapy for marital, individual (adult and adolescent) clients. Also provide education and therapy using a behavior modification program for adolescents.

1987-1988 **Veterans Administration Medical Center**, Topeka, Kansas (Full-time)

Psychology Intern (APA Approved)

Supervisor: Tom W. Patterson, Ph.D., Chief, Psychology Service

Ph.D. Candidate at the University of Denver, completed the prescribed course of clinical experience, accredited by the American Psychological Association. Three major rotations: 1) Health Psychology, which involved consultation to medical wards throughout the Medical Center. 2) Inpatient PTSD, this was a 90-day inpatient program which performed full psychological evaluations, group therapy and educational programs for anger management. 3) Chronically mentally ill. Served as a consultant to 4 wards. Assisted in development of specialized behavior modification programs for very difficult problem patients. Many of these patients had been inpatients for 20-30 years.

1980-1987 **Veterans Administration Medical Center**, Denver, Colorado (Full-time)

Health Science Specialist GS-11/5

Supervisor: Bertram H. Rothschild, Ph.D., Licensed Psychologist

Coordinator, Chronic Pain Clinic; Provided biofeedback, hypnosis, individual and group therapy to chronic pain patients. Consulted with medical staff making referrals to the clinic. Communicated to patients the results of the evaluation and our treatment recommendations. Supervised scheduling, psychological test scoring, maintenance of patient records and quality assurance of treatment plans. Provided technical supervision to pre-doctoral interns and Practicum students using biofeedback equipment. Also monitored an ongoing evaluation of the program.

Applications Coordinator, Mental Health & Behavioral Sciences; Responsible for training and coordination of the computerized Mental Health package.

ADP Security Officer; Responsible to the Medical Center Director for security audits and writing local regulations for the security of patient database and the Medical Center's computer system.

1980-1983 **Aurora Community Mental Health Center**, Aurora, Colorado (Part-time)

Off-hours Crisis Worker

Supervisor: Randy Stith, Ph.D., Licensed Psychologist

Provided telephone crisis intervention and face-to-face emergency psychiatric evaluations in hospital emergency rooms.

- 1978-1979 **TRACOM Corporation**, Denver, Colorado (Full-time)
Management Consultant
 Supervisor: William Porter, Ph.D., Licensed Psychologist
Reid, Merrill, Brunson and Associates, consulting division
 Responsibilities involved consultation to businesses in areas of employee selection, turnover, organizational development and stress management.
Personnel Predictions and Research division
 Responsibilities involved computer programming, assistant manager of operations and as liaison between the computer department and users.
- 1977 **Problem Talk Shop**, Laguna Hills, California (Full-time)
Counselor
 Provided evaluations and referrals for clients in need of mental health services. Assessed clients personal and mental health issues from 1 to 6 sessions and referred them to the appropriate community resources.
- 1977 **University of California - Irvine Medical Center**, Orange, California (Part-time)
Psychometrist
 Supervisor: John A. Haberland, Ph.D., Licensed Psychologist
 Provided supervised administration and scoring of psychological test batteries such as the Halstead-Reitan, Rorschach, TAT, WAIS, MMPI and Bender-Gestalt.
- 1976-1977 **Lister Psychological Services**, Costa Mesa, California (Part-time)
Licensed Psychological Assistant
 Supervisor: Richard S. Lister, Ph.D., Licensed Psychologist
 Provided supervised counseling to adults and adolescents. Consultant to off-hours staff of the West Orange County Hot Line.
- 1974-1976 **Santa Ana Psychiatric Hospital**, Santa Ana, California (Full-time)
Psychiatric Aide
 Supervisor: R. Gene Moss, M.D.
 Nursing aide and team member for inpatient adolescent program. Responsible for orientation of patients to program, complete nursing evaluation and treatment program duties.
- 1975-1976 **Planned Parenthood Association of Orange County**, Orange, California (Part-time)
Vasectomy Counselor
 Provided counseling to potential surgical patients as to the anatomy and surgical procedures of a vasectomy, including informed consent, the decision for surgery, and possible alternative birth control methods.
- 1972-1974 **University of Nebraska**, Student Health Services, Lincoln, Nebraska (Part-time)
Paraprofessional - Crisis Intervention Service
 Supervisor: Carmen Grant, Ph.D., Licensed Psychologist
 Provided telephone or walk-in crisis intervention for university students. Member of the training staff for new workers. Assisted with annual program evaluation.
- 1967-1971 **United States Marine Corps** (Full-time)
Avionics Electricians Mate Sergeant E-5
 Supervisor, electric shop night crew. Repaired computerized avionics equipment for A4/E and F4 jet aircraft. Received three meritorious promotions. Vietnam (1969).
- 1966-1967 **Umberger Sheaff Mortuary** (Part-time)
 Emergency Medical Technician for the Ambulance service. Assisted with embalming and funeral services.
- 1962-1966 **Allen Funeral Home** (Part-time)
 Emergency Medical Technician for the Ambulance Service. Assisted with embalming and autopsies, usher for funeral services.

EDUCATION

- 1988 University of Denver, Denver, Colorado
Ph.D. Counseling Psychology (APA Approved)
Dissertation: Cost of medical utilization of unidentified psychiatric morbidity in primary care.
Practicum: V.A. Medical Center Denver - 400 hrs. Alcohol/Substance Abuse program. Provided individual and group therapy on both the inpatient and outpatient units.
Supervisor: Chad D. Emrick, Ph.D., Licensed Psychologist
Internship: Veterans Administration Medical Center, Topeka, Kansas (APA Approved)
Supervisor: Tom W. Patterson, Ph.D., Chief, Psychology Service
- 1975-1977 Chapman College, Orange, California
M.A., Counseling Psychology
Practicum: Fullerton Community Counseling Service - 150 hrs.;
Fullerton, California. Provided individual assessment, drug diversion and counseling of adolescents and families.
Supervisor: Alan Elliot, Ph.D., Licensed Psychologist
Practicum: Chapman College Community Clinic - 150 hrs.;
Orange, California. Provided individual and group counseling, testing of students, adults, and families. Supervisor: Everett Jacobson, Ph.D., Licensed Psychologist
- 1974-1975 California Graduate Institute, Orange, California
Ph.D. student, Clinical Psychology
- 1971-1974 University of Nebraska, Lincoln, Nebraska
BA, Psychology; Minors: Religious Philosophy & Cultural Anthropology

RESEARCH

- V.A. Medical Center, Denver, Colorado
Chronic Pain Patients - A study using relaxation and Cognitive Restructuring as a treatment modality.
Adult Children of Alcoholics - A pilot study to validate a new instrument, measuring parental drinking behavior & significant adults in the child's life. Chad D. Emrick, Ph.D. & Patricia Roe, M.A.
- University of Denver, Denver, Colorado
Dissertation: Cost of medical utilization of unidentified psychiatric morbidity in primary care - topic
- University of Nebraska, Lincoln, Nebraska
Independent study - Research assistant to Elizabeth Carpenter, Ph.D. Conducted a videotaped study of a physically abused, 8-year-old girl, still in kindergarten, who was verbally and physically withdrawn from her peers.
Community Clinic - Research team member for a parent training program for children ages 2-6 years. Observed parents via one-way-mirror and used a bug-in-the-ear, to train parents to obtain compliance of the toddler's behavior and teach them proper reinforcement techniques.
Psychology Department - Research assistant to Charles Blake Keasey, Ph.D. - Assisted with cognitive developmental empathy studies of school children 5-7 years of age.

PRESENTATIONS

- Allen, C (2019) ***Demystifying Psychology in the Fire Service.*** Presented at the 8th Annual Western Pacific Islands Association of Fire Chiefs Training Forum, Lotte Resort, Barrigada, Guam
- Allen, C (2019) ***Anger Management in the Fire Station.*** Presented at the Second Annual Fire Service Psychology Association Conference, Maryland Fire & Rescue Institute, University of Maryland, College Park, MA
- Allen, C (2018) ***Developing Effective Performance Improvement Plans.*** Presented at the First Annual Fire Service Psychology Association Conference, Los Angeles, CA
- 1977-Present Over 1200 presentations ranging from 2-16 hours in length, on subjects of parenting and stress and anger management. Presentations were to the following types of organizations: officers training academy fire and rescue authority, county social services, private parenting co-ops, YWCA, church youth groups, elementary school children, commercial bank employees, Internal Revenue Service, V.A. secretarial council, construction firms, pre-school teachers, college parenting classes, foster parents' convention, private school PTA's and county social services. As well as local radio, newspaper, and television.

CREDENTIALS

2021 PsyPact – E-Passport, Authority to Practice Interjurisdictional Telepsychology
2014 NRA Chief Range Safety Officer
2013 NRA Certified Pistol Instructor
2012 NRA Range Safety Officer
1997 Thought Field Therapy (TFT) - Level I & II
1995 Eye Movement Desensitization and Reprocessing - Level II
1992 Eye Movement Desensitization and Reprocessing - Level I
1990 State of Colorado, Licensed Psychologist - #1372
1990 Intermediate Certificate - Rational Emotive Therapy
1986 Primary Certificate - Rational Emotive Therapy
1985 V.A. Medical Center - RMEC, Continuing Education Course - Hypnosis
1984 Associate Trainers in Clinical Hypnosis - Workshop Certificate
1984 Associate Trainers in Clinical Hypnosis - Advanced Workshop Certificate
1977 State of California, Licensed Psychological Assistant
1977 State of California, Community College Instructor (Lifetime)
1976 Tschudy Psychological Institute, School of Hypnotic Arts - Introductory Course
1969 Licensed Private Pilot

AWARDS

2006 University of Denver - Community Partner Award
2006 V.A. Medical Center - Certificate of Appreciation
2004 V.A. Medical Center - Certificate of Appreciation
2003 V.A. Medical Center - Certificate of Appreciation
2003 V.A. Medical Center - Certificate of Appreciation
2000 V.A. Medical Center - Certificate of Appreciation
1999 State of New Mexico, Secretary of State - Certificate of Appreciation
1998-99 Colorado Board of Psychologist Examiners - Certificate of Appreciation
1997 V.A. Medical Center - Performance Award
1996 V.A. Medical Center - Performance Award
1995 V.A. Medical Center - Performance Award
1994 V.A. Medical Center - Performance Award
1993 V.A. Medical Center - Performance Award
1992 Service to Veterans Citation - Military Order of the Purple Heart
1991 V.A. Medical Center - Performance Award
1990 V.A. Medical Center - Performance Award
1987 V.A. Medical Center - Performance Award
1984 V.A. Medical Center - Administrators Certificate of Appreciation – Award for Valor
1983 V.A. Medical Center - Performance Award
1979 Outstanding Young Men of America - Award
1973 Honorable Discharge - USMC
1970 Certificate of Good Conduct - USMC
1969 Hiroshima Japan Judo Association - Tournament Award, 2nd Place
1967-70 USMC – Three Meritorious Promotions

MEMBERSHIPS AND OFFICES HELD

Fire Service Psychology Association – Advisory Board Member 2018
Patriot Life Benefactor Member NRA
Rocky Mountain Society for R.E.T. - Member, (1991)
Rocky Mountain Psychological Association - Member, (1986)
American Psychological Association - Member, (1978-1994)
Colorado Psychological Association - Member, (1978-1997)
1991-1995, Member - State Ethics Committee
1981, Member - State Public Sector Committee
Colorado Society of Psychologists in Private Practice - Member
1992, Past-President
1991, President
1990, President-Elect
1989, Secretary
1985, Chairman, Membership Committee
1983, Secretary