

Tierra Brown

media kit

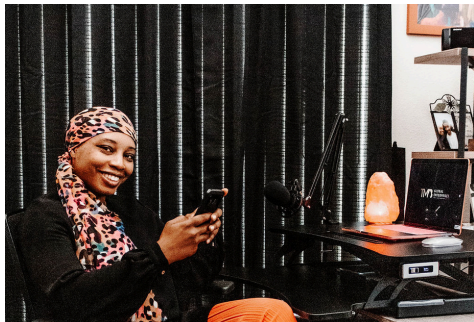
Speaker, Author,
Empowerment
Coach



Hi. I'm Tierra!

Tierra is a 20-year Army combat veteran, empowerment coach, international speaker, and author of *Finding Me: Seven Secrets to Unlock the Woman You Were Created to Be*. Through her coaching program, *The Prosperity Life*, and transformative speaking engagements, Tierra helps burned-out professional women rediscover their passions and create their dream lives. With authenticity and empathy, Tierra shares her journey of overcoming self-doubt and societal expectations to inspire others to embrace their true selves and thrive.





SPEAKING TOPICS

The Importance of Finding Your Voice

Tierra dives into the power of self-expression and authenticity in personal and professional growth. Attendees will explore actionable strategies to:

- Recognize the limiting beliefs silencing their inner voice.
- Develop the courage to speak up in their careers and personal lives.
- Cultivate a sense of purpose and confidence by aligning with their core values.

Ideal Audience: Women's empowerment conferences, leadership workshops, corporate retreats.

The Truth Beyond Our Flaws: 3 Principles to Embrace Imperfection

This keynote offers a fresh perspective on reframing perceived flaws into strengths. Tierra teaches three foundational principles that help individuals:

- Shift from self-criticism to self-compassion.
- Use vulnerability as a tool for connection and growth.
- Build resilience and rediscover joy, even in life's challenges.

Ideal Audience: Wellness seminars, diversity and inclusion initiatives, HR training events.

Media Features



- Book: Author of Finding Me: Seven Secrets to Unlock the Woman You Were Created to Be.
- Notable Performance: National Anthem for President Barack Obama, Fort Lee Town Hall (2016).
- Expertise: Empowerment coaching, women's personal development, military-to-civilian transitions.



personal introduction

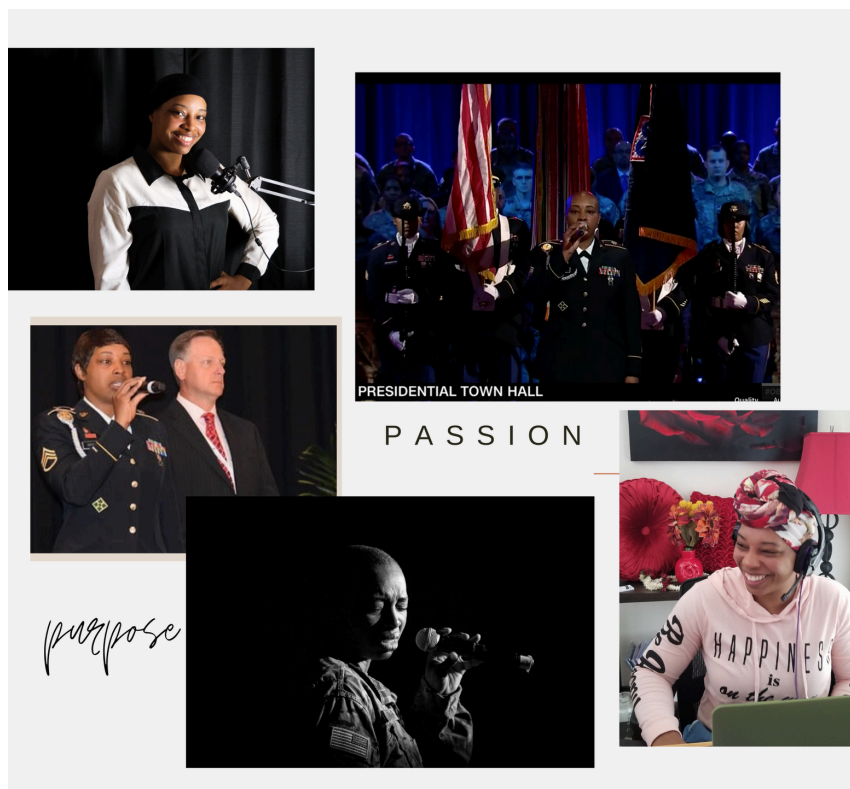
Tierra is a dynamic speaker, best-selling author, and empowerment coach with a mission to help women overcome burnout and rediscover their passions. A 20-year Army veteran and experienced mentor, Tierra has transformed her journey of resilience into a message that inspires others to embrace their true selves. Known for her relatable and compassionate approach, Tierra engages audiences with actionable strategies to build confidence, purpose, and joy in life. With her book, *Finding Me: Seven Secrets to Unlock the Woman You Were Created to Be*, and her impactful coaching program, *The Prosperity Life*, Tierra continues to empower women worldwide to live boldly and authentically. Get ready to be inspired!



MY MISSION

Tierra is committed to helping women overcome burnout and limiting beliefs, empowering them to design lives filled with passion, purpose, and prosperity. She uses her personal story, professional expertise, and dynamic presence to inspire transformative change.

WHAT YOU CAN EXPECT



GET IN TOUCH

Let's inspire transformation together.
Book Tierra today!

Tierra

WWW.TIERRABROWN.COM

