

Welcome to 4-4-2 Recruiting

Finding the right place for you to continue your soccer and academic education with the NCAA.

Why look to play in the NCAA

Simple

- An opportunity to continue developing as a player in highly competitive leagues that feature broad diversity of nationalities.
- Obtain an Academic education that can help you discover and prepare for a career beyond football *(remember in the NCAA its Soccer)*.
- Personal growth and opportunity: NCAA college athletes are 47% more likely to be employed after college. Money Magazine Feb 2017

“NCAA research scientist Tom Paskus says, based on a research survey found 90% of student athletes say participating in collegiate athletics helped them develop leadership skills and improve their work ethic.”

Just the Facts

1,676 Schools sponsored varsity Soccer Programs in 2017:

Division	# of Schools	# of teams		Total Athletes		Percentage of College Players		Average team size		Scholarship limit per team		Average Athletic Scholarship *	
		Men's	Women's	Men	Women	Men	Women	Men's	Women's	Men	Women	Men	Women
NCAA I	336	205	333	5,956	9,383	15%	24%	29	28	9.9	14	16,199	17,121
NCAA II	267	214	265	6,575	7,244	16%	19%	31	27	9	9.9	6,364	7,756
NCAA III	447	415	441	12,119	10,869	30%	28%	29	25	-	-	-	-
NAIA	196	188	188	5,672	4,612	14%	12%	30	25	12	12	6,539	7,011
Other 4 year	79	76	49	1,574	877	4%	2%	21	18	-	-	622	797
NJCAA	234	217	181	5,304	3,483	13%	9%	24	19	18	18	1,771	2,129
Other 2 year	117	95	114	2,688	2,405	7%	6%	28	21	n/a	n/a	243	336
Totals	1,676	1,410	1,571	39,888	38,873	100%	100%	28	25			5,303	5,830

College Soccer Scholarships and Recruiting

Things to know

- First and foremost there are over 1600 Universities and institutions to choose from that offer soccer programs that are internationally accredited for academic studies.
- Playing on a scholarship is a contract and the contract period is 1 year at a time, so understand you are making a commitment and for all intent and purposes an “employee” of the athletic program.
- The College soccer system is made up of 5 divisions but don't think of it as numerical like the FA, think what is the best fit for you.

College Soccer

- NCAA Div. I - Division I schools have the largest student bodies, the largest athletic budgets, and the most athletic scholarships. But larger is not always better. The level of play between DI and DII is comparable. DI is a full year commitment and has the ability to grant larger scholarships.
- NCAA Div. II- Division II programs also provide a year long commitment but generally have smaller scholarships. DII has the highest percentage of foreign players and generally are smaller schools. This leads to a better teacher to student ratio.
- NCAA Div III – Division III cannot provide direct athletic aid but frequently provides academic financial assistance. Generally less demanding commitment with limited engagement in the off season.
- NAIA- National Association of Independent Athletics offers scholarships but is a smaller organization with only 300 member schools. There is a wide variances in quality of programs.
- NJCAA – National Junior College. Athletic scholarships available typically smaller programs aimed at helping student prepare Academically and Athletically for larger schools. These schools are lower cost.

How to get Recruited and get an Athletic Scholarship

1. You first have to create a target list of what academic and soccer experience you'd like: Large school vs. small; region of the US, academic programs offered.

- i. Schools range in size from 15,000- 60,000 for large; 5,000-15,000 for medium, 2,000-5000 for small and less than 2000 for micro. Don't let size fool you, there are some great academic and athletic institutions with less than 2000 students; and smaller schools tend to provide better student to teacher ratios.
- ii. The US is a large country geographically, and the sunshine and warmth of some regions may sound appealing but is the program a right fit for you!
- iii. Style of play and Academics. If a coaching staff prefers 6 foot 4 players and your 5 foot 8 its probably not going to be a fit. Or if you have a very specific field of study, such as engineering, then make sure the school can meet that academic need.

How to get Recruited and get an Athletic Scholarship

2. **Narrow the list of schools** based on the aforementioned criteria: Size, Academic programs, style of play and geographic region.
3. **Gather All the Contact Information for the Coaches.** Performance records, philosophy and playing style. Once you've narrowed the field be forthright in your communication and at all time **BE PROFESSIONAL!** Written communication should always be in full sentences and good grammar; no text language or emoji's.
4. **Develop a Soccer CV.**
5. **Develop a video.**

How Your CV should look and read.

1. Name , Address, Phone number and email address. ALWAYS BE PROFESSIONAL; email should be your name@ not smartass10@gmail.com. Your mobile or phone number should have a professional sounding voicemail. Coaches and potential managers are never impressed by “Oy whassup, leave a message”.
2. Include 1 -2 high quality photos, 1 that shows your face and preferably an action shot.
3. Academic records, test results or courses of study.
4. General Information: Height, Weight, skills, strengths and References.
5. Honours & Accomplishments.
6. Statistic on your play by key metrics.
7. Other accomplishments or pursuits.

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OBJECTIVE: To play NCAA Soccer and contribute my freshmen year.



ACADEMICS:

- Overall GPA: 3.72/4.0
- ACT Score: Sept 2016
- A.P. Courses: US History, Principles of Engineering, Drawing and Design Production
- Possible college major: Design or Engineering

ATHLETICS:

- Height: 5'10"
- Weight: 152 lbs.
- Two footed player
- Strengths: Ball control, passing and distribution, shooting, endurance, and agility.

References:

- Alex Ferguson
Lead Foundation Coach
Wigan Athletic Football Club
Wigan Athletic Training Ground,
M: 011 44 07949 240395
- CLUB or School Team: Pittsford Mendon High School, Pittsford NY
 - Coach: Mark Hursey (585) 555-3534
- Club Team: Pittsford Hawks
 - John Anderson (585) 555-1605
- Men's League
 - Jay Randro (585) 555-9216
 - Olympic Development Program Coach Mel Malher

SOCCER ACCOMPLISHMENTS:

- 3 year ODP selection from WNY
- 2015 National Selection for Charlton Athletic FC camp in New Eltham, London UK. 4/1-4/9 2016.
- Pittsford Mendon HS Varsity #8

SOCCER STATISTICS (through Fall 2015):

- 12 Goals and 25 Assists for High School
- 25 Goals and 20 Assists for Club past 3 season in RDYSL and Tournament play

OTHER ACCOMPLISHMENTS:

- Nordic Skiing Section V NY qualifier 2014-15, 2015-16
- Nordic Skiing NY State Qualifier 14-15, 15-16; top 15 qualifier 2015-16; Team Captain; Team MVP; 30 minute 10K
- Varsity Track 2014-2016 best Mile 4:52; Best Two Mile 10:20
- Scholar Athlete
- Pittsford Trathlon top three finisher 12-16 y.o. 2012,



Your Video

Have the following:

- 3-5 minutes in length
- Open and close with a nice picture of your head and shoulders
- Contact information and statistics from your Resume.
- Professional looking video that highlights your strengths and key attributes of your preferred position.

Don't Include:

- Offense language in the music.
- Solely all goals
- Repetitive shots of the same play.

Get more tips and information on how to get noticed with ***4-4-2 RECRUITING***

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