DESIGNED FOR **SENIORS**.

OPEN TO **ALL**.



SASS #5:

Marvelous Movement (for Every Body)

Dr. Reggie Parquet, Tulane University

Rev. Dr. Mary Brown, Silence Broken

PLUS

Art activity, lunch, joyful movement!

Door prizes, friends, and fun!

Thursday, November 12

9:00am to 2:30pm

SASS
SENIORS AWARE AND STANDING STRONG

SASS supports adults who have lived through Adverse Childhood Experiences (ACEs).

New participants are invited to arrive at 9:00 for an overview of ACEs.
Coffee and donuts will be available at 9:45 and the main program begins at 10:00.

St. Luke's United Methodist Church
5875 Canal Blvd., New Orleans, LA 70124

To register, **scan the QR code below *or***
email Admin@SilenceBrokenNow.org *or* call (504)261-5384.

Silence Broken
MINISTRY FOR ADULT SURVIVORS OF CHILD SEXUAL ABUSE

Visit SilenceBrokenNow.org to review the event agenda!