



Join us for an engaging and compassionate learning experience designed for people who want to better understand Adverse Childhood Experiences (ACEs) and their long-term impact on our lives.

This ministry-led event will explore:

- What ACEs are (common examples include severe illness, loss, abuse, divorce, addiction in the home, war, and community violence)
- How ACEs affect our emotional, physical, and spiritual well-being
- Why their impact can resurface later in life
- Practical tools for healing, resilience, and hope
- A faith-based perspective on trauma, because God cares about us all



Silence Broken, Inc. is hosting Seniors Aware and Standing Strong (SASS), a series of events designed to support adults age 60 and older who have lived through Adverse Childhood Experiences (ACEs).

Attendees will enjoy a day of learning sessions and fun activities, with lunch and special giveaways. There is no set fee but contributions will be welcomed. Space is limited! Early registration is encouraged.

**Thursday, April 23, 2026**

9:00 a.m. to 2:30 p.m.

*(New participants should arrive at 9:00 a.m. for an overview of ACEs.*

*Returning participants should arrive at 9:45 a.m. for light brunch.*

*The main program begins at 10:00 a.m.)*

**St. Luke's United Methodist Church**

**5875 Canal Blvd., New Orleans, LA 70124**

To register, **scan the QR code below** or **email Admin@SilenceBrokenNow.org** or **call (504) 261-5384.**

