



Join us for an engaging and compassionate learning experience designed for people who want to better understand Adverse Childhood Experiences (ACEs) and their long-term impact on our lives.

This ministry-led event will explore:

- What ACEs are (common examples include severe illness, loss, abuse, divorce, addiction in the home, war, and community violence)
- How ACEs affect our emotional, physical, and spiritual well-being
- Why their impact can resurface later in life
- Practical tools for healing, resilience, and hope
- A faith-based perspective on trauma, because God cares about us all



Silence Broken, Inc. is hosting Seniors Aware and Standing Strong (SASS), a series of events designed to support adults age 60 and older who have lived through Adverse Childhood Experiences (ACEs).

Attendees will enjoy a day of learning sessions and fun activities, with lunch and special giveaways. There is no set fee but contributions will be welcomed. Space is limited! Early registration is encouraged.

Thursday, April 23, 2026

9:00 a.m. to 2:30 p.m.

(New participants should arrive at 9:00 a.m. for an overview of ACEs.

Returning participants should arrive at 9:45 a.m. for lite breakfast.

The main program begins at 10:00 a.m.)

St. Luke's United Methodist Church

5875 Canal Blvd., New Orleans, LA 70124

To register, **scan the QR code below** or **email Admin@SilenceBrokenNow.org** or **call (504) 261-5384.**

