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Ministers United, PLLC, a subsidiary of Ramona Christine, LLC
d/b/a Embrace(D) for Life.

Healing Ministers United, PLLC



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Healing Ministers United, PLLC – Embrace(D) for Life Services

NADA "Community Compassion" Support Groups - \$9.00

Friday & Saturday 4:30pm – 6pm

Community Service

- NADA – Pre-registration is required
- 5 Participants required (at minimum) to experience full benefits of support group
- Seating available for 12 (15 Max)

Sign-In Sheets & Group Agreement Download Link:

<https://healingministersunited.com/services>

Pre-registration and payment Link:

<https://pay.healingministersunited.com/cf23aa84-eaf8-4287-b377-7e7>

You may pre-register by paying on-line or over the phone. At least five participants are required to experience the full benefits of the group. If group is cancelled due to not having enough participants, your pre-registration payment will be good for any ensuing support group for up to 30 days.

"Community Compassion" NADA (AcuDetoX) Support Groups will be held every Friday & Saturday. Registration begins promptly at 4:30pm. At least, five participants are required to attend to receive the full benefits of support group. Updates as to whether we have five participants will be posted on the HMU Calendar of Events which can be found at:

<https://healingministersunited.com/calendar-of-events>.

Please check for up-to-moment updates each weekend.

Groups will not be held without at least five participants pre-registered or registered.

Schedule is as follows:

4:30- 5 Participants will check in

5:00- 5:45pm NADA Protocol will be in progress

5:45- 6:00 Group Sharing (if interested, not required)/Comments

Needles are inserted promptly at 5pm. Our groups are available every Friday & Saturday. Our schedule is intentional and based on the 5-Element Circadian Clock hours of 3pm – 5pm (Bladder) and 5pm – 7pm (Kidney) to support detoxification and purification. Detoxification and purification are the elimination of elements that are harmful or hindering to mind, body, and spirit.

Healing Ministers United, PLLC

AcuDetoX NADA
"Community
Compassion" Support
Group
\$9.00



Scan to Pay

HMU Self-Care Re-“Treats” – A La Carte Services

Alive – HRV Biofeedback, Neurofeedback - \$95.00

- Register Online – Initial In-take, consult, and training = 1 Hour Session for \$95.00
- Ensuing sessions, walk-in for practice = \$25.00 per session

Pre-registration and payment Link:

<https://pay.healingministersunited.com/2f1e9166-35cc-4c95-8f0f-cb5>

Alive is a brain entrainment, heart and breath technology system designed to manage and reduce stress responses. Some individuals may thrive under stress while others would likely prefer to do without it. In either situation, controlling the impact of stress protects your body from the harmful effects of stress. Your first session with the Alive program will require some training with a practitioner and could take up to one hour. Ensuing visits could be walk-in, at your leisure, just to practice and get a good gauge of how well you are doing with your techniques or to get yourself under control if the stress is too much to manage in any given moment.

Video games with a healthy purpose

Games designed to reduce stress for the busy athlete, profile executives, busy family members, teens, and children are welcome!

You can see the results of these fun-filled activities in real-time – each time you pass a level, achieve a goal, or successfully complete a mission. Alive is an advanced neo-biofeedback tool used to instruct, guide, and encourage breathing techniques that support reducing the impact of stress, anxiety, and/or pain. Many people who use biofeedback to help manage the demands of their careers learn to appropriately switch gears to better enjoy family life or the other rewards of their work. Similarly, minors having difficulty adjusting to new circumstances beyond their control and to new responsibilities can use biofeedback to increase their ability to limit the negative impact these pressures are having on their decision-making and quality of life.

A Biofeedback Practitioner will be present with you to assist and guide your progress and build confidence in your ability to meet challenges with calm and precision.

Playing a few times a day, in as little as 10 minutes a day, could help to:

Reduce the impact of stress on your life

Restore balance and vitality

Improve physical & mental well-being

Although 10-minutes a day have been proven to be beneficial, we recommend a 1-hour session to train, practice, and perfect your techniques as a first-time user. Ensuing sessions can be walk-in once your intake, initial consultation, and training is completed.

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**Alive Technology –
HRV Biofeedback,
Neurofeedback
\$95.00**



Personalized AstroNumerology Reports - \$175.00

Pre-registration and payment Link:

<https://pay.healingministersunited.com/eed8989a-e346-4060-a6b5-cf2>

Online form for clients to complete after payment submitted:

<https://embracedforlife.com/astronumerology-report>

What is included in your personalized AstroNumerology Report:

- Life's Purpose
- Destiny
- Soul Purpose
- Spiritual Calling Card
- Personal Months, days, and years
- Soul Profile

The coming together of two divining arts: Astrology and Numerology is a specialized technique used to discover what the stars and numbers reveal about your personality strengths, highest potential, inner most desires, financial fortunes, and success journey. The combination of these two ancient arts offers insight into your life's purpose, destiny, and soul purpose with the potential to guide major decisions in your life such as: making a major move, changing your career, or giving your all to a new or intimate relationship. As a bonus feature with this report, you will be provided with the most powerfully potent days to make those major decisions or to just lay low and trust in the outcome.

To receive your personalized AstroNumerology report, please remit payment in full and then follow this link (<https://embracedforlife.com/astronumerology-report>) to provide me with the information needed to complete your personalized AstroNumerology report.

** This additional step has been intentionally designed to protect your privacy and right to confidentiality by submitting your information through an online form. Please do not skip this step as you will not be re-directed after payment. I will send an e-mail reminder if this step has not been completed within 48 hours after submitting your online payment.

Healing Ministers United, PLLC

**Personalized
AstroNumerology
Reports
\$175.00**



Auricular Therapy / AuriculoMedicine - \$135.00

- 1.5-Hour Appointment
- Pre-schedule appointment online
- Please download “Auricular Therapy” in-take packet from Services page and bring to your first appointment

Pre-registration and payment Link:

<https://pay.healingministersunited.com/95499e43-9229-44db-87ac-f26>

What is Auricular Therapy?

Auriculotherapy is a technique of using points on the skin of the auricle (external ear) to assess areas of pain or medical conditions. Auricular therapy is used as an assessment tool and is often accompanied by a second witness, an additional biofeedback tool, to confirm findings. A full-service auricular therapy session includes auriculomedicine which involves electrical stimulation to the imbalanced areas of the auricle, essential oil treatments, and ear seeding. Additional treatments may be recommended based on findings.

About Auricular Therapy / AuriculoMedicine:

Practitioners all over the world use this method of assessment and treatment to support the shifting of excessive or deficient energy (Chi/Vital Life Force) that can lead to symptomology or pathology including: pain, illness, or disease.

Excessive energy may cause inflammatory symptoms such as: heat, pain, fever, irritation, or rash. Deficient energy may show up as: dry, stagnate, brittle, or solid symptoms.

Auricular acupuncture can be used to stimulate a shift in these energies to restore balance (homeostasis) in the energetic flow of the body and corresponding organs. Several issues have been successfully treated such as: alcoholism, allergies, anxiety, asthma, bladder control, constipation, depression, substance use disorders, gall bladder pain or discomfort, headaches, migraines, hemorrhoids, impotence, rheumatoid arthritis, insomnia, knee pain, PMS, shingles, sinusitis, smoking cessation and withdrawal symptoms, sore throat, stuttering, toothache, vision problems, and weight control. The United States military also uses auricular acupuncture for PTSD.

The method of treatment is to apply low voltage stimulation to overactive or deficient acupuncture points of the ear. Auricular Therapy Practitioners have been specially trained to know the anatomy of the auricle, its corresponding acupuncture points, and the voltage to use on various locations of the ear. A special tool, the point-o-select is then used to apply treatment to the concerned areas.

Although low-voltage stimulation is used, this is a non-invasive and gentle technique. Many clients report immediate results with little to no side effects, but immediate relief.

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**Auricular Therapy /
AuriculoMedicine
\$135.00**



Scan to Pay

Some contraindications apply to those with pacemakers, implanted electrical devices, experiences with seizures, or are currently pregnant, or are under the age of five.

Consumer Credit Analysis & Strategy Planning - \$175.00

- All 3 credit reports required – I can help to obtain if necessary
- One-time appointment includes consult and a written strategy plan – 1.5 to 2 Hours

Pre-registration and payment Link:

<https://pay.healingministersunited.com/9b46fa54-bb02-4fc0-87bf-f45>

Consumer credit analysis & financial strategy planning. I have spent the past ten years making mistakes and learning the hard way. I have seen my credit score go from very good down to less than 500 because I was trying to use the cards, pay off the cards, and got caught behind the eight ball with just one life glitch or setback. Racing to keep up got to be tiresome and extremely stressful.

As a courtesy service, I am now offering insight and strategy planning services to help prevent you from making the same mistakes I did. Understanding your own credit is a difficult challenge when the rules don't seem to be very clear as to what is best to improve and maintain your credit score. Paying your credit card balances in full just to lock them in a drawer or filing cabinet is not the best use of your available credit. Credit cards truly have power to work as an asset in your life. I have learned through my personal experience how to move credit cards from the "Bills" pile to the "Assets" pile. Learning how to use credit cards to your advantage is one of the services I am most proud of especially because it is empowering, stress reducing, and life-giving.

With this service, I will need access to all 3 of your credit report from TransUnion, Equifax, and Experian. You are entitled to a free annual credit report, so please do not pay for a credit report. You can download your own credit reports by visiting: <https://www.annualcreditreport.com/index.action>. If you encounter any troubles or problems doing so, I will be happy to help you get your credit reports.

Once I have access to your credit reports, I will do a full review and provide you with step-by-step instructions on: how to clean your credit report of outdated or incorrect information, how to reconcile and manage your debt, and how to improve your credit score within just a few short months. First step is to know your income and second step is to commit to the plan. Once you are out of financial hardship woods, you should be go-to-go forward with using credit cards as an asset and no longer being burdened by their balances.

Going through your credit report will take me about 3 hours in total, but I am offering a discounted rate from my regular hourly rate, because this is such an important service and opportunity. You may schedule an appointment to come to the office so we can discuss your goals and current situation

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**Consumer Credit
Analysis & Strategy
Planning
\$175.00**



before committing to a credit analysis and strategy plan. Please bring your credit reports with you to our appointment so that we can make the best use of our time together. Thank you.

Thinking about starting your own business?

I also consult on business credit and financing and have learned how to navigate the world of business credit. You may find more information on the Services page regarding business credit, starting your own business, and how to gain access to financing for your business dreams and goals. Let's talk about your dreams and goals and see if we can create a path towards meeting those dreams and goals. I will also be hosting a weekly support group designed exclusively around establishing a business credit profile and gaining access to business credit and financing.

Gua-Sha / Cupping - \$70.00

- Pre-Scheduled Appointment Required

Pre-registration and payment Link:

<https://pay.healingministersunited.com/9454da05-41ee-48c8-b220-e19>

Each session begins with Gua Sha. Gua Sha (pronounced "gwa sha") is an ancient technique that has been practiced for over 2000 years. In Chinese gua means stroke or press while, sha refers to redness. During a session a flat edge of a gemstone is scraped along the skin's surface. The motion boosts circulation and breaks up scar tissue in the treated area. Internally, Gua Sha stimulates the lymphatic system and carries away excess drainage and toxins while relaxing and toning your muscles.

Each session ends with cupping. Cupping is an ancient taoist practice that uses glass, plastic or even rubber cups to draw out stagnation and promote optimal "Qi" circulation to targeted areas. These cups are placed on the skin, and pressure is applied to create a vacuum effect within the cup, pulling the skin up and stretching the tissue. This suction force promotes blood flow to the area, and in turn facilitates healing.

Each session is tailored to your specific needs.



Iridology - Iris Analysis & Imaging - \$127.00

- Pre-schedule appointment online
- In-take and consultation required. Please download the "Iridology In-take" packet from Services page and bring with you to your first appointment.
- Iridology Assessment includes full report with treatment recommendations within 7 days of in-take, imaging, and analysis
- Iridology assessments requires two appointments: first includes iris photos and full medical history review and consultation and second includes written report & review with treatment recommendations

Pre-registration and payment Link:

<https://pay.healingministersunited.com/bfd343f1-9116-49e7-9de8-3bc>

Iridology is the study of the color, pigmentation, and structure of the iris of the eye as they relate through reflex responses to genetic strengths and deficiencies of the body systems.

What is Iridology?

Iridology is the study of the color, pigmentation, and structure of the iris of the eye as they relate through reflex responses to genetic strengths and deficiencies of the body systems.

How is Iridology used?

Iridology is a non- invasive way to recognize potential structural and functional imbalances within the body: It is an analysis tool - It is painless - It is simple

There are, of course, limitations to what Iridology can reveal...

What CAN Iridology do?

Iridology can...

reveal inherent strengths and deficiencies in organs, glands, and tissues

show a potential of an organ's ability to react to an illness

indicate potential glandular deficiencies or potential connective tissue weaknesses

Iridology cannot...

Diagnose or name a disease or identify a pathology

Determine if a person has had surgery (unless its eye and/or corneal surgery) or if an individual needs surgery

Detect blood lab work, blood pressure issues, blocked vessels, kidney stones, or gallstones

Much like Reflexology or Auricular Therapy, areas in the Iris can corresponds to different organs in the body. It is thought that the organs are connected to the Iris by an intricate neural network. Pigmentation in a given area of the Iris may reveal potential organs that are overstressed or under functioning. Pigmentation can also show if an organ is potentially predisposed to dis-ease before symptoms or pathology may appear.

Healing Ministers United, PLLC

**Iridology - Iris
Analysis & Imaging
\$127.00**



Scan to Pay

Quantum Resonance Nutrition Scan – Quantum Nutrition Scans - Body Toxicity & Organ Functioning (The Medicine Wheel) - \$99.00

- 1.5-Hour Appointment
- Pre-schedule appointment online
- Please download the “General In-take” packet from the Services page and bring with you to your first appointment

Pre-registration and payment Link:

<https://pay.healingministersunited.com/292da387-0e02-4b77-aec4-10d>

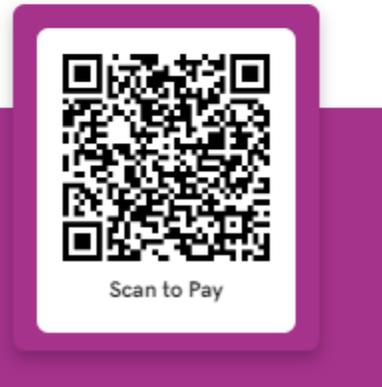
Quantum resonance nutrition scans are non-invasive, safe, and fast and are based on bio-field frequency readings. Same-day results include (not limited to): amino acids, proteins, vitamins, heavy metals, cardiovascular and organ function, and body toxicity.

Treatment plans are provided within a few days of initial scan and consult.

All scans include a printed full report and are followed by a treatment plan and recommendations for self-care.

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**Quantum Nutrition
Scans - Body Toxicity
& Organ Functioning
\$99.00**



Quantum Resonance Biofeedback (Bio-field Scan) - “The Medicine Way” A La Carte - \$289.00

- 2-Hour Appointment
- Pre-schedule appointment required
- In-take and medical / mental history review required
- Please download, complete, and bring the “General In-take” packet to your first appointment
- \$100.00 deposit required to secure appointment – cancellations or re-schedules must be completed within 48 hours of your scheduled appointment to prevent a \$50.00 cancellation or re-schedule fee. Please see HMU policies on Services page.
- Remaining balance to be paid in full at time of service - \$189.00
- Re-schedule available online

Pre-registration and payment Link:

<https://pay.healingministersunited.com/4825d2de-03d0-4b21-976b-0d7>



Our bio-resonance biofeedback scanning system is an assessment tool that can be used to determine energetic imbalances by reading your bio-field frequencies which may already be or have the potential to express as disease, illness, or malfunction within the physiological system (your body and health). In addition to locating imbalanced areas, even as deep as the cellular levels, through meta-therapy and homeopathy, we can work with your body’s energetic system to restore energetic balance to maintain homeostasis. This assessment tool can be used as either as a restorative or preventative tool to monitor and treat acute or chronic illness.

We use our body scanning system as part of our “Bio-resonance Therapy Program”, but it can also be used as a stand-alone service to assess, monitor, or treat current or potential conditions. With this 2-hour service, you will receive meta-therapy every other day for 10 days and we will provide you with a 30-day take home homeopathic remedy.

Bio-resonance body scans can also be provided remotely using a DNA sample such as hair, fingernails, or a personal item. Bio-resonance scans, meta-therapy, and homeopathy services are also available for furry family members. Please visit Services page for more information about Bio-resonance scanning for pets.

We can also work in conjunction with your current healthcare professional provider with written release of consent.

Quantum Resonance Scans for Furry Family Members - \$169.00

- Pre-schedule appointment online
- Remote scanning only using DNA samples such as: hair or nail clippings
- Payment in full required prior to appointment
- Pet parents can be present online via Zoom or Skype to witness and consult over the scan results
- Please provide DNA sample, via in-person or via mail.

Mail samples to:

Healing Ministers United, PLL
9600 W. Jewell Ave., Suite #2
Lakewood, CO 80232

Pre-registration and payment Link:

<https://pay.healingministersunited.com/a0c43963-af01-40fe-b837-649>

We offer bio-field full-body scans for furry family members.

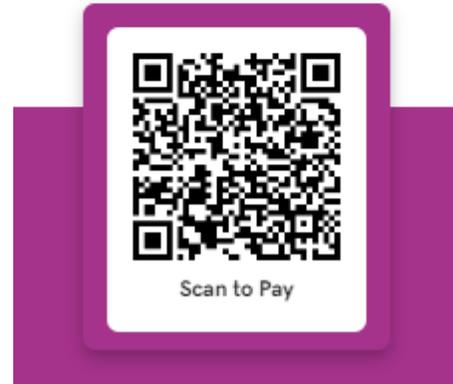
We cannot make dietary recommendations for furry family members, but we provide you with a full report of scan results to provide to your veterinarian for guidance on which foods, physical exercise, or dietary changes would best serve your family member.

Our bio-resonance body scanning, meta-therapy, and homeopathic remedies are safe and gentle and available for furry family members. Animals are much more receptive to energetic balancing than humans and have the potential to respond much more quickly to meta-therapy and homeopathic treatments. A bio-resonance body scan for yourself or your loved furry family member can be performed in-person or remotely using a DNA sample such as a sample of hair or nail clippings. Meta-therapy is available for furry family members remotely. Pet parents are welcome to participate via Zoom to watch the scan and the treatments remotely. Homeopathic remedies are for ingestion and are imprinted using natural, antioxidant, pH balanced, hydrogen and nutrient rich Kangen water which is safe and highly recommended for ingestion and hydration for humans and animals alike.

You can learn more about our water system, by visiting: <https://hmu2022.kangendemo.com/>

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**Quantum Resonance
Scan for Pets (Furry
Family Members)
\$169.00**



HMU Full-Service Wellness – Holistic Health, Biofeedback

Full Service Pkg.: AcuGraph – AcuGraph Digital
Meridian Imaging & Balancing - \$175.00

- Requires full in-take (1.5-hour session) – Download “General In-take” Packet from Services page and bring to your first appointment
- Includes treatment plan and follow-up treatments (at no additional cost) for up to 30 days - which may include nutritional recommendations, auricular therapy, gua sha / cupping, meridian balancing, crystal light therapy, far infrared light therapy, brain entrainment

Pre-registration and payment Link:

<https://pay.healingministersunited.com/90d9d042-02c2-4ccd-aa62-ae9>

Energy balancing, Qi stimulating

Ancient wisdom meets cutting edge technology in this awesome neo-biofeedback tool. AcuGraph is a digital meridian computerized imaging system used to analyze and document the energetic status of your acupuncture meridians. Acupuncture meridians are invisible energy pathways (although they have been discovered as extremely fine physiological lines in our anatomy), that have been used therapeutically for over 5,000 years across many traditions of natural medicine, to balance and restore harmony throughout body organs, nervous system function, brainwave activity, spiritual calmness, and chakra pathways.

Blockages or interference in these fine energetic lines can result in energetic imbalances that may contribute to negative health consequences. The primary goal of acupuncture is to restore energetic balance and proper energy flow to these meridians. We do not use acupuncture to stimulate these acupuncture points but do stimulate these acupuncture points using low voltage stimulation, auricular therapy, or crystal light therapy to open the chakra pathways. The purpose of restoring balance in these energy lines is to allow your body to function normally and return to health naturally.

Ramona Christine: Certified AcuGraph Practitioner

Healing Ministers United, PLLC

**AcuGraph Digital
Meridian Imaging &
Balancing
\$175.00**



Scan to Pay

Full Service Pkg.: Quantum Resonance Biofeedback & Nutrition Scans - Neo/Biofeedback - \$575.00

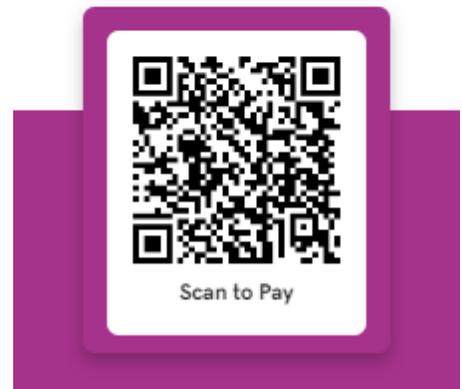
- \$287.50 deposit required to reserve appointment online.
- Requires full in-take, medical and mental health history review, and consult
- Payment in full due at time of service
- Full written report and treatment plan provided within 10 days
- Service includes: a full written report of findings, meta-therapy every 3 days for 30 days, a 30-day tailored, take-home homeopathic remedy, and a nutritional treatment plan
- Requires in-take packet. Please download, complete, and bring the “General In-take” packet to your appointment
- This service requires and includes 2 sessions (office visits)

Pre-registration and payment Link:

<https://pay.healingministersunited.com/36158f48-f229-4683-bfc5-869>

Healing Ministers United, PLLC

**Quantum Resonance
Biofeedback &
Nutrition Scans -
Neo/Biofeedback
\$287.50**



Our full-service consultation includes a bio-resonance body and nutrition scan providing us with vital information to support your every need for a plan towards wellness. The Quantum Resonance biofeedback scan shows us where in your body imbalances may potentially or are currently expressing as pathological (acute or chronic). The Quantum Nutrition scan provides us with information related to amino acids, vitamins, trace elements, organ functioning, and more to provide nutritional recommendation for microbiome wellness and to support brain functioning.

Please review our RSVP, Cancellation, Reschedule, Deposit Refund, and Payment Plan Policies on this same page.

This full-service wellness consultation works best for those wanting to know and do more to self-regulate or monitor their own overall wellness, to supplement current healthcare treatments, to address and monitor acute or chronic illness, or to be used as a preventative measure to gauge how well what you are currently doing is working for you.

Quantum Resonance Biofeedback & Nutrition Scans are also available as individual “a la carte” services.

HeartMath HRV Biofeedback (4-wk. Program) -
\$248.00

- Full-Service Consultation Online Registration requires - \$100.00 deposit
- Remaining balance to be paid in full at first session - \$148.00
- Appointment includes consult, 4-week program contract review, and partial training in preparation of heartrate variability training

Pre-registration and payment Link:

<https://pay.healingministersunited.com/a87afa80-e76a-4d49-85e8-614>

This is a four-week HeartMath® training program provided by Ramona Christine. Ramona Christine is a HeartMath® Certified Practitioner and has been trained in the Stress, Anxiety, and Emotional Management HeartMath® Program.

The HeartMath® Institute Research Center has explored the physiological mechanisms by which the heart and brain communicate and how the activity of the heart influences our perceptions, emotions, intuition, and health.

Traditionally, the study of communication pathways between the "head" and heart has been approached from a rather one-sided perspective, with the focus being primarily on the heart's responses to the brain's commands. However, the communication between the heart and brain is a dynamic, ongoing, two-way dialogue, with each organ continuously influencing the other's function. Research has shown that the heart communicates to the brain in four major ways: neurologically (through the transmission of nerve impulses), biochemically (via hormones and neurotransmitters), biophysically (through pressure waves) and energetically (through electromagnetic field interactions). Communication along all these conduits significantly affects the brain's activity and our performance.

As a Certified HeartMath® Practitioner, Ramona Christine offers a 4-week training program (for 1 hour each session) through which you will learn and practice integrating HeartMath®'s specialized techniques to monitor and self-regulate your own heart rhythms to effect emotional self-regulation when working through stress or anxiety.

Using the advanced neo-biofeedback technology of EMWave Pro Plus, you will be able to see physiological results in real-time including the pathological connections between heartrate variability, breathing rhythms, and brainwave activity. Games are available to train you in using the techniques and controlling the outcomes. Your overall experience is a learning and practice opportunity for self-regulation and not meant to cause any level of stress or anxiety.

How will you know if HeartMath® is the best service for you?

HeartMath® is a heartrate variability biofeedback tool used to teach individuals how to self-regulate their heart and brain coherence through breathing techniques that are proven to ease the effects of stress, anxiety, substance use withdrawals, day-to-day emotional experiences, and an overall sense of

Healing Ministers United, PLLC

**HeartMath - HRV
Biofeedback
\$100.00**



well-being. Additional training modalities may also be used within this 4-week training program including Alive, BrainTap, Life Coaching, Spiritually Integrated Psychotherapy, and David Delight Pro.

Ramona Christine Soriano – Certified HeartMath® Practitioner

Pastoral / Spiritual Coaching & Counseling with Ramona Christine - \$95.00 per hour

- \$50.00 consultation fee – applicable towards any future service
- In-take Packet required. Please download “Spiritual Care In-take” packet and bring with you to your first appointment

Pre-registration and payment Link:

<https://pay.healingministersunited.com/b4eeef6-4c4e-4861-8956-5fd>

There are many reasons why someone may seek out a Spiritual Coach or Counselor. Some may be searching for creative ways to solidify their own spiritual journey, some may be interested in learning new ways to connect to their higher selves, some may be struggling to navigate grief, depression, anxiety, disconnection, or a sense of abandonment, and others may be searching to heal spiritual wounds.

The reasons for seeking out a Spiritual Counselor may be many and are extremely diverse and unique to everyone. The approach of the Spiritual Counselor is to listen, to guide, and to accept an individual’s journey into their own value and belief systems while providing acceptance, guidance, and support.

Spiritual counseling is not necessarily religious. Whether religion plays a role in someone’s spirituality remains to be discovered in a Spiritual Coaching & Counseling relationship. Ramona Christine offers a variety of spiritual coaching programs which are designed to encourage a deeper dive into oneself – especially through their spiritual autobiography. A booking through this page is for a 30-minute consultation with Ramona Christine to discuss your specific needs.

Ramona Christine has served as a Hospital Chaplain at Littleton Adventist Hospital, University of Colorado Hospital, and St. Anthony’s North Hospital. She completed her Master of Divinity with an emphasis in Pastoral Care / Counseling in 2016 at the Iliff School of Theology. Ramona has worked in several areas of care including supporting victims of violence, battered women, hospice patients and families, substance use and recovery for adults, and in hospital settings for patients, their family and loved ones, and hospital staff. Your 30-minute consultation will provide you with an opportunity to get to know Ramona Christine and decide whether working with her as your support system and companion would best serve your personal needs.

Healing Ministers United, PLLC

**Pastoral / Spiritual
Coaching &
Counseling with
Ramona Christine
\$50.00**



HMU Walk-Ins Welcome – Self-Care Opportunities

Quantum Resonance Crystal Light Therapy Bed - \$68.00 (30-minute sessions)

- Walk-ins Welcome
- You may pre-schedule an appointment online
- No more than 45-minutes recommended
- Cash earning opportunity!

Crystals are conductors of energy. Far infrared light penetrates deep into tissues and muscles (and even DNA cellular structures) to re-align imbalances within the body systems. The unique and tailored mechanics of our Quantum Resonance Crystal Light Bed includes sound and vibration therapy for cellular reconstruction and activation.

Energetic imbalances within our body systems are potentially the beginning (and even physiological expressions) of disease or illness in our body's system. Thirty minutes or one hour spent receiving crystal light therapy can make a huge difference in the way you feel and function throughout the day. There are no limits to the time you spend receiving crystal light therapy. You can partake in crystal light therapy every day if you find that it makes a difference for you.

Pre-scheduling your time to receive crystal light therapy is recommended, but not required. Walk-ins are also welcome. There are a total of six of these custom crafted quantum resonance crystal light therapy beds within the state of Colorado. FYI: these are not the same as the John of God crystal light beds. They are much more advanced and hand-crafted with loving intention.

Some features include:

- 33-sided Vogel crystals
- Sound therapy – Scalar frequencies
- Vibration therapy
- 33-sided Vogel Rose quartz crystal for targeted areas

For more information about this amazing quantum resonance crystal light bed, you can meet the creator and designer by visiting: <https://www.indigometalworks.com/crystal-bed.html>.

Please visit our Services page for a cash earning opportunity when you share the love of crystal light therapy with others whom you believe may benefit from this power-house therapy.

Download the cash earning opportunity certificate here: https://img1.wsimg.com/blobby/go/8d5c714a-d593-4bc1-a98a-c16b8dc08e/downloads/QRCB_HMU_DiscountCoupon.pdf?ver=1659121915813

Healing Ministers United, PLLC

Walk-In Service:
Crystal Light Therapy
Bed
\$68.00



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BrainTap / David Delight Pro / Rife Sound Therapy -
Brain Entrainment - \$20.00

- Walk-ins Welcome
- 15 – 45 minutes of grounding, centering, and re-setting
- Choose any one of these powerful modalities

Pre-registration and payment Link:

<https://pay.healingministersunited.com/f20a4416-cde9-480f-9842-4b9>

This unique opportunity is made available for those who just want to jump out of busy mainstream to reset, relax for a few, or ground before heading out to do what they need to do. A comfortable, calming, and relaxing environment has been made available exclusively for this service. You are invited to walk in and take some self-care time to yourself. Snacks, tea, and Kangen water are available on-site.

These brain-entrainment opportunities are a way of re-directing neurological brainwaves for a literal reset. BrainTap and the David Delight Pro are cutting edge, non-invasive, and a drug-free approach to reducing discomfort through either guided meditations, color and/or sound therapy to relax, reboot, or revitalize by literally shifting brainwave activity to stimulate neuroplasticity and neurotransmitter activity.

BrainTap: Backed by neuroscience and research, braintapping with BrainTap's guided meditations has been proven to improve experiences of stress, difficulty sleeping, and fatigue by creating a symphony of brainwave activity through neuro-algorithms gently and naturally guide your brain through a spectrum of brainwave patterns to shift the busy, reactionary mind into a relaxed or calm state where true creativity, decision-making, clear focus, a heightened state of consciousness, or effective communication are awakened.

David Delight Pro (Audio-Visual Entrainment): The David Delight Pro has audio-visual brainwave stimulation to help you reduce discomfort levels, get better sleep, increase energy levels, and even combat the "blues".

Rife Sound Therapy: Rife sound therapy includes binaural beats, white, pink, or brown noise, and vibrational therapy through a set of headphones to stimulate cell activity and rebuilding. Cellular activity and rebuilding is vitally important for the immune system, blood circulation, heart health, and mental clarity. 20 – 30 minutes sitting with headphones to support a total body reset has proven to be very powerful in shifting mood, reducing the effects of stress or anxiety, and for long-term wellness.

Healing Ministers United, PLLC

**Walk-In Service:
BrainTap, David
Delight Pro / Sound
therapy
\$20.00**



QiGong Machine for Pain Management - \$15.00

- Walk-in Service
- 15 – 45-minute pain relieving sessions

Pre-registration and payment Link:

<https://pay.healingministersunited.com/debf6ee4-0376-4c0a-8aca-c70>

The Qi Gong machine is a specialized tool utilized to relieve intense, acute, or chronic body pain. 15 to 45 minutes applying this machine to painful areas of the body have been shown to relieve the pain and stimulate blood flow to that area to reduce stagnation, which is often the cause of intense pain. The Qi Gong machine is good for muscle tension headaches or migraines, or to just relax very tense areas.

Although this is a service typically used during one of our regular healthcare sessions, the Qi Gong machine is an additional service made available for those suffering with pain management. You are invited to walk in anytime to experience the benefits of the Qi Gong machine and it's pain-relieving benefits.

Thermotex Heating Pad (far-infrared therapy for Pain) - \$20.00

- Walk-in Service
- 15 – 45-minute pain relieving sessions

Pre-registration and payment Link:

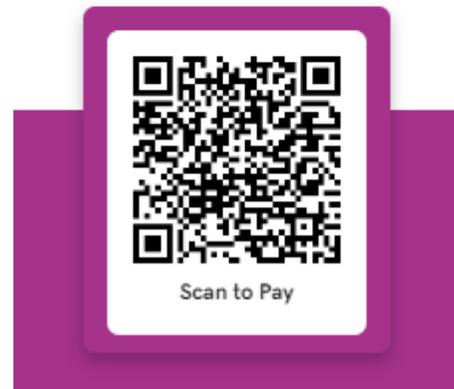
<https://pay.healingministersunited.com/b5d39849-0d3f-4789-9340-634>

The Thermotex far-infrared heating pad for therapy is a top-quality favorite among health professionals including Chiropractors, Massage Therapists, and Holistic Health Practitioners. Far infra-red penetrates deep into the muscles to stimulate blood flow and encourage the release and relief of pain or discomfort. The Thermotex heating pad is made available as a walk-in service to support wellness with some time out in a comfortable and relaxing environment where tensions from the day (or week) can be dropped off and left behind. The Thermotex heating pad is X-Large in size and fits body sizes from small to large.

You are invited and welcome to enjoy this walk-in service at any time you feel you may benefit with some time away from the busy everyday of hustle and bustle.

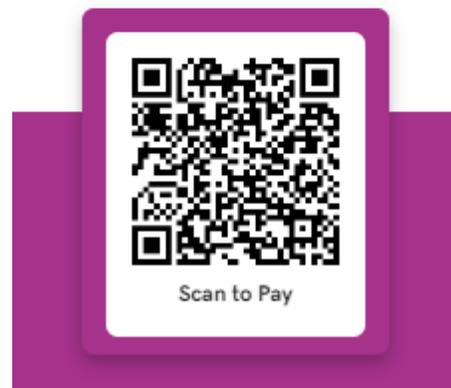
Healing Ministers United, PLLC

**Walk-In Service: Qi
Gong Machine for
Pain Management
\$15.00**



Healing Ministers United, PLLC

**Walk-In Service:
Thermotex Far
Infrared Heating Pad
(XL)
\$20.00**



Single-Channel Point Testing - \$40.00

- Walk-ins welcome
- Up to 4 items can be tested

Pre-registration and payment Link:

<https://pay.healingministersunited.com/2529db2d-5f68-436a-9186-4e1>

Single-channel point testing uses acupuncture points to determine whether your body has a reaction to any substance or food it is exposed to or ingested. This is especially helpful when trying to figure out if you are allergic to something or if a supplement or medication you are taking, or considering taking, will really be helpful for you. You can bring 4 items in to be tested (no appointment is necessary) including food, medications, or supplements and we will test to see if you have an inflamed response to any of these items. An inflamed response indicates an allergic or a negative reaction.

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**Walk-In Service:
Single-Channel Point
Testing (4 items)
\$40.00**



Weekly Wellness Support & Gathering Groups - \$45.00

Self-Care Sundays – Life & Spiritual Coaching Support Group

Sundays 11am – 1pm (Heart time according to the Circadian Clock)

- Pre-Register Online Only
- Seating for 12 (15 Max)
- Snacks, Kangen Water, and tea on-site
- Please download and bring the “Sunday Group” agreements to group. This is a one-time only requirement for all groups. Thank you.

Check Calendar of Events prior to attending a group for last-minute cancellations and/or updates to group content.

Calendar of Events Link:

<https://healingministersunited.com/calendar-of-events>

Pre-registration and payment Link:

<https://pay.healingministersunited.com/aa85945c-b68f-4e08-8eb1-e0d>

Our very first support group will be held on Sunday, July 17, 2022 and will continue every Sunday from then on forward. In this group, we will share and engage in topics concerning spiritual wellness, how to attain spiritual wellness, what works for you and what doesn't. We can further discuss the difference between spirituality and religiosity.

This group will be led by Ramona Christine, a Pastoral and Spiritual Care Provider and a Certified Life Coach. A favorite topic to start off the group involves our spiritual autobiography. Topics will include:

Can we name our beliefs and values?

Do we recognize their impact on our lives (both good and bad)?

Where / how did our beliefs and values emerge?

Who was (is) the most powerful and influential individual in our lives?

When did we become aware of our own autonomy (right to make independent choices for ourselves)?

Included in this support group are opportunities to integrate new skills and spiritual practices that are not aimed or focused on any specific religious tradition but are based on nurturing our personal wellness in confidence that we can navigate an unpredictable world full of chaos, change, unexplained occurrences, or disconnection as vulnerable or confused, but, yet, powerful, intuitive, and intellectual human beings.

This group is planned to be held every Sunday continuing and building upon topics discovered in group relationships and conversations.

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**Self-Care Sunday
Support Groups (11am
- 1pm)
\$45.00**



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I look forward to seeing you there! If you pre-register and plan to attend, feel free to send an email to ramona.christine@embracedforlife.com to let me know your preference for snacks or drinks. Thank you again.

Sunday Sobriety: Life Coaching, Sobriety Mentoring & Coaching

- 4pm – 6pm (Bladder / Kidney Hours according to the Circadian Clock) – Detox Organs
- Seating for 12
- Snacks, Kangen Water, and tea on-site
- Please download and bring the “Sunday Group” agreements to group. This is a one-time only requirement for all groups. Thank you.

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**Sunday Group:
Sunday Sobriety (4pm
- 6pm)
\$45.00**

Check Calendar of Events prior to attending a group for last-minute cancellations and/or updates to group content.

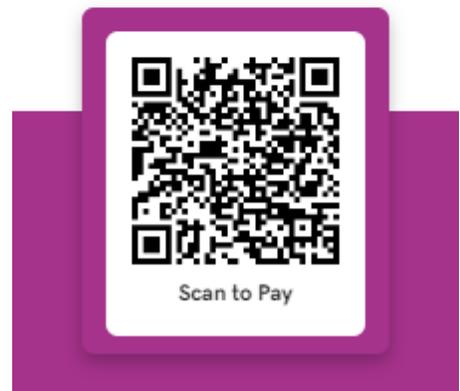
Calendar of Events Link:

<https://healingministersunited.com/calendar-of-events>

Pre-registration and payment Link:

<https://pay.healingministersunited.com/6d4c184f-b1e4-4494-b77d-222>

Keywords: Detox, Sobriety, Mentoring, Coaching. What do you think of when you hear these words? Do they make you queasy, uneasy, or do they stress you in some way?



The need to access support systems or groups while working diligently to maintain your sobriety (even if it's been years) is an amazingly powerful step on your part! Ramona Christine is a Certified Addiction Technician (CAT) and is a CAS candidate. She will be guiding the group discussions in search of authenticity, honesty, and wisdom which comes from those who have traveled the road (as they would say). Support in groups is a powerful way to discover new things about oneself, support others who are looking for a fork in the road, and to enjoy celebratory moments of success, laughter, failure, and achievement.

Coming together in support of each other is a good thing in today's society where there are too many lingering and unanswered questions. As a Holistic Health Practitioner, Ramona Christine will also be sharing information as to how to support the body, brain, spirit, and gut health especially after prolonged ingestion of toxins – not just substances either! The ingestion of toxic substances includes eating “dead” food, drinking contaminated water, breathing in bad air, and believing or living on a day-to-day basis with negative and defeating thoughts or beliefs. There are so many ways in which we harm ourselves without a second thought because as we accept and integrate, we lose sight of our options.

This group is expected to be very fun! There is a lot to learn, and everyone brings something valuable to the table. I look forward to seeing you there. If you pre-register and plan to attend, feel free to send an email to ramona.christine@embracedforlife.com to let me know your preference for snacks or drinks. Thank you again.