



Iridology

"The eyes are the window to your soul."

- Traditional Proverb

What is Iridology?

Iridology is the study of the color, pigmentation, and structure of the iris of the eye as they relate through reflex responses to genetic strengths and deficiencies of the body systems.

We DO NOT Diagnose

We DO NOT Identify Pathology

We offer a road map to lead you to optimal health and wellness!

How is Iridology used?

Iridology is a non-invasive way to recognize potential structural and functional imbalances within the body.

- It is an analysis tool
- It is painless
- It is simple for client and patient

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What **CAN** Iridology do?

- Can reveal inherent strengths and deficiencies in organs, glands and tissues
- Can show a potential of an organ's ability to react to an illness
- Can indicate potential glandular deficiencies or potential connective tissue weaknesses

What Iridology **CANNOT** do?

- Diagnose or name a disease or identify a pathology
- Determine if a person has had a surgery (unless eye/ corneal surgery) or needs surgery
- Blood lab work, blood pressure, blocked vessels, kidney stones or gall stones



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Much like Reflexology or Auricular Therapy, areas in the Iris can correspond to different organs in the body. It is thought that the organs are connected to the Iris by an intricate neural network. Pigmentation in a given area of the Iris may reveal potential organs that are overstressed or under functioning. Pigmentation can also show if an organ is potentially predisposed to dis-ease before symptoms or pathology may appear.

Eye color can tell a practitioner a lot about the client. Based on the color, we can see potential deficiencies in organ systems e.g green eyes (Biliary Type) can show potential insufficiencies of the liver and gallbladder. The iris can also show an individual's tendency towards vital life force and ability to adapt to stress. For example, the tighter the iris fibers the more resilient an individual may be. Light/White shading in the Iris can depict potential over activity or inflammation in the body. There are many other Iris signs that can be seen to analyze your body system.



Tight Fibers
More Resilient



Less Fibers
Less Resilient

What to expect in a session?

We will ask your permission to manually observe your eyes or will take photographs of your irises. Together, we will analyze your eyes for strengths and deficiencies. After we will recommend a plan specific to you.