

9600 W. Jewell Ave., Suite #2
Lakewood, CO 80232
Office: (720) 328-4074 | Fax: (720) 381-0390
Web: <https://healingministersunited.com>
Support: healingforlife@healingministersunited.com

Healing Ministers United, PLLC



_____ **Follow-Up Appointment**

Date: _____ Session #: _____ ID: _____

_____ **Informed Consent**

Ramona Christine received her Auricular Therapist training at the Institute of Bioenergetic Medicine in Littleton, Colorado and is certified by The Auriculotherapy Certification Institute in Los Angeles, California. Auricular therapy is the non-invasive, low-voltage electrical stimulation of acupuncture points on the ear. Auricular acupuncture points have direct neurological connections to the human body, organs, and systems. AuriculoMedicine is the treatment of these acupuncture points using various low-voltage ratios to either stimulate or hinder energetic movement throughout these pathways. An excess of energetic movement reveals inflammation or pain in that area, while low energetic movement may indicate low functioning of that neurologically connected organ. Auricular therapy has been proven to be effective on many psychological, physical, spiritual, and chemical responses/reactions in the body. It has been proven especially useful in treating psychological and emotional disorders such as: PTSD, depression, anxiety, and phobias. You may download the informational flyer by [clicking here](#).

Used by itself or in conjunction with other forms of treatment, Auriculotherapy is a very safe and often effective form of treatment. Side effects are extremely low because, as a natural form of treatment, Auriculotherapy does not involve drugs or surgery. Your practitioner's choice to use Auriculotherapy for your condition is evidence of a commitment to provide the best possible treatment in the form of a safe, natural therapy. Some indications do apply. Auricular Therapy is not recommended for anyone with electrical, low-voltage implants, anyone who is (or may be) pregnant, or anyone under the age of ten (10).

Auriculotherapy is most commonly used for pain control, addictions and cravings, weight loss, and help with mental or emotional problems. Points and protocols exist for the treatment of many internal disorders as well. Because auriculotherapy can address any part of the body, nearly any problem can be treated by Auriculotherapy as a primary or complimentary form of care.

Auriculotherapy In-Take Packet

Client Name: _____

Address: _____

City: _____

State, Zip: _____

Phone: _____

Email: _____

Birthdate: _____

Sex: M F

Handedness: L R

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Primary Complaints:

Current Medications/Supplements:

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

**** Cannot perform Auriculotherapy if Client is taking cortisone, immune suppressants, or antibiotics.**

Are you currently taking any cortisone, immune suppressants, or antibiotics? Y N

Please list all physical scars on your body:

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

Which natural or alternative therapies have you tried in the past? What worked and what didn't?

Printed Name: _____

Date: _____

Signature: _____

**** Please complete the "Symptom Survey" form that follows.**

Symptom Survey

Name: _____ Date: _____

Instructions: Circle the number that applies to you. If a symptom doesn't apply, leave it blank.

One (1) – for mild symptoms, occurs once or twice a month

Two (2) – for moderate symptoms, occurs several times a month

Three (3) – for severe symptoms, you are aware of it almost constantly

Group One					
Acid foods upset	1 2 3	Gag easily	1 2 3	Appetite reduced	1 2 3
Get chilled often	1 2 3	Unable to relax, startles easily	1 2 3	Cold sweats often	1 2 3
“Lump” in throat	1 2 3	Extremities cold, clammy	1 2 3	Fever easily raised	1 2 3
Dry mouth-eyes-nose	1 2 3	Strong light irritates	1 2 3	Nerve / burning pains	1 2 3
Pulse speeds after meal	1 2 3	Urine amount reduced	1 2 3	Staring – blinks little	1 2 3
Keyed-up – fail to calm	1 2 3	Heart pounds after going to bed	1 2 3	Frequent sour stomach	1 2 3
Cuts heal slowly	1 2 3	“Nervous” stomach	1 2 3		

Group Two					
Joint stiffness after getting up	1 2 3	Digestion is rapid	1 2 3	“Slow starter”	1 2 3
Butterfly stomach, cramps	1 2 3	Frequent vomiting	1 2 3	Seldom is chilled	1 2 3
Eyes or nose watery	1 2 3	Frequent hoarseness	1 2 3	Perspires easily	1 2 3
Eyes blink often	1 2 3	Irregular breathing	1 2 3	Circulation poor, sensitive to cold	1 2 3
Eyelids swollen / puffy	1 2 3	Pulse slow, feels irregular	1 2 3	Subject to colds, asthma, bronchitis	1 2 3
Indigestion soon after meals	1 2 3	Difficulty swallowing	1 2 3	Alternating constipation, diarrhea	1 2 3
Always seem hungry, feel light headed often	1 2 3				

Group Three					
Eat when nervous	1 2 3	Eating relives fatigue	1 2 3	Awaken after a few hours of sleep – difficulty getting back to sleep	1 2 3
Excessive appetite	1 2 3	Light-headed if meals delayed	1 2 3	Crave candy or coffee in afternoon	1 2 3
Hungry between meals	1 2 3	Heart palpitations if meals missed or delayed	1 2 3	Moods of depression – blues or melancholy	1 2 3
Irritable before meals	1 2 3	Afternoon headaches	1 2 3	Abnormal craving for sweets or snacks	1 2 3
Get “shaky” if hungry	1 2 3	Overeating sweets upsets	1 2 3		



Group Four					
Hands or feet go to sleep easily	1 2 3	Afternoon “yawner”	1 2 3	Bruise easily – black/blue spots	1 2 3
Sigh frequently, air hunger	1 2 3	Get drowsy often	1 2 3	Tendency to anemia	1 2 3
Aware of breathing heavily	1 2 3	Swollen ankles, worse at night	1 2 3	Nose bleeds frequently	1 2 3
High altitude discomfort	1 2 3	Muscle cramps, worse during exercise, get Charlie Horses	1 2 3	Noises in head or ringing in ears	1 2 3
Opens windows in closed rooms	1 2 3	Shortness of breath on exertion	1 2 3	Tension under the breastbone or feelings of lightheadedness – worse on exertion	1 2 3
Susceptible to colds / fevers	1 2 3	Dull pain in chest or radiating into left arm – worse on exertion	1 2 3		

Group Five					
Dizziness	1 2 3	Blurred vision	1 2 3	Stools are light colored	1 2 3
Dry Skin	1 2 3	Itching skin or feet	1 2 3	Skin peels on foot soles	1 2 3
Worrier, feels insecure	1 2 3	Excessive falling hair	1 2 3	Pain between shoulder blades	1 2 3
Feeling queasy, headache over eyes	1 2 3	Frequent skin rashes	1 2 3	Use laxatives	1 2 3
History of gallbladder attack or gallstones	1 2 3	Bitter, metallic taste in mouth in mornings	1 2 3	Stools alternate from soft to watery	1 2 3
Sneezing attacks	1 2 3	Bowel movements painful	1 2 3	Nightmares / bad dreams	1 2 3
Burning feet	1 2 3	Greasy foods upset	1 2 3	Bad breath (halitosis)	1 2 3
Mild products cause distress	1 2 3	Sensitive to hot weather	1 2 3	Burning or itching arms	1 2 3
Craving sweets	1 2 3				

Group Six					
Loss of taste for meat	1 2 3	Coated tongue	1 2 3	Mucous colitis or irritable bowel	1 2 3
Lower bowel gas, several hours after eating	1 2 3	Pass larger amounts of foul smelling gas	1 2 3	Gas shortly after eating	1 2 3
Burning stomach sensations, eating relieves	1 2 3	Indigestion ½ to 1 hour after eating, may be up to 3 – 4 hours	1 2 3	Stomach bloating after eating	1 2 3



Group Eight					
Muscle weakness	1 2 3	Diminished urination	1 2 3	Redness of palms, hands, and bottoms of feet	1 2 3
Lack of stamina	1 2 3	Tendency to consume sweets or carbohydrates	1 2 3	Visible veins on chest and abdomen	1 2 3
Drowsiness after eating	1 2 3	Muscle spasms	1 2 3	Hemorrhoids	1 2 3
Muscular soreness	1 2 3	Blurred vision	1 2 3	Apprehension (feelings that something bad is going to happen)	1 2 3
Rapid heart beat	1 2 3	Loss of muscular control	1 2 3	Nervousness causing lack of appetite	1 2 3
Hyper irritable	1 2 3	Numbness	1 2 3	Gastritis	1 2 3
Feelings of a band around your head	1 2 3	Night sweats	1 2 3	Forgetfulness	1 2 3
Melancholia (feeling of sadness)	1 2 3	Rapid digestion	1 2 3	Thinning hair	1 2 3
Swelling of ankles	1 2 3	Sensitivity to noise	1 2 3		

Female ONLY					
Very easily fatigued	1 2 3	Depressed feelings before menstruation	1 2 3	Menstruates too frequently	1 2 3
Premenstrual tension	1 2 3	Excessive and prolonged menstruation	1 2 3	Vaginal discharge	1 2 3
Painful menses	1 2 3	Painful breasts	1 2 3	Hysterectomy / ovary removal	1 2 3

Male ONLY					
Prostate trouble	1 2 3	Depression	1 2 3	Lack of energy	1 2 3
Urination difficult / dribbling	1 2 3	Pain on inside of legs / heels	1 2 3	Migrating aches and pains	1 2 3
Frequent night urination	1 2 3	Feelings of incomplete	1 2 3	Tires too easily	1 2 3

Important: Please list below, the five main physical complaints you have, in order of their importance.

Recommendations:

- _____ Thyroid Test
- _____ pH Test
- _____ Coco Pulse Test
- _____ 9 Element Auricular Exercises

