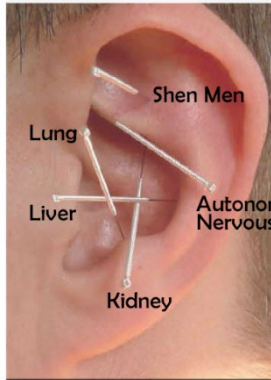


Ramona C. Soriano, ADS
AcuDetox Specialist
ADS Number: 15972



Whole-Person Care
Health & Wellness Center
Holistic Healthcare & Psychotherapy

Healing Ministers United, PLLC



The **AcuDetox (NADA Protocol)** is an auricular acupuncture protocol that has been researched, tested, and proven to assist with experiences of trauma, anxiety, stress, depression, and/or substance withdrawal symptoms. The process involves the insertion of five very small acupuncture needles into specific areas of the ear (i.e. Kidney, Lung, Liver, Shen Men, and the Parasympathetic Nervous System). These areas of the auricle (the ear) have been recognized across the world, generations, and healing traditions as being neurologically interconnected and beneficial to the energetic healing system.

The benefits of experiencing the AcuDetox (NADA Protocol) are many. First and foremost is the ability to nurture your inner emotional experiences without having to talk about it with anyone. Second, the NADA protocol is experienced in a group setting. Group settings have powerful healing potential because of the energetic experiences between and among individuals while in the same space. When entering this group setting, we hope that you allow your heart's intention to guide your way into this group setting. Your energies perpetuate the energy within the room and group experience.

Desires for release, reprieve, serenity, peace, healing, or comfort are natural and normal in the human experience. We ask that you allow and trust the process. Experiencing the NADA protocol is meant to be personal, deep, and meditative. Healing Ministers United, PLLC offers affordable (\$9.00) NADA groups and we also integrate other natural healing treatments into our NADA group experience including aromatherapy (infused essential oils), sound therapy (including tuning forks, singing bowls, etc.), prayers, anointing (with your permission), and/or guided or recorded meditations.

We ask that you eat something and drink plenty of water before attending a NADA group. We also provide snacks, dark chocolate, and Enagic Kangen Water® (hydrogen-rich, pH balanced) drinking water on site for our NADA group attendees.

We highly recommend nourishing your experience with SleepMix Tea, Detox Foot Pads, and/or Magnetic Ear Seeds. We have all available for sale on site. **Note:** We offer 1 pair of complimentary magnetic ear seeds for placement just behind the Shen Men point (with your permission). Ear seeds typically remain adhered for a few days. We do not recommend wearing ear seeds for longer than 7 days. We do recommend frequently stimulating the ear seeds at your own comfort level.

Possible Side Effects:

- Redness or bleeding in the ear
- Light headedness
- Sleepiness
- Emotional release

Note: Everyone's experience will be different and unique to them. You may experience any, all, or none of these symptoms. Emotional releases may or may not be experienced. Please reach out to Ramona or Meghan if you would like some time to process.

Print and sign this document and bring it with you to attend our next AcuDetox NADA group.

Signature: _____ Date: _____

EFL Anointing Oil (Heart, Detox, and Serenity Formula) - \$7.00
Magnetic Ear Seeds (Silver or Gold) – 5 pair for \$5.00

Foot Detox Pads - \$15.00
SleepMix Tea (10 bags) - \$3.00

Bundle Pack (Includes all the above) - \$25.00 (\$5.00 savings)