

Drop Down & Give Me 5... Strokes that is.

Name
Current Handicap
Handicap Goal
Timeframe Goal
•

Big, Hairy, Audacious Goal

BHAG

Can be a handicap, win club championship, beat a certain score, etc.

Use a blank scorecard every round to track your stats



	Hole	1	2	3	4	5	6	7	8	9	Out		10	11	12	13	14	15	16	17	18	In	Total			
V	Macdonald Smith	396	385	162	443	539	194	493	170	467	3249	I N	536	466	434	231	333	455	183	400	479	3517	6766	М	73.8	/ 139
IV	Jack Neville	390	381	160	413	533	188	493	145	437	3140	I	520	435	418	213	333	433	176	388	473	3389	6529	М	72.7	135
III	Legacy	360	375	158	366	521	177	483	134	402	2976	I A	469	386	384	189	321	420	157	366	466	3158	6134		70.7	
	Men's Handicap	4	14	12	6	10	8	18	16	2		L	13	1	5	7	11	3	15	9	17					
Sc	ore																W.									Γ
Fa	irway +/-	mism	ek	d'a	ook	leg	184	ey	rty.	way			Vist	- 60	Daks	VOR	us R	пон	Prae	lty.	Street					T
Gı	reen +/-	Opto	C	S	O	D	5	Va	Sho	Hall			Ionte	S	The	Reser	alyp	Can	Sace	Pen	оше					T
#	of Putts												Plant				E				H					
	Par	4	4	3	4	5	3	5	3	4	35		5	4	4	3	4	4 5	3	4	5	36 37	71 72	Hdep	Net	T
La ins	g putt side 3'? +/-													- 4												T
		Ins	ide	e of	30) yo	ds																			
#	of Chips																									
Gr	een hit?																									
II	William Watson	360	346	140	353	449	161	476	123	372	2780		435	353	327	159	312	407	145	334	430	2902	5682		68.7 /	
I	John "Pop" Smith	330	342	116	305	393	124	428	115	340	2493		435	349	321	133	276	393	122	334	396	2759	5252	M	66.8	/ 12
	Ladies Handicap	6	10	14	12	4	16	2	18	8			1	7	11	15	9	5	17	13	3					

- 1. Track your score.
- 2. Enter a +/- for Fairways hit and add up total.
- 3. Enter a +/- for Greens in regulation and add total.
- 4. Enter your number of putts on each hole.
- 5. For putting, did you get your first putt within 3 feet of the hole? At the end find your X out of X stat. (3 of 10 etc)
- 6. If you missed the green and are inside 30 yards, track how many chips/bunker/pitch shots it took to get to the green.
- 7. Plus / minus on if you were successful on reaching the green with the chip / shot. At the end get your X out of X on this stat.

First 5 Rounds

Date / Course	Score	# of Fairway s Hit	# of Greens Hit	# of Putts	Lag putts inside 3' (X made of X total)	Inside 30yds (X made of X total)

After 5 rounds see where you are losing strokes.

- Keep 3 putts to a minimum or none
- Should get every chip shot inside 30 yards onto the green
- How is your speed on the lag putts?
- Are you missing a lot of fairways?



If you are high on number of chip shots, are you selecting the right shot? Or do you need to work on execution?

Notes:

Next 5 Rounds

Date / Course	Score	# of Fairwa ys Hit	# of Greens Hit	# of Putts	Lag putts inside 3' (X made of X total)	Inside 30yds (X made of X total)

Are you seeing improvement in some stats?

- Keep 3 putts to a minimum or none
- Should get every chip shot inside 30 yards onto the green
- How is your speed on the lag putts?
- Are you missing a lot of fairways?



Are you giving yourself easy 2nd putts with your lags?

Notes:

KNOW YOUR YARDAGES

CLUB	Ave Dist	Max Dist
	× 2	
	3 2	7
		100
		- 1
		-
	N 10	
	v 5	

	^	-	c.
N	OΤ	E	S:

PUTTING PRACTICE



- 3 Footers around hole: MY GOAL:
- 5 Footers around hole: MY GOAL:
- 10 Footers uphill / downhill: MY GOAL:
- 20 Footers uphill / downhill: MY GOAL (ex lag putt within 12"):

Long Lag putting: MY GOAL:

LESSON NOTES



My Tendencies:

What to work on now:

Long Term Goals:

RANGE PLAN



- Check my GAS
- Grip
- Alignment
- Stance
- Today I will focus on:
- 1.
- 2.
- 3.

NOTES