



**Raising Microbes—The Secret to
Your Own “Living Soil”
(7 Jun 25)**

HUGE Topic!!!

- www.Libertytracefarm.com
- References “Books and Resources” Tab
- Slides “Living Soil” Tab
- Links Last Year’s Presentations (2024)
 - (Beginner & Advanced)

Objectives

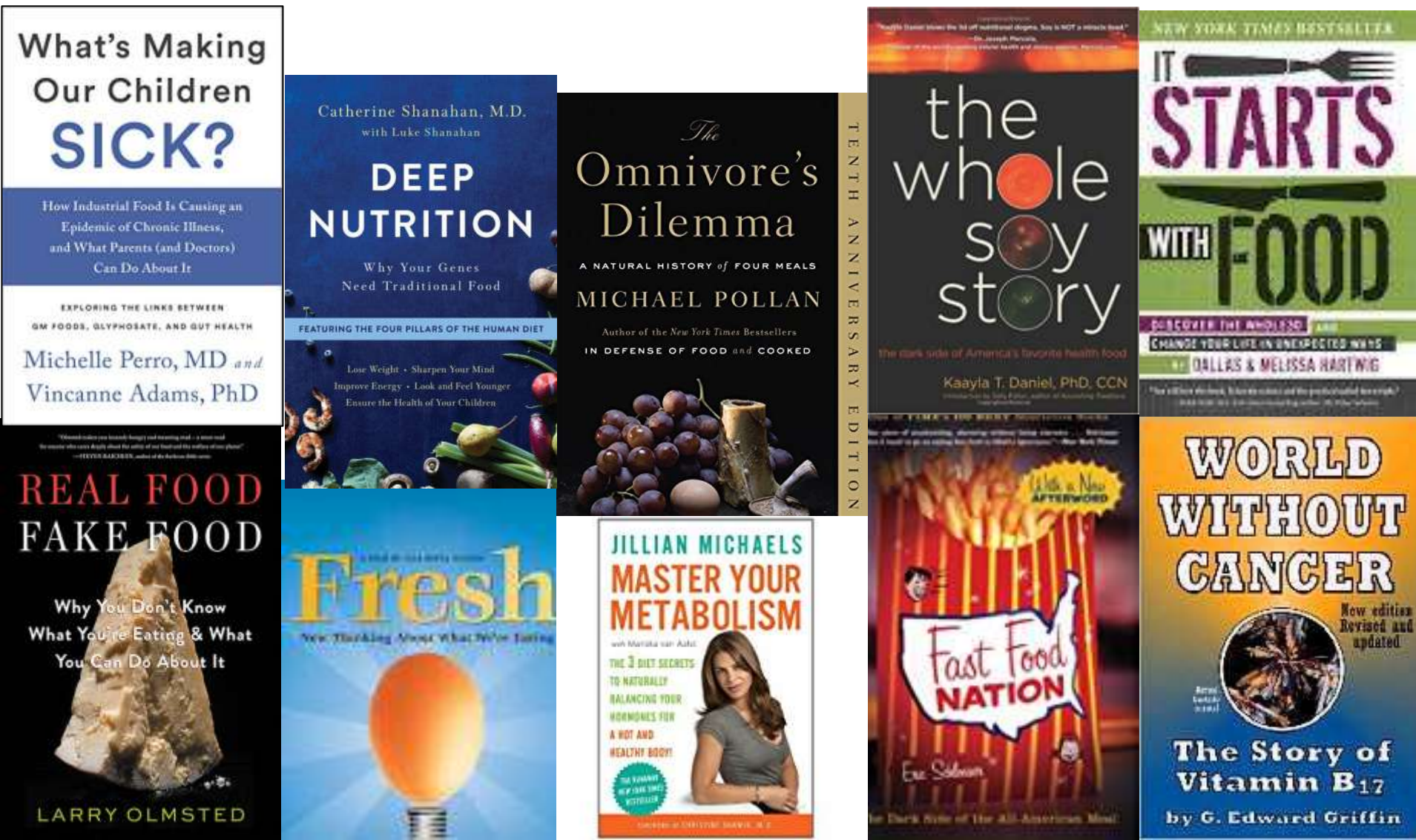
- Brief Background
- Importance of Microbes in Soil
- How to Raise Your Own Microbes

—Owen Gleiberman, *Entertainment Weekly*

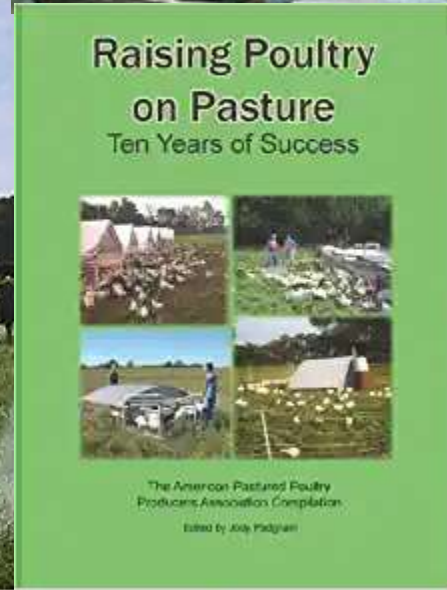
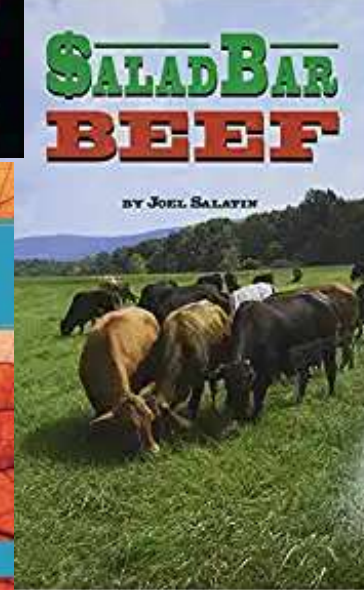
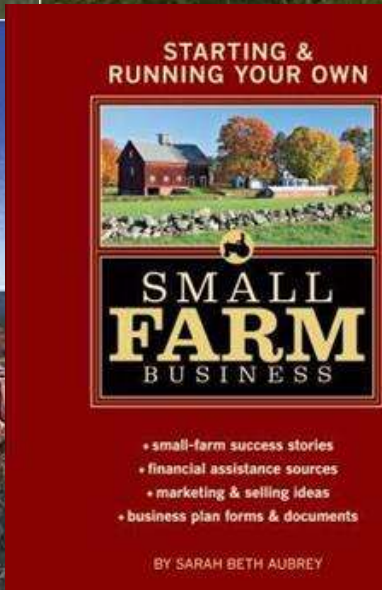
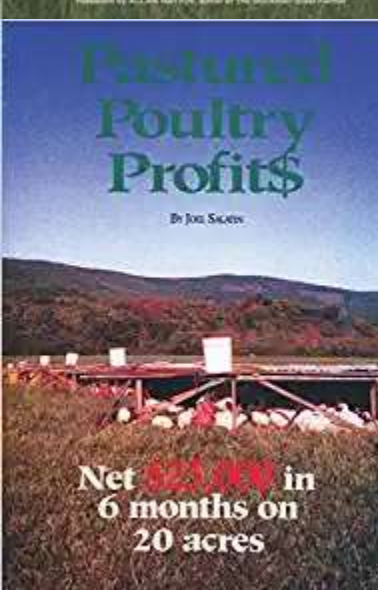
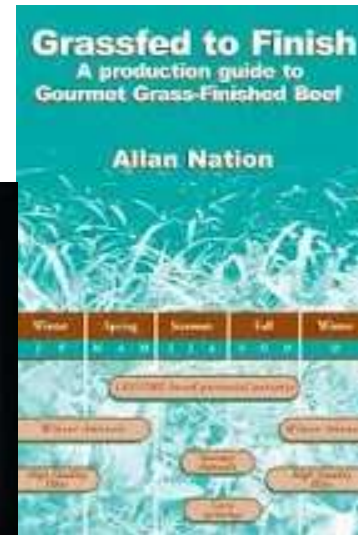
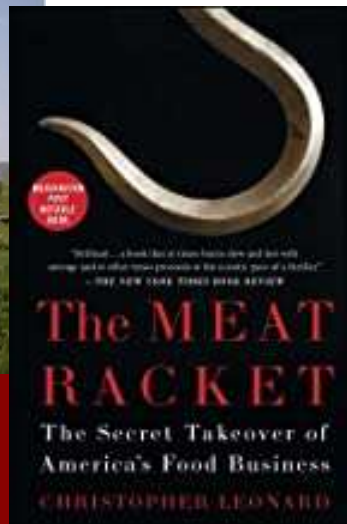
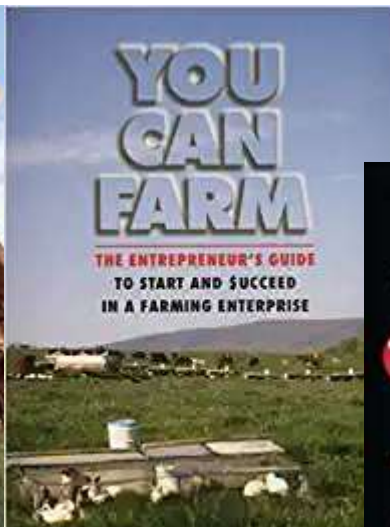
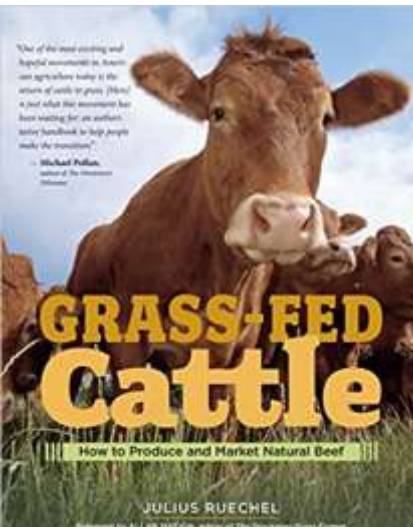
A ROBERT KENNER FILM

[illegible]

2008 and Every Day Since...

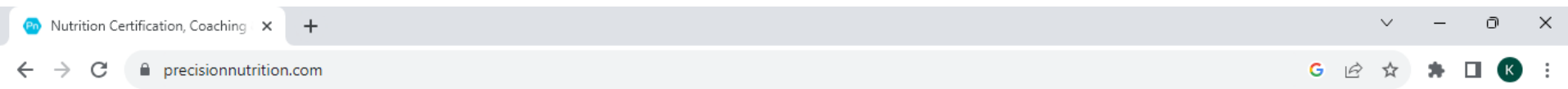


Let's Start a Farm!





Health/Nutrition Coach



1-to-1 Coaching Certifications Resources and Articles

Precision Nutrition is the home of the world's top nutrition coaches.

Transforming lives and certifying professionals since 2005.



The New York Times

THE
HUFFINGTON
POST

Women'sHealth.



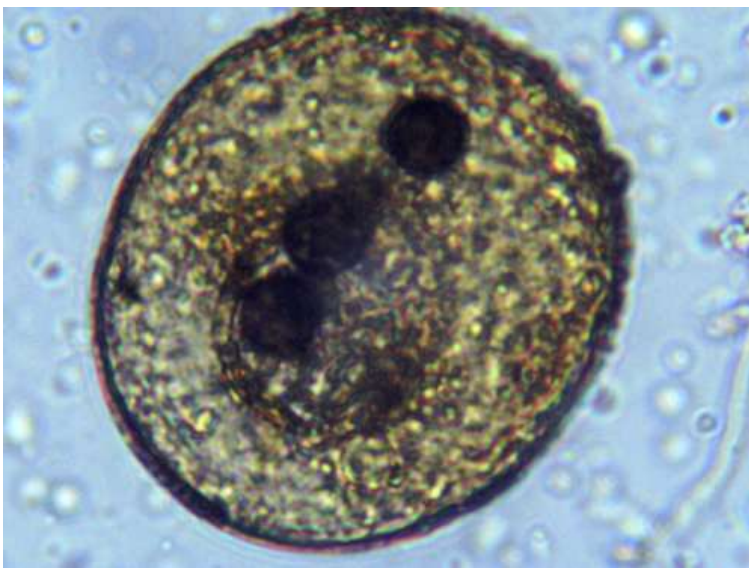
TIME





Dr. Elaine Ingham (PhD in 1981)

- Soilfoodweb School
 - Fundamental Courses
 - Certified Lab-Tech
 - Consultant Training Program
 - **Microbiome**
 - Make **biological** amendments
 - Microscopy
 - Turn dirt to soil

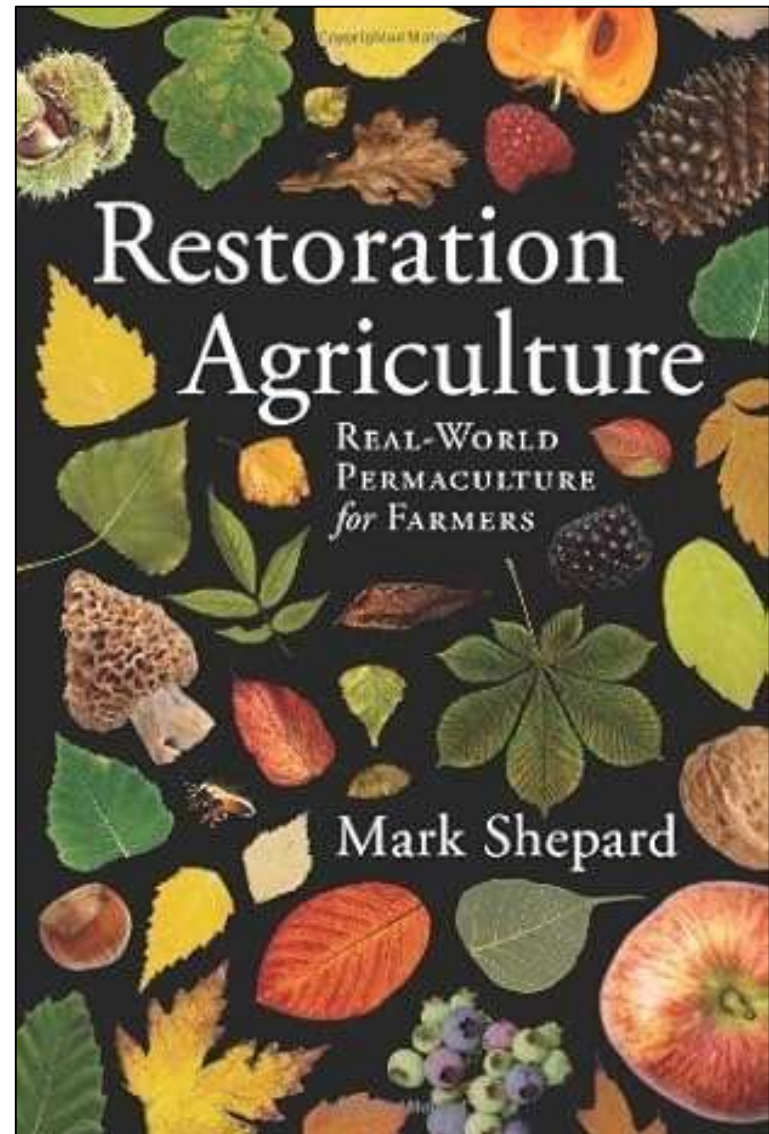
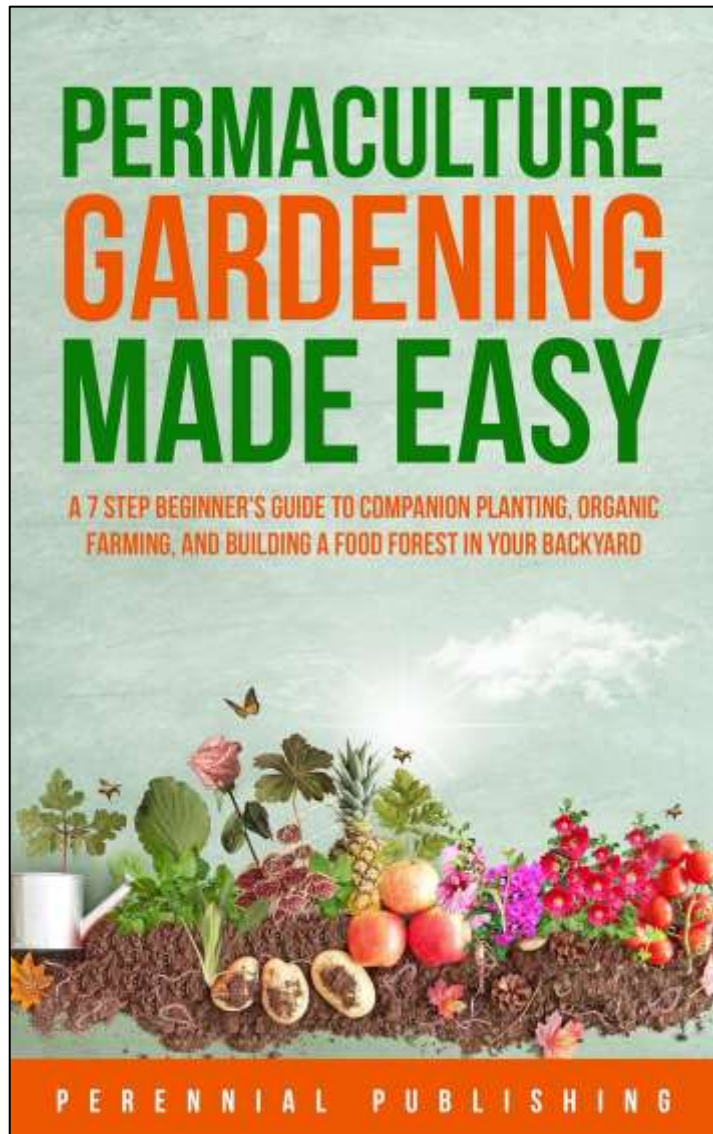


- Korean Natural Farming—Chris Trump
 - 2000 years of Korean/Japanese farming
- **Biology is most important ingredient**



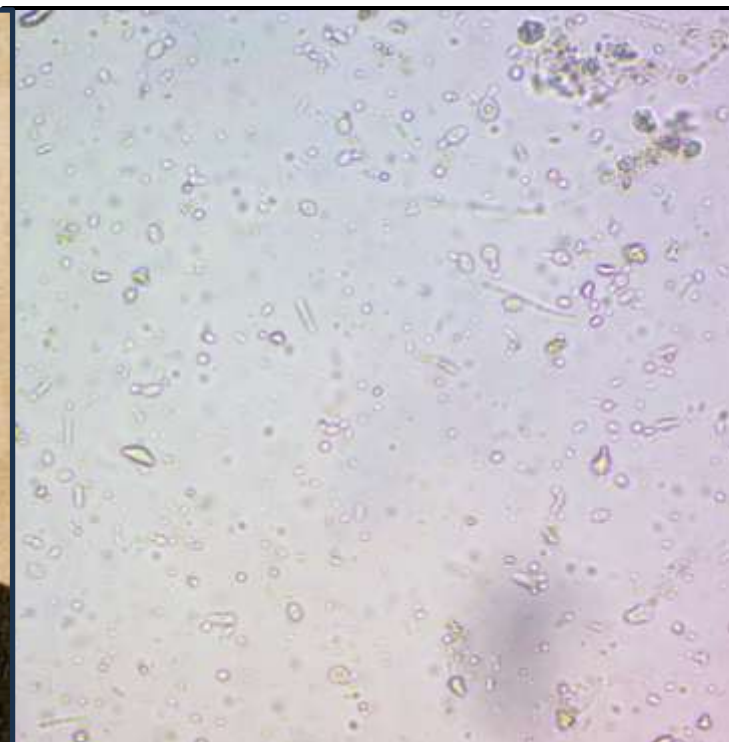
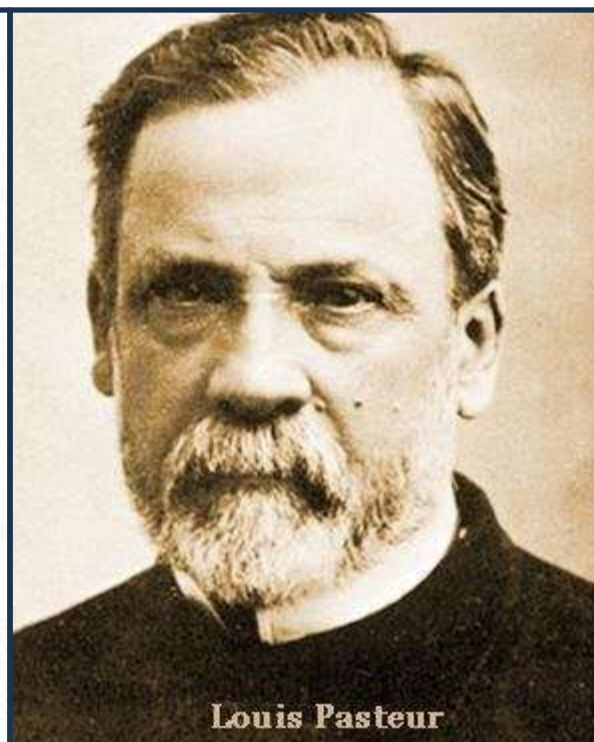
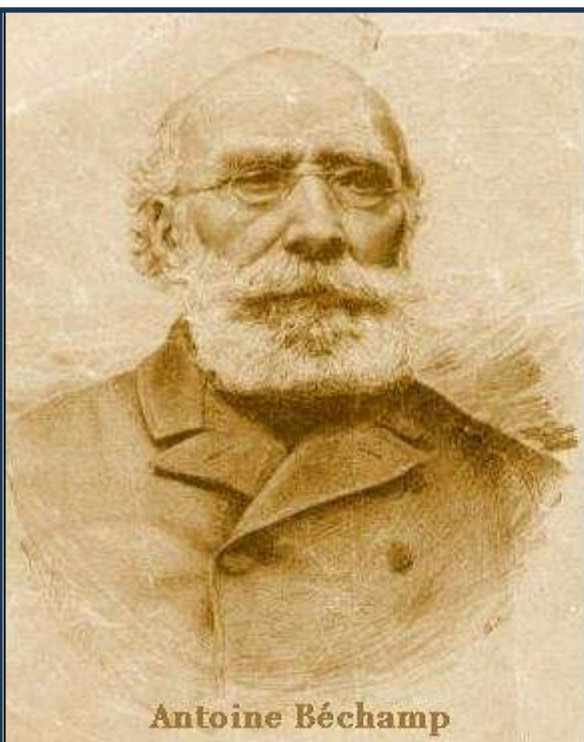


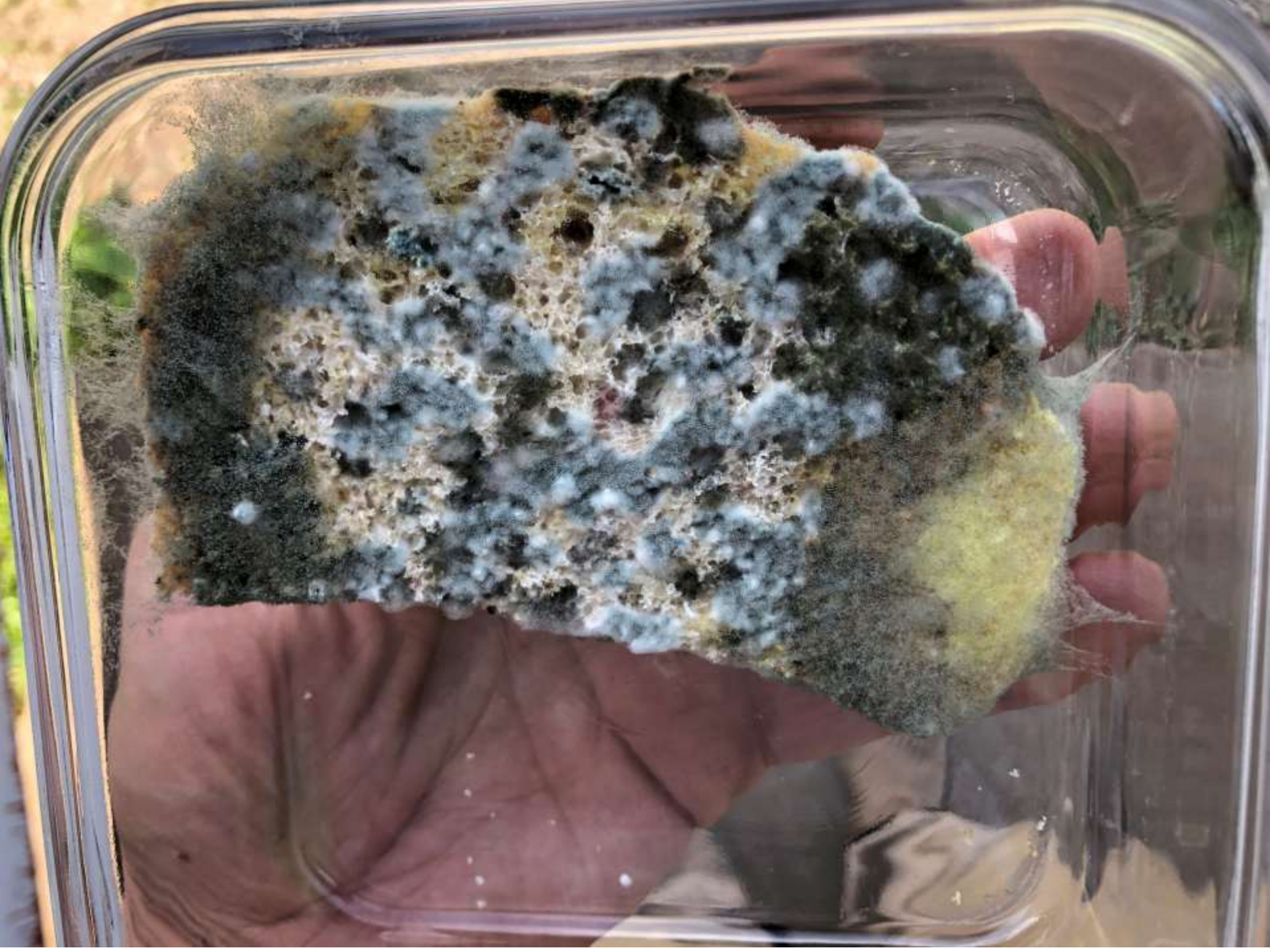
Permaculture for the Homesteader



Hmmm—"Germs"

- Dr Louis Pasteur—"Germ Theory"

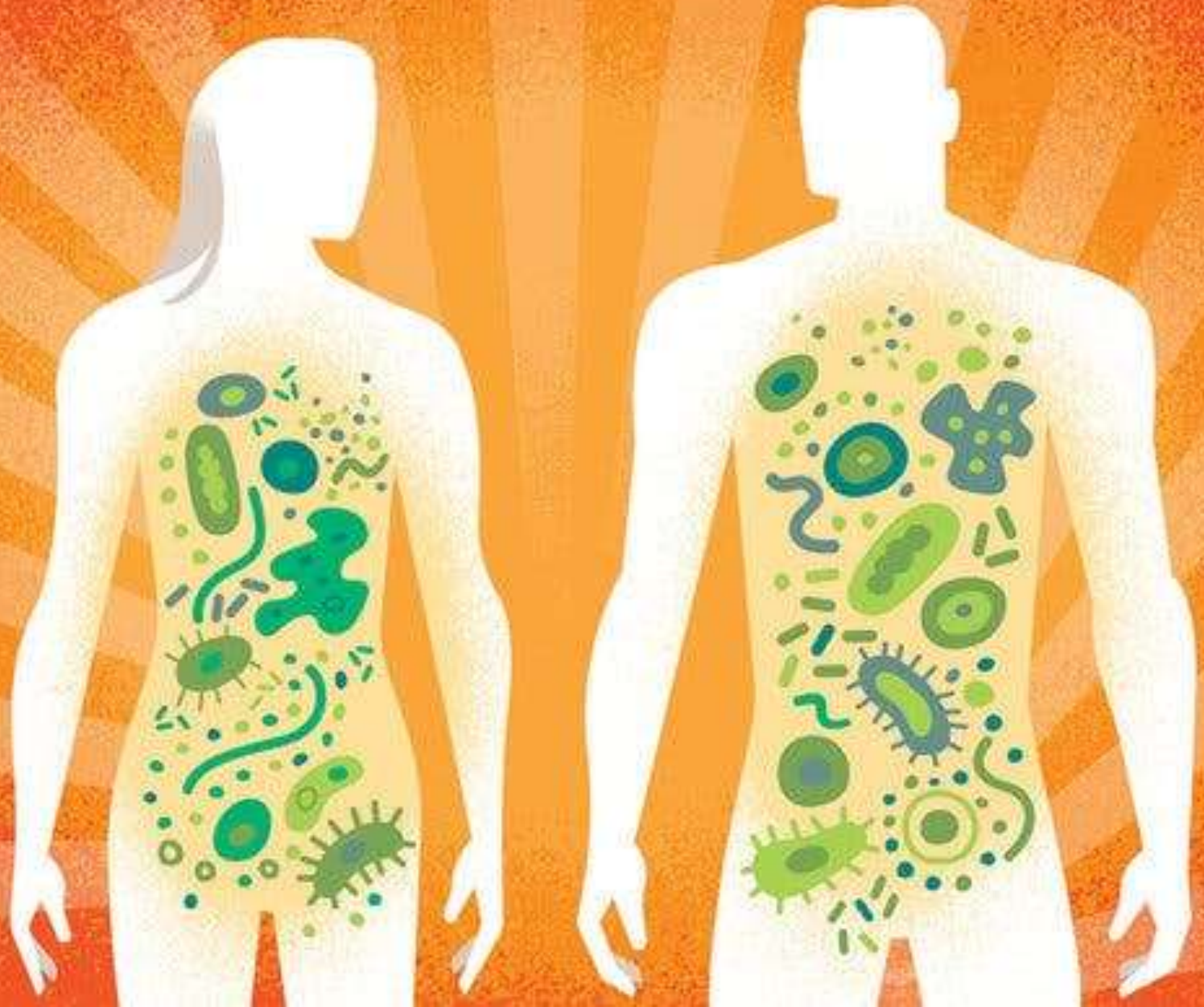






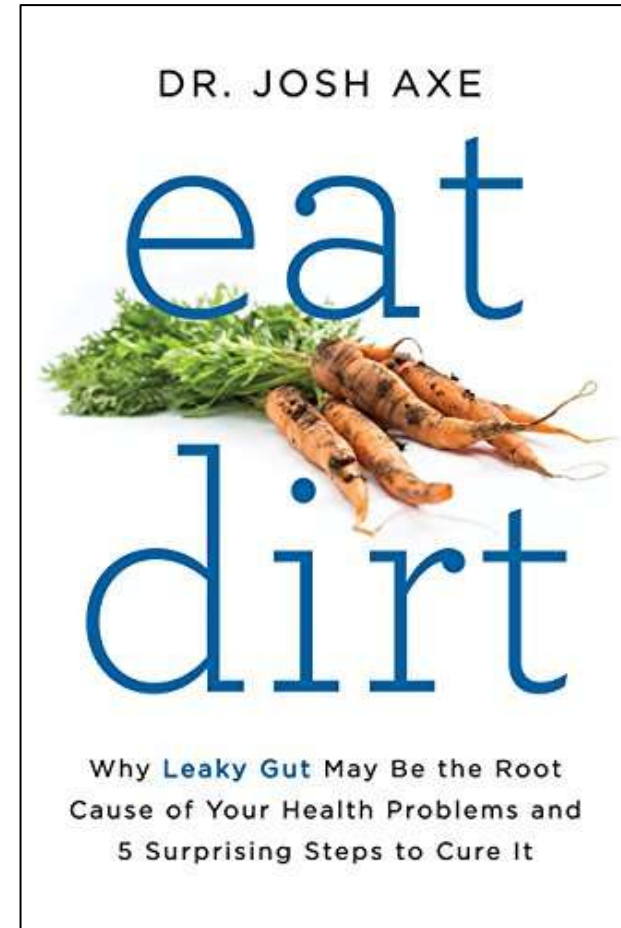
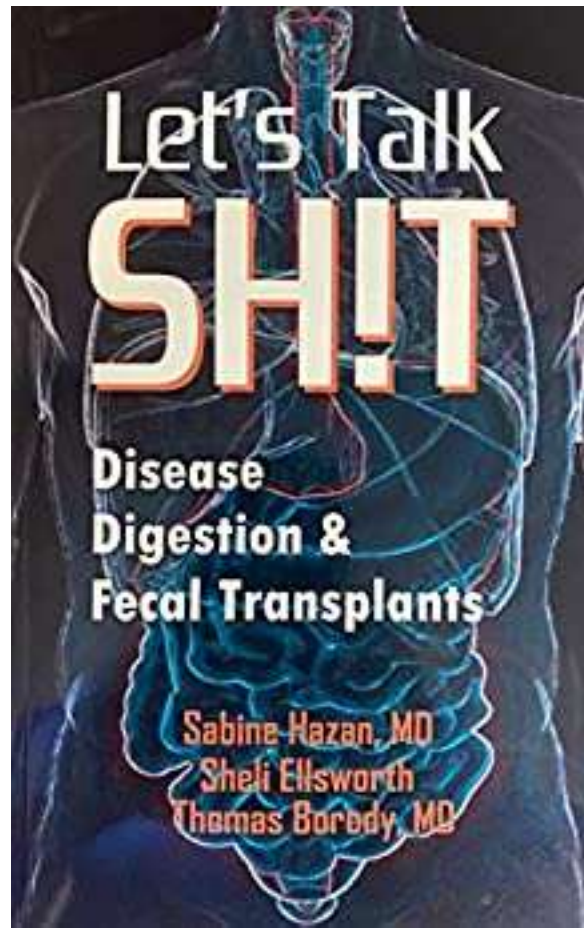
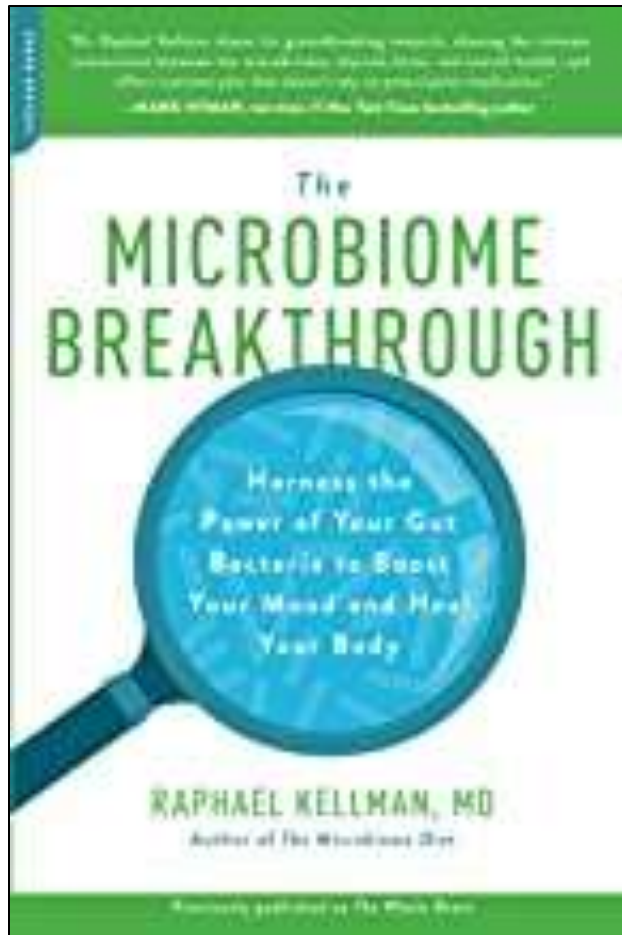


We're Products of Biology!



2016 Human Microbiome

- Very Small Life—can't see with naked eye
- 10X more critters living in/on you than human cells

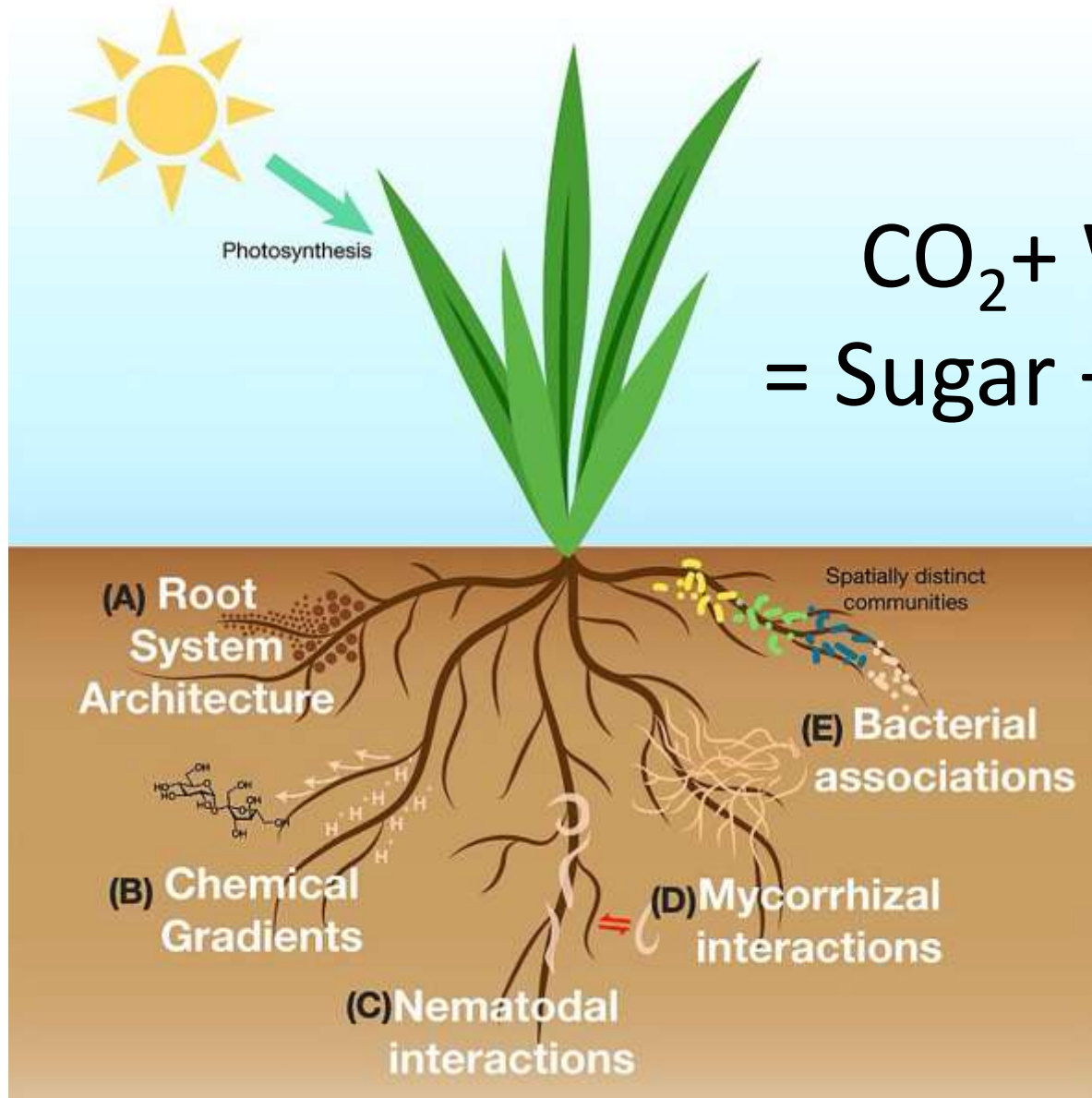


Biology

Plants have Microbiome Too!!

- Caretakers of the plants
 - Live on and inside
 - Recycle nutrients (dead plants/animals)
 - Harvest minerals from sand, silt, clay
 - Make Vitamins & Enzymes plant can't
 - Create humus
 - Diversity keeps all “in check”
- Inject Nutrient Density at bottom of food chain

Nutrient Density



$\text{CO}_2 + \text{Water}$
 $= \text{Sugar} + \text{Oxygen}$



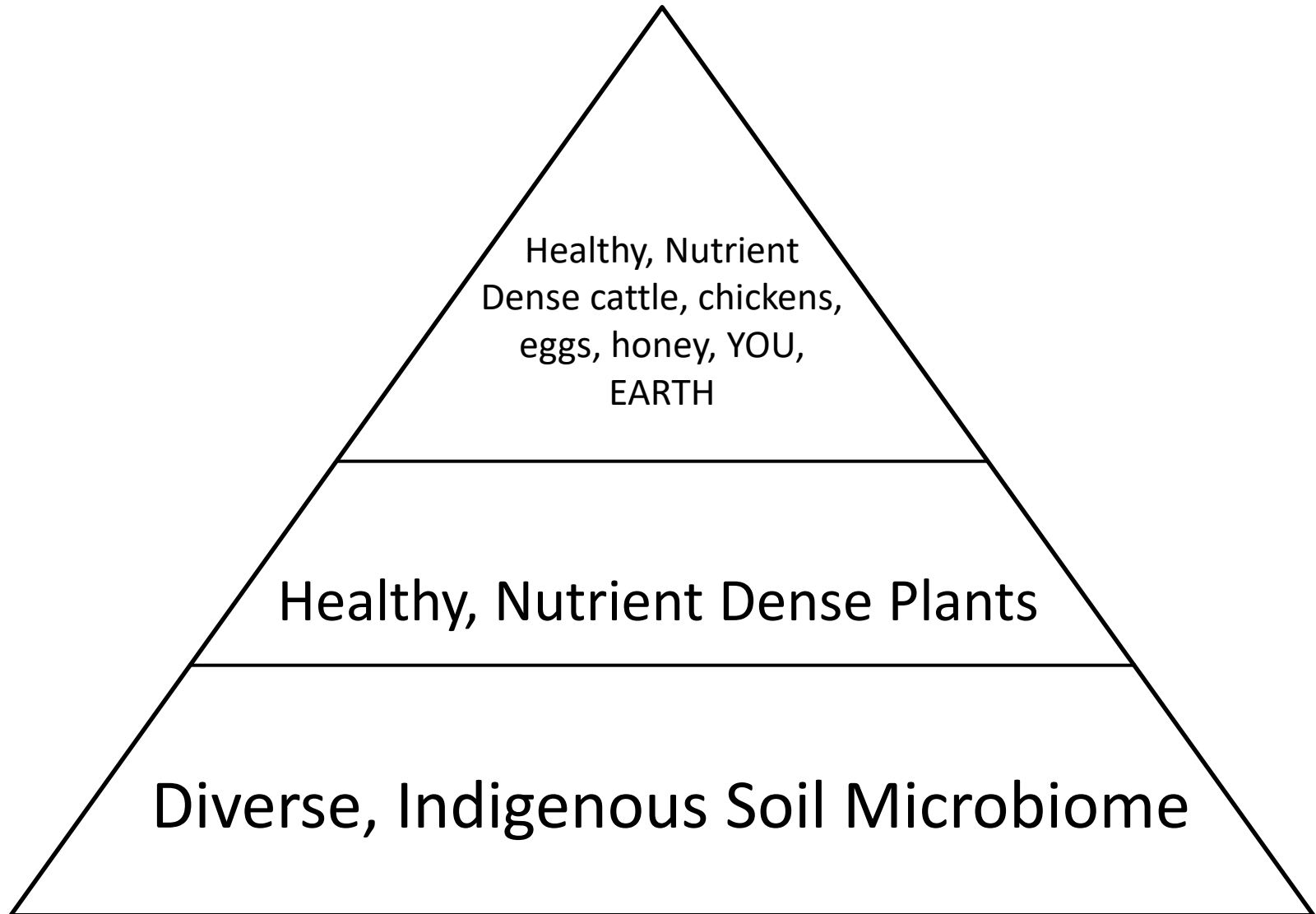
Photo Source: Soil Science Society of America

Soil vs Dirt

- Dirt—physical rocks, sand, silt & clay
- Soil—living skin of the planet
 - Handful of healthy soil has more critters in it than people on planet earth
 - Not just there for the “hell of it”



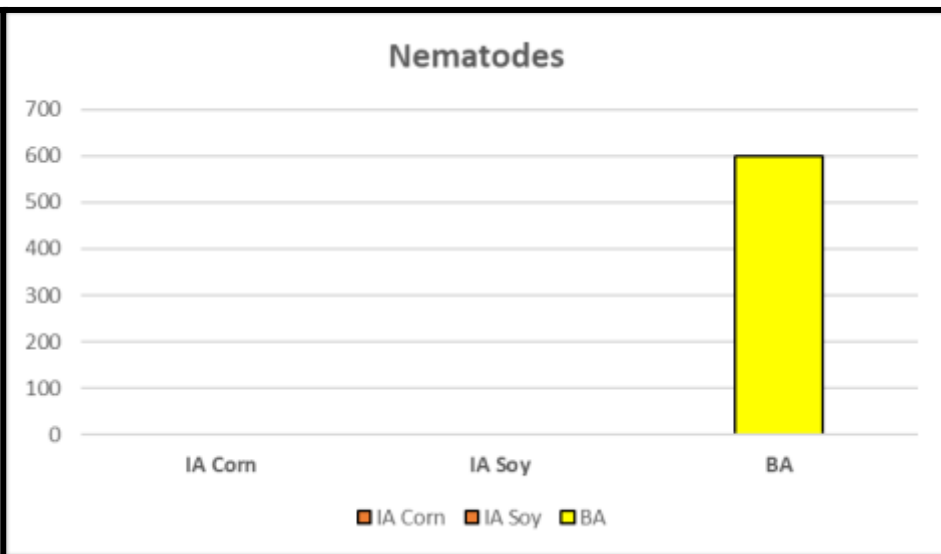
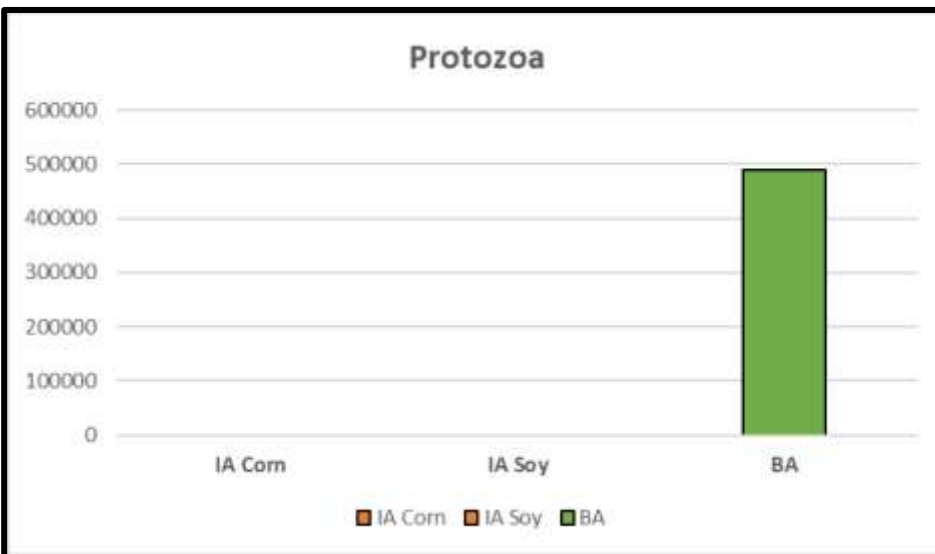
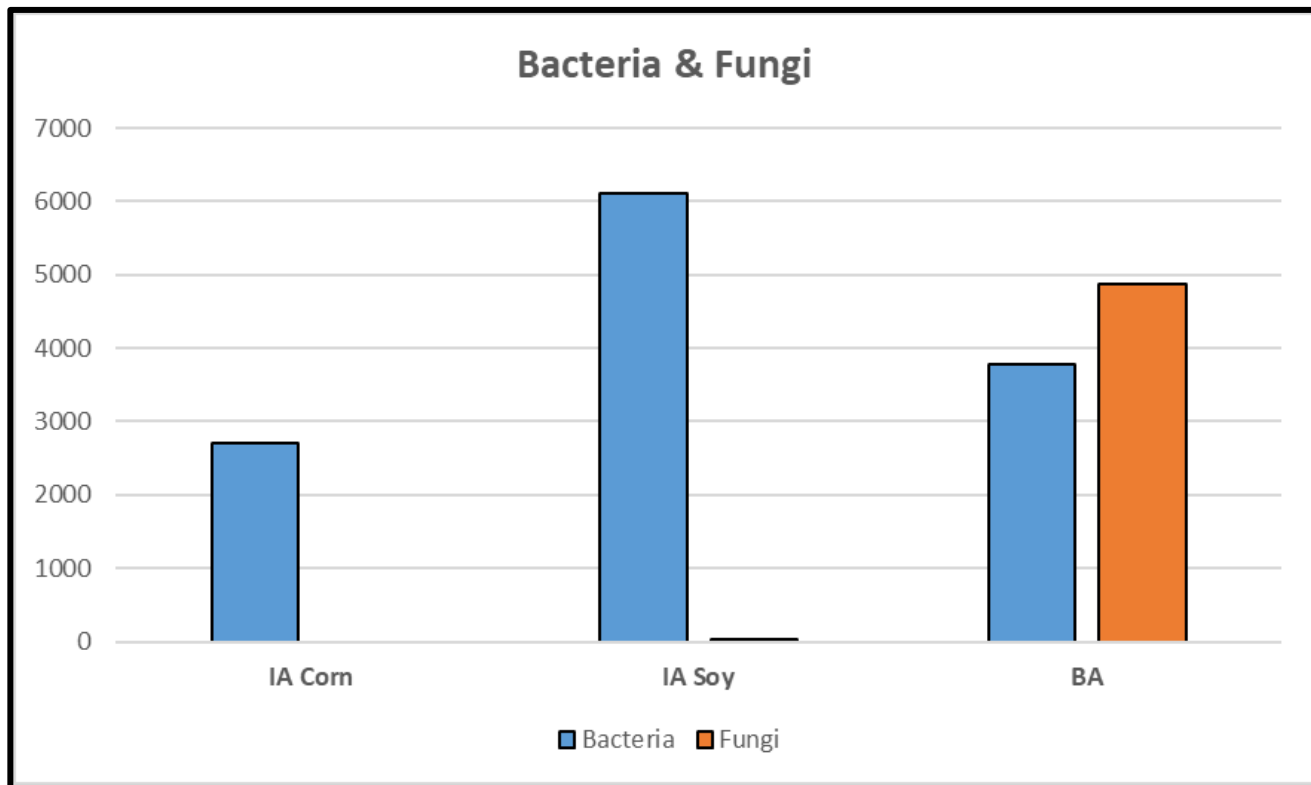
The Foundation--Microbiome



But, Dirt's Taking Over

- Modern agriculture focused on “chemistry”
- What kills biology?
 - Excessive Tillage
 - Chemical Fertilizers (N, P, K)
 - “icides”...Herbicides & Insecticides







Wild Turkeys

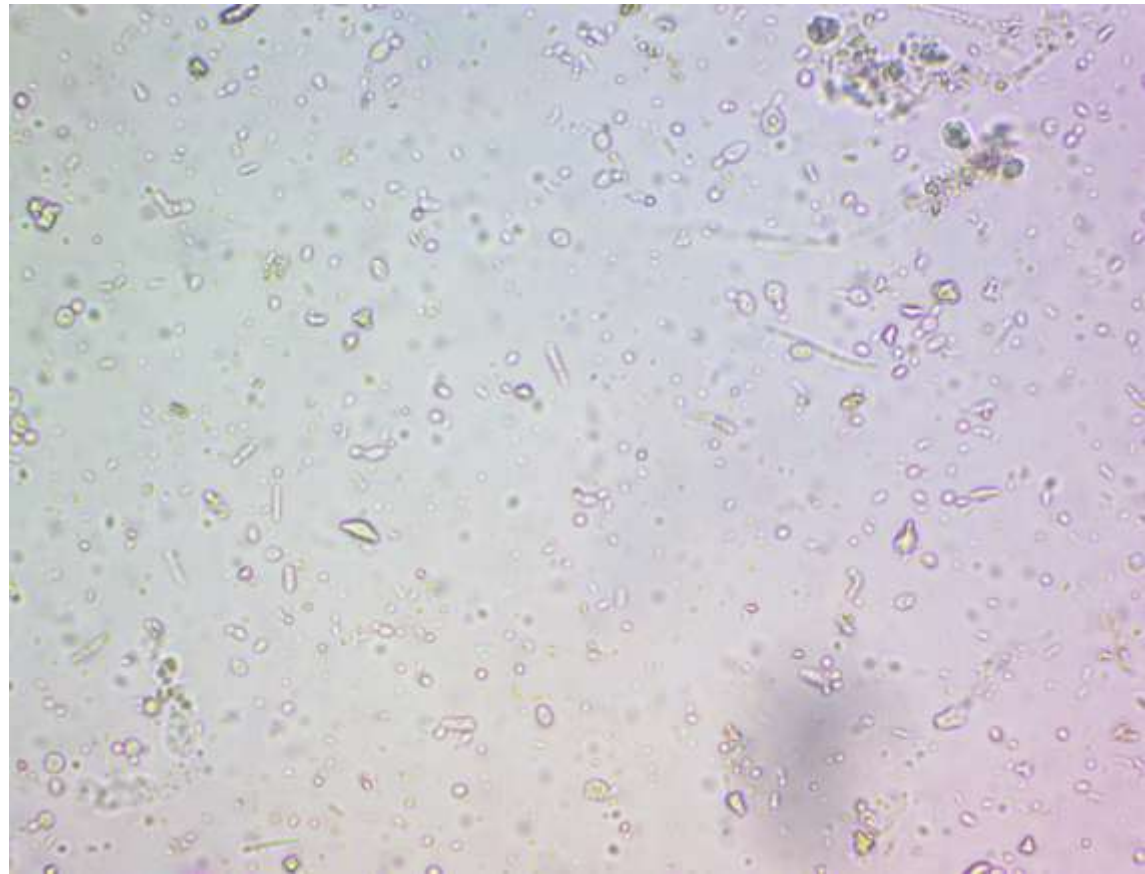
Need

- Wild turkeys
- Air
- Water
- Food
- Comfort (Habitat)



Bacteria

- Recycle simple organic matter
 - Manure, alfalfa, green grass (Green, high nitrogen)
 - Fix nitrogen





Fungi

- Recycle more complex organic matter
 - Wood chips, leaves, straw, etc (woody, high Carbon)







Photo Source: Israel Chemicals Limited Growing Solutions

Protozoa--Predator

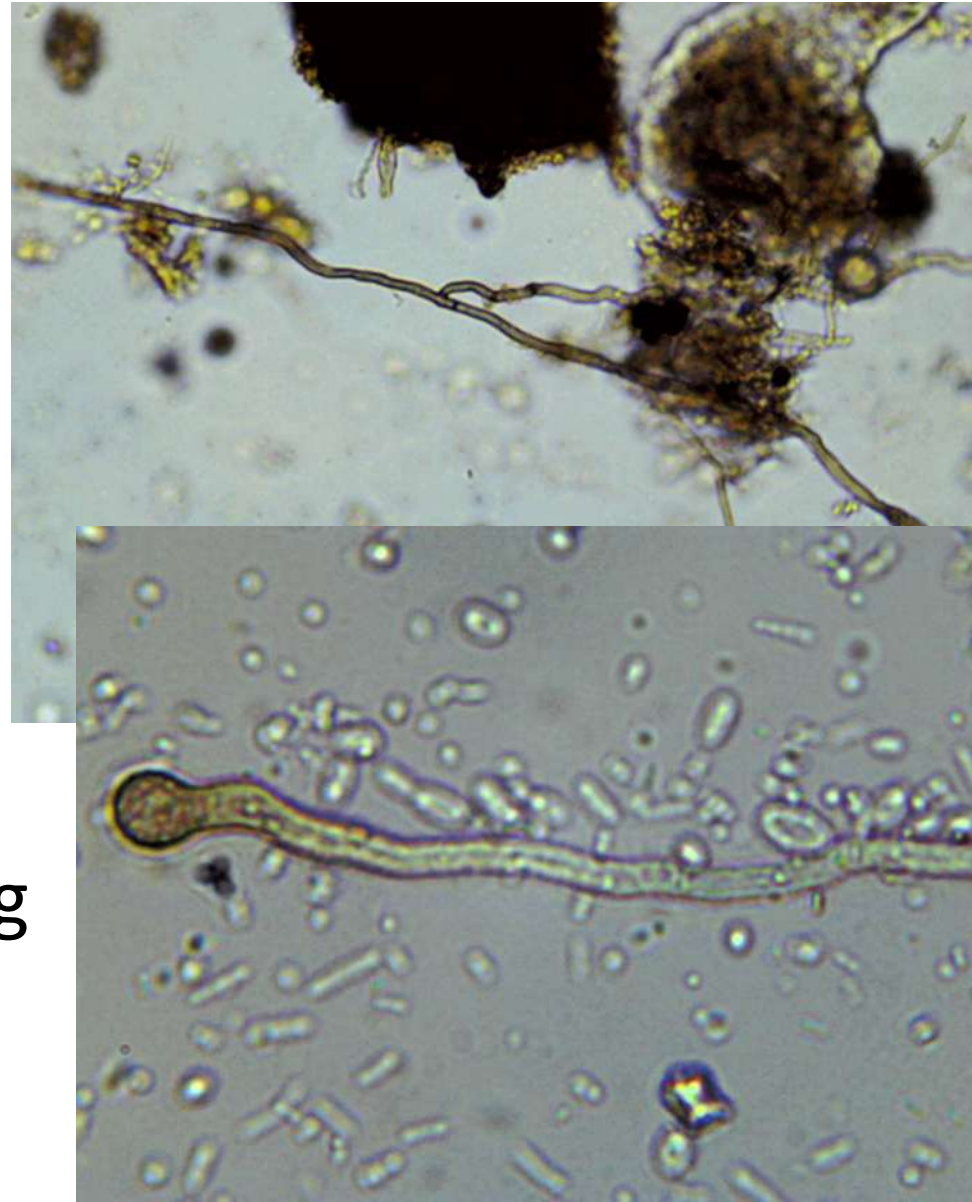


Nematodes--Predator



Sources of Soil Microbes

- Raw Milk
- Manure
- Commercial Products
- “Pristine” Soil
- Worm Castings
- Compost
- Korean Natural Farming



Raw Milk





Persistent Herbicides

- Corteva's Grazon[®] (Aminopyralid)
 - Broadleaf weed control in pasture
 - NC State Ext "Herbicide Carryover"





Hay—Facebook #1

- “Good, clean grass hay sprayed for Weeds”
- \$60/bale



Hay—Facebook #2

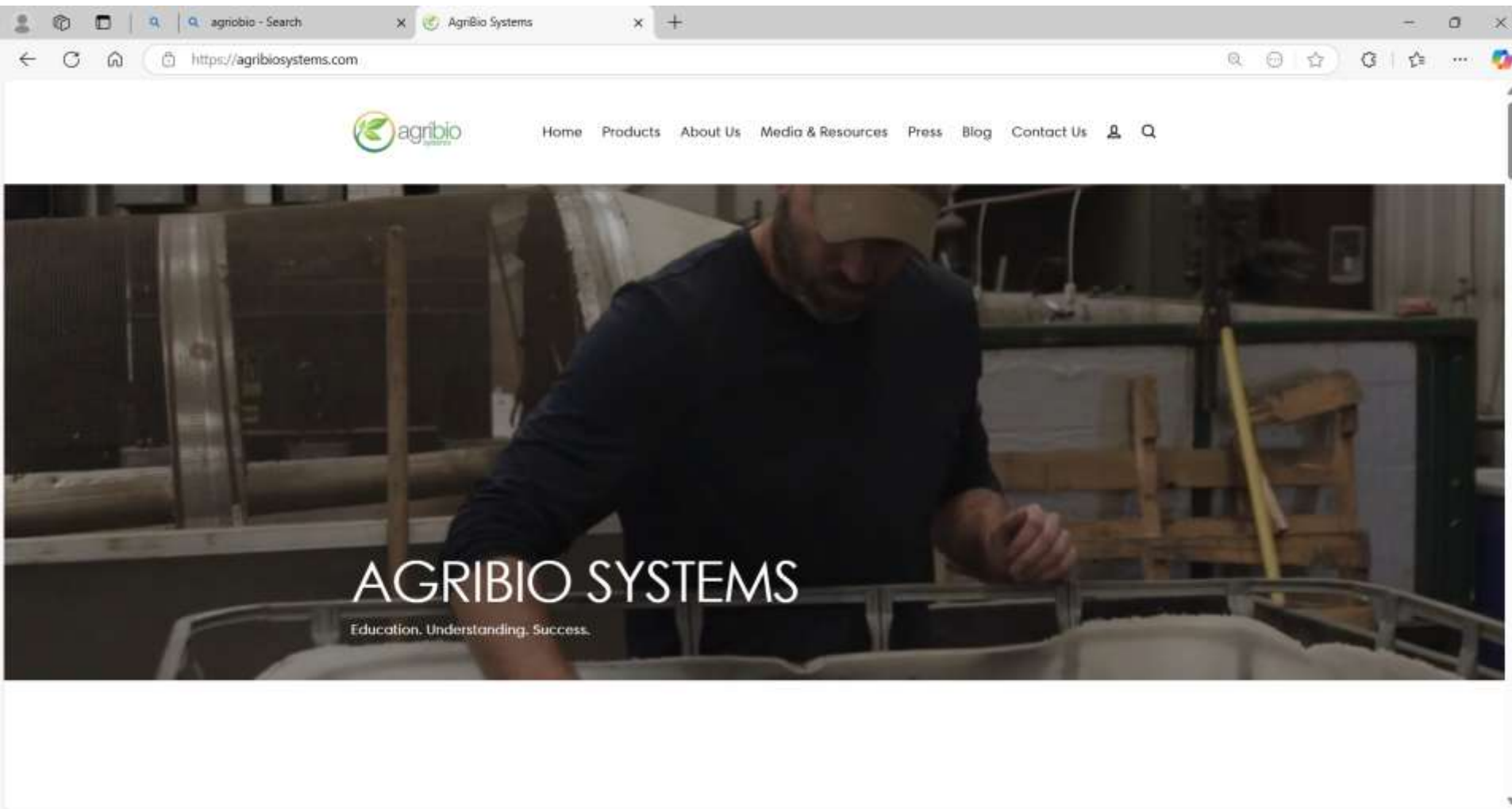
- “Not great quality Hay”
- \$35/bale



Commercial—Worm Castings



Commercial--Agribio Systems



Agribio Extract

agribio illinois - Search x BioMax E - Concentrated Liquid x

https://agribiosystems.com/products/biomax-e-concentrated-liquid-biology

agribio systems

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BIOMAX E - CONCENTRATED LIQUID BIOLOGY

\$8.39

Size

1 Gallon 2.5 Gallon 275 Gallon

Quantity

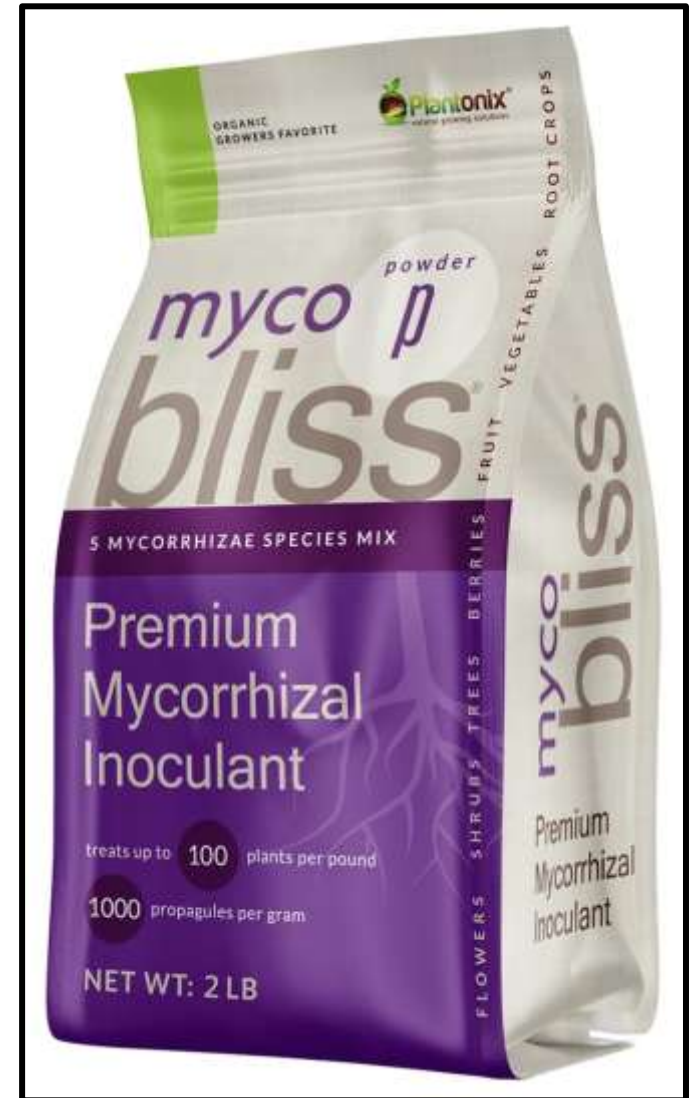
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Mychorrhizae Fungal Spores



“Pristine” Soil



Worm Farm (Vermicompost)

- Red Wigglers (*Eisenia fetida*)
- Air & Water
- Food scraps, grass clippings, weeds, manure, etc
- Comfort--Worm bin & temp 40-120°F (85°F)

35TH ANNIVERSARY
OVER 200,000
COPIES SOLD

BY MARY APPELHOF
AND JOANNE OLSZEWSKI
FOREWORD BY AMY STEWART

WORMS EAT MY GARBAGE

- COMPOST FOOD WASTE
- PRODUCE FERTILIZER FOR HOUSEPLANTS AND GARDEN
- EDUCATE YOUR KIDS AND FAMILY

HOW TO SET UP AND
MAINTAIN A WORM
COMPOSTING SYSTEM

Compost Tea Making

FOR ORGANIC HEALTHIER VEGETABLES
FLOWERS · ORCHARDS · VINEYARDS · LAWNS



Marc Benillard



Champion
2014





SEA-90TM
MINERAL AND TRACE ELEMENTS
All Crops and P...
Soluble Nutrients







Worm Sifter













PERMA-N-PRODUCTS, INC.
CAUTION!
Open flame - combustible
Keep away from doors and windows
PERMA-N-PRODUCTS, INC.

DO IT
RIGHT
Lowe's

RESTROOM





FCMP Essential Living Worm Composter



Hiwassee Products



Wormpeople.com

- Capt Matt



- <https://www.memesworms.com/>
- <https://unclejimswormfarm.com/>

Nashville Client--Hydrangeas



What If We Brought Together?

- Bacteria & Fungi
 - Air
 - Water
 - Food
 - Comfort/right temperature
- **COMPOST!!!**

Different Types of Composting

- **Static**
- Thermophilic
- Dr David Johnson Bioreactor
- Korean Natural Farming













Static Compost (Not Heated)



Static Compost—Urban Style



Different Types of Composting

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Time & Temp Goals

- 131-150°F—72 hours
- 150-160°F—48 hours
- 160-165°F—24 hours
- 165-170°F—12 hours
- $\geq 170^\circ\text{F}$ —Now

Where's "Heat" Come From?

- (Air/Water/Food/Comfort)
- Bacteria reproduce every 20 min
 - 1 to 2 in 20 min
 - 2 to 68.7 billion in 12 hours
- Fungal growth too



What Foods?

- Primary decomposers (Aerobic)
 - Bacteria
 - Less complex materials
 - Simple sugars, green grass, manure
 - Fungi
 - More complex materials
 - Leaves, wood chips, cardboard

Food Categories

1. Hi-Nitrogen “Hi-N” (C:N=5-15:1)
 - Manure, Alfalfa pellets
2. Green (C:N=20-30:1)
 - Hay, Grass clippings, weeds
3. Woody (C:N=60-400:1)
 - Wood chips, leaves, cardboard, paper, straw











TYPICAL RECIPE

- Hi-Nitrogen
 - Manure Cow, Chicken (15%)
- Green
 - Grass, Hay (35%)
- Woody
 - Leaves, Wood Chips, Cardboard (55%)









Different Types of Composting

- Static
- Thermophilic
- **Dr David Johnson Bioreactor**
- Korean Natural Farming

Johnson/Su Reactor

- Dr David Johson









Different Types of Composting

- Static
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Korean Natural Farming

- Indigenous Microorganisms (IMO) 1



IMO2



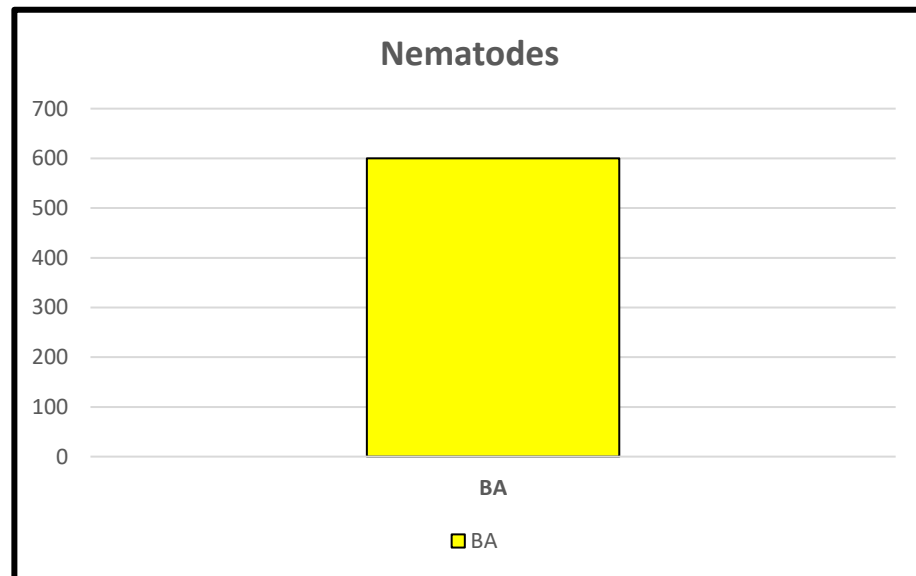
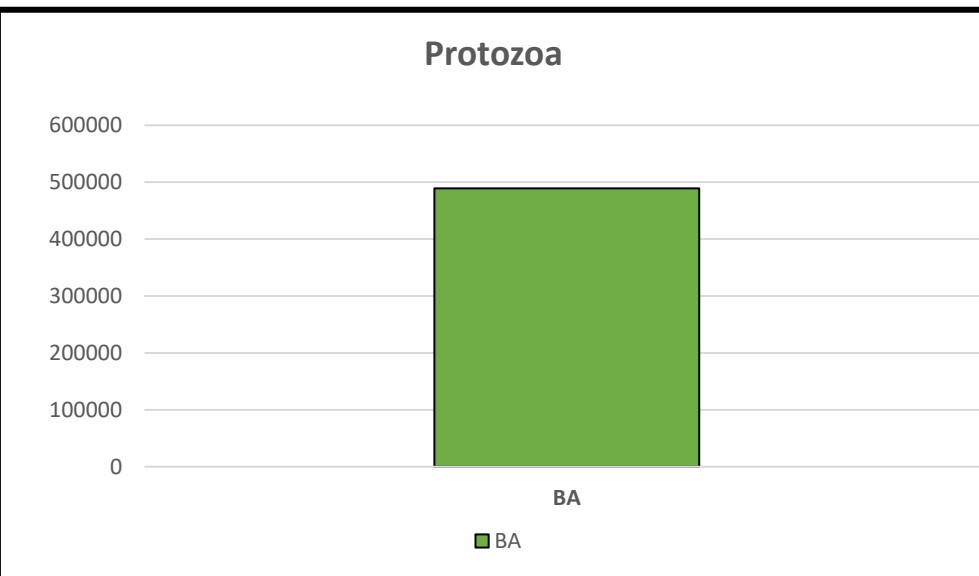
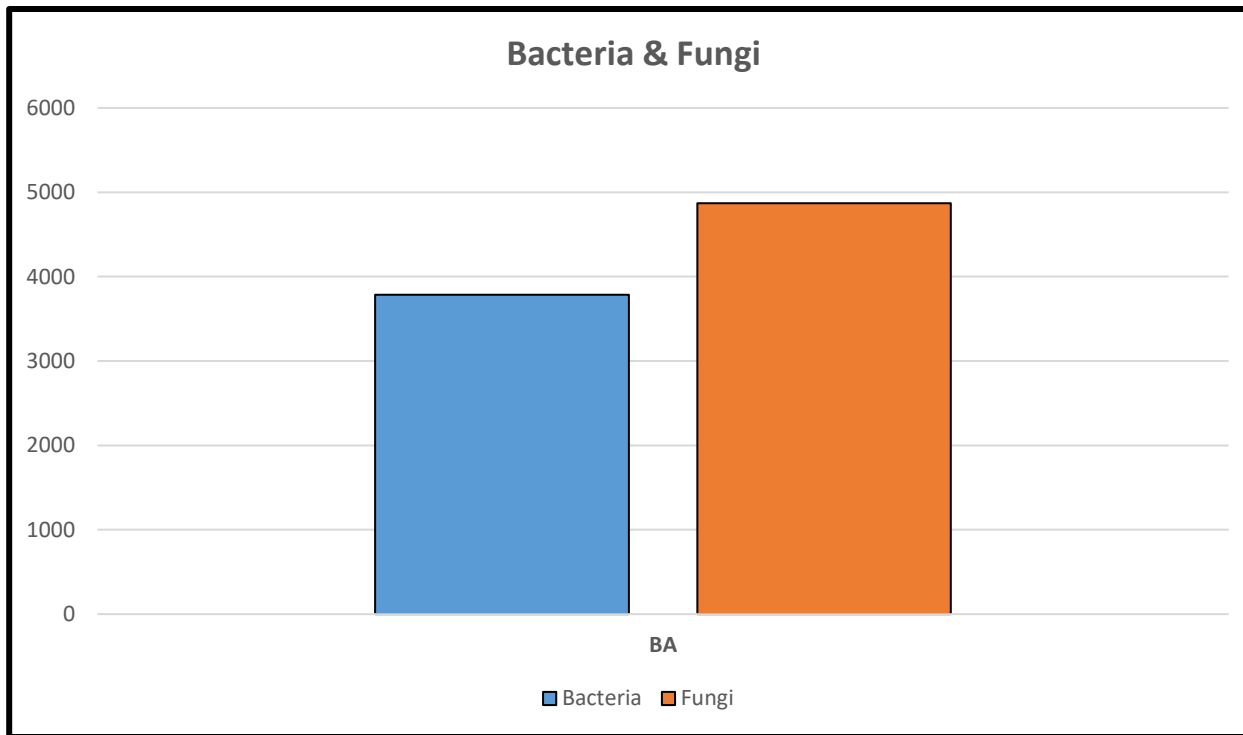
KNF's IMO 4



KNF Foliar Sprays







Underwear Test



Three Forms of Biology

- Compost—solid
- Liquid Extract—simple liquid
 - Compost + water + agitation
- Compost Tea—“Brewed” liquid
 - Compost + air + water + food + 24-36 hours



Liquid Extract











Compost Tea--“Activating Life”

- Compost
 - 2.38% compost, .5% molasses
 - (Tim Wilson @ <https://microbeorganics.com/>)
- Korean Natural Farming
 - IMO, Brown Sugar, ACV, FPJ, OHN, HA











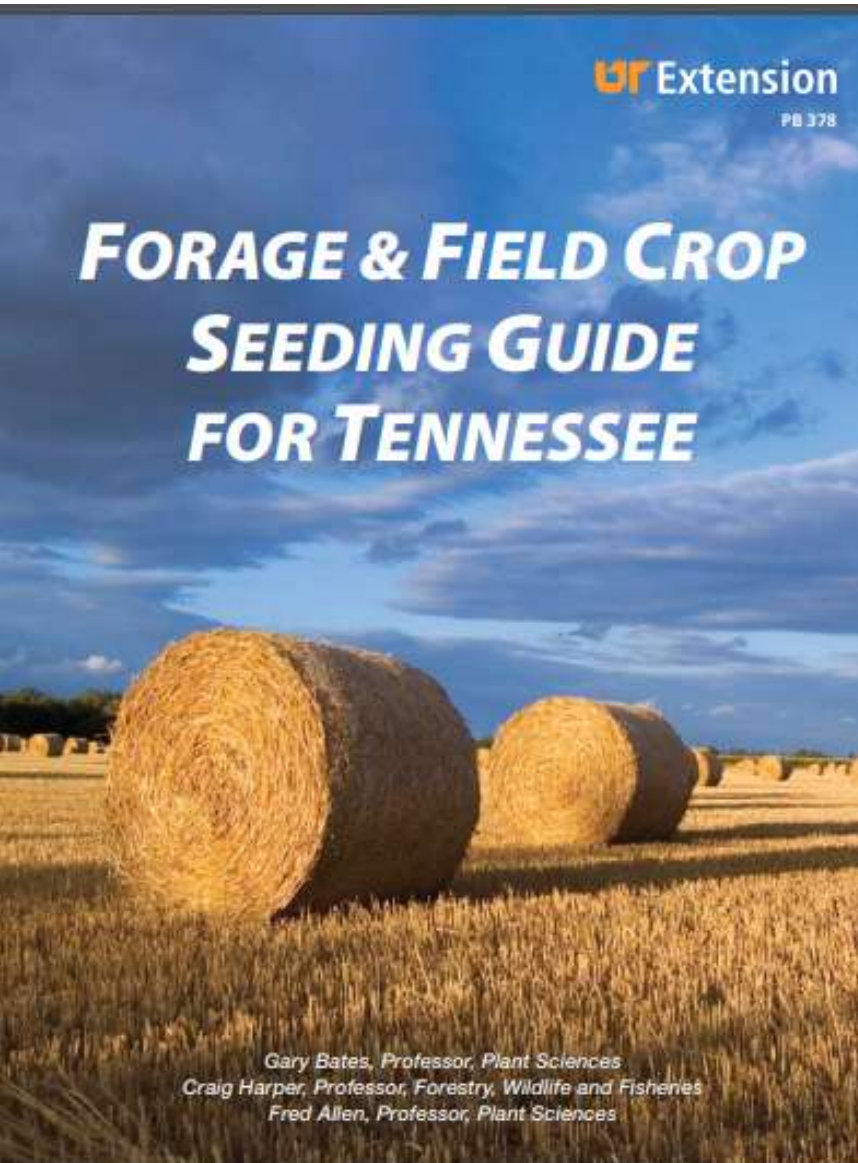
Microbe Habitat







Cover Plant Diversity





What If Mowed 24/7??





2025 “Living Soil” Classes

- Sep 6 & 20, 2025 (8:30 AM-4:00 PM)
- Liberty Trace Farm—Hampshire, TN
- Hands-on thermophilic, worms, farm tour, farm lunch
- Details: www.libertytracefarm.com
- Sign up: Libertytracefarm@gmail.com

THANK YOU!!!!!!