

Share your Heart

You can make contact with the school counsellor directly or by leaving a message at the school reception, with the Principal or with your child's Teacher.



"If a child can't learn the way we teach, maybe we should teach the way they learn"

~ Ignacio Estrada ~

Share your Heart

creta
nurturing talent



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Share your Heart

School Counselling and Support Service



Inspiring
Techniques in
Counseling
By
Share Your Heart

THE ROLE OF THE COUNSELLOR

The School Counsellor provides a counselling and support service and is available to students, their families and staff in the whole school community.

The School Counsellor is open to discussing and assisting with a variety of issues that relate to child / parent relationships.

All discussions with the School Counsellor are strictly confidential so families can be assured of their right to privacy.



WHAT DOES THE SCHOOL COUNSELLOR DO?

The School Counsellor helps students

- Engage fully with their school experience by addressing social and emotional issues
- Understand themselves and others
- Improve self-concepts and cope with stress
- Develop decision-making and problem solving skills
- By offering counselling and support to students for issues ranging from peer problems to the effects of parental separation and loss
- By working with specific groups of students with an identifiable need.

The School Counsellor helps parents

- Participate more effectively in their children's education
- Understand and meet their children's social and emotional needs
- Utilize school and community resources
- By providing a supportive link where appropriate between the students, family, school and community agencies
- Through providing a comprehensive counselling and support service to families
- With referrals to other agencies and services.

WHAT IS COUNSELLING?

Counselling provides the opportunity for people to clarify problems and develop and use strengths to find ways of managing and resolving issues or discover new ways of coping. Counselling takes place in a supportive and confidential atmosphere.

Counselling addresses such issues as:

- Behavioral problems at school
- Bullying issues
- Building resiliency and self-esteem
- Child protection issues
- Conflict resolution
- Dealing with anxieties and fears
- Family separation and change issues
- Grief and loss
- Learning difficulties
- Anger management
- Welfare /financial assistance
- Friendship issues/social skills
- Parenting concerns