## LIFE EMPOWERED CHIROPRACTIC HEALTH PROFILE

Name:				Today's	Date:
Age: Male:	Female:	Date of Birth:	//	_	
Address:			City:	State	::Zip:
Email:	Cel	l Phone:			
May we include you in o	ur weekly text4he	alth text message	es? Yes No (yo	ou can stop anyti	me)
Occupation:		Er	mployer:		
Single / Married / Divorc	ed / Widowed	Spouse's name	:#	f of children:	
Names, Ages & Gender	of Children:				
		<del> </del>			
Who may we thank for re	eferring you?				
	LIST YO	OUR HEALTH (	CONCERNS BE	LOW	
Health concerns according to severity	Severity on Scale of 1-10	When did the episode begin?	If you had the condition before, when?	Did the problem begin with an injury?	Are symptoms constant or intermittent?
	CIRCLE A	LL CURRENT F	PROBLEMS YO	U HAVE:	
Dizziness	Throat	Issues	Bladder Pro	blems	Lupus
Headaches	Thyroid Problems		Irritable Bowel		Fibromyalgia
Vertigo	Asthma		Infertility		Chest Pain
Ear Infections	Ulo	cers	Numbness	in Feet	Arm Pain
Nausea	Numbness in Hand		Low Back Pain		ADD/ADHD
TMJ	Disc Problems		Hip Pain		Knee Pain
Neck Pain	Menstrual Disorders		Shoulder Pain		Chronic sinusitis
Epilepsy	Heart D	oisorders	Liver Disease		Other:
Migraines	Digestiv	/e Issues	Chronic Fa	atigue	
Anxiety	Kidney Problems		Gastric Reflux		

#### **CIRCLE ANY CONDITION YOU HAVE NOW/HAVE HAD**

Stroke Cancer Heart Disease Seizures Spinal Bone Fracture Scoliosis Diabetes

ALL SURGICAL OPERATIONS AND YEARS: LIST ALL OVER THE COUNTER AND PRESCRIPTION MEDICATIONS YOU ARE ON ..... WHEN WAS YOUR LAST AUTO ACCIDENT? HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE? Y N IF SO, WHO DID YOU SEE AND WHEN? HAVE YOU EVER BEEN KNOCKED UNCONCIOUS? \_\_\_\_\_ FRACTURED A BONE? IF YES, PLEASE DESCRIBE: OTHER TRAUMA? \_\_\_\_ DO YOU VIEW YOUR HEALTH AS AN INVESTMENT OR AS AN EXPENSE? HOW COMMITTED ARE YOU TO LIVING A HEALTHIER LIFESTYLE ON A SCALE OF 1-10 WITH 10 BEING THE HEALTHIEST LIFE POSSIBLE? HOW WOULD YOUR LIFE CHANGE IF YOU DIDN'T HAVE THE HEALTH CONDITIONS INDICATED ON THIS FORM? WRITTEN CONSENT FOR A MINOR CHILD NAME OF PRACTICE MEMBER WHO IS A MINOR CHILD: I authorize Dr. Tom Cahoon or other employees at Life Empowered Chiropractic, to perform diagnostic procedures, render chiropractic care and other therapies, and perform chiropractic adjustments on my minor child. AS OF THIS DATE, I HAVE THE LEGAL RIGHT TO SELECT AND AUTHORIZE HEALTH CARE SERVICES FOR MY MINOR CHILD. IF MY AUTHORITY TO SELECT AND AUTHORIZE IS REVOKED OR ALTERED, I WILL IMMEDIATELY NOTIFY LIFE EMPOWERED CHIROPRACTIC \_\_\_\_\_DATE \_\_\_\_/\_\_\_\_ GUARDIAN SIGNATURE GUARDIAN RELATION TO MINOR CHILD \_\_\_\_\_ WITNESS \_\_\_\_\_\_ DATE \_\_\_\_/ \_\_\_\_

# **Please Share the Following:**

1.	. How often do you exercise?		For how long?			
2.	. What type of exercise do you perform?					
3.	. Please share a typical day of eating for you including times and quantity:					
Br	eakfast	_Lunch				
Di	nner	Snacks				
4.	What time do you usually eat la	st?	·			
5.	5. What time do you typically go to bed?					
6.	How many ounces of water do y	ou drink a day?				
	a. Source?					
7.	. How many cups of coffee do you drink per day?					
8.	. What do you put in your coffee?					
9.	How many alcoholic beverages	do you consume?				
	a. Each day?b.	Week? c. Mont	:h?			
10	. What else do you drink daily? _					
11	. Do you smoke cigarettes?					
	a. How many packs a day?	b. Week	?			
12	. Do you consume any types of d	rugs?				
	a. If so, what and how ofter	า?				
13	. Do you meditate?					
	a. How often and for how lo	ong?				
14	. Do you engage in any type of pe	rsonal development progran	ns?			
	a. If so, please explain the	type, frequency, and duration	n?			
15	. Do you now, or have you ever se	en a counselor?				
16	. On a scale of 1-10, rate your str	ess levels:				
	(1 being no stress and 10 being	severe)				

## **FAMILY HEALTH HISTORY**

#### THIS FORM IS TO ASSIST THE DOCTOR BY PROVIDING PAST HEALTH INFORMATION FOR THEIR REVIEW

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIABETES					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					

NAME:		
DATE:	 _	

#### CHIROPRACTIC CONSENT FORM

<u>To the patient</u>: You have a right as a patient to be informed about your condition and the recommended chiropractic adjustments and other procedures to be used so that you may make the decision whether or not to undergo the procedure after knowing the potential risks and hazards involved. This disclosure is not meant to scare or alarm you: it is simply an effort to make you better informed so you may give or withhold your consent to the procedure.

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various brain-based therapies on me (or the patient named below, for whom I am legally responsible) by Dr. Tom Cahoon and associated health providers who now or will care for me at Life Empowered Chiropractic.

I understand and I am informed that, in the practice of chiropractic, there are some risks to exam and treatment including, but not limited to, fractures, disc injuries, strokes, dislocations, sprains and increased symptoms and pain or no improvement of symptoms or pain. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of care which the doctor feels at the time, based on the facts then known, in my best interest. I further acknowledge that no guarantees or assurances have been made to me concerning the results intended from the care received.

I have read, or have had read to me, the above consent. I have also had the opportunity to ask questions, and all my questions have been answered fully and satisfactorily. By signing below, I understand that I am consenting to the care plan and chiropractic care at my own risk. I intend this consent form to cover the entire course of care for my present condition and for any future condition(s) for which I seek care.

PRINTED NAME	
SIGNATURE	
DATE SIGNED	