



## Lassen COVID-19: Incident Command

Lassen County  
Public Health 

Press Release  
FOR IMMEDIATE RELEASE

DATE: 10/8/2020

Time: 2:00 pm

RELEASE #: 1 of 1

### **SUBJECT: Release Order for Sierra Cascade Nursery Employees**

The Lassen County Public Health Department (LCPH), under the direction of the Health Officer, has issued release orders for all Sierra Cascade Nursery (SCN) employees that have had two consecutive negative COVID-19 tests. Saturday, October 10, 2020, the employees will be officially authorized to leave the fairgrounds and enter into the public. Lassen County Public Health and Sierra Cascade Nursery have formed a close partnership to ensure the safety of Lassen County residents as well as the employees. LCPH is monitoring the situation closely and will provide updates as needed.

The Public Health Department and the Incident Command for the Lassen County COVID-19 response would like to remind the public of the following simple steps which can reduce or prevent the spread of any respiratory illness, including COVID-19:

- Wear a mask if/when possible;
- Wash your hands with liquid soap and water for at least 20 seconds, or if you do not have soap you can use alcohol-based sanitizer of at least 60% alcohol;
- Cover your mouth and nose with a tissue or your sleeve when coughing or sneezing, do not use your hands;
- Stay home if you are feeling sick;
- Regularly clean surfaces touched frequently by people;
- Practice social distancing recommendations by the CDC, such as reducing your interactions in large groups or crowds and unnecessary trips into the public;
- Symptoms of COVID-19 (novel coronavirus) range from mild symptoms to severe illness and they may appear 2-14 days after exposure. Symptoms may include, but are not limited to, fever, cough, shortness of breath, sudden loss of taste or smell. Residents 65 years or older and individuals with underlying medical conditions are particularly vulnerable to contracting the virus;
- Follow any additional guidelines recommended by the CDC.

If you feel like you or someone you care for is exhibiting symptoms, please call the Call Center at Public Health 530-251-8100.