To date, the Lassen County COVID-19 (novel coronavirus) total tests are as follows:

- 0 - Known cases
- 86 - Negative
- 8 - Pending
- 94 - Total Tests

On April 16, 2020, Dr. Korver, the Lassen County Health Officer, along with Lassen County’s Public Health Department and law enforcement agencies remind everyone to continue practicing protective measures whether you are enjoying the outdoors or are in town on an essential trip. After making great strides in slowing infection rates and bending the curve these past weeks, we cannot let our guard down against this virus.

The Lassen County’s Public Health Department and law enforcement agencies urge residents to recreate close to home and minimize contact with others. It is important to use good personal protective measures while recreating: avoid recreating in groups, maintain social distancing of 6 feet at all times, avoid crowded areas like trailheads and parking lots, wash your hands and use hand sanitizer often. In short, enjoy the outdoors but do it in a safe, isolated, and individual manner. Here are some specific suggestions:

- **Snow sports** - Practice snow sports and activities like snowmobiling or cross country skiing individually or in small household groups. Avoid other groups and observe strict social distancing at trailheads, picnic areas and parking area.
- **Court sports** - Avoid any activity with shared equipment. Basketball, tennis, pickle ball are all high risk activities where it is nearly impossible to avoid close contact with others. These activities should be avoided.
- **Boating and fishing** - Follow all state regulations for safe and legal activities. Avoid crowded boat ramps or fishing areas. Find another place to recreate if you don’t have several yards between you and your neighbor.
- **Camping and RV Parks** - Unless you are an essential worker performing essential duties, congregate camping is not permitted. Do not bring your RV or come to Lassen County to camp. If you have a seasonal RV at a local park, keep it vacant until it is safe to use it.
- **Hiking, biking and horseback riding** - Avoid crowded trailheads. If you meet someone on a trail, don’t stop to talk. Give plenty of space to allow passing at a safe distance.

In summary, if you are not already in Lassen County, please do not come here. Everyone can walk, run, hike and bike in their local community and nearby forests. When the COVID-19 crisis is over, we will be happy to share our beautiful county with you but until then, please exercise and recreate close to home. People who are not residents of Lassen County, please do not come to Lassen County to recreate until this crisis is over and the Governor’s March 19, 2020, Stay-at-Home order has been rescinded.

To read the guidance from Dr. Korver, please visit our website at [www.lassencares.org](http://www.lassencares.org) and the LassenCares Facebook page.