LASSEN COUNTY’S
Roadmap to Recovery
COVID-19
May 1, 2020
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I. Introduction

Lassen County and our community partners have come together to establish an economic and societal recovery plan for reopening services and activities that were closed during the COVID-19 pandemic response or had greatly reduced services and activities. Our local Plan is based on Governor Newsom’s “California’s Roadmap to Modify the Stay-at-Home Order”, released on April 28, 2020. We also relied on the March 19, 2020, “Order of the Health Officer” directive for clarification on identifying the critical infrastructure during COVID-19 as referenced in the health order.

The Lassen County Plan (herein referred to as “Plan”) is our roadmap toward local community economic and social vitality. By documenting research, recommendations, and guidance from local, State, and Federal resources, this roadmap shall provide valuable input to inform modifications to the existing Lassen County Health Order as it relates to reopening businesses and organizations throughout the County. Community indicators include community-based cases, deaths, hospitalizations, and overall healthcare capacity.

The Plan identifies the steps necessary to continue to limit the spread of COVID-19 disease; however, allows for regression to a prior phase should a spike in community transmission of COVID-19 occur. We recognize that state, federal, regional, and local support and personal responsibility is critical for this Plan to work.

II. Lassen County Key Milestones

- Opened Public Health Department Emergency Preparedness Department Operations Center (DOC), March 1, 2020
- First COVID-19 patient test taken, March 3, 2020
- Opened Joint Information Center (JIC), March 5, 2020
- COVID-19 Call Center Established, March 16, 2020
- Opened Emergency Operations Center (EOC), March 19, 2020
- Declaration of Local Health Emergency, No. 2020-01, March 20, 2020
- Proclamation of Local Emergency No. 2020-01, March 20, 2020
- Opened Joint Unified Incident Command Structure (IC) to coordinate the local response to the COVID-19 pandemic. Our multi-agency response includes leadership from state, federal, and local organizations, March 26, 2020.

III. Methodology

This document will serve as a living policy document that aligns with the existing Lassen County and State of California Public Health Officer Orders, and will also serve as an iterative roadmap influencing the course of the economic recovery as it relates to reopening County activities and businesses.
This iterative process began with the development of research and data collection on part of the Lassen County multi-agency Joint Incident Command and the Emergency Operations Center and shall continue as the document is circulated through the Public Health Officer, Board of Supervisors, and the Lassen County partner agencies and organizations.

As new findings and recommendations are developed at the Federal, State, and local levels, this document shall evolve and provide guidance to the communities throughout Lassen County. Furthermore, it is essential that this document is rooted in as much empirical data as is available, but given the circumstances of COVID-19, certain assumptions will have to be made until further analysis or best practices are identified.

IV. Lassen Test/Surge Statistics

Lassen County has been testing for COVID-19 since March 3, 2020. The number of tests has been increasing do to the broadening of testing to include asymptomatic health care workers and first responders. We will continue to increase testing as it becomes available.

To date, we have no positive tests; therefore, our flattening of the curve has been achieved. We will continue to monitor testing and surge capacity. We have plans in place to implement restrictions if we see a surge trend forming.

![Lassen County Test Results by Date](chart)

V. Guiding Principles to Sustain Recovery

The following guidance is summarized by category, however, any and all strategies may be incorporated by all groups.
Guidance for Individuals

Individuals are the key to ensuring continued success in preventing outbreaks and an increase in community transmitted cases. Therefore, individuals must continue to:

- Social Distance by maintaining at least six-foot spacing from other individuals
- Hand and Surface Sanitization - washing hands with soap and water for at least twenty seconds as frequently as possible or using hand sanitizer, covering coughs or sneezes (into the sleeve or elbow, not hands), regularly cleaning high-touch surfaces, and refrain from close contact such as handshakes or hugs.
- Stay home if they are sick
- Adhere to face mask/face covering guidance such as:
  - Wearing a mask when waiting in line or shopping at a store
  - Picking up food at a restaurant
  - While at a hospital or pharmacies

Guidance for High-Risk Populations

Older people (65 years and older), those with compromised immune systems, and people with certain underlying health conditions like heart disease, lung disease and diabetes, for example, are at a greater risk of serious illness. High-risk populations are still recommended to adhere to guidance as communicated by the California Department of Public Health (CDPH):

- Avoid crowds, mass gatherings or large events, public transit, and stay home as much as possible.
- Stay home when sick
- Clean and disinfect your home to remove germs; practice routine cleaning of frequently touched surfaces
- Use “respiratory etiquette.” Cover cough with a tissue or a sleeve.
- Review and update your personal emergency plan.

Guidance for the Workplace

The interim workplace recommendations are intended for all businesses. In addition, we have included sector specific standards and considerations as attachments to this document and will continue to post new information on our LassenCares.org website as new or revised guidance becomes available. Based on CDC recommendations businesses are asked to:

- Establish and post policies and practices for social distancing. Social distancing means avoiding gatherings and maintaining distance (approximately 6 feet or 2 meters) from others when possible (e.g., breakrooms and cafeterias). Strategies that businesses could use include:
- A strong recommendation for telework, where possible
- Implementing flexible work hours (e.g., staggered shifts)
- Increasing physical space between employees at the worksite
- Increasing physical space or creating barriers between employees and customers (e.g., drive through, partitions)
- Implementing flexible meeting and travel options (e.g., virtual meetings, postpone non-essential meetings or events)
- Delivering services remotely (e.g. phone, video, or web)
- Delivering products through curbside pick-up or delivery

- Make face mask/face coverings available to employees
- Continue to require sick employees to stay home
- Routine cleaning throughout the workplace

VI. Roadmap for Lassen County Recovery

The Lassen County Roadmap to Recovery is based on California’s six indicators for modifying the stay-at-home order as set forth by Governor Newsom. The reopening of businesses and activities within Lassen County is predicated upon the continued cooperation of businesses, workers, and the public in following the demonstrated COVID-19 prevention interventions such as social distancing, proper hand and surface sanitation, and staying at home if sick. Lassen County’s response to the 6 indicators below demonstrates our ability to proceed with our plans to implement the Plan.

These six indicators are designed to:

- Ensure our ability to care for the sick within our hospitals,
- Prevent infection in people who are at high risk for severe disease,
- Build the capacity to protect the health and well-being of the public, and
- Reduce social, emotional and economic disruptions.

Indicator 1. The ability to monitor and protect our communities through testing, contact tracing, isolating, and supporting those who are positive or exposed.

Testing

Testing is a priority and is articulated in numerous state and federal guidance documents. Lassen County has very little control at the local level regarding access and processing of COVID-19 tests; however, Lassen County will:

- Continue to utilize state and private labs to process our tests. Currently, we are experiencing a 24 to 48-hour response time for our submitted tests.
- Utilize the local rapid test facility located at the Susanville Indian Rancheria.
- Implement the State Lab at the Lassen Community College campus once approved by the California Department of Public Health.
In lieu of the ability to conduct comprehensive testing necessary for epidemiological surveillance testing at this time, the County will continue to use additional metrics including the number of outbreaks, hospitalizations, and deaths to evaluate the ongoing health of our community.

**Contact Tracing**

- Lassen County has protocols in place and trained staff to initiate contact tracing in the event we receive confirmed COVID-19 case(s).
- Lassen County Public Health Department will report all contact findings to the state as directed
- Lassen County Public Health informs law enforcement and first responders of positive and positive pending cases

**Isolating and Supporting Positive/Exposed Individuals**

- Lassen County Public Health contacts all individuals who have pending tests and/or COVID-19 exposure to instruct them on how to self-isolate
- Lassen County has distributed self-isolation instructions to local healthcare providers, and medical facilities to give to patients who have COVID-19-like symptoms, pending COVID-19 tests, and/or exposure to COVID-19 positive individuals.
- Lassen Community Social Services follows up with individuals on self-isolation orders to see what supports they need while under quarantine.

*Lassen County Health Officer determines that Lassen efforts meet the intent of this indicator.*

**Indicator 2. The ability to prevent infection in people who are at risk for more severe COVID-19.**

- Lassen County developed a protocol to identify and make phone contacts with community vulnerable members. Weekly calls are made to ensure support needs are being met.
- Lassen Community Social Services follows up with individuals on self-isolation orders to see what supports they need while under quarantine.
- Lassen County has established a Liaison Section as part of the Incident Command to ensure regular communication with health care providers, correctional facilities, and other community agencies and organization representatives.
- Lassen County Health Officer has issued recommendations to the local correction facilities to limit the transport of inmates into Lassen County
- Lassen County keeps the public informed through a daily updated website, Lassencares.org, and through social media including LassenCares Facebook page. Lassen County representatives also have a regular presence on the local radio station, KJDX 93.3.
Lassen County Health Officer determines that Lassen efforts meets the intent of this indicator.

Indicator 3. The ability of the hospital and health systems to handle surges.

- Banner Lassen Medical Center is the only hospital in Lassen County. In partnership, we track available beds on a daily basis.
- We have an agreement and protocols in place to open an Alternative Care Site should BLMC experience a COVID-19 surge that negatively impacts available beds.
- Banner Lassen Medical Center Update, April 24, 2020 (Appendix E)

Lassen County Health Officer determines that Lassen efforts meet the intent of this indicator.

Indicator 4. The ability to develop therapeutics to meet the demand

- Lassen County ordered therapeutics through the MHOAC system (RDMHS then to the state.) Lassen received 1 case of Hydroxychloroquine - 140 bottles at 100 pills = 14,000 pills; an amount that will treat 20 to 60+ people depending on doses they need for treatment.
- Lassen County will continue to order therapeutics such as Hydroxychloroquine and any other therapeutics as they become available.
- Lassen County MHOAC will distribute to local healthcare providers as requested.

Lassen County Health Officer determines that Lassen efforts meet the intent of this indicator.

Indicator 5. The ability for businesses, schools, and child care facilities to support physical distancing.

- Lassen County has and will continue to provide sector specific guidance based on CHDP and CDC guidance to businesses.
- Lassen County will continue to provide technical assistance and onsite evaluations to businesses to ensure physical distancing practices and proper sanitation practices are in place.
- Lassen County Emergency Preparedness will provide technical assistance and supplies as available to local businesses and employers.
- Lassen County Office of Education is providing Distance Learning.

Lassen County Health Officer determines that Lassen efforts meet the intent of this indicator.

Indicator 6. The ability to determine when to reinstitute certain measures, such as the stay-at-home orders, if necessary.
• Lassen County Public Health is tracking COVID-19 test results, hospitalizations and hospital bed capacity, individuals living under self-isolation and/or self-quarantine orders, and regional COVID-19 data to provide us with signs of surge early warning indicators.

• Lassen County has the ability to quickly communicate and reinstate necessary health orders to mitigate the transmission of COVID-19.

*Lassen County Health Officer determines that Lassen efforts meet the intent of this indicator.*

**VII. Lassen County Plan Overview**

Ahead of releasing a phasing strategy with initial activities/businesses appropriate for reopening, the County shall monitor and work to ensure that the healthcare system is able to safely care for all patients, including having appropriate personal protective equipment (PPE) for healthcare workers, and that there is sufficient public health capacity to conduct contact tracing for all new cases and their close contacts. It will also be important that the community transmission of COVID-19 and the rate of associated hospitalizations is stable or declining.

Lassen County is also committed to dedicating staff to provide technical assistance to businesses to ensure that they have the information and/or resources needed to implement COVID-19 mitigation measures in their business model.

**Phase One**

**A. Individual Actions**

We ask that each resident of Lassen County make informed decisions and take the necessary steps to keep themselves and their families healthy throughout the duration of this pandemic including:

• Anyone who is feeling ill should stay home

• Continue social distancing – When in public, maximize physical distance from others (at least six feet).

• Maintain good hygiene practices – Washing hands, use hand sanitizer, cleaning frequently touched surfaces, covering coughs & sneezes, consider wearing a face mask in public.

• Social Settings – Limit social gatherings to 10 people or less.

• Vulnerable (high risk) individuals – Our Plan calls for high risk individuals to stay at home. Households with vulnerable members should be aware that other members of the household may increase risk of transmission if resuming normal activities. Precautions should be taken to protect the vulnerable household members.

• Non-essential travel is discouraged at this time.
B. Work and Business

We are asking that businesses provide appropriate physical distancing measures, and ensure sick employees do not come to work. Steps may include:

- Meeting rooms, break rooms and other common areas should be limited in capacity to provide physical distancing between employees and customers.
- If you are a medium to large employer, return employees back to work in phases or shifts, rather than all at once. This will maintain physical distancing in the workplace.
- Protection and accommodations should be provided to employees who are high risk for COVID-19.
- Clean frequently touched surfaces.
- Ensure sick employees remain at home or go home immediately if they become ill at work. Sanitize work areas used by sick employees immediately.

Owners and operators of businesses that have close contact services such as salons, barbers, bars, gyms, and offices are encouraged to limit the number of staff and clients in the building at any given time.

Steps shall include based on business:

- Social Distancing - Optimally less than 10 people in a small store or office. Social distancing should be maintained as much as possible to limit the number of exposures.
  For example, a salon has 10 chairs or booths, consider opening only 5 at one time and seating clients at every other chair/booth to allow for physical distancing.
- Provide as many services as feasible with limited contact for example:
- Online orders with in store pickup
- Limiting number of clients in a lobby or waiting area
- Staggering appointments
- Clean frequently touched surfaces.

Restaurant dine-in options.

- Tables must allow for appropriate physical distancing.
- Take out options should continue to be promoted.
• Frequent cleaning and sanitation must occur.

Outdoor recreation
• Physical distancing should be promoted and maintained.
• If equipment is provided it should be cleaned after use (example: golf course providing golf clubs or golf carts)

Resources:
• Lassen County Environmental Health, (530) 251-8528
• www.LassenCares.org
• LassenCares Facebook Page

C. Mitigation, Evaluation, and Monitoring

Mass COVID-19 Testing
• Expand testing as testing capacity increases to be able provide testing to the lowest priority including community-based testing of all low-risk symptomatic persons and surveillance testing of asymptomatic persons.
• Support a state-provided COVID-19 testing facility in Lassen County based on the determination that Lassen County is a “testing desert” with no testing facilities located within 60 miles of City of Susanville.
• The local officials will evaluate the COVID-19 recovery response and modify the plan as follows:
  o Local healthcare facilities will continue to provide a minimum of weekly situation reports
  o Local and regional testing will be monitored
  o Case investigation and contact tracing will be conducted as needed
  o Coroner reports will be reviewed

If Lassen County receives a positive COVID-19 case, targeted mitigation measures will be initiated as determined by the EOC. This could include one or more of the following:
  o Increased monitoring of exposed contacts
  o Stricter quarantine of contacts
  o Increased recommended use of PPE
  o Recommended reduction in worksite staff
  o Sanitation of a specific facility
  o Closure or partial closure of a specific facility
  o Recommended reduction in social gatherings
  o Return to takeout only options for restaurants
  o Cancellation of elective procedures
If the increase in spread of illness is significant, the public will be asked to return to stricter protocols.

**Phase Two**

If Lassen County maintains zero positive COVID-19 cases or no significant increase in cases with no negative impact on capacity response, consider a further decrease in the recommended restrictions.

If Lassen County receives a positive COVID-19 case or a significant increase in cases occur, targeted mitigation measures will be employed as determined by the EOC as stated above under Phase One.

If the increase in spread of illness is significant, the public will be asked to return to stricter protocols.

**Phase Three**

If Lassen County maintains zero positive COVID-19 cases or no significant increase in cases with no negative impact on capacity response, consider a further decrease in the recommended restrictions as stated above under Phase One.

If the increase in spread of illness is significant, the public will be asked to return to stricter protocols.

**FINAL PHASE**

Transition to public health surveillance monitoring of infectious diseases, including prevalence and mitigation activities for influenza and coronavirus type illnesses.

We will continue to engage with the California Department of Public Health to ensure we stay current with state and federal health guidance.

**VIII. Risk Assessment**

Lassen County will provide levels of mitigation (substantial, moderate, low) required at each stage per CDC guidance.

Following an initial risk assessment, activities and businesses will be considered for reopening in Lassen County. Please note that all activities must adhere to social distancing, face covering guidance, and good hygiene practices regardless of their risk level.

With each new release of restrictions and business openings, amendments and new addenda will be added defining the industry, business and guidance or restrictions relative to reopening business. Subsequent addenda are subject to change, depending on the effectiveness of rolling out phases of loosened restrictions county-wide. The Guiding Principles referenced previously will be used in making these decisions. Low, medium, and high-risk labels will be further developed considering the likelihood of increased transmission, consequences of that transmission, and the County’s ability to mitigate transmission where possible.
Continuous Evaluation

Throughout the Lassen County Recovery implementation, the Public Health Officer and staff shall continuously evaluate key indicators including community-based cases, deaths, hospitalizations, and overall healthcare capacity. There are a variety of global, federal, state and academic documents providing guidance. As evaluation continues (and at any time), regression in these data points may be used to reverse business/activity openings or further or additional refinement in the County.

IX. Strategies to Achieve a Safe Reopening

The County shall provide guidance/orders on which types of businesses and activities are allowed. However, collaboration is required for how businesses might reopen safely and successfully.

The County shall use four primary strategies to achieve a safe reopening including:

- Stakeholder Engagement – specifically collaborating closely with the City of Susanville, Susanville Indian Rancheria, and the outlying communities.
- Communication Strategy,
- Alignment with State guidance/orders, and approval of the Plan
- Coordination with Businesses/Agencies including local Chambers of Commerce.

The intent of lessening restrictions is not to conflict with the State Public Health Order but to provide the necessary information to the State Public Health Officer in order for our Plan to be approved.

Our governance board, the Lassen County Board of Supervisors, will play an essential role in informing this roadmap, soliciting community feedback and driving the content of this plan. All of these strategies shall be informed by work conducted through a Multi-Agency Coordination group consisting of the agencies listed below, and through feedback provided by local elected officials and the Lassen County Board of Supervisors, who will play an essential role in crafting this roadmap in a manner that coincides with the County Health Officer’s Public Health Orders.

Stakeholder Engagement

The Lassen COVID-19 multi-agency Joint Incident Command was established with representatives from County, the City, the Susanville Indian Rancheria, the correctional facilities, and the Lassen Community College to research, coordinate, develop recommendations and effectively communicate relative to the reopening of Lassen County.

In addition to using members of the IC, the County will capitalize on vital communication between the members of the Lassen County Board of Supervisors and the community, social media, the LassenCares.org website, COVID-19 call center, and more to ensure
strong engagement between the citizens of Lassen County and this process.

Communication Strategy

A robust communication strategy is currently underway, this includes daily updates to the LassenCares.org website and social media postings, planned information/press releases with partner organizations, and continuous communication with media and public information staff at partner agencies. Communication with city and partner staff during the weekly IC meetings and PIO/Partner calls are critical elements of our communication strategy.

Alignment with State Order/Guidance

To the extent possible, within levels of local control, Lassen County’s efforts will align with the State Order and the six indicators articulated in the State strategy,

- The County will have ongoing strategies to meet, implement and/or monitor the following indicators put forth by the State:
  - The ability to prevent infection in people who are at risk for more severe COVID-19.
  - The ability of the hospital and health systems to handle surges.
  - The ability for businesses, schools, and childcare facilities to support physical distancing.
  - The ability to determine when to reinstitute certain measures, such as the stay-at-home orders, if necessary.

- Furthermore, the County will continually monitor the additional two indicators put forth by the State:
  - The ability to monitor and protect our communities through testing, contact tracing, isolating, and supporting those who are positive or exposed.
  - The ability to develop therapeutics to meet the demand.

Coordination with Businesses/Agencies

It is essential that the County retains the ability to coordinate with both businesses and local agencies within the County boundaries. To achieve this coordination, as noted above, the County’s IC and Emergency Operations Center (EOC) has included representatives from the IC team to coordinate with businesses within each of those jurisdictions. This team is essential to coordinating and communicating efforts with local code and law enforcement to ensure that any Public Health Order is being enforced properly.

X. Tentative Schedule

The following tentative schedule puts into the practice the risk assessment above. As the County’s response to COVID-19 evolves and more information is available, this schedule shall be updated according to guidance from the Public Health Officer. Furthermore, the time in between phases is subject to change as evaluation practices
and guidance evolves.

Phase One (May 2020)

Phase Two (May 2020)

Phase Three (June 2020)

Final Phase (July 2020)

Given the fluidity of the COVID-19 pandemic, the County response now and in the future must provide elasticity in its response that is not bound to a single time-line or method to ensure public health safety. Therefore, when reading the framework, it must be noted that any and all activities, and/or roll backs may be altered at any stage, due to either guidance from the Public Health Officer, Board of Supervisors, or new information gathered by staff and partner agencies that indicates a public health risk increase due to those activities.
ATTACHMENT A

Safety Guidelines for Reopening Close Contact Businesses
(barber, cosmetology, nail salon, massage therapist etc.)

In light of the COVID-19 pandemic Lassen County recommends the reopening of close-contact businesses with the following strict guidelines in order to protect the safety of clients and employees. These recommendations shall be used in conjunction with any licensing board rules regarding sanitation and cleanliness as well as any industry standards. These guidelines will be in effect during the period of the COVID-19 pandemic and will be adjusted as necessary and will be reduced when safe to do so.

- **Temperature checks** – Employers should consider use of a touchless infrared thermometer to check the temperature of employees each day and, of each client who enters the salon/shop. Any employee or client who has a temperature above 100.8 degrees F should be sent home immediately and not allowed to return to the salon/shop until they have no fever and no evidence of COVID-19 symptoms.
- **Ask**
  - Have you had a cough?
  - Have you had a fever?
  - Have you been around anyone exhibiting these symptoms within the past 14 days?
  - Are you living with anyone who is sick or quarantined?
- **Limit people in the shop/salon** - Salons/shops should consider seeing clients by appointment only. Salons/shops should consider telephonic or online scheduling. Limit the number of persons waiting area in the salon/shop. It is recommended that clients wait outside the salon/shop in their vehicle until the cosmetologist or barber is ready to serve them. It is recommended that persons not being serviced in the salon/shop wait outside the salon/shop. Salons/shops are not be used for social gathering places!
- **Maintain social distancing at all times** - Spacing between persons in the salon/shop should be at least six feet, except when staff are servicing clients. Salons/shops should consider additional spacing between booths, divider shields, and/or alternate work schedules to accomplish this.
- **Personal protective gear** –
  - **Wearing masks** - Salon/shop employees will be required to wear masks at all times. Salons may want to consider providing masks to clients. Clients should wear face masks to the extent possible while receiving services.
  - **Face shields** - If available, it is recommended that employees wear face shields when servicing clients.
  - **Gloves** - It is recommended that employees wear disposable gloves when servicing clients and change gloves between each client to the greatest extent possible.
  - **Capes** - Each client should be draped with a clean cape. Capes should be laundered following the fabric recommendations between each client, or salons/shops may consider using disposable capes and dispose of the cape after it is used.
  - **Smocks** - Employees should wear a clean smock between each client. Smocks should be laundered following the fabric recommendations between each client, or salons/shops may consider using disposable smocks and dispose of the smock after use on a client.
  - **Neck strips** - Employees should use protective neck strips around the neck of each haircut client.
  - **Hand-washing** - With soapy, warm water, for a minimum of 20 seconds will be required by employees between every client service.
ATTACHMENT A
Safety Guidelines for Reopening Close Contact Businesses
(barber, cosmetology, nail salon, massage therapist etc.)

- **Employee clothing** - Employees should arrive at the salon/shop showered and wearing clean clothing. Employees should change clothes before entering their homes when they return from work.

- **PPE** - such as gloves, gowns, drapes, linens and eye coverings should be changed between each client. These used items should be cleaned and disinfected or discarded in a closed container.

**Disinfection** –

- All salons/shops should be thoroughly cleaned and disinfected prior to reopening. Disinfect all surfaces, tools, and linens, even if they were cleaned before the salon/shop was closed.

- Use disinfectants that are EPA registered and labeled as bactericidal, viricidal and fungicidal. No product will be labeled for COVID-19 yet, but many will have human coronavirus efficacy either on the label or available on their website. The EPA has approved any product that has tested as effective against human coronavirus. If in doubt of the effectiveness, check the EPA website.

- Disinfectant for immersion of tools, must be mixed daily and replaced sooner if it becomes contaminated throughout the work day. Disinfectant only works on a clean surface so clean all surfaces and tools with hot soapy water or cleaning wipes (if using wipes, be sure to cover surface thoroughly) before disinfecting.

- Contact time on label must be observed for disinfectant to work. Contact time refers to how long the disinfectant is visibly wet on the surface allowing it to thoroughly destroy all of the pathogens. Typical contact time for immersion/sprays is 10 minutes, for disinfectant wipes is 2-4 minutes.

- Disinfectants used for immersion must be changed daily or sooner if it becomes contaminated (ex: hair/debris floating in solution or cloudy solution.)

- Disinfection is for hard non-porous surfaces, glass metal and plastic.

- Porous/soft surfaces cannot be disinfected and must only be used once and then discarded

- Launder all linens, towels drapes, and smocks in hot soapy water and dry completely at the warmest temperature allowed and store in an airtight cabinet. Store all used/dirty linens in an airtight container.

**Reception area** -

- Remove all unnecessary items such as magazines, newspapers, service menus, any other unnecessary paper products and decor. Wipe down all seats and tables; cloth chairs cannot be properly cleaned and disinfected, using a plastic cover should be considered.

- Wipe reception desk with disinfectant. Consider discontinuing use of paper appointment books or cards and replace with electronic options.

- Employees should frequently wash their hands after using the phones, computer, cash register and/or credit card machine. Wipe these surfaces between each use.

- Avoiding the exchange of cash can help greatly in preventing spread of virus, but if this is unavoidable, be sure to wash and sanitize hands well after each transaction. The use of credit/debit transactions is preferred, using touch/swipe/no signature technology.

- Clean and disinfect all retail areas, daily, including products. Try to avoid client touching products that they don’t plan to purchase.
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- Clean and wipe all door handles and other surfaces that are regularly touched by clients and staff with disinfectant wipes.
- Provide hand sanitizer and tissues for employees and clients.
- Consider placing floor stickers and signage that provide guidance for social distance.
- Placement of visible and appropriate signage to communicate to the customer that thorough sanitation procedures are in place.
- Consider placement of sneeze shields.

- Restrooms -
  - Clean and disinfect ALL restroom surfaces including floors, sinks and toilet bowls. Store paper products in a closed cabinet and provide antibacterial hand soap. Place trashcan by door. Remove anything that does not have to be in the restrooms.

- Shampoo bowls -
  - Clean and disinfect all bowls, hoses, spray nozzles, foist handles, shampoo chairs and armrests. Wipe down all back-bar products and shelves. Discard and replace any products that have not been stored in a closed container.
  - If available, wrap shampoo bowls in plastic and discarded between each client.
  - Consider asking clients to wash their own hair before entering the salon/shop.
  - Limit as much as possible face-to-face contact with clients and consider using face-shields by those employees providing shampoo services.

- Work Stations -
  - Clean and disinfect all work area surfaces. Clean and disinfect chairs, head rest, arm rests (the use of harsh disinfectants can damage leather chair, and cloth chairs cannot be disinfected, so please use a plastic covering). Clean and disinfect all reusable tools and store in an airtight closed container. Clean and disinfect all appliances, sheers, clippers, clipper guards, clippies, rollers, combs, brushes, rolling carts and any other items used in connection with servicing clients.
  - Check to make sure all products such as lotions, creams, waxes and scrubs have always been in a closed container, if not you must discard and replace.
  - Clean and disinfect all linen hampers and trash container and only use such container that can be closed and use with liners that can be removed and discarded.
  - Provide hand sanitizer at all work locations for employees and clients.
  - Consider station barriers between work stations.

- Pedicure Bowls -
  - Remove all parts that can removed.
  - Clean all removed parts with soap and water, rinse in clear water and then immerse into properly diluted disinfectant for full recommended contact time.
  - Scrub bowl with soap and water and replace removed parts to bowl.
  - Rinse with bowl with clean water.
  - Fill bowl with again with clean water and proper amount of disinfectant and let stand for proper time (at least 10 minutes).
  - If your bowl has jets, allow the jets run for a full 10 minutes with disinfectant.

- Treatment rooms -
  - Clean and disinfect all surfaces such as, chairs, tables, electrical appliances (don’t forget the cords).
ATTACHMENT A
Safety Guidelines for Reopening Close Contact Businesses
(barber, cosmetology, nail salon, massage therapist etc.)

- Clean and disinfect all linens and store in a closed container/cabinet.
- Clean and disinfect all hampers that hold soiled linens and be sure to use one that can be lined and closed.
- Remove and discard any products that could have been contaminated by improper unsanitary use. Replace with new product.
- Empty all wax pots and disinfect before refilling them with new wax. Purchase new single use applicators that can be deposed of in an airtight trash bin. The airtight trash bin should have a lid and should be lined with a disposable plastic bag.

- Administrative controls -
  - Employees who are sick will be expected to stay home.
  - Salon/shop owner/managers should provide training, educational materials, and reinforcement on proper sanitation, hand-washing, cough and sneeze etiquette, using PPE, and other protective behaviors.
  - Ensure break-rooms are thoroughly cleaned and sanitized and not used for congregating by employees.
  - Ensure that all sinks in the workplace have antibacterial soap available and paper towels.
  - Post handwashing signs in the restrooms.
  - Provide alcohol wipes for use at phone stations.
  - Be flexible with work schedules/salon hours to reduce the numbers of people (employees and clients) in salons/shops at all times in order to maintain social distancing.
  - Provide Barbicide® or EPA disinfectant wipes, liquid disinfectant containers, and Barbicide® concentrate/or EPA approved disinfectant for disinfecting technical implements and work areas.
  - Consider discontinuing hand relief treatments as well as scalp, neck, and shoulder massages during the COVID-19 pandemic.
Safety Guidelines for Reopening Health Clubs, Gyms and Fitness Centers

Daily Operations

- Encourage using appointments.
- Maintain a daily roster of all employees and members/guest names and telephone numbers.
  - Maintain record for at least 30-days.
- Post CDPH COVID-19 Updates, Guidance and Recommendations.

Enforce Social Distancing, Cleaning and Sanitation

- No gathering in groups.
  - Locker rooms and locker use are prohibited, except bathroom facilities.
    - Business shall provide soap, water and disposable towels in bathroom areas.
  - Court sports are prohibited.
  - Shower, sauna and hot-tub use is prohibited.
  - Discourage physical contact.
- Use of soft surfaces (carpeted floors) in fitness studios for stretching, Pilates, group fitness, yoga, floor-exercising is prohibited.
  - Difficult to clean items shall be removed from the facility (carpet mats, yoga mats, foam rollers, medicine balls, training/climbing rope.
  - Hard surface floors may be used but shall be cleaned and disinfected before and after every use.
    - Users must bring their own mat, cleaned and disinfected before and after every use.
- Equipment, cardio machines, free weight/weight machine spacing must be at least 6 feet or more spacing.
  - Limit group use of cardio and weight rooms to 9 or fewer people or 6 foot spacing, whichever is fewer people per room, including employees and childcare.
  - Addition patrons must wait outside the facility.
- Everyone including employees shall wear a cloth facemask.
- Member/user shall be required to wash hands or use hand sanitizer prior to first use of exercise equipment.
- Member/User shall wipe down equipment before and after use.
  - Provide disinfectant sprays and paper towels or disinfectant wipes for use at each workstation/workout station
    - User shall wipe down all touched surfaces and exercise equipment surfaces exposed to respiratory droplets from breathing, coughing or sneezing.
  - Business shall provide hand sanitizer at every exercise station
    - User shall use hand sanitizer prior to touching equipment.
  - Disinfectants for use per https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

Daily Cleaning:

- Owner shall conduct thorough cleaning of all equipment, surfaces and areas of the club and gym floor using disinfectant cleaning supplies: equipment, cycles, treadmills, hard surface floors, counters, bathrooms, telephones, handrails, rails, and doorknobs
• Adhere to CDC guidance for cleaning and disinfection for community facilities: https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html
ATTACHMENT C
Golf Course Guidelines

The following prevention strategies must be followed:

- There will be no driving range facilities open. This is to reduce the risk of patrons touching practice balls and entering facility buildings.
- The golf facility will not rent any equipment including clubs, electric carts, or push carts. Each golfer must have their own golf clubs and equipment unless they can properly sanitize each item after each use.
- The flagsticks will not be removed.
- Devices will be installed to prevent the ball from falling all the way in the hole or from entering the hole all together (raised cups).
- Bunker rakes, sand buckets/bottles, and ball washers will be removed or rendered inoperable unless hand sanitizer is made available at each hole.
- All dining or picnic tables, benches and chairs will be removed to avoid congregating.
- Limit the number of customers allowed in the facilities, including restrooms, pro shops and restaurants; purchases may be ordered for pickup.
- Sanitize facilities after each interaction.
- A golf marshal will ensure proper social distancing and no congregating or groups larger than 4.
- Tee times will be expanded to allow additional time in between tee times. This will result in increased spacing between golfing groups and players.

Rules to be Posted for All Golfers

- Golfers will maintain 6’ or more space in between each other.
- No more than 2 people to an electric carts.
- No high fives, handshakes, or hugs.
- Everyone must keep their own scorecards or a single person will be responsible for all scoring (no passing scorecards).
- No sharing clubs or other golf equipment.
America’s retailers have been on the front lines of the COVID-19 crisis, with grocers, pharmacies, and other retailers working hard to make sure every family has what they need as America has stayed home. However, many retailers were required to shut down storefronts throughout the country, furloughing over one million workers in order to protect our communities and stop the spread of the novel coronavirus.

With a focus on the health and wellness of both our employees and our customers, now is the time to prepare for the entire retail sector to safely re-open. Retailers have been learning from each other throughout this crisis, sharing leading practices and protocols to keep stores clean and sanitized, and keeping customers and employees as safe as possible. As an industry, we stand ready to assist governors and mayors with the important task of safely re-opening our Main Streets and storefronts again, with an underlying commitment to helping all families Shop Safe.

Retailers’ primary objective remains the health and safety of employees and customers, from distribution centers to stores. We envision an approach that relies on the protocols employed by those businesses which have remained open to the public since the beginning of this crisis. This approach also allows governors and state health departments to evaluate conditions, and allows businesses to open to the public with the confidence that all retailers will adopt the social distancing, hygiene, and sanitization practices necessary to keep customers, employees, and the entire community safe.

The key to this approach is adopting a blueprint that puts in place uniform statewide rules of operations. The protocols we propose were developed in accordance with CDC guidelines and benchmarking between leading retailers who have shared their operational experiences over the past six weeks. A mutually agreed upon blueprint will accomplish three key objectives: (1) Protect our communities (2) Allow for the safe reopening of retail and (3) Establish clear expectations for employees and customers. We will endeavor to update these recommendations as conditions change or if guidance from the CDC leads to the adoption of new protocols.
A fully functioning supply chain with all distribution centers operational is crucial for retailers to meet the needs of customers. In addition to directing goods to store shelves, distribution centers are vital to e-commerce and other contactless forms of shopping. All states and jurisdictions should allow the consistent and complete re-opening of the nation’s distribution centers and warehouses, so long as retailers follow established social distancing, hygiene, and sanitization guidelines recommended by the CDC.

Retailers have established and implemented safety protocols to allow contactless pickup and in-home deliveries. In these operations, a limited number of employees are allowed in stores that are closed to the public to fulfill online orders and deliver purchases to customers who drive or walk up, observing appropriate social distancing. Restaurants have been permitted in most jurisdictions to maintain limited operations by utilizing contactless pickup and delivery. We believe these operations should be expanded to include retailers immediately across all states and jurisdictions, provided that retailers are following the established practices of social distancing, hygiene, and sanitization guidelines outlined below.

Retailers encourage state governments to rely on the CDC, state health departments, and other health experts to determine when to move to Phase 2. During this phase, retailers open additional stores to the public with robust health and safety protocols in place to protect customers and employees and to mitigate the spread of the virus so COVID-19 does not revert.

As governors prepare new Executive Orders to allow the re-opening of all retail stores to the public, we strongly urge governors to take the lead and create clarity for all retailers, local governments, law enforcement, and consumers with consistent social distancing, hygiene, and sanitization guidelines. Uniform, statewide standards ensure the reopening of the economy is safe, efficient, and productive for customers, employees, and enforcement agencies alike. To further provide uniformity for retailers and consumers, we suggest that governors define a single state agency to lead and coordinate enforcement of public health and safety orders across each state.

We also ask governors to establish personal responsibility expectations for Americans as they move about in public spaces, such as requiring face coverings where appropriate, washing hands frequently, and staying home when ill. Retailers are committed to posting signage and providing frequent reminders to customers about health and safety responsibilities; however, it must be the role of trained law enforcement professionals to enforce state laws and orders.
Recommended Protocols for Retail Employees & Customers (Phase 1 & 2)

SOCIAL DISTANCING – EMPLOYEES
- Ensure employees stay 6 feet apart whenever practical.
- Adjust seating in break rooms, cafeterias, and other common areas to reflect social distancing practices.
- Prohibit gatherings or meetings of employees of 10 or more during working hours, permit employees to take breaks and lunch outside, in their office or personal workspace, or in such other areas where proper social distancing is attainable.
- Restrict interaction between employees and outside visitors or truck drivers; implement touchless receiving practices if possible.
- Adjust training/onboarding practices to limit number of people involved and allow for 6 foot spacing; use virtual/video/audio training when possible.
- Discourage employees from using colleagues’ phones, desks, workstations, radios, handhelds/wearables, or other work tools and equipment.
- Prohibit handshaking and other unnecessary person to person contact in the workplace.

SPECIAL PROTOCOLS FOR HOME DELIVERY/INSTALLATION EMPLOYEES
- Wear protective face coverings and gloves during in-home delivery and/or installation services.
- Ensure proper social distancing between employee and customer.
- Clean and disinfect any surfaces which will be regularly contacted throughout the duration of any installation.
- When delivery/installation is complete, clean and disinfect all surfaces which were contacted throughout installation.
- Clean and disinfect any tools or supplies used throughout delivery/installation upon leaving the home.

SOCIAL DISTANCING – CUSTOMERS (PHASE 2)
- Retail store occupancy limits will be informed by each state’s demographics public health experience, and social distancing policy. To support smaller retail businesses, who may lack staff necessary to closely monitor customer flow, we recommend reducing store occupancy to no more than 50%, and no less than 20%, of the stated maximum store capacity according to the National Fire Code. Alternatively,
thresholds of no more than 5 customers per 1,000 square feet of total store square footage excluding employees, may also be appropriate. States that have already established similar occupancy limits should continue with standards already in place.

- Place conspicuous signage at entrances and throughout the store alerting staff and customers to the required occupancy limits, six feet of physical distance, and policy on face covering.
- Establish hours of operation, wherever possible, that permit access solely to high-risk individuals, as defined by the CDC.
- Demarcate six feet of spacing in check-out lines to demonstrate appropriate spacing for social distancing.
- Ensure six feet of distance between customers and cashiers and baggers, except at the moment of payment and/or exchange of goods.
- Arrange for contactless pay options, pickup, and/or delivery of goods wherever practical.

**HYGIENE**

- Require infection control practices, such as regular hand washing, coughing and sneezing etiquette, and proper tissue usage and disposal.
- Encourage employees to engage in repeated handwashing/sanitization throughout the workday.
- Provide sanitization materials, such as hand soap, hand sanitizer, and sanitizing wipes to employees.
- Require the use of gloves and regularly sanitize community technology and equipment such as POS, cash registers, copy machines, etc.

**SANITIZATION**

- Require frequent sanitization of high-touch areas like restrooms, fitting rooms, doors, PIN pads, and common areas.
- Ensure operating hours allow downtime between shifts for thorough cleaning.
- Provide sanitization materials, such as sanitizing wipes, to employees to clean handhelds/wearables, scanners, radios, or other work tools and equipment before/after use.
- Clean and disinfect high-touch areas routinely, particularly in spaces that are accessible to staff, customers, and suppliers.
- Ensure cleaning procedures following a known or potential exposure in a facility comply with CDC recommendations.
- Have deep cleaning response plan in place, in the event of an associate(s) testing positive.
- Follow CDC guidance related to returned merchandise before returning items to the sales floor.
- Allow retailers to suspend or extend the time period for customers to return items.

**PROTECTIVE FACE COVERINGS**

- Require workers, contractors, and drivers to wear face coverings while on the premises.
- Strongly encourage customers to wear face coverings while on the premises.
- Post signage for customers to understand the importance of wearing face coverings.
- PSAs from law enforcement urging consumers to act responsibly and utilize face coverings—it should not be the responsibility of retailers to enforce.

**HEALTH SCREENING**

- Encourage employees to self-evaluate (before they arrive for shifts) for signs of illness (such as a fever over 100.4, cough, or shortness of breath).
- Require associates who exhibit signs of illness not to report to work and encourage them to seek medical attention prior to returning.
PHASE 3

ESTABLISH PROTECTION, THEN LIFT ALL RESTRICTIONS

Retailers encourage state governments to rely on the CDC, state health departments, and other health experts to determine when to move to phase 3. During this final phase, retailers will have discretion to remove COVID-related operational protocols except for those related to enhanced sanitization and screening practices.

The proposed retail health and safety protocols are designed to maintain sanitization while returning operations to the new normal. Consistent with health expert guidance, we urge governors to suspend or relax all social distancing requirements at this time.

Recommended Protocols for Retailers for Phase 3

SANITIZATION

- Provide sanitization materials, such as hand soap, hand sanitizer, and sanitizing wipes to staff.
- Frequent sanitization of high-touch areas like restrooms, breakrooms, credit card machines, keypads, counters, and shopping carts.
- Clean and disinfect high-touch areas routinely, particularly in spaces that are accessible to staff, customers, and suppliers, and ensure cleaning procedures following a known or potential exposure in a facility are in compliance with CDC recommendations.

SPECIAL PROCOTOLS FOR HOME DELIVERY/INSTALLATION EMPLOYEES

- Require infection control practices, such as regular hand washing, coughing and sneezing etiquette, and proper tissue usage and disposal.
- Encourage employees to frequently handwash/sanitize throughout the workday.
- Separate employees who become sick during the day and send home.
- Encourage employees to not come to work if not feeling well.

There is no doubt that even under the most optimistic of scenarios, American families will be adjusting to a "new normal" for some time to come. The entire retail sector is prepared to meet this challenge and give consumers confidence in our ability to safely and warmly welcome them back into our stores. We appreciate the tireless efforts of America’s governors to safeguard our communities throughout this crisis, and we are ready to work together to safely re-open our economy.
GUIDANCE FOR CLEANING AND DISINFECTING
PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

This guidance is intended for all Americans, whether you own a business, run a school, or want to ensure the cleanliness and safety of your home. Reopening America requires all of us to move forward together by practicing social distancing and other daily habits to reduce our risk of exposure to the virus that causes COVID-19. Reopening the country also strongly relies on public health strategies, including increased testing of people for the virus, social distancing, isolation, and keeping track of how someone infected might have infected other people. This plan is part of the larger United States Government plan and focuses on cleaning and disinfecting public spaces, workplaces, businesses, schools, and can also be applied to your home.

Cleaning and disinfecting public spaces including your workplace, school, home, and business will require you to:

- Develop your plan
- Implement your plan
- Maintain and revise your plan

Reducing the risk of exposure to COVID-19 by cleaning and disinfection is an important part of reopening public spaces that will require careful planning. Every American has been called upon to slow the spread of the virus through social distancing and prevention hygiene, such as frequently washing your hands and wearing face coverings. Everyone also has a role in making sure our communities are as safe as possible to reopen and remain open.

The virus that causes COVID-19 can be killed if you use the right products. EPA has compiled a list of disinfectant products that can be used against COVID-19, including ready-to-use sprays, concentrates, and wipes. Each product has been shown to be effective against viruses that are harder to kill than viruses like the one that causes COVID-19.
This document provides a general framework for cleaning and disinfection practices. The framework is based on doing the following:

1. Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.

2. Disinfection using EPA-approved disinfectants against COVID-19 can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.

3. When EPA-approved disinfectants are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or other cleaning and disinfection products together--this can cause fumes that may be very dangerous to breathe in. Keep all disinfectants out of the reach of children.

Links to specific recommendations for many public spaces that use this framework, can be found at the end of this document.

*It’s important to continue to follow federal, state, tribal, territorial, and local guidance for reopening America.*

**A Few Important Reminders about Coronaviruses and Reducing the Risk of Exposure:**

- Coronaviruses on surfaces and objects naturally die within hours to days. Warmer temperatures and exposure to sunlight will reduce the time the virus survives on surfaces and objects.

- Normal routine cleaning with soap and water removes germs and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.

- Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading infection. EPA-approved disinfectants are an important part of reducing the risk of exposure to COVID-19. If disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions).

- Store and use disinfectants in a responsible and appropriate manner according to the label. Do not mix bleach or other cleaning and disinfection products together--this can cause fumes that may be very dangerous to breathe in. Keep all disinfectants out of the reach of children.

- Do not overuse or stockpile disinfectants or other supplies. This can result in shortages of appropriate products for others to use in critical situations.

- Always wear gloves appropriate for the chemicals being used when you are cleaning and disinfecting. Additional personal protective equipment (PPE) may be needed based on setting and product. For more information, see CDC’s website on Cleaning and Disinfection for Community Facilities.

- Practice social distancing, wear facial coverings, and follow proper prevention hygiene, such as washing your hands frequently and using alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available.

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If you oversee staff in a workplace, your plan should include considerations about the safety of custodial staff and other people who are carrying out the cleaning or disinfecting. These people are at increased risk of being exposed to the virus and to any toxic effects of the cleaning chemicals. These staff should wear appropriate PPE for cleaning and disinfecting. To protect your staff and to ensure that the products are used effectively, staff should be instructed on how to apply the disinfectants according to the label. For more information on concerns related to cleaning staff, visit the Occupational Safety and Health Administration’s website on Control and Prevention.
DEVELOP YOUR PLAN

Evaluate your workplace, school, home, or business to determine what kinds of surfaces and materials make up that area. Most surfaces and objects will just need normal routine cleaning. Frequently touched surfaces and objects like light switches and doorknobs will need to be cleaned and then disinfected to further reduce the risk of germs on surfaces and objects.

- First, clean the surface or object with soap and water.
- Then, disinfect using an EPA-approved disinfectant.
- If an EPA-approved disinfectant is unavailable, you can use 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions to disinfect. Do not mix bleach or other cleaning and disinfection products together. Find additional information at CDC's website on Cleaning and Disinfecting Your Facility.

You should also consider what items can be moved or removed completely to reduce frequent handling or contact from multiple people. Soft and porous materials, such as area rugs and seating, may be removed or stored to reduce the challenges with cleaning and disinfecting them. Find additional reopening guidance for cleaning and disinfecting in the Reopening Decision Tool.

It is critical that your plan includes how to maintain a cleaning and disinfecting strategy after reopening. Develop a flexible plan with your staff or family, adjusting the plan as federal, state, tribal, territorial, or local guidance is updated and if your specific circumstances change.

Determine what needs to be cleaned

Some surfaces only need to be cleaned with soap and water. For example, surfaces and objects that are not frequently touched should be cleaned and do not require additional disinfection. Additionally, disinfectants should typically not be applied on items used by children, especially any items that children might put in their mouths. Many disinfectants are toxic when swallowed. In a household setting, cleaning toys and other items used by children with soap and water is usually sufficient. Find more information on cleaning and disinfection toys and other surfaces in the childcare program setting at CDC's Guidance for Childcare Programs that Remain Open.

These questions will help you decide which surfaces and objects will need normal routine cleaning.

Is the area outdoors?

Outdoor areas generally require normal routine cleaning and do not require disinfection. Spraying disinfectant on sidewalks and in parks is not an efficient use of disinfectant supplies and has not been proven to reduce the risk of COVID-19 to the public. You should maintain existing cleaning and hygiene practices for outdoor areas.

The targeted use of disinfectants can be done effectively, efficiently and safely on outdoor hard surfaces and objects frequently touched by multiple people. Certain outdoor areas and facilities, such as bars and restaurants, may have additional requirements. More information can be found on CDC’s website on Food Safety and the Coronavirus Disease 2019 (COVID-19).

There is no evidence that the virus that causes COVID-19 can spread directly to humans from water in pools, hot tubs or spas, or water play areas. Proper operation, maintenance, and disinfection (for example, with chlorine or bromine) of pools, hot tubs or spas, and water playgrounds should kill the virus that causes COVID-19. However, there are additional concerns with outdoor areas that may be maintained less frequently, including playgrounds, or other facilities located within local, state, or national parks. For more information, visit CDC’s website on Visiting Parks & Recreational Facilities.
Has the area been unoccupied for the last 7 days?

If your workplace, school, or business has been unoccupied for 7 days or more, it will only need your normal routine cleaning to reopen the area. This is because the virus that causes COVID-19 has not been shown to survive on surfaces longer than this time.

There are many public health considerations, not just COVID-19 related, when reopening public buildings and spaces that have been closed for extended periods. For example, take measures to ensure the safety of your building water system. It is not necessary to clean ventilation systems, other than routine maintenance, as part of reducing risk of coronaviruses. For healthcare facilities, additional guidance is provided on CDC’s Guidelines for Environmental Infection Control in Health-Care Facilities.

Determine what needs to be disinfected

Following your normal routine cleaning, you can disinfect frequently touched surfaces and objects using a product from EPA’s list of approved products that are effective against COVID-19.

These questions will help you choose appropriate disinfectants.

Are you cleaning or disinfecting a hard and non-porous material or item like glass, metal, or plastic?

Consult EPA’s list of approved products for use against COVID-19. This list will help you determine the most appropriate disinfectant for the surface or object. You can use diluted household bleach solutions if appropriate for the surface. Pay special attention to the personal protective equipment (PPE) that may be needed to safely apply the disinfectant and the manufacturer’s recommendations concerning any additional hazards. Keep all disinfectants out of the reach of children. Please visit CDC’s website on How to Clean and Disinfect for additional details and warnings.

Examples of frequently touched surfaces and objects that will need routine disinfection following reopening are:

- tables,
- doorknobs,
- light switches,
- countertops,
- handles,
- desks,
- phones,
- keyboards,
- toilets,
- faucets and sinks,
- gas pump handles,
- touch screens, and
- ATM machines.

Each business or facility will have different surfaces and objects that are frequently touched by multiple people. Appropriately disinfect these surfaces and objects. For example, transit stations have specific guidance for application of cleaning and disinfection.

Are you cleaning or disinfecting a soft and porous material or items like carpet, rugs, or seating in areas?

Soft and porous materials are generally not as easy to disinfect as hard and non-porous surfaces. EPA has listed a limited number of products approved for disinfection for use on soft and porous materials. Soft and porous materials that are not frequently touched should only be cleaned or laundered, following the directions on the item’s label, using the warmest appropriate water setting. Find more information on CDC’s website on Cleaning and Disinfecting Your Facility for developing strategies for dealing with soft and porous materials.
GUIDANCE FOR CLEANING AND DISINFECTING PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

Consider the resources and equipment needed
Keep in mind the availability of cleaning and disinfection products and appropriate PPE. Always wear gloves appropriate for the chemicals being used for routine cleaning and disinfecting. Follow the directions on the disinfectant label for additional PPE needs. In specific instances, personnel with specialized training and equipment may be required to apply certain disinfectants such as fumigants or fogs. For more information on appropriate PPE for cleaning and disinfection, see CDC’s website on Cleaning and Disinfection for Community Facilities.

IMPLEMENT YOUR PLAN
Once you have a plan, it’s time to take action. Read all manufacturer’s instructions for the cleaning and disinfection products you will use. Put on your gloves and other required personal protective equipment (PPE) to begin the process of cleaning and disinfecting.

Clean visibly dirty surfaces with soap and water
Clean surfaces and objects using soap and water prior to disinfection. Always wear gloves appropriate for the chemicals being used for routine cleaning and disinfecting. Follow the directions on the disinfectant label for additional PPE needs. When you finish cleaning, remember to wash hands thoroughly with soap and water.

Clean or launder soft and porous materials like seating in an office or coffee shop, area rugs, and carpets. Launder items according to the manufacturer’s instructions, using the warmest temperature setting possible and dry items completely.

Use the appropriate cleaning or disinfectant product
EPA approved disinfectants, when applied according to the manufacturer’s label, are effective for use against COVID-19. Follow the instructions on the label for all cleaning and disinfection products for concentration, dilution, application method, contact time and any other special considerations when applying.

Always follow the directions on the label
Follow the instructions on the label to ensure safe and effective use of the product. Many product labels recommend keeping the surface wet for a specific amount of time. The label will also list precautions such as wearing gloves and making sure you have good ventilation during use of the product. Keep all disinfectants out of the reach of children.

MAINTAIN AND REVISE YOUR PLAN
Take steps to reduce your risk of exposure to the virus that causes COVID-19 during daily activities. CDC provides tips to reduce your exposure and risk of acquiring COVID-19. Reducing exposure to yourself and others is a shared responsibility. Continue to update your plan based on updated guidance and your current circumstances.

Continue routine cleaning and disinfecting
Routine cleaning and disinfecting are an important part of reducing the risk of exposure to COVID-19. Normal routine cleaning with soap and water alone can reduce risk of exposure and is a necessary step before you disinfect dirty surfaces.
Surfaces frequently touched by multiple people, such as door handles, desks, phones, light switches, and faucets, should be cleaned and disinfected at least daily. More frequent cleaning and disinfection may be required based on level of use. For example, certain surfaces and objects in public spaces, such as shopping carts and point of sale keypads, should be cleaned and disinfected before each use.

Consider choosing a different disinfectant if your first choice is in short supply. Make sure there is enough supply of gloves and appropriate personal protective equipment (PPE) based on the label, the amount of product you will need to apply, and the size of the surface you are treating.

Maintain safe behavioral practices

We have all had to make significant behavioral changes to reduce the spread of COVID-19. To reopen America, we will need to continue these practices:

• social distancing (specifically, staying 6 feet away from others when you must go into a shared space)
• frequently washing hands or use alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available
• wearing cloth face coverings
• avoiding touching eyes, nose, and mouth
• staying home when sick
• cleaning and disinfecting frequently touched objects and surfaces

It’s important to continue to follow federal, state, tribal, territorial, and local guidance for reopening America. Check this resource for updates on COVID-19. This will help you change your plan when situations are updated.

Consider practices that reduce the potential for exposure

It is also essential to change the ways we use public spaces to work, live, and play. We should continue thinking about our safety and the safety of others.

To reduce your exposure to or the risk of spreading COVID-19 after reopening your business or facility, consider whether you need to touch certain surfaces or materials. Consider wiping public surfaces before and after you touch them. These types of behavioral adjustments can help reduce the spread of COVID-19. There are other resources for more information on COVID-19 and how to Prevent Getting Sick.

Another way to reduce the risk of exposure is to make long-term changes to practices and procedures. These could include reducing the use of porous materials used for seating, leaving some doors open to reduce touching by multiple people, opening windows to improve ventilation, or removing objects in your common areas, like coffee creamer containers. There are many other steps that businesses and institutions can put into place to help reduce the spread of COVID-19 and protect their staff and the public. More information can be found at CDC’s Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission.
## CONCLUSION

Reopening America requires all of us to move forward together using recommended best practices and maintaining safe daily habits in order to reduce our risk of exposure to COVID-19. Remember: We’re all in this together!

Additional resources with more specific recommendations.

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COMMUNITY LOCATIONS

Critical Infrastructure Employees
- Interim Guidance for Critical Infrastructure Employees
- Cleaning and Disinfecting your Facility

Schools and childcare programs
- K-12 and Childcare Interim Guidance
- Cleaning and Disinfecting your Facility
- FAQ for Administrators
- Parent and Teacher Checklist

Colleges and universities
- Interim Guidance for Colleges & Universities
- Cleaning and Disinfecting your Facility
- Guidance for Student Foreign Travel
- FAQ for Administrators

Gatherings and community events
- Interim Guidance for Mass Gatherings and Events
- Election Polling Location Guidance
- Events FAQ

Community- and faith-based organizations
- Interim Guidance for Organizations
- Cleaning and Disinfecting your Facility

Businesses
- Interim Guidance for Businesses

Parks & Rec Facilities
- Guidance for Administrators of Parks

Law Enforcement
- What Law Enforcement Personnel Need to Know about COVID-19

Homeless Service Providers
- Interim Guidance for Homeless Service Providers

Retirement Homes
- Interim Guidance for Retirement Communities
- FAQ for Administrators

Correction & Detention Facilities
- Interim Guidance for Correction & Detention Facilities
- FAQ for Administrators

HOME SETTING

Preventing Getting Sick
- How to Protect Yourself and Others
- How to Safely Sterilize/Clean a Cloth Face Covering
- Cleaning and Disinfecting your Home
- Tribal - How to Prevent the Spread of Coronavirus (COVID-19) in Your Home
- Tribal - How to Care for Yourself at Home During Covid-19

Running Errands
- Shopping for Food and Other Essential Items
- Accepting Deliveries and Takeout
- Banking
- Getting Gasoline
- Going to the Doctor and Pharmacy

If you are sick
- Steps to Help Prevent the Spread of COVID19 if You are Sick
### TRANSPORTATION

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### RESTAURANTS & BARS

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Planning and Preparedness

Q: What actions should I take to plan for an outbreak?
A: Creating an emergency plan for mass gatherings and large community events, such as concerts and sporting events, can help protect the health of your staff, attendees, and the local community. This planning should include:

- Encouraging staff and attendees to stay home if sick.
- Developing flexible refund policies for attendees.
- Providing supplies for attendees and staff that can be used to help prevent the spread of germs.
- Consulting local public health officials about your event.

Q: What actions can staff and attendees take to prevent the spread of COVID-19?
A: Encourage staff and attendees to take everyday preventive actions (https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html) to help prevent the spread of respiratory illnesses, such as COVID-19. This includes:

- Cleaning your hands often.
- Avoiding close contact with people who are sick.
- Staying home when you are sick.
- Covering coughs and sneezes with a tissue or the inside of your elbow.
- Cleaning and disinfecting frequently touched surfaces.

Q: What are things to consider when determining if an event needs to be postponed or canceled?
A: Consult with local public health officials and continually assess, based on current conditions, whether to postpone, cancel, or significantly reduce the number of attendees (if possible) at an event or gathering. When determining if you should postpone or cancel a large gathering or event, consider the:

- Overall number of attendees or crowd size.
- Number of attendees who are at higher risk of developing serious illness.
- How close together attendees will be at the event.
- Potential ways to minimize economic impact to attendees, staff, and the local community.
- Amount of spread in local community and the communities from where your attendees are likely to travel.
- Needs and capacity of the local community to host or participate in your event.
Q: Is there information I can share with staff and attendees about COVID-19?

A: Share these resources to help people understand COVID-19 and steps they can take to help protect themselves:

Prevention and Treatment:

What to Do If You Are Sick:

Groups at Higher Risk:

FAQs: Pregnant Women and COVID-19:

FAQs: Coronavirus Disease-2019 (COVID-19) and Children:

Handwashing: A Family Activity:
https://www.cdc.gov/handwashing/handwashing-family.html

Handwashing: Clean Hands Save Lives
https://www.cdc.gov/handwashing/

Confirmed cases of COVID-19 in the community

Q: Do I need to cancel an event if there are confirmed cases of COVID-19 in the community?

A: If there is minimal or moderate spread of COVID-19 in the community, CDC recommends cancelling an:

- event that includes 250 people or more.

  » **3/29/20 UPDATE:** The President’s Coronavirus Guidelines for America -- Slow the Spread of Coronavirus (COVID-19):


  - Read the White House notice: https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf

- event likely to have 10 or more people who are at higher risk of serious COVID-19 illness. This includes older adults and people with underlying health problems such as lung or heart disease and diabetes.

Confirmed case of COVID-19 at an event

Q: What steps should I take if an attendee or staff person develops symptoms of COVID-19 while at the event?

A: If a staff member or attendee becomes sick at your event, separate them from others as soon as possible and until they can go home. Provide them with clean, disposable facemasks (https://www.cdc.gov/niosh/npptl/pdfs/UnderstandDifferenceInfographic-508.pdf) to wear, if available. If not available, provide them with a tissue or some other way to cover their coughs and sneezes. If needed, contact emergency services for those who need emergency care. Public transportation, shared rides, and taxis should be avoided for sick persons. Be sure to contact local public health officials regarding the possible case of COVID-19 at your event and how to communicate with staff and attendees about possible exposure to the virus. Read more about preventing the spread of COVID-19 if someone is sick (https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html).

Q: What is the best way to clean and disinfect the event space after a confirmed case of COVID-19 at my event?

A: CDC has guidance for cleaning and disinfecting rooms and areas where a person with suspected or confirmed COVID-19 has visited. See Environmental Cleaning and Disinfection Recommendations (https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html).

Event cancellations

Q: When does CDC recommend that I cancel or postpone an event?

A: If there is minimal or moderate spread of COVID-19 in the community, CDC recommends cancelling an:

- event that includes 250 people or more.

  » 3/29/20 UPDATE: The President’s Coronavirus Guidelines for America -- Slow the Spread of Coronavirus (COVID-19):


  - Read the White House notice: https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf

- event likely to have 10 or more people who are at higher risk of serious COVID-19 illness. This includes older adults and people with underlying health problems such as lung or heart disease and diabetes.

Coronavirus Disease 2019 (COVID-19)

Resources for Parks and Recreational Facilities

At all times...

1. Encourage your staff or community members to protect their personal health.
3. Clean surfaces that are frequently touched – things such as shared desks, countertops, kitchen areas, electronics, and doorknobs.
4. Limit events and meetings that require close contact.
5. Stay up to date on developments in your community.
6. Create an emergency plan for possible outbreak.
7. Assess if community members are at higher risk and plan accordingly.

During an outbreak in your area...

1. If you identify a case, inform people who might have been exposed.
2. Continue to safely clean and disinfect the person’s area.
3. Connect with your local health department.
4. Cancel large meetings or events.
5. Put your infectious disease outbreak plan into action.

Guidance Highlights for Parks and Recreational Facilities

For park visitors:
- Do not visit if you are sick or have symptoms of COVID-19.
- Practice social distancing by staying 6 feet away from others.
- Use everyday preventive actions.
- Avoid gathering in groups.
- Do not use playgrounds (including water playgrounds), hot tubs, or spas.

For park administrators:
- Promote social distancing and everyday preventive actions.
- Require staff who are sick to stay home.
- Keep bathrooms well-stocked with handwashing supplies.
- Clean and disinfect high-touch surfaces regularly.
- Limit the size of gatherings.
- Use flexible sick-leave and telework policies.
Appendix A

DECLARATION NO. 2020-01

DECLARATION OF A LOCAL HEALTH EMERGENCY IN LASSEN COUNTY RELATIVE TO THE NOVEL CORONAVIRUS – COVID-19

WHEREAS, a novel coronavirus, COVID-19, causes infectious disease and was first detected in Wuhan City, Hubei Province, China in December 2019. Symptoms of COVID-19 include fever, cough, and shortness of breath; outcomes have ranged from mild to severe illness, and in some cases death.

WHEREAS, Chinese health officials have reported tens of thousands of cases of COVID-19 in China, with the virus reportedly spreading from person-to-person. COVID-19 illnesses, most of them associated with travel from Wuhan, are also being reported in a growing number of international locations, including the United States.

WHEREAS, the number of reported cases of COVID-19 has escalated dramatically over a short period of time, and on January 30, 2020, the World Health Organization (WHO) declared the outbreak a "public health emergency of international concern" followed by a declaration on March 11, 2020, characterizing the outbreak as a "pandemic."

WHEREAS, WHO officials now report that sustained human-to-human transmission of the virus is occurring. Transmission from asymptomatic individuals has been documented. Suspected community transmission of the virus is occurring in the United States. Although the majority of individuals infected with COVID-19 recover from the disease without special treatment, there is significant potential for serious infection and death.

WHEREAS, on January 31, 2020, United States Health and Human Service Secretary Alex M. Azar II declared a public health emergency for the United States to aid the nation's healthcare community in responding to COVID-19.

WHEREAS, the Centers for Disease Control and Prevention (CDC) has determined that the virus presents a serious public health threat.

WHEREAS, on February 2, 2020, the federal government initiated the suspension of the entry of foreign nationals who were in China within the past fourteen (14) days. United States citizens, residents, and their immediate family members who were in the Hubei Province and other parts of mainland China are screened upon their entry into the United States. Those without symptoms traveling from areas of China (other than Hubei Province) are allowed to continue to their final destination, but are requested to self-quarantine in coordination with local public health officials for up to fourteen (14) days.

WHEREAS, on February 27, 2020, the CDC issued new guidelines to screen individuals suffering from a fever and/or signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath) for COVID-19 for a history of travel from China, Iran, Italy, Japan, and South Korea as well as patients suffering from a fever with severe acute lower respiratory illness (e.g., pneumonia, ARDS) requiring hospitalization and without alternative explanatory diagnosis (e.g., influenza).
WHEREAS, on March 2, 2020, Lassen County Public Health opened a Department Operation Center (DOC) for monitoring the COVID-19 pandemic in communication with the federal Center for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and locally with Banner Lassen Medical Center, Emergency Medical Services (EMS) agencies, and our health care providers to ensure they have the latest up to date CDC guidance on recommended infection prevention.

WHEREAS, COVID-19 rapidly evolved and on March 13, 2020 there are one thousand six hundred and twenty-nine (1629) confirmed cases of COVID-19 in the United States and forty-one (41) confirmed fatalities in the United States, as well as one hundred and fifty three thousand five hundred and seventeen (153,517) confirmed cases of COVID-19 and five thousand seven hundred and thirty-five (5,735) fatalities worldwide.

WHEREAS, it is anticipated that there will be more confirmed cases in California and the State of Nevada from non-travel, community transmission due to the increase of these cases in the country, combined with the worldwide uncontrolled spread of COVID-19.

WHEREAS, according to the United State Census Bureau Quick Facts for Lassen County approximately 15.2% of Lassen County's population is age 65 years or over, and older adults and individuals with underlying health conditions are particularly vulnerable to COVID-19.

WHEREAS, on March 17, 2020, Lassen County opened a call center to provide callers with information about COVID-19.

WHEREAS, on March 18, 2020, the Lassen County Department of Public Health opened a Joint Information Center to arrange all incident-related public information activities among various local agencies and organizations performing critical emergency information, crisis communications, and public affairs functions.

WHEREAS, on March 19, 2020, the Governor of the State of California wrote in a letter to the President of the United States that “We project that roughly 56 percent of our [California] population - 25.5 million people – will be infected with the virus [COVID-19] over an eight week period.”

WHEREAS, on March 19, 2020, the Lassen County Office of Emergency Services opened its Emergency Operations Center for the purpose of serving the planning, coordination, and asset allocation to respond to COVID-19.

WHEREAS, the Lassen County’s in-custody jail population and the staff who serve them are at greater risk of COVID-19 exposure due to the confined living and working conditions in the jail, challenges associated with isolation and containment in that environment, and difficulty of preventing introduction of infection due to the large numbers of people moving in and out of the facilities each day.

WHEREAS, the local emergency response is focusing on ensuring the health and safety of those most at risk of complications from COVID-19 disease.
WHEREAS, California Health and Safety Code section 101080 authorizes the County Health Officer to declare a local health emergency in the County, or any part thereof, whenever the Health Officer reasonably determines that there is an imminent and proximate threat of the introduction of any contagious, infectious, or communicable disease, chemical agent, non-communicable biologic agent, toxin, or radioactive agent.

WHEREAS, this declaration enables the County to more effectively respond to the outbreak, seek and utilize mutual aid, potentially obtain reimbursement, and ensure that the County's public health professionals and providers have all necessary personal protective equipment to provide quality care and keep our community safe.

Now, therefore, pursuant to Health & Safety Code section 101080, the Lassen County Health Officer declares:

1) The potential introduction of COVID-19 into Lassen County, including within the City of Susanville and upon the sovereign lands of the Susanville Indian Rancheria, is a threat to the public health within the meaning of Health & Safety Code section 101080.

2) A local health emergency is declared in Lassen County, including within the City of Susanville and upon the sovereign lands of the Susanville Indian Rancheria, commencing on or about 11 a.m./p.m. of the 20th day of March, 2020.

3) This Declaration shall remain in effect for no longer than seven (7) days unless it has been ratified by the Lassen County Board of Supervisors.

DATE: 3/20/20

KENNETH KORVER, MD
Health Officer
County of Lassen
HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19

ISOLATION ORDER

Date Order Issued: April 7, 2020

This Order is in effect until rescinded in writing by the Health Officer.

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately take the following actions:

Isolate themselves in their home or another residence until: (a) at least 3 days (72 hours) have passed since recovery, defined as resolution of fever without use of fever-reducing medications and improvement of respiratory symptoms (e.g., cough, shortness of breath). AND (b) at least 7 days since symptoms first appeared. Until this time, they may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.

Self-Isolation is immediately required if a person meets one or more of the following factors:

a. A positive lab test for COVID-19,
b. Signs and symptoms that are consistent with COVID-19 (i.e., fever, cough, shortness of breath or trouble breathing). OR
c. A physician has informed the individual that they are likely to have COVID-19.

These persons are required to self-isolate because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19. It protects everyone, including people who are high risk for serious illness, such as older adults and people with weakened immune systems.

Isolated individuals must isolate themselves in a residence and follow all directions in this order until they are no longer at risk for spreading COVID-19 based upon the following criteria.

a. At least 3 days (72 hours) have passed since recovery, defined as resolution of both fever without the use of fever-reducing medications and improvement of cough, shortness of breath and other symptoms AND
b. At least 7 days have passed since symptoms first appeared. OR

Kenneth Korver, M.D.
Health Officer, County of Lassen

Date: 4/7/20
Appendix C

LASSEN COUNTY
Kenneth G Korver, M.D. Public Health Officer

HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19
QUARANTINE ORDER
Date Order Issued: April 7, 2020
This Order is in effect until rescinded in writing by the Health Officer.

Quarantine Requirements for Household Contacts, Intimate Partners, Caregivers, and Close Contacts of Persons with or Likely to Have COVID-19.

A person is considered to be a close contact of a person with or likely to have COVID-19 if they (a) were within six (6) feet of a person who has or is likely to have COVID-19 for more than ten (10) minutes or (b) had unprotected contact with the body fluids and/or secretions (such as being coughed on/sneezed on, shared utensils or saliva or provided care without wearing protective equipment) of a person who has or is likely to have COVID-19, within 48 hours before that person’s symptoms began and until that person is no longer required to be isolated.

All individuals who know that they have been in close contact, as a household member, an intimate partner, a caregiver outside of a healthcare setting, or other close contact, as assigned above, with a person diagnosed with or likely to have COVID-19 are required to take the following actions:

Be quarantined in their home or another residence until 14 days from the last date that they were last in contact with the person who has or is likely to have COVID-19. Self-quarantine is necessary because an individual is at high risk for developing and spreading COVID-19, if that individual has had close contact, as defined above, with a person who has:

a. A positive lab test for COVID-19,
b. Signs and symptoms that are consistent with COVID-19 (i.e., fever, cough, shortness of breath or trouble breathing). OR
c. Been informed by a physician that they are likely to have COVID-19.

Individuals are required to quarantine themselves for the entire 14 day COVID-19 incubation period, the typical time between exposure and when symptoms and signs of the disease may develop. Quarantined persons may not leave their place of quarantine or enter any other public or private place during the period of quarantine, except to receive necessary medical care.

Kenneth Korver, M.D.
Health Officer, County of Lassen

Date: 4/7/20
Appendix D

LASSEN COUNTY

Kenneth G Korver, M.D. Public Health Officer

Guidance for the General Public for Face Covering

April 7, 2020

The United States Surgeon General and the CDC are recommending the use of face coverings by the public. The rationale behind this decision is that asymptomatic people can transmit the virus. Lassen County is now recommending that the public wear face coverings in public.

The following are examples of face coverings:

- Homemade cloth masks covering the nose and mouth
- Bandanas fashioned to cover the nose and mouth
- Scarves worn over the nose and mouth

A study published by Cambridge University Press, found that both homemade cloth masks and traditional surgical masks significantly reduced the amount of potentially infectious droplets expelled by the wearer, though surgical masks were three times better for preventing transmission.

What this means:

- Cloth masks/coverings are less effective than medical masks. Their use, even if imperfect is better than nothing at helping limit the spread of the virus.
- Using a face covering does NOT mean that it is okay to relax social distancing and hand washing measures.
- Homemade masks/face coverings that are re-used have the potential to hold onto viruses and bacteria. If you are using a homemade cloth facemask, wash it frequently with hot water and soap and let it dry completely.
- Avoid close contact with people who appear unwell or sick even when wearing a face masks/coversing.
- Businesses should consider obtaining homemade or cloth masks for their employees as part of their current safety protocol.

Kenneth G Korver, M.D.
Lassen County Public Health Officer

Dated: 7/2/20
April 24, 2020

On April 23, 2020, Banner Lassen Medical Center (BLMC) participated in a survey with the California Department of Public Health that was a focused review of the critical elements associated with the transmission of COVID-19. The intent of the survey was to assure the hospital is following CMS guidance that was in effect at the time of the survey in order to help decrease the potential for transmission of COVID-19 within the facility and community.

The Surveyor visited many areas of the facility, spoke with leadership and numerous staff members and reviewed numerous policies and procedures related to our COVID-19 response. The survey focused on many areas including:

- Process for triaging patients for registration and the screening of visitors.
- Policies and processes regarding standard and transmission-based precautions as well as general standard infection control practices.
- Observation of staff performing hand hygiene and appropriately using Personal Protective Equipment (PPE). Observation was also completed on aerosol generating procedures and that the appropriate process was in place.
- Completion and implementation of the Infection Prevention Control Plan which includes all related policies and procedures.
- Observation of environmental cleaning protocols.
- Education, monitoring and screening of staff members.

Banner Lassen Medical Center has completed a lot of work towards protecting our patients and community in preparation if we were to have an outbreak of COVID-19. We are pleased to share that the surveyor found no deficiencies during the visit and was impressed with all the work that the BLMC team has completed to prepare for the potential impact of the pandemic. They were also very proud of the citizens of Lassen County for all that the community is doing to continue to have no known cases of COVID-19.