Lassen County COVID-19 Counts:

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive Tests</td>
<td>9</td>
</tr>
<tr>
<td>Recovered</td>
<td>6</td>
</tr>
<tr>
<td>Active</td>
<td>3</td>
</tr>
<tr>
<td>Pending Tests</td>
<td>287</td>
</tr>
<tr>
<td>Negative Tests</td>
<td>1,896</td>
</tr>
<tr>
<td>Total Tests</td>
<td>2,192</td>
</tr>
</tbody>
</table>

Free Antibody Testing when You Donate Blood:

Did you want to receive anti-body testing? Vitalant recognizes the urgent need for blood and platelets in response to COVID-19 and your desire for antibody testing. For a limited time, they will test all blood, platelet and plasma donations for COVID-19 antibodies as an additional health service to their donors. This testing will provide critical insight into whether donors may have possibly been exposed to this coronavirus.

When is the Blood Drive?
Vitalant will be in Susanville July 28th, July 29th, and July 30th for a blood drive at Susanville Community LDS Church.

Lassen County
Cares
Local COVID-19 Information

How Are We Keeping Staff and Donors Safe?
- Temperature checks – you must be under 99.5 F at check in
- Social distancing
- Continuous sanitation
- Masks required by staff and donors

What if I Have More Questions or Need More Information?
Vitalant has more information on their website including:
- Eligibility Information
- Protecting Donors, Staff, Coordinators, and Patients (includes social distancing)

https://www.vitalant.org/covid-faqs.aspx

DATE: 6/19/2020
TIME: 4:30 PM

Positive Cases for Neighboring Counties:

<table>
<thead>
<tr>
<th>County</th>
<th>Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>California:</td>
<td></td>
</tr>
<tr>
<td>Modoc</td>
<td>0</td>
</tr>
<tr>
<td>Sierra</td>
<td>1</td>
</tr>
<tr>
<td>Trinity</td>
<td>2</td>
</tr>
<tr>
<td>Plumas</td>
<td>6</td>
</tr>
<tr>
<td>Tehama</td>
<td>32</td>
</tr>
<tr>
<td>Siskiyou</td>
<td>21</td>
</tr>
<tr>
<td>Shasta</td>
<td>62</td>
</tr>
<tr>
<td>Butte</td>
<td>94</td>
</tr>
<tr>
<td>California</td>
<td>165,416</td>
</tr>
</tbody>
</table>

| Other:   |       |
| Washoe   | 2,137 |
| US       | 2,178,710 |

Incident Commanders:
Dean Growdon, Lassen County Sheriff
Barbara Longo, Director of Health and Social Services

Public Information Officer:
Richard Egan, CAO
One of the best parts of living in Lassen County is getting outside during the warm weather. The California Department of Parks and Recreation released their COVID-19 resource center on June 10th.

Visitor Guidelines for State Parks:
Here are some visitor guidelines State Parks have implemented to reduce the risk of exposure to COVID-19 in the outdoors:

Plan Ahead – Prior to leaving home, check the webpage of the park unit you plan to visit to find out if it is open, if parking is available, if camping reservations can be booked and what visitor guidelines are in effect.

Leave it at Home – The use of coolers, umbrellas, shade tents, barbecues or chairs are not allowed in many park units.

Keep it Moving – Passive recreation (lounging, picnics, sunbathing, etc.) is being restricted where physical distance is a challenge. In those areas, only active recreation (walking, running, biking, boating, kayaking, off-highway riding, etc.) will be allowed. Also, watch out for one-way trails.

Boating – Do not raft up to other boaters or pull up onto a beach next to other recreators.

Stay Safer at 6 feet - No matter the recreational activity, maintain a physical distance of 6 feet or more. Your guests should only include those within your immediate household. This means no guests or friends, and no gatherings, picnics or parties. Visitors are being asked to leave if there are too many people to allow for the required physical distance.

Off-highway Vehicle Recreation - Do not ride next to others or pull up next to someone else as it could put you in close proximity to others. Stage 10 feet or more from each other during unloading and loading.

Camping - If you are camping in an RV, please use the restrooms in your own unit. This will help reduce the use of the shared restrooms at campgrounds.

Stay Local – Although businesses around the state are opening up, stay close to home. Parking is very limited or non-existent at park units across the state. Walk or bike to parks in your local neighborhood. Do not travel if you are sick or if someone in your household has had coronavirus in the last two weeks.

Stay Covered – If your county requires the use of face coverings, please wear one. It is recommended that you carry a mask in the outdoors in case you cannot maintain physical distancing from others while hiking or going into a public area.

www.parks.ca.gov/?page_id=30350

Other Activities and Their Modifications:

Today Magazine released their Article: How to cope with quarantine fatigue in the new normal which includes the following ideas:

Block Party Dinners – Bring tables to the street or front yard to eat with your friends. Remember to set the tables 15 or 20 feet apart! Campfires in the backyard are a great way to bring everyone together.

Picnics Outside – Use disposable silverware and dishes to have a nice lunch outside. Bring hand sanitizer and Clorox Wipes for clean-up.

Family Zoom or Viewing Parties – Have weekly family meetings on zoom from the safety of your own home. Viewing parties allow at-risk family members to join. Watch movies or shows together.

Take a Virtual Tour - Missing family vacations? Go on a virtual tour with family members: White House, Arlington National Cemetery, Tour a National Park Virtually, etc.

Camp or have a drive-in in your backyard - Setup a sheet and projector or a tent. Limit the number of people per tent. Use social distancing to keep everyone staff.

Flatten the COVID-19 Curve at Parks by

- Taking soap & hand sanitizer
- Maintaining social distance of 6ft or more when walking, hiking, jogging or biking.
- Covering mouth when coughing/sneezing with a tissue or your elbow.

#FlattenTheCurve #SocialDistancing
Local Resources:
LassenCares.org:
Guidance and Fact Sheets under “Roadmap to Recovery”
Child Care
Close Contact
Restaurants
Dine-in Restaurants
Fitness Center
Retail
Business Checklist

State Resources:
Industry Guidance
covid19.ca.gov/industry-guidance/
Agriculture and livestock
Auto dealerships
Communications infrastructure
Construction
Delivery services
Energy and utilities
Food packing
Hotels and lodging
Etc.

Local Plans:
LassenCares.org:
(Front Page)
Lassen County Incident Action Plan
Lassen County Roadmap to Recovery

Frequently Asked Questions to the Call Center:

Q: How Can I Get Tested for COVID-19 (novel coronavirus)?
A: Public Health is having open testing Monday through Friday for the next two weeks. You can register online at LassenCares.org or call the COVID-19 Call Center at (530) 251 – 8100. For more information see the Testing Schedule on page 4.

Q: What if I am having trouble registering? Or the appointments are full, what can I do?
A: Please select any available date and time, arrive at the testing center of your choice, and they will assist you from there. You can also register in person at the testing cite. It just takes a little more time.

If you have having trouble, call the COVID-19 Call Center at (530) 251-8100.

Q: Can Close Contact Businesses Open by Friday?
A: Almost all of the businesses that have completed the Business Readiness Survey have been approved to open. Call the COVID-19 Call Center to get an update on the status of your business plan.

Resources Page:
Exposure Reduction Survey for Businesses:
Lassen County Officials are working to reopen businesses and need information from entities that serve or interface with the public to determine if they are able to operate safely under California Public Health guidelines.

Survey Link:

Incident Action Plan:
The Lassen County Incident Command released the Incident Action Plan to the public. This document is updated based upon the evolving circumstances. To review the plan, please visit:
https://m.box.com/shared_item/https%3A%2F%2Fcalfire.box.com%2Fs%2Fwi6bjiyar7b3owctz1drwnlnewtkwkg/bwse/107933501748
Governors Guidance for the Use of Face Cover:  
On June 18th, the Governor released guidance for the use of face covers in high-risk situations. People in California must wear face coverings when they are in the high-risk situations listed below:

- Inside of, or in line to enter, any indoor public space;  
- Obtaining services from the healthcare sector  
- Public Transportation: 
  - Waiting for or riding on public transportation  
  - Driving or operating any public transportation or paratransit vehicle, taxi, or private car service or ride-sharing vehicle  
- Outdoors in public spaces - where a physical distance of 6 feet from persons who are not members of the same household or residence is not feasible

The guidance provided a list of requirements for workspaces: both in the workplace and out of office work. It also provided a list of exemptions. The Incident Command and County Officials are determining the details of those exceptions. They urge the public remain understanding as our local businesses move to comply with these orders.

The whirlwind of new guidance and requirements is frustrating and hard to keep up with. But now more than ever, it is important to call upon our sense of community! We can all do our part to be patient, comply with the guidance, and continue to move forward.  