

Heart Strings Advocate Covenant Agreement BETWEEN

I,	, agree to the following covenant:
(Print Full Name)	

MEMBERSHIP

- 1. As an Advocate of Heart Strings, I have purchased at least ONE Heart Strings Bracelet.
- 2. Once my Heart Strings Bracelet is received, I will post to my social media in which I will tag @HeartStringsBracelet and utilize the branded #HeartStringsBracelet hashtag. Heart Strings encourages me to continue to represent the cause by posting occasionally to my social media.
- 3. By purchasing a Heart Strings Bracelet, I agree to stand by these foundations.

FOUNDATIONS

HEALING

- 1. As an Advocate, I am committed to being part of the bullied victim's healing process.
- 2. I will be kind and compassionate to victims of bullying.
- 3. I will give suggestions to help guide the victim toward healing.

EVERYONE

- 1. As an Advocate, I agree that ALL are welcome to participate in Heart Strings.
- 2. I agree that I will not discriminate against any victim because of any of the following: Race, Creed, Sexual Orientation, Gender Identity, Age, Class, Weight, Appearance, or Ability.
- 3. If I, as an Advocate, do not feel comfortable or prepared to speak with a victim because of my safety or any other reason, I will refer the victim to Heart Strings Online Advocate Messaging System.

ADVOCACY

- 1. As an Advocate, I understand that I am called to provide advocacy to victims of bullying.
- 2. Advocacy can come in many different forms but not limited to the following: listening ear, soundboard (let them vent), teaching simple coping techniques, suggesting simple confrontation tips, reporting incidents to proper authorities, keeping the conversations confidential if appropriate, upholding your word in providing said advocacy.
- 3. If I do not feel comfortable speaking with a victim for any reason, I can refer them to the Heart Strings Online Advocate messaging system.
 - 1. I will let Heart Strings know that I have referred someone (please include reasoning) to the online Advocate messaging system.
 - 2. This referral is considered advocacy.
- 4. If I am unsure how to provide advocacy for any situation, I will not hesitate to contact Heart Strings for guidance.

RESOURCES

- 1. As an Advocate, I will do my best to provide helpful resources to victims of bullying.
- 2. I understand that if I do not have the resources available for any situation, I can contact Heart Strings for suggestions.
- 3. I understand that I may also ask other Advocates for their opinion on how to handle a certain situation.

- 4. I may also ask other trusted people for suggestions on how to handle situations.
- 5. If I cannot handle a specific situation, I will pass the victim on to the Heart Strings online Advocate messaging system
 - 1. See Advocacy 3.1-3

TRUST

- 1. I understand that one of the most important foundations of Heart Strings is trust.
- 2. If a victim cannot trust me as an Advocate, there will be no healing.
- 3. Maintaining a trustworthy relationship is vital to the victim.
- 4. If I have agreed not to speak to others about an incident, I will keep it confidential unless the victim is in danger.
 - 1. Danger includes but is not limited to the following: sexual assault, abuse, or harassment, physical violence that leaves a visible mark on the victim, inappropriate conduct between an adult and a minor, mental abuse that has caused the victim serious harm, or incidents or self harm that causes a concern for the victims immediate safety.
 - 2. I know that if I am unsure if an incident is a dangerous situation, I can reach out to Heart Strings, local authorities, or other trusted person to help determine the situation.
 - 3. If the incident is dangerous, I will report the incident immediately to the appropriate authorities ie: administration, law enforcement, child protective services, etc.

LIABILITY

- 1. I understand that I should always keep myself safe when providing advocacy to a victim.
 - 1. I agree not to meet unknown victims alone in private locations.
 - 2. I understand that if I do not feel safe or comfortable around a victim, I can refer them to the online Advocate messaging system.
 - 3. I agree that if any incident with a victim occurs that makes me feel uncomfortable or in danger, I will not hold Heart Strings liable for the incident.
 - 4. Heart Strings encourages me to be cautious in how I approach each situation and always maintain safe boundaries to keep not only myself but the victim safe.
 - 5. I understand that Heart Strings is not a medical doctor or professional counselor.

I, the Advocate, have read the above covenant and I agree to follow the covenant to the best of my
ability. I understand that if I am found to have been acting inappropriately, according to the above
guidelines, while representing Heart Strings, I should no longer participate in the cause.

Signature:	Date:	