



Hourly Postpartum Support

- **Breastfeeding support**
- **Bathing Assistance**
- **Day or night infant support**
- **Self-care postpartum recovery support**
- **Meal planning and preparation**
- **Light housekeeping**
- **Post Partum mental health support**
- **Infant sleep solutions**
- **Support for multiples**

\$40.00 Hr