

The Ultimate Package

- Text/email support throughout your pregnancy
- 2 Prenatal Visits including creating your
 Birth Plan and nursery setup
- Attendance of prenatal appointments
- On-call support 24 hours a day starting at 37 weeks
- Labour and Birth support from the start of active labour to 3 hrs postpartum
- Use of TENS machine and other birthing aids

Two 4 hour postpartum visits

\$1500.00