

## OUR LADY AND ST. HELEN'S



### CONDORRAT.

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Priest: Rev. Paulinus Onyenuru OP.

Deacon: Paul McNair

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#### Mass times

Monday to Friday	10 am
Saturday Vigil Mass	6 pm
Sunday	10 am & 12 noon

#### Adoration of the Blessed Sacrament

Monday to Friday	9:00 -9:45 am
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#### Confessions

Tuesday and Thursday	9:20 am
Saturday	5:20 pm

The Most Holy Trinity -A  
Sunday, 31<sup>st</sup> of May, 2026.

#### 1<sup>st</sup> Reading: Exodus 34:4b-6, 8-9

*The Lord, the Lord, a God merciful and gracious.*

#### Responsorial Psalm: Daniel 3

*To be praised and highly exalted.*

#### 2<sup>nd</sup> Reading: 2 Corinthians 13: 11-14

*The grace of the Lord Jesus Christ, and the love of God and the fellowship of the Holy Spirit.*

#### Gospel: John 3: 16-18

*God sent His son so that the world might be saved through him.*

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## Reflection: Trinity: The Mystery at the Centre of Christian Life

Today, we celebrate the mystery at the very heart of our faith: The Most Holy Trinity. Every time we make the Sign of the Cross, we profess our belief in one God who is Father, Son, and Holy Spirit. Despite its centrality, the Trinity remains a mystery that no human analogy can fully explain. Someone compared the Trinity to water, which can exist as ice, liquid, and steam. While these images can be helpful, they ultimately fall short. Human language is imperfect and can never fully capture the reality of God. So, we move from encountering the Trinity as a puzzle to be solved to encountering it as a mystery to be believed, loved, and lived.

The Trinity is the foundation of everything we believe. God the Father so loved the world that He sent His only Son for our salvation (John 3:16). The Son became human and gave Himself for us on the Cross. Through the power of the Holy Spirit, Jesus' saving presence remains with us, especially in the Eucharist. The Eucharist is divine because Jesus is truly God, and it is made present through the action of the Holy Spirit, who is also truly God. The Son, who is divine, cannot proceed from a Father who is not divine. Likewise, the Church is a divine institution because her Head, Jesus Christ, is divine. Mary is rightly called the Mother of God because the Son she bore is God. We see that all of our belief system rests on the reality that God is one, in three persons.

We often know God more by "what God does" than by "who God is". We know Him as the one who blesses, heals, forgives, and provides. Yet the Christian life is much more than seeking God's gifts. It is about knowing God Himself: "this is eternal life: that they know you, the only true God, and Jesus Christ, whom you have sent." (John 17:3). The Father desires our trust, the Son desires our friendship, and the Holy Spirit desires our fellowship.

We are once again invited welcome the Trinity into our homes, our work, our decisions, our joys, and our struggles. As we cultivate a living relationship with the Father, the Son, and the Holy Spirit, we will discover that the deepest desires of our hearts find their fulfilment in the God who is perfect communion and eternal love. to May we learn to speak to the Father with

confidence, to walk with Jesus in trust and obedience, and to listen attentively to the promptings of the Holy Spirit.

### Hymns for Sunday

**Entrance:** Holy, holy, holy, Lord God almighty                   **No. 337**  
**Offertory:** Father, in my life I see                                       **No. 250**  
**Communion:** I am the bread of life                                       **No. 349**  
**Communion 2:** Yahweh is the God of my salvation                   **No. 745**  
**Recession:** Holy God, we praise your name                           **No. 333**

**Memorial:** St. Justin (Monday), St. Charles Lwanga and Companions (Wednesday), St. Boniface (Friday).

The **Funeral of Helen Walsh** comes up **on Thursday, the 4<sup>th</sup> of June** at the 10 AM Mass. Let us continue to keep the family in our prayers.

Let us continue to pray for the sick and those recovering in our parish, especially **Maureen Weir and Teresa Walsh**.

**Death: Marion Walker, Agnes Thomson, Jean McGuirie, Joseph Cahill.**

**Anniversary: Mary McMorrow, John Clark, Sadie McMahan.**

The Fatima Devotion comes up on the **6<sup>th</sup> of June**, with Mass at 10 AM. Rosary begins after Mass

### Annual Cemetery Mass

The Annual Cemetery Mass at Linn Cemetery will take place on Saturday, 6<sup>th</sup> June 2026, at 3:00 pm.

### Restricted Access to the Hall During Repair Works

Repair works in the hall commenced last Monday. Access to the hall will be highly restricted throughout the works. We are kindly requested not to enter the hall.

### Join the Corpus Christi Eucharistic Procession at Croy

On the Solemnity of Corpus Christi, Sunday 7th June 2026, there will be a Eucharistic Procession at Holy Cross, Croy, beginning at 4. I warmly encourage parishioners who are able to attend and take part in this beautiful public witness to our faith in the Real Presence of Christ in the Blessed Sacrament.

### Parish Football Match

Our parish will be taking part in a friendly football match against Holy Cross Church on Saturday, 6th June at Cumbernauld Rugby Fields. Kickoff is at 2:00 PM, with players meeting at 1:15 PM. We are inviting players from the parish aged 15 and above, of all abilities, to take part. Parishioners, families, and members of the wider community are warmly encouraged to come along and support. Food and refreshments will be provided in the rugby club after the match.

### Collections for 24/05/2026

**Offertory:** £615.69                                       **Gift Aid envelopes:** £269. Thank you.

**40 Hours Adoration at St Barnabas', Shettleston:** Holy Hour on Sunday 14 June at 5 pm. This will be led by Rev. Sr. Maria D.C., with the theme "The Eucharist and the Poor." Fr Sullivan will assist at the Benediction. On Monday, 15 June, the Holy Hour at 7 pm will be "For Love of the Sacred Heart" and will be led by Rev Deacon Kevin Kelly. On Tuesday, 16 June, the Holy Hour at 7 pm will be "Holy Eucharist leading us to Service" and will be led by Rev Deacon Thomas Kelly.

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