

## OUR LADY AND ST. HELEN'S

### CONDORRAT.

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Tel. 01236-731-258

Priest: Rev. Paulinus Onyenuru OP.

Deacon: Paul McNair

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#### Mass times

Monday to Friday	10 am
Saturday Vigil Mass	6 pm
Sunday	10 am & 12 noon

#### Adoration of the Blessed Sacrament

Monday to Friday	9:00 -9:45 am
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#### Confessions

Tuesday and Thursday	9:20 am
Saturday	5:20 pm

Second Sunday of Lent-A  
Sunday, 1<sup>st</sup> of March, 2026.

#### 1<sup>st</sup> Reading: Genesis 12: 1-4a

*The call of Abram, the father of the People of God.*

#### Responsorial Psalm: Psalm 33 (32)

*May your merciful love be upon us, as we hope in you, O Lord.*

#### 2<sup>nd</sup> Reading: 2 Timothy 1:8b-10

*God calls and enlightens us.*

#### Gospel: Matthew 17: 1-9

*His face shone like the sun.*

### Reflection: Can We Not Remain On The Mountain?

Do you remember your first true religious experience? That moment which was difficult to explain, yet undeniably real? A moment when the heart seemed set ablaze, and the soul felt drawn into a union with the Spirit of God. That experience that words could not contain! Perhaps it happened at Holy Mass, at the reception of Holy Communion, during a retreat, in silent adoration, or at a fervent prayer gathering. There was a sense of being taken up, almost lifted, into the glory of God. You did not wish it to end. It was magnificent, unspeakable, and yet more certain than the rising of the sun.

Such experiences do not occur daily. They are not manufactured by effort nor sustained by emotion. They are gifts. They are moments when God, in His tenderness, permits us to glimpse something of His divine radiance. Time feels suspended. One wishes the world would stand still. One almost desires that earthly history close its pages so that the new and eternal world might begin at once.

This was the experience of the disciples in Matthew 17:1–9. On the mountain of the Transfiguration, Peter, James, and John beheld the hidden glory of Christ unveiled. His face shone like the sun. His garments became white as light. Moses and Elijah stood beside Him. And Peter, overwhelmed, spoke the most human of words: “Lord, it is good that we are here.” It felt like the end they have longed for. The liberation they had hoped for. They even forgot the other disciples who were waiting for them at the foot of the mountain. They would rather remain in this moment

While God grants such luminous moments out of love, He does so with purpose. The glory revealed on the mountain was meant to sustain the disciples when they would later see the disfigurement of the Cross. Tabor was given so that Calvary would not destroy their faith. The vision of splendour was to become a shield against despair.

Safeguarding holds a vital place in the life of the Archdiocese of Glasgow. Our parish is committed to promoting safeguarding awareness and embraces our collective responsibility to provide care and protection for everyone.

So it is with us. Those sacred memories. Those moments when God felt nearer than breath are not meant to detach us from the world but to anchor us within it. They remind us that the journey of faith, though marked by suffering, leads to glory. They assure us that beyond every shadow stands a hidden radiance.

In this season of Lent, recall that moment. Let it strengthen you. But do not attempt to live there permanently. We cannot remain on the mountain for too long. There is work to be done. There are souls to be saved. The glory we glimpsed is not an escape from mission. It is the light by which we carry out the mission of Christ.

### Hymns for Sunday

<b>Entrance:</b> Come back to me	<b>No. 207</b>
<b>Offertory:</b> Love is his word	<b>No. 462</b>
<b>Communion 1:</b> Like a sea without a shore	<b>No. 431</b>
<b>Communion 2:</b> Sweet Sacrament	<b>No. 635</b>
<b>Recession:</b> Shine Jesus Shine	<b>No. 453</b>

**Death:** *William Clinton, Ann Murphy, Owen Sheridan, Alan Stewart.*  
**Anniversary:** *Sarah Cassidy, Mary Johnson, Jackleen Mooney MacLean, Cyril Herrity, Josephine Herrity, Eddie Frew.*

### Stations of the Cross

During the holy season of Lent, the Stations of the Cross take place **twice each week**, and all parishioners are warmly encouraged to participate in this important devotion.

**Tuesday:** 7.00 PM. **Thursday:** Immediately after the 10.00 AM Mass.

**There will be Second Collections throughout all the weeks of Lent.**

3<sup>rd</sup> Week: Sick & Retired Priests

4<sup>th</sup> Week: SCIAF

**Continue...**

5<sup>th</sup> Week: Sick & Retired Priests

Palm Sunday: No Second Collection

**The Fatima Devotion** takes place on the 7th of March, with Mass at 10 AM. Rosary begins after Mass

### Collections for 22/02/2026

**Offertory:** £609.73

**Gift Aid envelopes:** £334

**Sick and Retired Priests:** £638.83 Thank you.

**Mass For Vocations:** The monthly Mass for Vocations at the Little Sisters of the Poor, St Joseph's, Robroyston, will take place in St Joseph's Chapel, at 7 pm, on Monday 9 March 2026. Please come along and join us in praying for vocations. Tea/coffee will be served following Mass.

**Memorial Mass:** Fr William Omatu will be joined by his Nigerian priest friends and Religious on Monday, 9th March at 7 pm in Our Lady of Lourdes Church, Cardonald, for a Memorial Mass offered for the peaceful repose of the souls of his dearly beloved brothers, Stephen, Collins and Casmir. All are most welcome to attend and unite in prayerful solidarity as together we honour their memory and seek God's comfort, peace and strength for Father William and his family.

**Mass for the Feast of St Patrick:** The annual Mass for the Feast of St Patrick will take place on Saturday, 14th March at 10 am in St Andrew's Cathedral. Celebrant Archbishop Nolan. All welcome.

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