

## OUR LADY AND ST. HELEN'S



### CONDORRAT.

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Priest: Rev. Paulinus Onyenuru OP.

Deacon: Paul McNair

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#### Mass times

Monday to Friday	10 am
Saturday Vigil Mass	6 pm
Sunday	10 am & 12 noon

#### Adoration of the Blessed Sacrament

Monday to Friday	9:00 -9:45 am
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#### Confessions

Tuesday and Thursday	9:20 am
Saturday	5:20 pm

Seventh Sunday of Easter -A  
Sunday, 17<sup>th</sup> of May, 2026.

#### 1<sup>st</sup> Reading: Act 1: 12-14

*All with one accord were devoting themselves to prayer.*

#### Responsorial Psalm: Psalm 27 (26)

*I believe I shall see the Lord's goodness in the Land of the Living.*

#### 2<sup>nd</sup> Reading: 1 Peter 4: 13-16

*If you are insulted for the name of Christ, you are blessed.*

#### Gospel: John 17: 1-11a

*Father, glorify you, Son.*

**Safeguarding holds a vital place in the life of the Archdiocese of Glasgow. Our parish is committed to promoting safeguarding awareness and embraces our collective responsibility to provide care and protection for everyone.**

## Reflection: Obedience: The Road to Divine Glory?

A young athlete once trained for years for a championship race. Every morning, while others slept, she was already on the track. Her meals were rationed and habits carefully ordered. She denied herself so much comfort. But on the day of the race, she crosses the finish line first. As the crowd erupted and the medal was placed around her neck, she wept from the overwhelming joy of knowing that every sacrifice had been worth it. There is joy that comes with winning. There is a deep satisfaction that comes with being celebrated after much effort and perseverance. That is glory. But what does glory look like in the life of a Christian?

In today's Gospel, Jesus lifts His eyes to heaven and prays: "Father, the hour has come; glorify your Son so that the Son may glorify you." For Jesus, glory is not about earthly praise or human applause. His glory is revealed in His perfect obedience to the will of the Father, even to the point of suffering and death on the Cross. It is through this total faithfulness that He is glorified. Jesus teaches that those who love Him keep His commandments. But does it end there? Certainly not. Keeping God's commandments is not merely about observing rules or fulfilling religious obligations. It is the pathway to something far greater. The reward is participation in the very life and glory of God. The Lord never overlooks the efforts of those who strive daily to conform their lives to Christ.

St. Peter reinforces this truth when he exhorts us: "Rejoice insofar as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when His glory is revealed." Faithfulness to God's commandments may bring struggle, sacrifice, misunderstanding, and even suffering, but none of these is in vain. Every sacrifice made for Christ is preparing us for a glory beyond human comprehension.

St. Paul expresses this beautifully when he says, "Do you not know that in a race all the runners compete, but only one receives the prize? Run in such a way that you may win it. Athletes exercise self-control in all things; they do it to receive a perishable wreath, but we an imperishable one (1 Cor 9:24-25)." What a powerful image this is for the Christian life. Athletes willingly

submit themselves to rigorous training and self-denial for trophies that gather dust, and for honours that are quickly forgotten. If people endure so much for rewards that are temporary, how much more should we persevere for a reward which is an imperishable crown of glory?

Imagine what this means: to share in the glory of God Himself, the One who dwells in unapproachable light. To be drawn into God's eternal joy and divine life. Is there any greater reward? This is why the keeping of God's commandments is never an empty exercise. Rather, it is our training for eternity. Just as the athlete embraces discipline for victory, so the Christian embraces obedience for eternal life. Let us therefore run our race with perseverance, keeping our eyes fixed on Christ, so that at the end we may receive not a fading wreath, but the everlasting glory prepared for the faithful.

### Hymns for Sunday

<b>Entrance:</b> Be still and know I am with you	<b>No. 163</b>
<b>Offertory:</b> Gifts of Bread and Wine	<b>No. 273</b>
<b>Communion:</b> This is my body	<b>No. 681</b>
<b>Communion 2:</b> Bring flowers of the rarest	<b>No. 185</b>
<b>Recession:</b> Majesty	<b>No. 469</b>

Let us continue to pray for the sick and those recovering in our parish, Especially *Teresa Walsh* and *Maureen Weir*  
**Death:** *Sean Drew, Elsie Sweeney, Catherine Dalton, Liz Miles.*  
**Anniversary:** *Cathie Quinn.*

### Novena to the Holy Spirit

The Novena to the Holy Spirit will take place from the 15th to the 23rd.  
**Weekdays:** after Mass  
**Saturdays:** before Mass  
**Sunday:** before the 12 noon Mass  
Parishioners are warmly encouraged to participate as we prayerfully prepare for the coming of the Holy Spirit.

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### Welcoming those who made their First Holy Communion

As a Parish family, we look forward to welcoming our new communicants in a special way, next Sunday at the **10.00. All new communicants and their families are warmly encouraged to attend.**

### Collections for 10/05/2026

**Offertory:** £543.92      **Gift Aid envelopes:** £280. Thank you.

### Parish Youth Leaders Retreat Day| Sat 23rd May| 10.30AM - 2PM| Archdiocesan Offices

Are you a Youth leader? Would you like to learn tips and tools on how to reach more young people in your parish? Would you like to meet other leaders and become part of a wide community? Come along to our Parish Youth leaders Day. Lunch will be provided. Registration required: <https://forms.gle/vtuGVdRNJjqtU2S7> or email [mishal.novani@rcag.org.uk](mailto:mishal.novani@rcag.org.uk) for more details.

**Charismatic Renewal:** The Glasgow Service of Communion of the Catholic Charismatic Renewal invites you for a Weekend of Renewal. Come and join us for a time of praise, fellowship and teachings to pray and prepare for the fresh outpouring of the Holy Spirit this Pentecost. 3/1 Victoria Chambers, 142 West Nile Street, Glasgow G1 2RQ. The guest Speaker is Fr Chris Thomas. Friday 29th May: 7:00 pm – 9:00 pm; Saturday 30th May: 10:00 am - 4:30 pm. Tea and Coffee provided. Bring a packed lunch on Saturday. For more information phone: Minin 07448786569  
Email: [glasgow.service.team@gmail.com](mailto:glasgow.service.team@gmail.com)

**Pro-Life Mass:** The monthly Pro-Life Mass is on Wednesday, 20<sup>th</sup> May at 7.30pm at Holy Cross, 113 Dixon Ave, G42 8ER. Adoration begins at 6.15pm. Tea in the hall afterwards – all welcome. The celebrant will be Canon Peter McGarry.