

OUR LADY AND ST. HELEN'S

CONDORRAT.

117, Achray Road, G67 4JG

Tel. 01236-731-258

Priest: Rev. Paulinus Onyenuru OP.

Deacon: Paul McNair

www.ourladyandsthelen.org

olsthelen@rcag.org.uk



Mass times

Monday to Friday	10 am
Saturday Vigil Mass	6 pm
Sunday	10 am & 12 noon

Adoration of the Blessed Sacrament

Monday to Friday	9:00 -9:45 am
------------------	---------------

Confessions

Tuesday and Thursday	9:20 am
Saturday	5:20 pm

Fifteenth Sunday in Ordinary Time -A

Sunday, 12th of July, 2026.

1st Reading: Isaiah 55: 10-11

The rain makes the earth bring forth and sprout.

Responsorial Psalm: Psalm 65(64)

Some seed fell into good soil and yielded its fruits.

2nd Reading: Romans 8: 18-23

The creation waits with eager longing for the revealing of the sons of God.

Gospel: Matthew 13: 1-23

A sower went out to sow.

Reflection: Power in Spoken Words.

"So shall my word be that goes forth from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose." (Isaiah 55:11)

We have all heard the saying, "There is power in the tongue." Did you know this phrase is found in Scripture, "Death and life are in the power of the tongue" (Proverbs 18:21)? Every day, we speak hundreds of words, often without thinking about their lasting effects. We are reminded today that our words have the power to build up or tear down, to heal or to wound. Why do our words carry such power?

The answer lies in the very beginning of creation. God made us in His own image and likeness (Genesis 1:26-27). Unlike every other creature, God breathed His own life into us. As God created by speaking, "Let there be light," and there was light, so has God also given us the power to bring into reality by our words. Although we do not possess God's infinite creative power, we share in God's creative powers in a unique way because we bear His image. Our words have a remarkable capacity to shape the world around us. A teacher's encouragement can change the direction of a child's life. A parent's blessing has the power to shape the destiny of a child, for good or bad. Equally, harsh criticism or constant negativity can leave wounds that endure for decades. Our words shape the world out there.

Jesus Himself reminds us of the power of believing prayer: "Ask, and it will be given to you; seek, and you will find; knock, and the door will be opened to you" (Matthew 7:7). Again, He says, "Whatever you ask in prayer, believe that you have received it, and it will be yours" (Mark 11:24). These promises invite us to speak words of faith rather than fear, blessing rather than condemnation.

This is why conforming ourselves to Christ is so important. The more our hearts resemble that of Jesus Christ, the more our words reflect God's own desires. We become people who speak and invoke the "Will of God" into reality, so participating in building the Kingdom of God, "May your kingdom come".

Safeguarding holds a vital place in the life of the Archdiocese of Glasgow. Our parish is committed to promoting safeguarding awareness and embraces our collective responsibility to provide care and protection for everyone.

Take a moment to reflect on your own speech. What do you say about your husband or wife? Your children? Your neighbours? Your parish? Even more importantly, what do you say about yourself? Do you constantly declare failure, weakness, and hopelessness? Or do you speak with faith, greatness, favour, faithfulness, steadfastness?

This week, choose your words carefully. Speak blessings over your family. Encourage your children. Pray confidently, not passively. Replace criticism with kindness and despair with hope. For the tongue that God has given you is not merely for conversation. It is a gift through which you can cooperate with God's grace, bringing light and life into the lives of others.

Hymns for Sunday

Entrance: Peace, Perfect Peace	No. 574
Offertory: Take my hands	No. 667
Communion: One Bread, One Body	No. 538
Recession: Follow me	No. 259

St. Bonaventure (Memorial, Wednesday).

Infant Baptism. There will be an infant baptism at the 12 noon Mass on the 19th of July.

Anniversary: *Edward McBride, James Ward, Ann McDonald, Winifred McDonald, Liam McLaughlin.*

Completion of the Parish Hall

We are delighted to announce that the Parish Hall has been completed, two weeks ahead of schedule. We thank God for this wonderful achievement and express our sincere gratitude to everyone whose hard work made it possible.

As we prepare to put the Hall into full use, we are looking for **three to four parish volunteers** to assist with its day-to-day management and coordination. If you are willing to offer your time and talents to this important ministry, we would be delighted to hear from you. Please speak to Fr. Paulinus or any member of the Parish Pastoral Council if you are interested in serving.

Collections for 28/06/2026

Offertory: £522.96

Gift Aid envelopes: £371.

Thank you.

Pro-Life Mass: The monthly Pro-Life Mass will take place on Wednesday, 15th July at 7.30pm at Holy Cross, 113 Dixon Ave, G42 8ER. Adoration begins at 6.15pm. Tea in the hall afterwards – all welcome. The celebrant will be Father Alex Strachan

World Day of Grandparents and the Elderly: Everyone is warmly invited to a special celebration at Carfin Grotto on Sunday 26 July 2026. Bishop John Keenan will celebrate Holy Mass at 3:00pm, as we give thanks for the invaluable contribution of grandparents and the elderly to our families, parishes and communities. Please bring your grandparents, family members and friends. All are welcome.

Pilgrimage for Life 2026: The annual Pilgrimage for Life will take place at Carfin Grotto on Saturday 1 August 2026. Led by Bishop John Keenan, the day offers an opportunity for prayer, reflection and witness to the dignity and sanctity of every human life. The programme includes: 12:00 noon – Holy Mass; 2:00pm – Eucharistic Adoration; 2:15pm – Stations of the Cross; 2:45pm – Divine Mercy Chaplet; 3:30pm – Holy Rosary. Families are especially encouraged to attend. All are welcome

Safeguarding holds a vital place in the life of the Archdiocese of Glasgow. Our parish is committed to promoting safeguarding awareness and embraces our collective responsibility to provide care and protection for everyone.

Safeguarding holds a vital place in the life of the Archdiocese of Glasgow. Our parish is committed to promoting safeguarding awareness and embraces our collective responsibility to provide care and protection for everyone.