

OUR LADY AND ST. HELEN'S

CONDORRAT.

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Tel. 01236-731-258

Priest: Rev. Paulinus Onyenuru OP.

Deacon: Paul McNair

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Mass times

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| Monday to Friday | 10 am |
| Saturday Vigil Mass | 6 pm |
| Sunday | 10 am & 12 noon |

Adoration of the Blessed Sacrament

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| Monday to Friday | 9:00 -9:45 am |
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Confessions

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| Tuesday and Thursday | 9:20 am |
| Saturday | 5:20 pm |

Third Sunday of Lent-A
Sunday, 8th of March, 2026.

1st Reading: Exodus 17: 3-7

Give us water to drink.

Responsorial Psalm: Psalm 95 (94)

O that today you would listen to his voice! Harden not your hearts.

2nd Reading: Romans 5:1-2, 5-8

Love has been poured into our hearts through the Spirit who has been given to us.

Gospel: John 4: 5-42

A spring of water welling up to eternal life.

Reflection: Did you also come to the well?

We all came to the well to draw water, to quench our thirst. Each of us, at one point or another, is the woman at the well. Disturbed about the past, living with a future that appears bleak, carrying within us the quiet burdens of regret, disappointment, and longing. We wish that we would not have to thirst again, so that we would not have to keep returning to the well. The well represents those places in our lives where we search again and again for satisfaction. Where we search for recognition, comfort, security, and companionship. Yet the water we draw from these wells never fully satisfies. We return again tomorrow, and the day after, still thirsty.

Even when help appears, it rarely looks the way we expect. It does not arrive with loud noise, nor does it wave its hands in the air with long invocations. Instead, it often appears quietly, almost unnoticed. In the Gospel, the helper appears to be the one who needs help, as Jesus asks the woman for a drink. Jesus looked like every other Jewish man of his time. There was no obvious sign of his divinity. Nothing about his appearance would have announced that the Son of God was standing at that well.

That is the nature of our Saviour. He comes in humility. He comes quietly. He comes in vulnerability. A wounded healer. And yet it is precisely through his woundedness that he heals. Do you ever wonder about the simplicity with which the Eucharist appears? Bread and wine. Nothing extraordinary to the eyes. Do you ever reflect on the humility and calmness of the words of absolution in the Sacrament of Reconciliation: *Through the ministry of the Church, I absolve you of all your sins in the name of the Father, and of the Son, and of the Holy Spirit.* The words are gentle. The gestures are simple. Yet within them lies an immense divine power. A power that floods the soul with light and quenches the deepest thirst of the human heart. a power that makes the underworld quake. A power that frees captives.

Jesus calls to all who are troubled, all who are weary of their past, all who are uncertain of their future. He calls to all who stand at wells whose water

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can never truly satisfy. To them, he offers living water. The water that never runs dry.

So, look inward. At the well of your own heart, where longing, wounds, and hope meet. And there, in the quiet place of your thirst, you will discover that Jesus is already waiting. In the Sacraments He waits! Ready to give the living water that becomes within us a spring welling up to eternal life. Why not give Jesus a chance today?

Hymns for Sunday

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| Entrance: Vaster far than any ocean | No. 700 |
| Offertory: In bread we bring you Lord | No. 362 |
| Communion 1: O let all who thirst | No. 525 |
| Communion 2: Soul of my Saviour | No. 628 |
| Recession: Be thou my vision | No. 168 |

Feast: St. John Ogilvie (Tuesday)

Let us continue to pray for the sick and those recovering in our parish, especially **Paul Stackpool Martin**.

The funeral of **Irene Morrison** is on Monday, the 9th of March, at 10 AM.

Death: *Paul Mulvey, John William Myers.*

Anniversary: *Frank Lennon, Betty Henderson, May Burns.*

Stations of the Cross: Due to SPRED activities, the Station of the Cross next Tuesday, the 10th, will start at 6 PM instead of 7 PM. We apologize for any inconvenience this may cause. Thank you for your understanding.

There will be Second Collections throughout all the weeks of Lent.

4th Week: SCIAF

5th Week: Sick & Retired Priests

Palm Sunday: No Second Collection

Lenten Retreat – Saturday 21 March

Our parish **Lenten Retreat** will take place on **Saturday, 21 March**. All parishioners are encouraged to attend as we take time for prayer, reflection, and spiritual renewal during this season of Lent. Further details will follow. Please keep the date free.

Father Chido will be visiting us next week, 14th and 15th, and celebrating Mass with us. We warmly welcome him to our community.

Collections for 01/03/2026

Offertory: £664.84 **Gift Aid envelopes:** £377

Sick and Retired Priests: £686.97 Thank you.

FireCloud - Broken For You: You are invited to join us for FireCloud's powerful prayerful reflection on the Passion and suffering of Jesus - Broken For You. The Immaculate Conception, Maryhill Road, G20 0AA on Wednesday, March 11th at 7 pm. Followed by refreshments in the church hall. This is a free event, but there is an (optional) bucket collection for SCIAF's Ethiopia campaign. Look forward to seeing you!

RCAG Young Adults – Engaging Your Workplace with Faith: RCAG Youth invites young adults (ages 16–35) to explore how we can live our Catholic faith authentically at work — and discover how everyday work can become a place of vocation, holiness, and mission. The session will include a talk by guest speaker Dermot Grenham from Opus Dei and a reflection on how work and rest together form a rhythm of holiness in our lives. Whether you are a student, professional, or discerning your next steps, you are warmly welcome. Thursday, 12 March from 7–9 pm in Eyre Hall. To register go to RCAGyouth.co.uk

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